

COLA is calculated as the increase in the CPI from the **third quarter** of the **prior** year to the **third quarter** of the **current** year

Alternatives to the CPI: Cost Of Living Adjustment

COLA

Year	CPI Inflation	Cola	Difference
2008	3.8	5.8	-2
2009	-0.4	0	-0.4
2010	1.6	0	1.6
2011	3.2	3.6	-0.4
2012	2.1	1.7	0.4
2013	1.5	1.5	0
2014	1.6	1.7	-0.1
2015	0.1	0	0.1
2016	1.3	0.3	1
2017	2.1	2	0.1
2018	2.4	2.8	-0.4
2019	1.8	1.6	0.2



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Alternatives to the CPI: Core CPI