

# PHARMACOLOGICAL THERAPIES FOR THE MANAGEMENT OF IBS

Category	Agents	IBS subtype	Symptom Benefits
Antispasmodics	Mebeverine	All	Global symptoms
	Hyosine	All	Global symptoms
	Dicyclomine	All	Global symptoms
Opioid receptors	Loperamide	IBS-D	Diarrhoea
	Diphenoxylate	IBS-D	Diarrhoea
	Eluxadolone	IBS-D	Diarrhoea
Bile Salt Binder	Cholestyramine	IBS-D	Diarrhoea
Antidepressant	Tricyclic antidepressant	IBS-D, IBS-M	Global symptoms, pain
	Selective serotonin reuptake inhibitors	IBS-C, IBS-M	Global symptoms, pain
Antibiotics	Rifaximin	IBS-D, IBS M	Global symptoms, bloating
Serotonin receptor agonists	Alosetron	IBS-D	Global symptoms, pain
	Alosetron	IBS-D	Diarrhoea, urgency, bloating
Serotonin receptor antagonists	Tegaserod	IBS-C	Constipation
	Prucalopride	IBS-C	Constipation
Pro-secretory Agents	Lubiprostone	IBS-C	Constipation
	Linacotide	IBS-C	Constipation, pain
Laxatives	Biscodyl Docusate sodium Polyethylene glycol Magnesium sulfate (epsom salts) Psyllium husk Methylcellulose Sterculia	IBS-C	Constipation
Herbal remedies	Peppermint oil	All	Pain
	STW-5	All	Pain

