

# **SOC542 Statistical Methods in Sociology II**

## **Multiple Regression**

Thomas Davidson

Rutgers University

February 13, 2023

# Plan

- ▶ Recap
- ▶ Multiple regression: An overview
- ▶ Lab: Multiple regression in R

# Recap

## What we have learned so far

1. Fundamentals of frequentist inference
2. Simple linear regression
3. Probability and Bayesian inference

# Multiple regression

## OLS assumptions review

- ▶  $x$  and  $y$  are independently and identically distributed (IID).
  - ▶ The sample  $x$  must contain some variability. Specifically,  $\text{var}(x) > 0$ .
- ▶ The conditional distribution of  $u$  given  $x$  has a mean of zero.
  - ▶ Errors are independent  $E[u_i|x_i] = E[u_i] = 0$ .
  - ▶ Errors have constant variance  $\text{var}(u_i) = \sigma^2$ .
  - ▶ Errors are uncorrelated.
- ▶ If these assumptions are met, then OLS is **BLUE**
  - ▶ The **Best Linear conditionally Unbiased Estimator**

# Multiple regression

## Simple linear regression

- ▶ Let's say we estimate a simple linear regression of the form:

$$\hat{y} = \hat{\beta}_0 + \hat{\beta}_1 x + \hat{u}$$

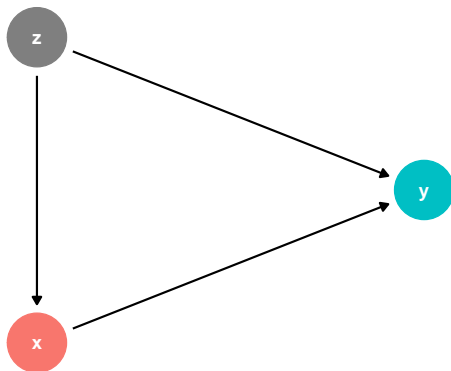
- ▶ In this case, we assume that the outcome  $y$  is a linear function of a single predictor  $x$ .
- ▶ But what if we think have reason to believe that  $y$  is also a function of other predictors?

# Multiple regression

## Omitted variable bias

- ▶ Omitted variable bias occurs when we leave out (or *omit*) a predictor that should be in our model.
- ▶ It exists when
  - ▶  $x$  is correlated with the omitted variable  $z$ .
  - ▶ The omitted variable is a predictor of the dependent variable  $y$ .

# Omitted variable bias



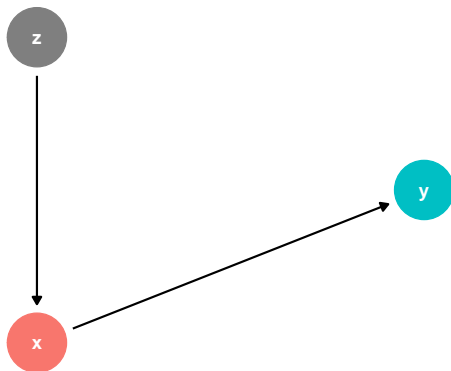
# Multiple regression

## Consequences omitted variable bias

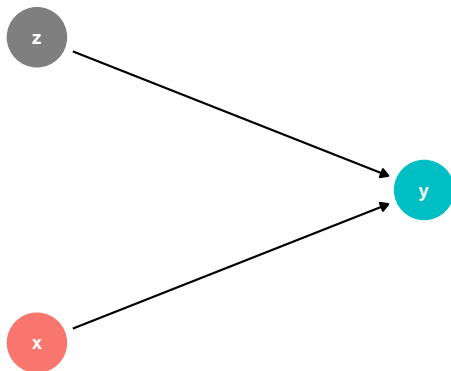
- ▶ The assumption that  $E(u_i|x_i) = 0$  is violated.
  - ▶ If  $z$  is correlated with  $x$  but not included, then the error term  $u$  captures the unmeasured effect of  $z$  and thus  $u$  is correlated with  $x$ .
- ▶ The slope coefficient  $\beta_1$  will be *biased*.
  - ▶ The mean of the sampling distribution of the OLS estimator may not equal the true effect of  $x$ .
  - ▶  $\hat{\beta}_1 = \beta_1 + \text{bias}$
- ▶ The OLS estimator is *inconsistent* as  $\hat{\beta}_1$  does not converge in probability to  $\beta_1$ .
  - ▶ Bias remains even with large samples.
- ▶ The greater the correlation between  $x$  and  $u$ , the greater the bias.



## (Not) Omitted variable bias



## (Not) Omitted variable bias



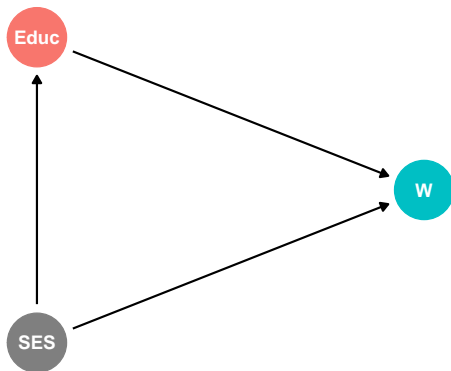
# Multiple regression

## Example

$$Wealth_i = \beta_0 + \beta_1 Educ + u$$

- ▶ Let's say we have a model of wealth as a function of education:
- ▶ We estimate the model and see a strong, positive relationship between education and wealth (i.e.  $\hat{\beta}_1$  is positive)
- ▶ What other factors might be correlated with education *and* predict wealth?
- ▶ Education is correlated with parental socioeconomic status (SES) and predicts wealth. Our estimate of the effect of education is *biased* without taking SES into account.

## Drawing the DAG



# Simulating omitted variable bias

```
N <- 100  
x <- rnorm(N, 2, 1)  
z <- 0.1*x + rnorm(N, 5, 2)  
y <- 0.8*x + -2*z + rnorm(N, 0, 1)
```

# Simulating omitted variable bias

```
m.omit <- lm(y ~ x)
m.both <- lm(y ~ x + z)
print(m.omit$coefficients)
```

```
## (Intercept)          x
## -10.5750710    0.5640694
```

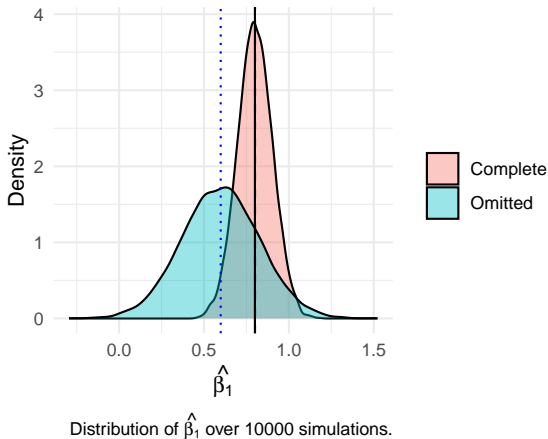
```
print(m.both$coefficients)
```

```
## (Intercept)          x          z
## -0.1851406    0.8079454  -2.0007816
```

# Simulating omitted variable bias

```
coefs.omitted <- c()
coefs.complete <- c()
sims <- 1E4
for (i in 1:1E4) {
  x <- rnorm(N,2,1)
  z <- 0.1*x + rnorm(N,5,1)
  y <- 0.8*x + -2*z + rnorm(N, 0, 1)
  m.omit <- lm(y ~ x)
  m.both <- lm(y ~ x + z)
  coefs.omitted[i] <- m.omit$coefficients[2]
  coefs.complete[i] <- m.both$coefficients[2]
}
```

# Simulating omitted variable bias





# Multiple regression

## The multiple regression model

- ▶ In a multiple regression model, we specify a linear relationship between an outcome and a set of  $k$  predictors.

$$E[y|x_1, x_2, \dots, x_k] = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \dots + \beta_k x_k + u$$

# Multiple regression

## Independent variables and controls

- ▶ The predictors added to the model can be considered as additional **independent variables** or as **controls**.
- ▶ In general, we use the former term when we have a theoretical reason to be interested in a effect of a variable and the latter when we expect it to matter but are not interested in analyzing the relationship directly.
- ▶ We typically add control variables to address potential omitted variable bias.

# Multiple regression

## Interpreting coefficients

- ▶ Consider the following population model:

$$y_i = \beta_0 + \beta_1 x + \beta_2 z + u$$

- ▶  $\beta_1$  is the effect of a unit change in  $x$  *when  $z$  is held constant*.

$$\beta_1 = \frac{\Delta y}{\Delta x}, \text{ holding } z \text{ constant}$$

# Multiple regression

## Interpreting the intercept

- ▶ Consider the same model:

$$y_i = \beta_0 + \beta_1 x + \beta_2 z + u$$

- ▶  $\beta_0$  is the expected value of  $y_i$  when  $x = 0$  and  $z = 0$ .

# Multiple regression

## The OLS estimator

- ▶ The OLS estimator minimizes the sum of the squared residuals.
- ▶ Over  $n$  observations and  $k$  predictors, we minimize the following quantity:

$$\sum_{i=1}^n (y_i - \beta_0 - \beta_1 x_{1i} - \beta_2 x_{2i} - \dots - \beta_k x_{ki})^2$$

- ▶ Thus, the predicted values are

$$\hat{y}_i = \hat{\beta}_0 + \hat{\beta}_1 x_{1i} + \hat{\beta}_2 x_{2i} + \dots + \hat{\beta}_k x_{ki}$$

- ▶ And the residuals are defined as  $\hat{u}_i = y_i - \hat{y}_i$  for  $i = 1, \dots, n$ .

# Multiple regression

## OLS in matrix form

- ▶ We can write the equation for multiple regression more compactly using matrix notation. Here  $X$  is an  $n$  by  $k$  matrix of predictors and  $B$  is vector of coefficients with length  $k$ .

$$y = \beta_0 + \beta X + u$$

- ▶ Ordinary least squares estimates can be computed directly using matrix multiplication, where  $X$  is a matrix of predictors and the first column is a vector of 1s (for the intercept) and  $y$  is the outcome.

$$\hat{\beta} = X^T X^{-1} X^T y$$

# Multiple regression

## OLS in matrix form

```
Intercept <- rep(1,N)
X <- cbind(Intercept,x,z)

Betas <- solve(t(X) %*% X) %*% (t(X) %*% y)
print(t(Betas))
```

```
##      Intercept      x      z
## [1,] 0.1205118 0.6961067 -2.035357
```

```
m <- lm(y ~ x + z)
print(m$coefficients)
```

```
## (Intercept)      x      z
## 0.1205118 0.6961067 -2.0353567
```

`t()` is the transpose operation, `solve()` finds the inverse of a matrix, and `%*%` is the matrix multiplication operator.

# Multiple regression

## OLS in matrix form

- ▶ OLS estimates are derived directly from algebraic manipulation of the data.
- ▶ OLS is a special case. Other approaches we will encounter in a few weeks require more complicated *maximum likelihood estimation*.
- ▶ Bayesian regression with uniform priors will converge to the least squares solution, despite a radically different estimation procedure.



# Multiple regression

## Model fit and the Standard Error of the Regression

- ▶ The **Standard Error of the Regression (SER)** is an estimate of the standard deviation of the error term  $u_i$ . It captures the spread of  $y$  around the regression line.
- ▶ For a single regressor,

$$SER = \sqrt{\sigma_{\hat{u}}} = \sqrt{\frac{1}{n-2} \sum_{i=1}^n \hat{u}_i^2} = \sqrt{\frac{SSR}{n-2}}$$

- ▶  $n - 2$  accounts for degrees of freedom used by slope and intercept.
- ▶ A smaller SER indicates better fit.

# Multiple regression

## Model fit and the Standard Error of the Regression

- ▶ If we have multiple predictors we need to include an degrees of freedom adjustment  $k$ , where  $k$  is the number of predictors. The  $-1$  accounts for the intercept.

$$SER = \sqrt{\sigma_{\hat{u}}} = \sqrt{\frac{1}{n - k - 1} \sum_{i=1}^n \hat{u}_i^2} = \sqrt{\frac{SSR}{n - k - 1}}$$

- ▶ The adjustment has a small effect when  $n$  is large.

# Multiple regression

## Model fit and $R^2$

- ▶ We define  $R^2$  in the sample way as a simple regression:

$$R^2 = \frac{\sum_{i=1}^n (\hat{y}_i - \bar{y})^2}{\sum_{i=1}^n (y_i - \bar{y})^2} = \frac{ESS}{TSS}$$

$$R^2 = 1 - \frac{SSR}{TSS}$$

# Multiple regression

## Adjusted $R^2$

- ▶  $R^2$  increases mechanistically as we add predictors because the SSR declines as long as  $\hat{\beta}_k \neq 0$ , inflating model fit.
- ▶ A degrees of freedom correction is used to adjust for this:

$$\text{Adjusted } R^2 = 1 - \frac{n-1}{n-k-1} \frac{SSR}{TSS}$$

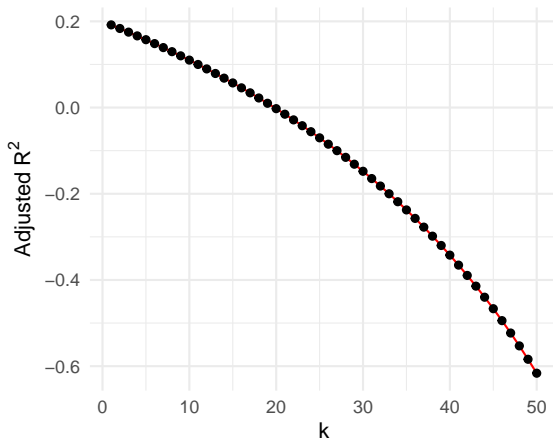
# Multiple regression

## Properties of adjusted $R^2$

- ▶ Adjusted  $R^2$  is *always less than*  $R^2$ .
- ▶ Adding a predictor can increase Adjusted  $R^2$ , but it can decline if the change to the SSR is weaker than the offset  $n - 1/n - k - 1$ .
- ▶ Adjusted  $R^2$  can be negative if the reduction in SSR does not offset  $n - 1/n - k - 1$ .

# Multiple regression

The penalty  $\frac{n-1}{n-k-1}$  increases as we add predictors



This example shows the effect of the degree of freedom adjustment, assuming  $\beta_k = 0$  for all  $k > 1$ .

# Multiple regression

## Bayesian $R^2$

- ▶ There is no direct analogue for  $R^2$  in Bayesian statistics
  - ▶ Recall that frequentist models assume *fixed* parameters, whereas Bayesian parameters have *distributions*.
- ▶ If we treat the Bayesian estimates as fixed, for example by taking the median of the posterior distribution  $\hat{\beta}_k$ , we could calculate something using the formula above, but it would not account for the *uncertainty* contained in the posterior distribution.

# Multiple regression

## Bayesian $R^2$

- ▶ Instead, we use posterior simulations to repeat the calculation across all samples from the posterior.
- ▶ Bayesian  $R^2$  therefore has a posterior distribution.<sup>1</sup> We can summarize this into a single metric using the same approach as the regression coefficients, e.g. using the median of the posterior distribution.<sup>2</sup>

---

<sup>1</sup>"Everything that depends upon parameters has a posterior distribution" - McElreath 98.

<sup>2</sup>See GHV 170-171



# Multiple regression

## Significance tests: t-tests

- ▶ Like simple linear regression, we can interpret the statistical significance of regression coefficients using the t-statistics.
- ▶ Typically, we are interested in testing the null hypothesis that  $\beta_k = 0$ . We get the t-statistic by dividing a coefficient by its standard error:

$$t = \frac{\hat{\beta}_k - 0}{SE(\hat{\beta}_k)} = \frac{\hat{\beta}_k}{SE(\hat{\beta}_k)}$$

- ▶ We can use the t-statistic to look up the relevant *p-value*.

# Multiple regression

## Confidence interval

- ▶ Most regression software provides a 95% confidence interval around each estimate. For  $\beta_j$  this would take the following form:

$$[\hat{\beta}_j - 1.96SE(\hat{\beta}_j), \hat{\beta}_j + 1.96SE(\hat{\beta}_j)]$$

- ▶ Recall that only 5% of the probability density of a t-distribution is greater than  $|1.96|$ .

# Multiple regression

## Joint tests

- ▶ The F-statistic is used to test a **joint hypothesis**.
- ▶ If we consider a two variable example, we might test the following *null hypothesis*:

$$H_N : \beta_1 = 0, \beta_2 = 0$$

- ▶ A joint test has  $q$  restrictions. In this case,  $q = 2$ .
- ▶ The *alternative hypothesis*  $H_A$  is that one or more of the  $q$  restrictions does not hold.

# Multiple regression

## Joint tests and the F-statistic

- ▶ Since we expect the predictors to have a *joint sampling distribution*, we cannot conduct a joint test by summarizing a series of paired tests (e.g. a t-test for every predictor) because the t-statistics are not independent.
- ▶ Instead, we must calculate the F-statistic. Where  $q = 2$  it is defined as:

$$F = \frac{1}{2} \left( \frac{t_1^2 + t_2^2 - 2\hat{\rho}_{t_1, t_2} t_1 t_2}{1 - \hat{\rho}_{t_1, t_2}^2} \right)$$

# Multiple regression

## Joint tests and the F-statistic

- ▶ If  $\hat{\rho}_{t_1, t_2} = 0$  the equation simplifies to the average of the squared t-statistics:

$$F = \frac{1}{2}(t_1^2 + t_2^2)$$

- ▶ The p-value can then be derived from the relevant *F-distribution*, where  $F \sim F_{q, \infty}$
- ▶ Typically, we use an F-test to test the restriction that  $\beta_1 = 0, \beta_2 = 0, \dots, \beta_k = 0$ .

# Multiple regression

## Joint tests and the F-statistic

- ▶ If we assume the residuals are *homoskedastic*, we can test the restriction  $\beta_1 = 0, \beta_2 = 0, \dots, \beta_k = 0$  using the following formula:

$$F_0 = \frac{(SSR_r - SSR_u)/q}{SSR_u/(n - k + 1)}$$

- ▶ The  $SSR_r$  is obtained from *restricted* model where we calculate the SSR assuming the null hypothesis is true. The SSR from the fitted model,  $SSR_u$ , is known as the *unrestricted* SSR.
- ▶ The test statistic is assessed using an *F-distribution* with  $q$  degrees of freedom and  $n - k + 1$  observations.
- ▶ In most cases the homoskedasticity assumption is likely violated, so we use the more complicated formula from the previous slide, known as the *heteroskedasticity robust* F-statistic.

# Multiple regression

## Interpreting regression output

Call:

```
lm(formula = y ~ x + z)
```

Residuals:

Min	1Q	Median	3Q	Max
-2.17211	-0.49561	0.00997	0.54232	3.09640

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	0.12051	0.53775	0.224	0.823
x	0.69611	0.09055	7.688	1.23e-11 ***
z	-2.03536	0.10526	-19.336	< 2e-16 ***

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 0.9607 on 97 degrees of freedom

Multiple R-squared: 0.7973, Adjusted R-squared: 0.7932

F-statistic: 190.8 on 2 and 97 DF, p-value: < 2.2e-16

# Multiple regression

## Bayesian approaches

- ▶ “We have essentially no interest in using hypothesis tests for regression because we almost never encounter problems where it would make sense to think of the coefficients as being exactly zero” - GHV 147
- ▶ Bayesian regression is assessed by analyzing the posterior distribution of parameters to understand uncertainty.
- ▶ Nonetheless, Bayesian equivalents to t-tests and F-tests can be used if desired.<sup>3</sup>

---

<sup>3</sup>See Kruschke and Liddell 2018.



# Multiple regression

## Multicollinearity

- ▶ **Multicollinearity** occurs when a predictor  $x$  is highly correlated one or more other predictors  $z$ .
  - ▶ **Perfect multicollinearity** arises when  $\text{cor}(x, z) = 1$  or  $-1$ .
    - ▶ Usually due to some type of misspecification. e.g. accidentally including the same variable twice.
  - ▶ **Imperfect multicollinearity** means that two or more regressors are highly correlated.

# Multiple regression

## Multicollinearity and its implications

- ▶ Assume the following model and that  $x$  and  $z$  are highly correlated:

$$\hat{y}_i = \hat{\beta}_0 + \hat{\beta}_1 x_i + \hat{\beta}_2 z_i + u_i$$

- ▶ The variance of  $\hat{\beta}_1$ <sup>4</sup> is inversely proportional to  $1 - \rho_{x,z}^2$ , where  $\rho_{x,z}$  is the correlation between  $x$  and  $z$ .
  - ▶ If  $\rho_{x,z}$  is large, then this term is small and thus the variance is large.
- ▶ Multicollinearity *increases variance* and *reduces precision*, potentially making  $\beta_1$  **non-identifiable**.

---

<sup>4</sup>The same issue also applies to  $\hat{\beta}_2$

# Simulating multicollinearity

```
N <- 100  
x <- rnorm(N, 2, 1)  
x2 <- rnorm(N, 0, 1)  
z <- 0.7*x + rnorm(N, 0, 1)  
y <- 0.5*x + -0.5*x2 + 0.5*z + rnorm(N, 1, 1)
```

# Simulating multicollinearity

```
m1 <- summary(lm(y ~ x + x2))  
m2 <- summary(lm(y ~ x + x2 + z))  
round(m1$coefficients,2) # omitted variable bias
```

##	Estimate	Std. Error	t value	Pr(> t )
## (Intercept)	1.66	0.25	6.66	0
## x	0.59	0.11	5.22	0
## x2	-0.59	0.11	-5.42	0

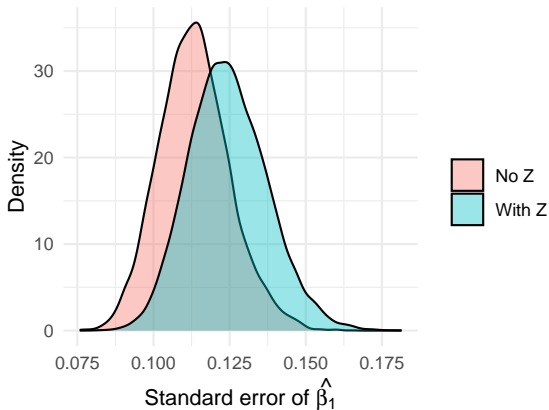
```
round(m2$coefficients,2) # multicollinearity
```

##	Estimate	Std. Error	t value	Pr(> t )
## (Intercept)	1.48	0.23	6.31	0.00
## x	0.29	0.13	2.28	0.02
## x2	-0.58	0.10	-5.79	0.00
## z	0.49	0.12	4.24	0.00

# Simulating multicollinearity

```
se.omitted <- c()
se.complete <- c()
sims <- 1E4
for (i in 1:1E4) {
  x <- rnorm(N,2,1)
  x2 <- rnorm(N,0,1)
  z <- 0.7*x + rnorm(N,0,1)
  y <- 0.5*x + -0.5*x2 + 0.5*z + rnorm(N, 1, 1)
  m.omit <- summary(lm(y ~ x + x2))
  m.complete <- summary(lm(y ~ x + x2 + z))
  se.omitted[i] <- m.omit$coefficients[2,2]
  se.complete[i] <- m.complete$coefficients[2,2]
}
```

# Simulating multicollinearity



Distribution of standard error over 10000 simulations.

# Multiple regression

## Fixing multicollinearity

- ▶ In general, multicollinearity is less severe than omitted variable bias.
  - ▶ The inflated variance will lead to more Type II errors than Type I errors.
  - ▶ Omitted variable bias can produce Type I errors, sign errors, and magnitude errors.

# Multiple regression

## Fixing multicollinearity

- ▶ *Solution 1:* Use more data. If we have a larger sample then we might be able to learn from additional variation in  $x$  and  $z$ .
- ▶ *Solution 2:* If we are only concerned about  $x$  then we could exclude  $z$ . But this risks omitted variable bias if  $z$  is also a predictor of  $y$ .
- ▶ *Solution 3:* Transform or combine predictors (e.g. factor analysis).



# Multiple regression

## Revisiting our assumptions

- ▶  $E(u_i | x_{1i}, x_{2i}, \dots, x_{ki}) = 0$
- ▶ All  $y_i, x_{1i}, x_{2i}, \dots, x_{ki}$  are IID.
- ▶ Large outliers are unlikely.
- ▶ No perfect multicollinearity.

# Multiple regression

## Spurious relationships and confounding

- ▶ Sometimes we observe **spurious** relationships in regression models where a correlation between two variables exists, despite the absence of any causal relationship.
  - ▶ e.g. Finding that hurricanes with female names *caused* more deaths than male named hurricanes.
- ▶ Sometimes this occur purely due to chance, but it can be due to **confounding**: a confounding variable  $z$  influences both  $x$  and  $y$ .
- ▶ Adding more predictors can often help to reduce the risk of spurious associations.
  - ▶ If we control for the confounder  $z$ , the spurious relationship between  $y$  and  $x$  disappears.

# Multiple regression

## Masked relationships

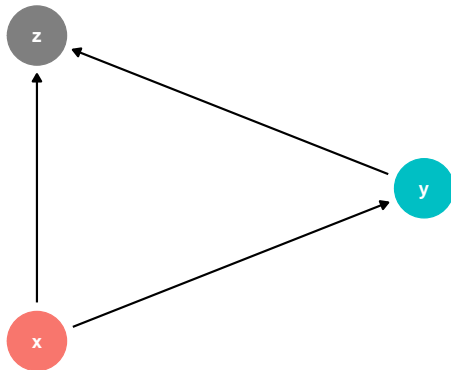
- ▶ Assume a true relationship between  $y$  and  $x$ .
- ▶ We estimate a model  $y = \beta_0 + \beta_1 x$ .
- ▶ The results do not show evidence of an association (i.e.  $\hat{\beta}_1 \approx 0$ ).
- ▶ We estimate a second model including a new predictor  $z$ .
- ▶ Controlling for  $z$  allows us to observe a relationship between  $y$  and  $x$ .

# Multiple regression

## Colliders

- ▶  $z$  is *caused by*  $y$  and  $x$ .
- ▶ In this case,  $z$  is a **collider** and controlling for  $z$  can introduce bias.
- ▶ Using DAGs can help to formalize relationships between variables and identify potential colliders.

## Colliders<sup>5</sup>



---

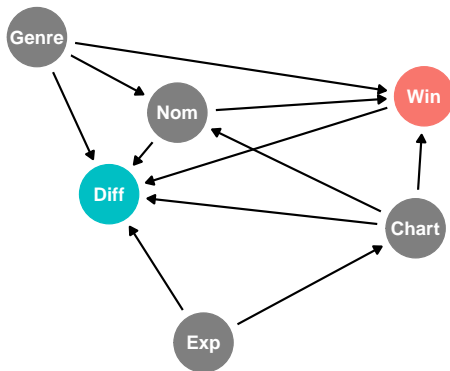
<sup>5</sup> See Elwert, Felix, and Christopher Winship. 2014. "Endogenous Selection Bias: The Problem of Conditioning on a Collider Variable." *Annual Review of Sociology* 40(1):31–53. doi: 10.1146/annurev-soc-071913-043455.

# Multiple regression

## Variable selection

- ▶ It is often conventional practice to include a wide array of potential confounders in a regression model (“kitchen sink” or “garbage can” regressions), but this approach can cause problems!
- ▶ We must carefully consider omitted variable bias, multicollinearity, and collider bias when specifying models.
- ▶ We must use domain knowledge and theory to guide model specifications, we cannot identify these issues from the data alone.
- ▶ DAGs are a useful tool for representing our assumptions, guiding variable selection, and identifying problematic specifications.

# DAGs in the wild<sup>6</sup>



<sup>6</sup>Stylized DAG based on analysis from Negro, Giacomo, Balázs Kovács, and Glenn R. Carroll. 2022. "What's Next? Artists' Music after Grammy Awards." *American Sociological Review* 87(4):644–74. doi: 10.1177/00031224221103257.

# Next week

## Non-linear predictors

- ▶ Dummy variables
- ▶ Categorical variables
- ▶ Non-linear transformations



# Lab

- ▶ Estimating and interpreting multiple regression models