自训练RTMDet-tiny

```
 Average Precision  (AP) @[ IoU=0.50:0.95 | area=   all | maxDets=100 ] = 0.835
 Average Precision  (AP) @[ IoU=0.50      | area=   all | maxDets=100 ] = 0.968
 Average Precision  (AP) @[ IoU=0.75      | area=   all | maxDets=100 ] = 0.968
 Average Precision  (AP) @[ IoU=0.50:0.95 | area= small | maxDets=100 ] = -1.000
 Average Precision  (AP) @[ IoU=0.50:0.95 | area=medium | maxDets=100 ] = -1.000
 Average Precision  (AP) @[ IoU=0.50:0.95 | area= large | maxDets=100 ] = 0.835
 Average Recall     (AR) @[ IoU=0.50:0.95 | area=   all | maxDets=  1 ] = 0.867
 Average Recall     (AR) @[ IoU=0.50:0.95 | area=   all | maxDets= 10 ] = 0.867
 Average Recall     (AR) @[ IoU=0.50:0.95 | area=   all | maxDets=100 ] = 0.867
 Average Recall     (AR) @[ IoU=0.50:0.95 | area= small | maxDets=100 ] = -1.000
 Average Recall     (AR) @[ IoU=0.50:0.95 | area=medium | maxDets=100 ] = -1.000
 Average Recall     (AR) @[ IoU=0.50:0.95 | area= large | maxDets=100 ] = 0.867
06/05 10:55:01 - mmengine - INFO - bbox_mAP_copypaste: 0.835 0.968 0.968 -1.000
-1.000 0.835
06/05 10:55:01 - mmengine - INFO - Epoch(val) [299][6/6]   coco/bbox_mAP: 0.8350
coco/bbox_mAP_50: 0.9680  coco/bbox_mAP_75: 0.9680  coco/bbox_mAP_s: -1.0000
coco/bbox_mAP_m: -1.0000  coco/bbox_mAP_l: 0.8350  data_time: 0.4352  time:
0.4760
```

自训练RTMPose-s

```
 Average Precision  (AP) @[ IoU=0.50:0.95 | area=   all | maxDets= 20 ] =  0.735
 Average Precision  (AP) @[ IoU=0.50      | area=   all | maxDets= 20 ] =  1.000
 Average Precision  (AP) @[ IoU=0.75      | area=   all | maxDets= 20 ] =  0.949
 Average Precision  (AP) @[ IoU=0.50:0.95 | area=medium | maxDets= 20 ] = -1.000
 Average Precision  (AP) @[ IoU=0.50:0.95 | area= large | maxDets= 20 ] =  0.735
 Average Recall     (AR) @[ IoU=0.50:0.95 | area=   all | maxDets= 20 ] =  0.774
 Average Recall     (AR) @[ IoU=0.50      | area=   all | maxDets= 20 ] =  1.000
 Average Recall     (AR) @[ IoU=0.75      | area=   all | maxDets= 20 ] =  0.952
 Average Recall     (AR) @[ IoU=0.50:0.95 | area=medium | maxDets= 20 ] = -1.000
 Average Recall     (AR) @[ IoU=0.50:0.95 | area= large | maxDets= 20 ] =  0.774
06/05 14:35:02 - mmengine - INFO - Evaluating PCKAccuracy (normalized by
``"bbox_size"``)...
06/05 14:35:02 - mmengine - INFO - Evaluating AUC...
06/05 14:35:02 - mmengine - INFO - Evaluating NME...
06/05 14:35:02 - mmengine - INFO - Epoch(val) [300][6/6]   coco/AP: 0.735391
coco/AP .5: 1.000000  coco/AP .75: 0.948805  coco/AP (M): -1.000000  coco/AP (L):
0.735391  coco/AR: 0.773810  coco/AR .5: 1.000000  coco/AR .75: 0.952381  coco/AR
(M): -1.000000  coco/AR (L): 0.773810  PCK: 0.964853  AUC: 0.124717  NME:
0.040830  data_time: 0.819099  time: 0.839612
```

目标检测结果