

ROME IV CRITERIA FOR THE DIAGNOSIS OF IRRITABLE BOWEL SYNDROME

Rome IV diagnostic criteria for IBS [2]

Recurrent abdominal pain on average at least 1 day per week in the last 3 months, associated with two or more of the following:

1. Related to defecation
2. Associated with a change in a frequency of stool
3. Associated with a change in form (consistency) of stool.

Symptoms must have started at least 6 months ago.

IBS with predominant constipation (IBS-C)	>25% of bowel movements with Bristol stool form types 1 or 2 AND < 25% of bowel movements with Bristol stool form types 6 or 7
IBS with predominant diarrhoea (IBS-D)	>25% of bowel movements with Bristol stool form types 6 or 7 AND < 25% of bowel movements with Bristol stool form types 1 or 2
IBS with mixed bowel habits (IBS-M)	>25% of bowel movements with Bristol stool form types 1 or 2 AND > 25% of bowel movements with Bristol stool form types 6 or 7
IBS unclassified (IBS-U)	Patients who meet diagnostic criteria for IBS but whose bowel habits cannot be accurately categorized into 1 of the 3 groups above