$$\frac{dL}{dt} = \begin{pmatrix}
\frac{db_1}{dt} & \frac{da_1}{dt} & \frac{da_3}{dt} \\
\frac{da_1}{dt} & \frac{db_2}{dt} & \frac{da_2}{dt} \\
\frac{da_3}{dt} & \frac{da_3}{dt} & \frac{db_3}{dt}
\end{pmatrix}$$

$$= \begin{pmatrix}
-2a_1^2 + 2a_3^2 & a_1b_1 - a_1b_2 & a_3b_3 - a_3b_1 \\
a_1b_1 - a_1b_2 & -2a_2^2 + 2a_1^2 & a_2b_2 - a_2b_3 \\
a_3b_3 - a_3b_3 & a_2b_2 - a_2b_3 & -2a_3^2 + 2a_2^2
\end{pmatrix}$$

$$= \begin{pmatrix}
-a_1^2 + a_3^2 & -a_1b_2 + a_2a_3 & -a_1a_2 + a_3b_3 \\
a_1b_1 - a_2a_3 & a_1^2 - a_2^2 & a_1a_3 - a_3b_3 \\
-a_3b_1 + a_1a_2 & -a_3a_1 + a_2b_2 & -a_3^2 + a_2^2
\end{pmatrix}$$

$$- \begin{pmatrix}
a_1^2 - a_3^2 & -a_1b_1 + a_3a_2 & a_3b_1 - a_1a_2 \\
a_1b_2 - a_2a_3 & -a_1^2 + a_2^2 & a_1a_3 - a_2b_2 \\
a_2a_1 - a_3b_3 & -a_1a_3 + a_2b_3 & a_3^2 - a_2^2
\end{pmatrix}$$

$$= \begin{pmatrix}
0 & -a_1 & a_3 \\
a_1 & 0 & -a_2 \\
-a_3 & a_2 & 0
\end{pmatrix}
\begin{pmatrix}
b_1 & a_1 & a_3 \\
a_1 & b_2 & a_2 \\
a_3 & a_2 & b_3
\end{pmatrix}
- \begin{pmatrix}
b_1 & a_1 & a_3 \\
a_1 & b_2 & a_2 \\
a_3 & a_2 & b_3
\end{pmatrix}
\begin{pmatrix}
0 & -a_1 & a_3 \\
a_1 & 0 & -a_2 \\
-a_3 & a_2 & 0
\end{pmatrix}$$

B(t) L(t) - L(t) B(t)