

# **UNIT 6: HEALTH & SAFETY - Assessment Plan**

## **TQUK Level 3 Diploma in Adult Care (RQF)**

Qualification Number: 610/0103/6

Centre: T21 Services UK

Centre Number: #36257481088

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# **UNIT 6: HEALTH AND SAFETY IN HEALTH AND SOCIAL CARE**

Guided Learning Hours (GLH): 20 hours

## **LEARNING OUTCOMES & ASSESSMENT CRITERIA**

### **Learning Outcome 1: Understand own responsibilities, and the responsibilities of others, relating to health and safety in the work setting**

- 1.1 Identify legislation relating to general health and safety in a health or social care work setting
- 1.2 Describe the main points of health and safety policies and procedures agreed with the employer
- 1.3 Outline the main health and safety responsibilities of: self, the employer or manager, others in the work setting
- 1.4 Identify specific tasks in the work setting that should not be carried out without special training
- 1.5 Explain how to access additional support and information relating to health and safety

### **Learning Outcome 2: Understand the use of risk assessments in relation to health and safety**

- 2.1 Explain why it is important to assess health and safety hazards posed by the work setting or by particular activities
- 2.2 Explain how and when to report potential health and safety risks that have been identified
- 2.3 Explain how risk assessment can help address dilemmas between rights and health and safety concerns

### **Learning Outcome 3: Understand procedures for responding to accidents and sudden illness**

- 3.1 Describe different types of accidents and sudden illness that may occur in own work setting
- 3.2 Outline the procedures to be followed if an accident or sudden illness should occur

### **Learning Outcome 4: Be able to reduce the spread of infection**

- 4.1 Explain the main points of legislation that relates to the prevention and control of infection
- 4.2 Demonstrate the recommended method for hand washing
- 4.3 Demonstrate ways to ensure that own health and hygiene do not pose a risk to others at work

### **Learning Outcome 5: Be able to move and handle equipment and other objects safely**

- 5.1 Explain the main points of legislation that relates to moving and handling
- 5.2 Explain principles for safe moving and handling
- 5.3 Demonstrate how to move and handle equipment and other objects safely

### **Learning Outcome 6: Know how to handle hazardous substances and materials**

- 6.1 Describe types of hazardous substances that may be found in the work setting
- 6.2 Explain safe practices for: storing hazardous substances, using hazardous substances, disposing of hazardous substances and materials

### **Learning Outcome 7: Understand how to promote fire safety in the work setting**

- 7.1 Describe practices that prevent fires from: starting, spreading
- 7.2 Outline emergency procedures to be followed in the event of a fire in the work setting

### **Learning Outcome 8: Be able to implement security measures in the work setting**

- 8.1 Demonstrate use of agreed procedures for checking the identity of anyone requesting access to: premises, information
- 8.2 Demonstrate use of measures to protect own security and the security of others in the work setting
- 8.3 Explain the importance of ensuring that others are aware of own whereabouts

## **GLH DELIVERY BREAKDOWN (20 HOURS)**

## **ASSESSMENT METHODS & EVIDENCE REQUIREMENTS**

### **Assessment Method 1: Professional Discussion (45-60 minutes)**

Activity	Hours	Delivery Method
Self-directed study of learning materials	8	Online platform + PDF resources
Workplace observation by assessor	5	Direct observation in care setting
Professional discussion with assessor	2	Face-to-face/video call
Practical demonstrations (hand washing, moving & handling)	3	Hands-on assessment
Risk assessment activity	1	Practical activity
Tutorial support & feedback	1	One-to-one session
<b>**TOTAL**</b>	<b>**20**</b>	<b>**Blended approach**</b>

Covers: LO1.1, LO1.2, LO1.3, LO1.4, LO1.5, LO2.1, LO2.2, LO2.3, LO3.1, LO3.2, LO4.1, LO5.1, LO5.2, LO6.1, LO6.2, LO7.1, LO7.2, LO8.3

Questions Asked:

1. What health and safety legislation applies to your work?
2. Describe your organization's health and safety policies
3. What are your health and safety responsibilities?
4. What tasks require special training?
5. Where do you get health and safety information?
6. Why are risk assessments important?
7. How do you report health and safety risks?
8. What accidents could occur in your setting?
9. What are the emergency procedures?
10. What legislation relates to infection control?
11. What legislation relates to moving and handling?
12. What are the principles of safe moving and handling?
13. What hazardous substances are in your workplace?
14. How do you store, use, and dispose of hazardous substances?
15. How do you prevent fires?
16. What are the fire evacuation procedures?
17. Why is it important to let others know your whereabouts?

Evidence Generated:

- Professional discussion record
- Detailed assessor notes

Assessment Criteria Met:

- ✓ 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 3.1, 3.2, 4.1, 5.1, 5.2, 6.1, 6.2, 7.1, 7.2, 8.3

## **Assessment Method 2: Practical Demonstration - Hand Washing**

Covers: LO4.2

Task:

Demonstrate the recommended 7-step hand washing technique:

1. Wet hands
2. Apply soap
3. Rub palms together

4. Rub back of hands
5. Interlock fingers
6. Rub thumbs
7. Rinse and dry

Duration: 40-60 seconds

Evidence Generated:

- Observation record of demonstration
- Photos/video (with consent)
- Assessor confirmation of correct technique

Assessment Criteria Met:

- ✓ 4.2

### **Assessment Method 3: Practical Demonstration - Moving & Handling**

Covers: LO5.3

Task:

Demonstrate safe moving and handling of:

- Equipment (hoist, wheelchair, walking frame)
- Objects (laundry bags, supplies)

Must demonstrate:

- Risk assessment before moving
- Correct posture and technique
- Use of equipment correctly
- Team lifting (if applicable)
- Reporting faulty equipment

Evidence Generated:

- Observation record of demonstration
- Photos/video (with consent)
- Assessor confirmation of safe technique

Assessment Criteria Met:

- ✓ 5.3

### **Assessment Method 4: Observation (Minimum 3 hours)**

Covers: LO4.3, LO8.1, LO8.2

Observation Focus:

Assessor observes learner:

- Maintaining personal hygiene (clean uniform, hair tied back, etc.)
- Following infection control procedures (PPE use, waste disposal)
- Checking identity of visitors
- Using security measures (locked doors, key codes, signing in/out)
- Protecting confidential information
- Following lone working procedures

Evidence Generated:

- Detailed observation record
- Multiple examples documented

Assessment Criteria Met:

- ✓ 4.3, 8.1, 8.2

## **Assessment Method 5: Product Evidence - Risk Assessment**

Covers: LO2.1, LO2.2, LO2.3

Task:

Provide a completed risk assessment (anonymized) for:

- A specific activity (e.g., bathing, meal preparation)
- A specific hazard (e.g., wet floor, equipment)
- A specific individual

Must include:

- Hazards identified
- Risks assessed
- Control measures
- Review date
- Signatures

Evidence Generated:

- Copy of risk assessment
- Learner annotation explaining process

Assessment Criteria Met:

- ✓ 2.1, 2.2, 2.3

## **Assessment Method 6: Witness Statement**

Covers: LO4.2, LO4.3, LO5.3, LO8.1, LO8.2

Witness: Line manager, infection control lead, or senior colleague

Statement Confirms:

- Learner follows hand washing procedures
- Learner maintains good hygiene
- Learner uses safe moving and handling techniques
- Learner follows security procedures
- Learner checks identity of visitors

Evidence Generated:

- Witness statement on letterhead
- Specific examples provided

Assessment Criteria Met:

- ✓ 4.2, 4.3, 5.3, 8.1, 8.2

## **Assessment Method 7: Written Assignment - Health & Safety Knowledge**

Covers: LO1.1, LO1.2, LO1.3, LO1.4, LO3.1, LO3.2, LO6.1, LO6.2, LO7.1, LO7.2

Task:

Write a comprehensive guide covering:

Section 1: Legislation & Policies

- Health and Safety at Work Act 1974
- COSHH Regulations
- Manual Handling Operations Regulations
- Your organization's policies

Section 2: Responsibilities

- Your responsibilities
- Employer responsibilities
- Colleague responsibilities

Section 3: Accidents & Emergencies

- Types of accidents in your setting
- Emergency procedures
- Reporting procedures

Section 4: Hazardous Substances

- Types of hazardous substances
- Safe storage, use, and disposal

Section 5: Fire Safety

- Fire prevention

- Fire evacuation procedures

Word Count: 1500-2000 words

Evidence Generated:

- Written assignment
- Signed and dated

Assessment Criteria Met:

- ✓ 1.1, 1.2, 1.3, 1.4, 3.1, 3.2, 6.1, 6.2, 7.1, 7.2

## ASSESSMENT PLAN SUMMARY

## ASSESSMENT TEMPLATES PROVIDED

Assessment Method	1.1	1.2	1.3	1.4	1.5	2.1	2.2	2.3	3.1	3.2	4.1	4.2	4.3	5.1	5.2	5.3	6.1	6.2	7.1	7.2	8.1
Professional Discussion	■	■	■	■	■	■	■	■	■	■	■			■	■		■	■	■	■	
Hand Washing Demo												■									
Moving & Handling Demo																■					
Risk Assessment													■								■
Witness Statement						■	■	■													
Written Assignment												■	■			■					■
Overall Assessment	■	■	■	■					■	■							■	■	■	■	

- ✓ Professional Discussion Record Template
- ✓ Hand Washing Demonstration Checklist
- ✓ Moving & Handling Demonstration Checklist
- ✓ Observation Record Template
- ✓ Risk Assessment Template
- ✓ Witness Statement Template
- ✓ Written Assignment Template

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