## Inner Time and The Inner ear

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## Abstract

This document will contain the relevant equations I need to numerically calculate the Paschen-Back for aribitrary I and J.

## I. THE WHOLE PAPER

The hyperfine splitting up to magnetic octopole contributions is given by:

$$H_{\text{hfs}} = A_{\text{hfs}} \frac{\mathbf{I} \cdot \mathbf{J}}{\hbar^{2}} + B_{\text{hfs}} \frac{\frac{3}{\hbar^{2}} (\mathbf{I} \cdot \mathbf{J})^{2} + \frac{3}{2\hbar} \mathbf{I} \cdot \mathbf{J} - I(I+1)J(J+1)}{2I(2I-1)J(2J-1)} + C_{\text{hfs}} \frac{\frac{10}{\hbar^{3}} (\mathbf{I} \cdot \mathbf{J})^{3} + \frac{20}{\hbar^{2}} (\mathbf{I} \cdot \mathbf{J})^{2} + \frac{2}{\hbar} \mathbf{I} \cdot \mathbf{J} [I(I+1) + J(J+1) + 3] - 3I(I+1)J(J+1) - 5I(I+1)J(J+1)}{I(I-1)(2I-1)J(J-1)(2J-1)}$$

$$(1)$$

For Sodium 23, we have:

Magnetic Dipole Constant, 
$$3^2S_{1/2}$$
  $A_{3^2S_{1/2}}$   $h \cdot 885.813$  MHz

Magnetic Dipole Constant,  $3^2P_{1/2}$   $A_{3^2P_{1/2}}$   $h \cdot 94.44$  MHz

Magnetic Dipole Constant,  $3^2P_{3/2}$   $A_{3^2P_{3/2}}$   $h \cdot 18.534$  MHz

Electric Quadrupole Constant,  $3^2P_{3/2}$   $B_{3^2P_{3/2}}$   $h \cdot 2.724$  MHz

For the DC Zeeman shift, we want to compute the eigenstaes of

$$H_B^{\text{(fs)}} + H_B^{\text{(hfs)}} \tag{3}$$

where for a B-field in the z direction, we have

$$H_B^{(fs)} = -\mu_S \cdot \mathbf{B} - \mu_L \cdot \mathbf{B} = \frac{\mu_B}{\hbar} \left( g_s S_z + g_L L_z \right) B \tag{4}$$

and

$$H_B^{(hfs)} = -\mu_I \cdot \mathbf{B} = \frac{\mu_B}{\hbar} g_I I_z B. \tag{5}$$

For now, we will lump together the effect of S and L into J via the Lande  $g_J$  factor, and treat only the Paschen-Back effect due to the hyperfine interaction (since this occurs at much lower energy B-fields than the separation of S and L eigenstates). Thus we must diagonalize

$$H_B^{\text{(fs)}} + H_B^{\text{(hfs)}} = \frac{\mu_B}{\hbar} (g_J J_z + g_I I_z) B$$
 (6)

where

$$g_{J} \equiv g_{L} + (g_{S} - g_{L}) \frac{J(J+1) + S(S+1) - L(L+1)}{2J(J+1)}$$

$$g_{L} \equiv \frac{\text{Reduced Mass}}{m_{e}} = \frac{1}{1 + m_{e}/m_{n}}$$

$$g_{S} = 2.002319.$$
(7)

In order to compute matrix elements of  $\mathbf{I}\cdot\mathbf{J}$  in  $H_B^{(\mathrm{hfs})},$  we will need to use:

$$\mathbf{I} \cdot \mathbf{J} = I_z J_z + \frac{I_+ J_- + I_- J_+}{2} (\mathbf{I} \cdot \mathbf{J})^2 = (I_z J_z)^2 + \frac{1}{2} \{ I_z J_z, I_+ J_- + I_- J_+ \} + \frac{(I_+ J_-)^2 + (I_- J_+)^2}{4} + \frac{I_+ I_- J_- J_+ + I_- I_+ J_+ J_-}{4}$$
(8)