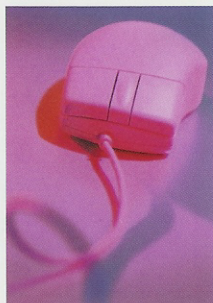


 **eMAMSI[®]** 

Quick and Easy Online Services


MAMSI Health Plans
A UnitedHealthcare Company



Access eMAMSI Online Services at www.mamsi.com

No Phone Calls, No Paperwork

- ➔ Request a new health plan identification (ID) card
- ➔ Change your Primary Care Physician (PCP)*
- ➔ Update your contact information
- ➔ E-mail Member Services with your questions
- ➔ Check claim status
- ➔ and more!

Health Education Information

Tap into a wealth of health education information via the Healthwise® Knowledgebase link on eMAMSI. The Healthwise Knowledgebase provides information about medical conditions and health care topics.

Other Resources

- ➔ MAMSI Meds (prescription drug formulary)
- ➔ Various member publications
- ➔ Frequently asked questions
- ➔ Commonly used forms
- ➔ Glossary of health plan terminology

* Applicable to Optimum Choice, Inc. (OCI), Optimum Choice of the Carolinas, Inc. (OCCI) and MD-Individual Practice Association, Inc. (M.D. IPA) members.

Find a Physician Who Is Right for You

eMAMSI gives you a fast, easy way to find a participating physician or health care practitioner:



1. Go to www.mamsi.com
2. Click the Find A Doctor menu selection
3. Step 1: Select your health plan ...
4. Step 2: Select your search type (PCP, Specialist, etc.)
5. Click the Continue button
6. Quick Search: Select Search Type, enter the Search Criteria
or
Detailed Search: Enter at least a ZIP Code, a City-State or a State-County combination.
7. Click the Search button

If you do not have access to the Internet and would like to receive a printed copy of our *Directory of Health Care Professionals*, please call our Member Services Department at 1-800-709-7604 or 301-360-8115. (North Carolina members, please call 1-800-347-1957 or 919-281-7132.) Representatives are available to assist you 24 hours a day, seven days a week.

**Mid Atlantic Medical Services, LLC (MAMSI)
health plans include:**

- **MD-Individual Practice Association, Inc. (M.D. IPA)**
Available in Maryland, Virginia and Washington, D.C.
- **Optimum Choice, Inc. (OCI)**
*Available in Maryland, Virginia, Washington, D.C.,
Delaware and West Virginia.*
- **Optimum Choice of the Carolinas, Inc. (OCCI)**
Available in North Carolina.
- **MAMSI Life and Health Insurance Company (MLH)**
*Available in Maryland, Virginia, Washington, D.C.,
Delaware, West Virginia, Pennsylvania and North Carolina.*
- **Alliance PPO, LLC (Alliance)**
*Available in Maryland, Virginia, Washington, D.C.,
Delaware, West Virginia, Pennsylvania and North Carolina.*

M.D. IPASM OPTIMUM CHOICE[®] OPTIMUM CHOICE[®] OF THE CAROLINASSM MAMSI[®] LIFE AND HEALTH INSURANCE COMPANY ALLIANCE PPOSM

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