Lab Skills Bootcamp - May 11th - 15th 2015

Trani Life Sciences Building Rm 207 AM 9.30 am-12 noon Instructor - Sarah Golding

PM 1 PM-4 PM

TA's - TBA

Goal: To provide a snap shot of lab skills to help students overcome initial fears and hurdles often faced by students new to a laboratory setting

Day		Content	Time	Outcomes
All week		Transformation project		Following protocols, time management, labeling of samples, documentation of observations/procudures/results/errors, observation, data intepretation, use of controls, presentation of results
May 11th	AM	Responsible conduct of Research	2 h	Understanding of Laboratory ethical standards
	PM	Laboratory Safety	1h 30 min	Understanding of Laboratory Saftey standards
		Didactic: Explanation of transformation project	30 min	Over view of molecular cloning, use of molecular tools
		Lab Activity: Transform E.Coli with pGLO, streak plates	1 h	Handling of E.Coli, transformation, sterile technique
	H/W	Plagiarism in Science Bb module	15 min	

Day		Content	Time	Outcomes
May 12th	AM	Didactic: Lab arithmetic, Molar Solutions, Use of pipettes	45 min	Refreasher of Basic lab Math, Molar Solutions, w/v solutions,
		Lab Activity 1: Learning to use pipettes, Copper sulphate Dilutions,	1 h 15 min	Handling of Gilson pipettes and pipette aids, making dilutions
	PM	Lab Activity 2: Copper sulphate reading on spectrophotometer, triplicates, unknown, standard curve plotting, error bars,	1 h 30 min	Comprehension of standard curves, basic graphing, extrapolation of unknown, use of lab equipment, "blanking"
		Didactic: More Discussion of transformation project	45 min	Explanation of "Arabinose" turning on/off gene expression
		, ,	45 min	Look at plates under UV light to see GFP expression
	H/W	Plot results in excel		

Day		Content	Time	Outcomes
May 13th	AM	Didactic: Cell Culture	45 min	Understanding basic concepts of Cell Culture
		Lab Activity 1: Learning to use pipette aids, some sterile liquid transfer, basic use of microscope	1 h 15 min	Handeling of plates, pipettes, pipette aids, focusing of microscope
	PM	Lab Activity 2: Cell counting, cell dilutions, more use of microscope, use of laminar flow hood	2 h	more liquid handling, microscope use, learning sterile technique in the flow hood
		Lab Activity 3: Spin down bacterial culture, freeze pellet, take some fore protein analysis	30 min	Look at media under UV light to show GFP
		How to use PudMed/web of science	30 min	primary vs secondary literature
	H/W	Online Lab safety modules		

Day		Content	Time	Outcomes
May 14th	AM	Didactic: Plasmid Isolation	30 min	Understanding basic concept of plasmid isolation, restriction digest
		Lab Activity 1: Plasmid Isolation, set up restriction digest, pour agarose gel	1 h 30 min	Following protocol, use of kits, loading and running of gels, more pipette use, volumes, dilutions, concept of digestion
	PM	Lab Activity 2: Run agarose gel, Demonstration of SDS-PAGE	2 h	Following protocol, use of kits, loading and running of gels, more pipette use, volumes, dilutions, concept of gel separation
		Didactic: Explanation of results how to label and generate a figure	1 h	Understanding of how to take raw data into a figure with labels for lab meetings
	H/W	Prep figure for "lab meeting presentation"		

Day		Content	Time	Outcomes
May 15th	AM	Didactic: Explanation of Antibodies and uses in research		Basic understanding of the use of anitbodies in molecular research
			1 h	
		HIV ELISA	1h	More dilutions, liquid handling
Lunch	PM	12-1.30pm Office of Research Sponsored Lunch		
		Room 116 LFSC		
		"Lab Meeting" students present their data and discuss their experiment		Oral and visual presentation of results in "informal" lab meeting style. Discussing errors/mistakes/lessons learned
		Room 154 LFSCB	2 h	style. Discussing errors/mistakes/lessons learned
		Wrap- up!	30 min	
	H/W		15 min	Post-Bootcamp survey