**231. Power of Two**

Easy

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Given an integer, write a function to determine if it is a power of two.

**Example 1:**

**Input:** 1

**Output:** true

**Explanation:** 20 = 1

**Example 2:**

**Input:** 16

**Output:** true

**Explanation:** 24 = 16

**Example 3:**

**Input:** 218

**Output:** false

1. While

