INVESTIGATIONS IN CHILDREN WITH SUSPECTED IBS

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- Full blood count
- Liver function tests
- Erythrocyte sedimentation rate
- Plasma viscosity
- Iron studies
- C-reactive protein
- Serological screening for coeliac disease (if gluten intake is adequate)

Stool sample (particularly in children with diarrhoea and/or those who have recently travelled to a developing country). This would be used to look for ova, cysts and parasites, especially Giardia species.

Physical examination

Anthropometry (height, weight and growth history)

Stool sample (particularly in children with diarrhoea and/or those who have recently travelled to a developing country). This would be used to look for ova, cysts and parasites, especially Giardia species.

Specialist investigations (e.g. radiological imaging or gastrointestinal endoscopy) are usually only indicated if: red flags are identified

there is a clear history of IBS, or

baseline investigations and/or the physical examination was abnormal[38].