



# First Aide

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A Safety Resource for Peace Corps Volunteers

Please enter your Volunteer ID number to get started.

> PCV1234567

**Sign in to Account**

# First Aide

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A Confidential Safety Resource for Peace Corps Volunteers

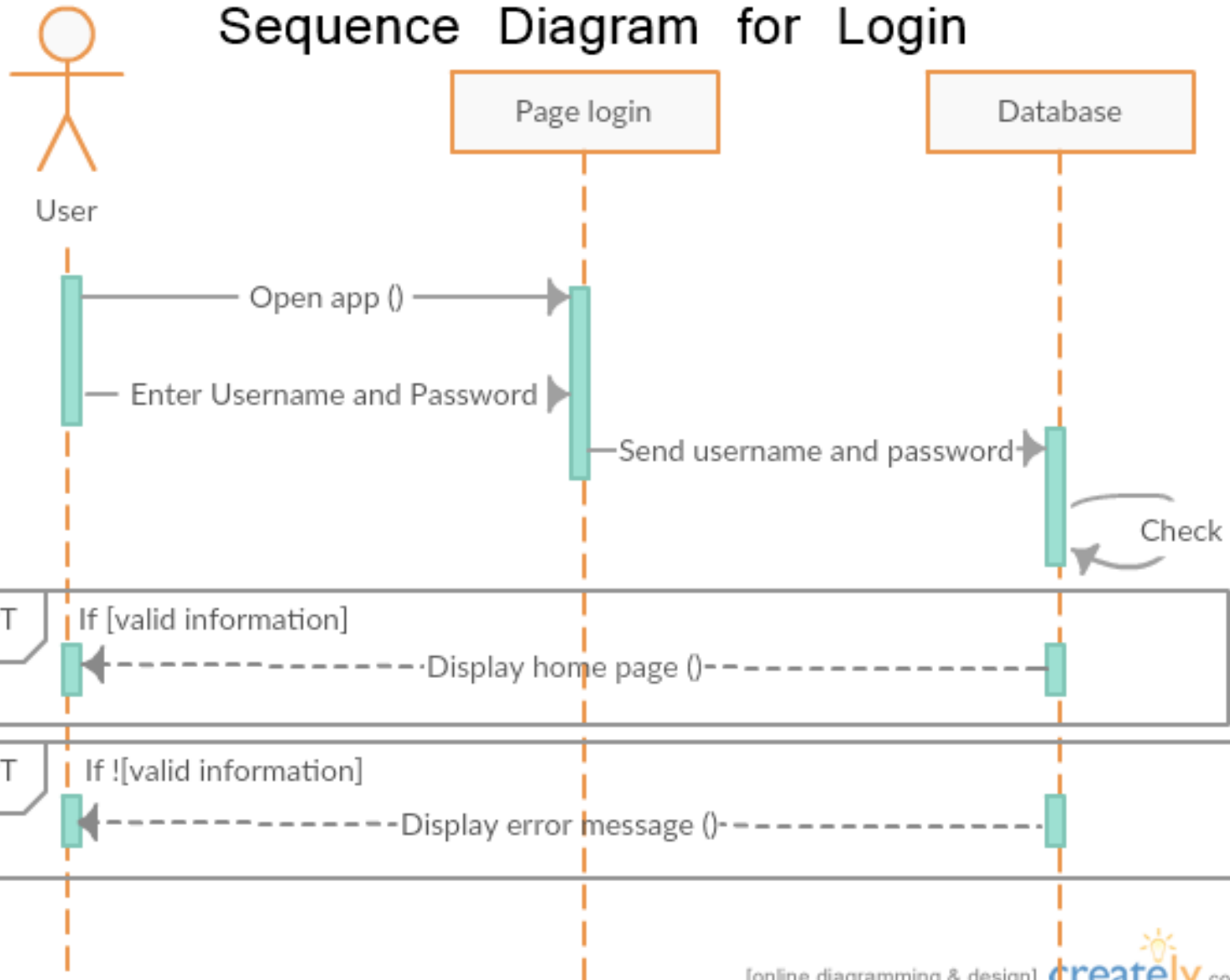


✓ Host Country Information

✓ Host Country Contacts

Safety & Security Contacts

# Sequence Diagram for Login



# First Aide

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A Confidential Safety Resource for Peace Corps Volunteers

Username:  >

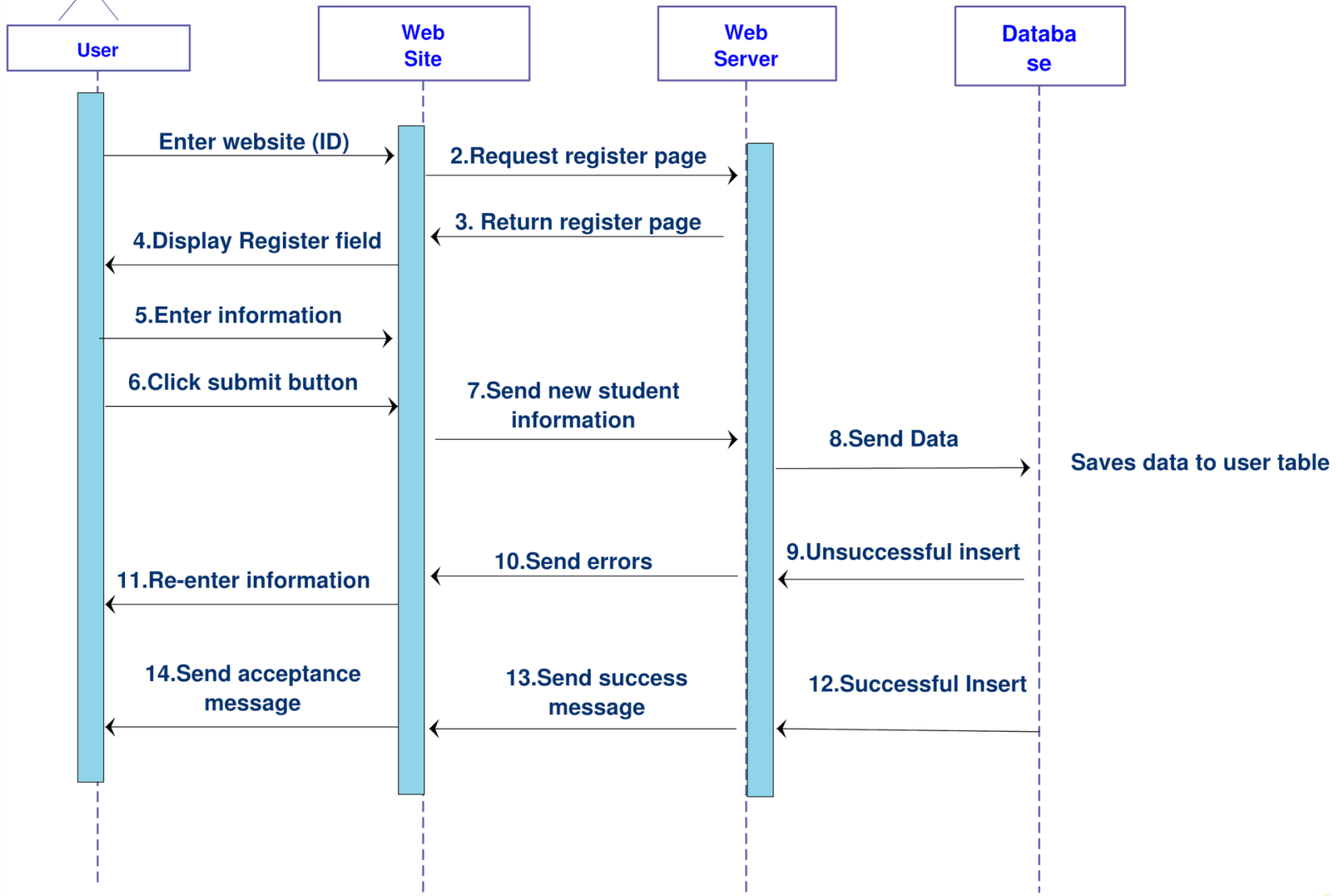
Password:  >

Host Country:  >

**Create an account**

 This is a secure portal.

# Sequence Diagram for Volunteer Registration (Getting initial details)



# **First Aid**

## Immediate Response

[Get Medical Help](#) ▶

[Talk to Someone](#) ▶

## Safety & Response Resources

[Safety Strategies](#) ▶

[The Reporting Process](#) ▶

[Sexual Assault  
Awareness](#) ▶

[Helping a Friend or  
Community Member](#) ▶

[Policies & Glossary](#) ▶

[Settings](#) 

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Immediate Response

Get Medical Help ▶

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Safety & Response Resources

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Policies & Glossary ▶

Settings 

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# Welcome to First Aide

## Recommended Pages to Get Started

**Safety Strategies**

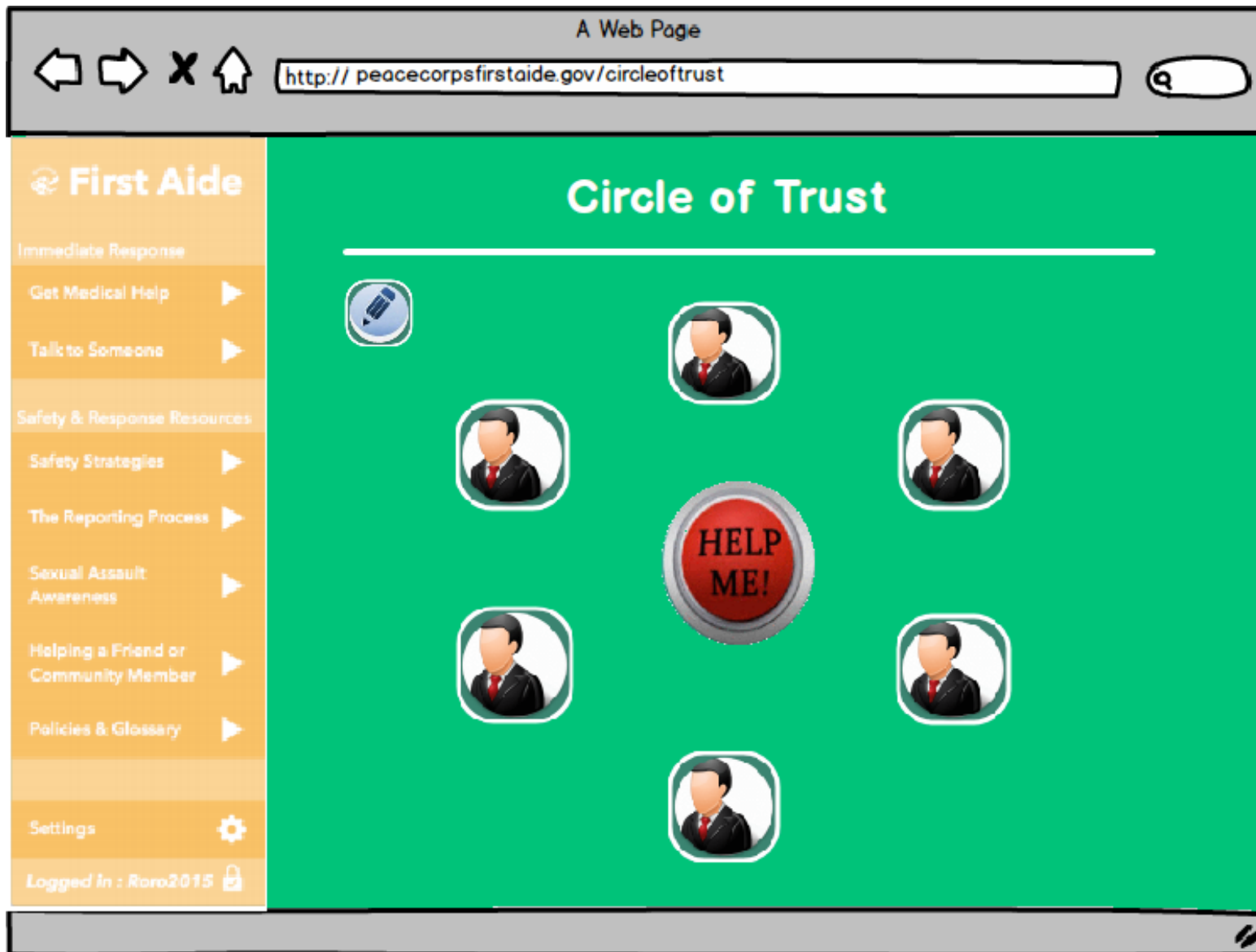
**Helping a friend or  
community member**

**Things to know before  
you travel to Ghana.**

**Set your  
Peer Counseling  
preferences.**







### Functions

'On Click - EDIT BUTTON , the user is redirected to a page where comrade numbers can be changed

'On Click - HELP ME, a dialog is shown where the user can select a request to be sent

'On Click - COMRADE ICON - the respective comrade details are shown



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Settings ⚙

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# Circle of Trust

Add comrade numbers here

Comrade 1

Comrade 2

Comrade 3

Comrade 4

Comrade 5

Comrade 6

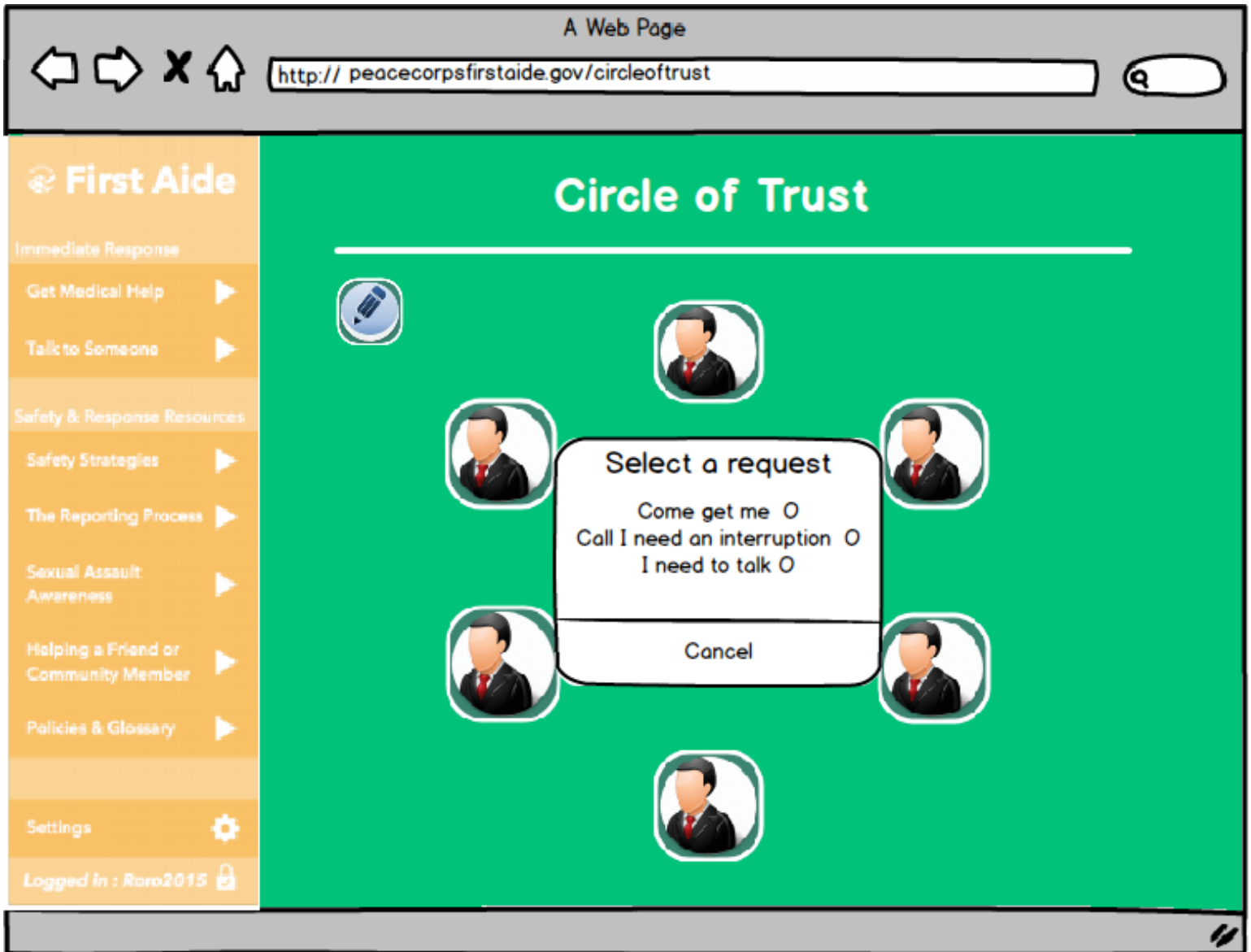
SAVE



USER CLICKED ON EDIT NUMBERS ICON

When the user clicks on 'edit button' of circle of trust, this page appears  
The comrade numbers can be filled and saved here

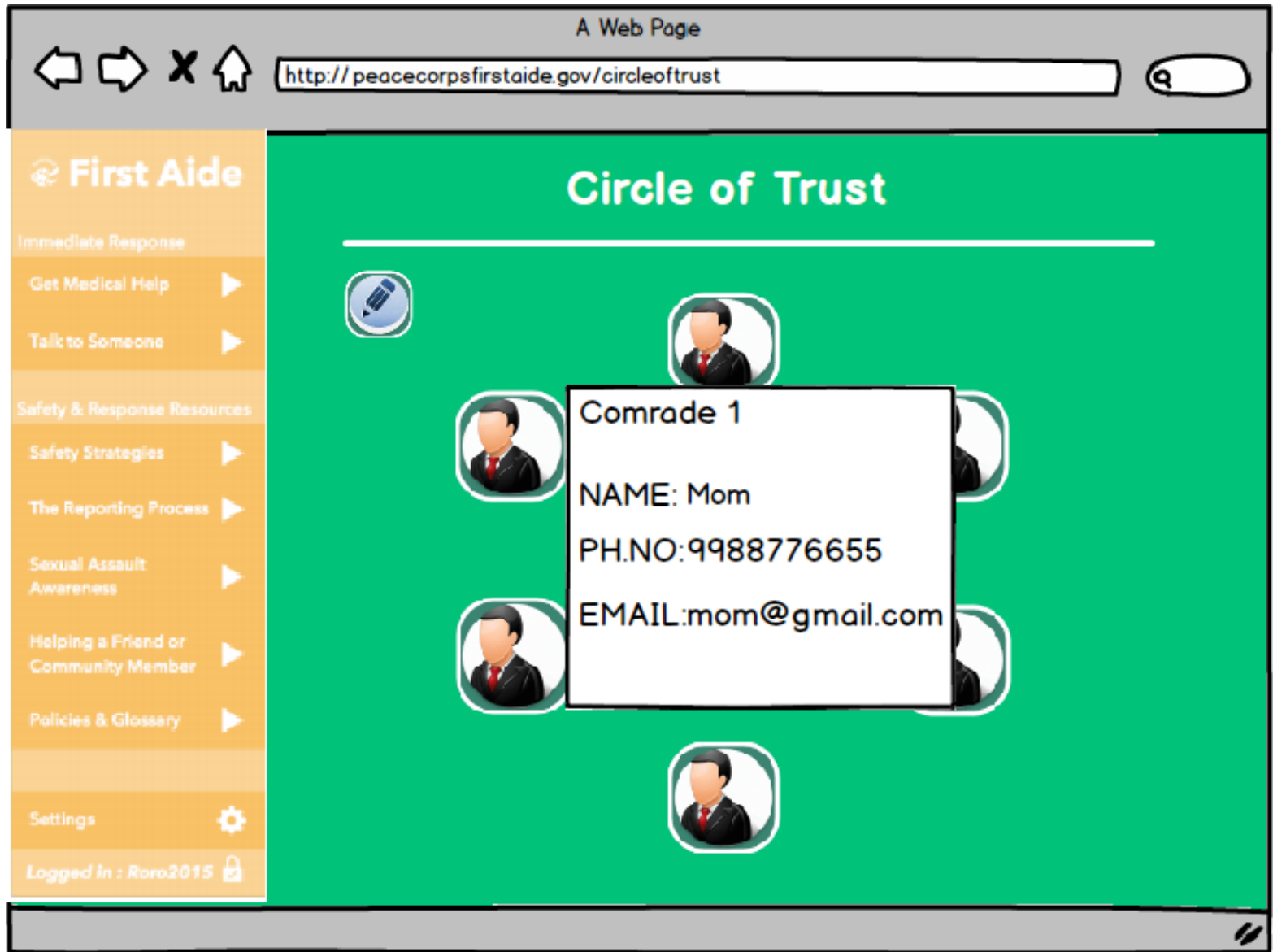
The backward icon leads to main page of 'CIRCLE OF TRUST'



USER CLICKED 'HELP ME' button on the circle of trust page then, this dialog appears

The user can select the request  
Then the message is sent to comrades  
This can be implemented using a sms gateway

On sending messages the user will be told using a dialog that that messages have been sent



http://peacecorpsfirstaide.gov/circleoftrust



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Sexual Assault Awareness ▶

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Policies & Glossary ▶

Settings ⚙

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# Circle of Trust



Comrade 1  
NAME: Mom  
PH.NO: 9988776655  
EMAIL: mom@gmail.com

**USER CLICKS ON COMRADE ICON**

When the user clicks on comrade icon the respective details of the comrade appear as a dialog



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Safety Strategies ▶

The Reporting Process ▶

Sexual Assault Awareness ▶

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Policies & Glossary ▶

Settings ⚙

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# Circle of Trust



Roma  
9985677810  
roma@gmail.com



Dad  
8877665544  
dad@gmail.com

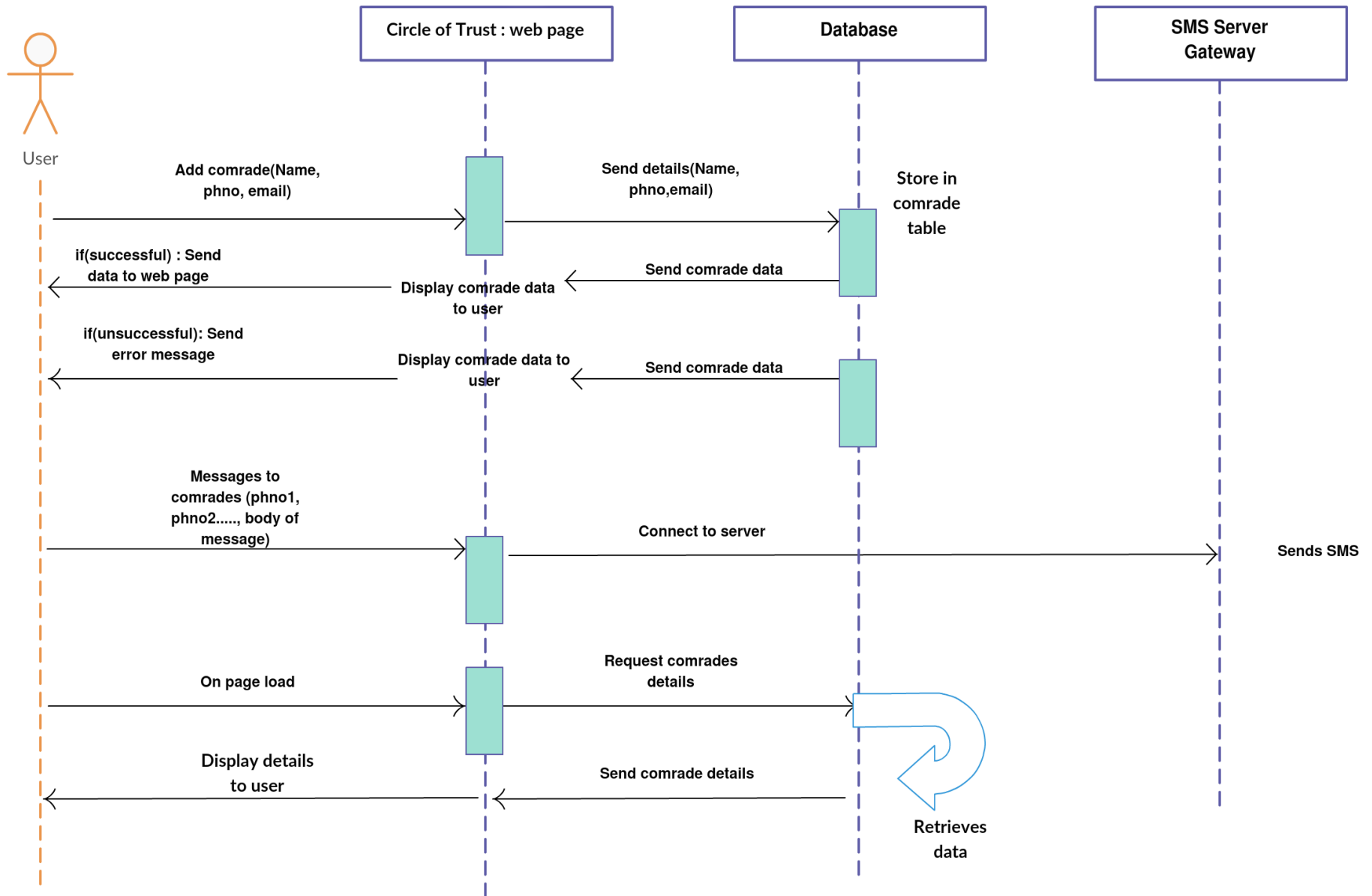


Mom  
7788551122  
mom@gmail.com



As this is a web app the space restriction is no more  
Here is an alternative design to implement 'CIRCLE OF TRUST'

# Sequence Diagram for 'Circle of Trust'





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The Reporting Process ▶

Sexual Assault Awareness ▶

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Policies & Glossary ▶

Settings ⚙️

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# Get Help Now

Change Location

This information is for Syria

Contact PCMO

Contact SSM



Contact SARL

MOCK UP FOR GET HELP NOW

The user can select country using drop down  
The information will be updated accordingly

The forward button leads to next page of 'GET HELP NOW'



http:// peacecoropsfirstaide.gov/gethelpnow



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Safety Strategies ▶

The Reporting Process ▶

Sexual Assault Awareness ▶

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Policies & Glossary ▶

Settings ⚙

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# Get Help Now

Change Location

This information is for Syria

CONTACT PMO

Send .....

Contact

Contact SSM

Send Message

Contact SARL

How can we make a call via web app?  
What are the alternatives





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Settings ⚙️

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# Get Help Now

## Other Staff and Support Options

PC Saves Anonymous Helpline

Office of Victim Advocacy

Office of Inspector General

Office of Civil Rights and Diversity



This is the second page of 'GET HELP NOW'

The user can get the information by clicking on the options  
The backward button leads to the first page of 'GET HELP NOW'



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Policies & Glossary ▶

Settings ⚙

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# Safety Tools

Personal Security Strategies

RADAR

Coping with unwanted Attention Strategies

Commonalities of Sexual Predators

## MOCK UP FOR SAFETY TOOLS

The sub-modules of safety tools are added here

The forward button leads to next page of 'Safety Tools'



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Policies & Glossary ▶

Settings ⚙

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# Safety Tools

Bystander Intervention

Safety Plan Basics

Safety Plan Worksheet

MOCK UP FOR SAFETY TOOLS

The remaining sub-modules are added here the backward button leads to previous page of 'SAFETY TOOLS'



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Settings ⚙

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# RADAR

## Step 1: Recognize the Danger

Description from req doc.....

.....

.....

## Step 1: Assess your options

Description from req doc.....

.....

.....













### RADAR (SUB-MODULE OF SAFETY TOOLS)

On scrolling to the right the next steps will be shown

The same design will be used for other sub-modules of safety tools which are:

- Personal Security Strategies
- Coping with Unwanted Attention
- Commonalities of sexual predators
- Bystander Intervention
- Safety Plan Basics
- Safety Plan Worksheet

# User Personas

<p><b>ROWAN</b> 29 YEARS OLD SINGLE FEMALE</p> 	<p><b>GOALS &amp; NEEDS</b></p> <p>Quickly look up information on PC Policies</p> <p>Ability to access information without having internet access</p> <p>Ability to easily access information when needed</p>	<p><b>PEYTON</b> 25 YEARS OLD, SINGLE FEMALE</p> 	<p><b>GOALS &amp; NEEDS</b></p> <p>Needs an anonymous way to talk to someone about what happened</p> <p>To remain in Peace Corps &amp; continue service in her host country</p> <p>To easily get in touch with support services</p>	<p><b>SEAN</b> 40 YEARS OLD, SINGLE MALE</p> 	<p><b>GOALS &amp; NEEDS</b></p> <p>Wants to file a report to prevent future harassment</p> <p>Wants to know what he can do on his own to better address the situation</p>
<p><i>EMPATHETIC, SOCIAL, DEPENDABLE</i></p>		<p><i>EAGER, ADVENTUROUS, TRUSTING</i></p>		<p><i>INDEPENDENT, BRAVE, WELL-TRAVELED</i></p>	
<p><b>PCV IN GHANA</b> 6 MONTHS</p> <p>Works in health care Does not speak country language</p> 	<p><b>PAIN POINTS</b></p> <p>Irregular/limited internet access</p>	<p><b>PCV IN PERU</b> 2 MONTHS</p> <p>Works in education Speaks conversational Spanish</p> 	<p>Assurance that she will be supported even though she was breaking certain PC rules</p>	<p><b>PCV IN MOROCCO</b> 1 YEAR</p> <p>Works in education Knows phrases of country language</p> 	<p>Needs a clear explanation of policies and services available to him</p> <p>Confidentiality</p>
<p><b>INTERNET ACCESS</b> Internet Cafe in Town; 15 min walk; connection is slow &amp; spotty</p> <p><b>BROUGHT WITH HER</b> Smart Phone</p>  	<p>Overwhelmed by the information she received during PST; doesn't remember the details</p> <p>Has heard that the Safety and Security Manager is unapproachable</p>	<p><b>INTERNET ACCESS</b> Available at residence; Available in town; connection is slow</p> <p><b>BROUGHT WITH HER</b> Laptop, Smart Phone</p>  	<p><b>PAIN POINTS</b></p> <p>is afraid PC rules will get in the way of being able to address what happened</p> <p>Experiencing emotional instability</p>	<p><b>INTERNET ACCESS</b> NO INTERNET</p> <p><b>BROUGHT WITH HIM</b> Laptop, Simple Phone</p>  	<p><b>PAIN POINTS</b></p> <p>No access to internet</p> <p>Never bothered to memorize training teachings because never thought he would be susceptible to unwanted sexual behavior</p>
<p><i>"I'm starting to feel pretty confident here. I am still finding a comfort level with the language but I know my way around and people have been friendly."</i></p>	<p>Doesn't speak the language well, knows a couple of phrases</p>	<p><i>"Training is brutal; its mentally and emotionally exhausting... Some things certainly do get lost in the shuffle."</i></p>	<p>is afraid PC rules will get in the way of being able to address what happened</p> <p>Experiencing emotional instability</p> <p>Unsured of who to turn to for help or advice</p> <p>Unsured if she is physically ok (besides emotionally)</p> <p>Internet connection is consistently slow</p>	<p><i>"I don't remember a ton of safety &amp; security sessions from Pre-Service Training. I remember we had a session where we had people from the embassy come and scare us to death."</i></p>	<p>Afraid of affecting the way others see him, afraid of retaliation from his aggressor</p>
<p>A fellow Volunteer is assaulted and approaches Rowan as a confidant. Rowan wants to know how she can support her friend.</p>		<p>Peyton and friends go to a local bar where she sees a familiar local and steps out. He begins to grope her and despite substantial resistance, he overpowers and rapes her. The incident leaves Peyton shaken, traumatized, and afraid.</p>		<p>Sean is on a weekend beach vacation and is harassed, groped, stalked, and threatened sexually by another male Volunteer. Sean wants to file a report because he's concerned for his safety, but is hesitant to seek help because he is embarrassed and is afraid of the consequences of others finding out.</p>	

# Database Design

**USER**

- user\_id VARCHAR(10) PK
- user\_name VARCHAR(100)
- user\_password VARCHAR(100)
- host\_country VARCHAR(100)

1..\*

**Comrade**

- comrade\_id INT PK (auto-inc)
- user\_id VARCHAR(10) FK
- comrade\_name VARCHAR(100)
- phone\_number INT(10)
- email VARCHAR(50)