

RECCOMENDED HIKING EQUIPMENTS

TREKING GEARS:

- Walking boots: Well worn in and water proof.
- Walking socks: not less than 5 pairs. Both thin and thick
- Several T-Shirts or wicking base layer (eg: dryflo/lifa)
- Good quality water proof windproof jacket and trousers
- Sun hat
- Head torch
- Warm hat or balaclava to cover your face with sun burn
- Scarf to cover the neck
- Sun glasses
- Sun creams
- Shorts x2
- Water proof gloves.
- Walking/trek trouser: zip-off ideal

GENERAL CLOTHING:

- Warm trousers
- Warm underwear and socks
- Warm gloves
- Fleece/warm jumper for cold evenings/mornings
- Trainers/spare footwear (for evenings at camp)
- Spare set of clothes at Moshi for celebrations
- Small day sack (25-30litre) - you must be able to carry your water proofs/water/camera/first aid/snacks in)
- Long sleeved t-shirt
- Towel-lightweight
- Thermals
- Tracksuit bottoms – good for sleeping in
- Swimming costume (optional)
- Gaiters – to protect your legs/shoes from mud

CAMPING/GENERAL EQUIPMENT

- Sleeping Bag
- Sleeping Mats
- Trekking poles
- Water purification tabulates – small pack as back-up only. (Water will be filtered and you will put in the tabulates for 100% safety.
- Wash kit – wet wipes, tooth brush etc
- Liquid hand wash (waterless)
- 1 roll of toilet paper – some will be supplied for you.
- Large plastic bags to keep things dry inside your rucksack.

- Snacks/energy bars/dextrose tablets.
- Water Bottle/s or Platypus – but insulate the tube as it freeze 9 minimum 2 litres capacity)
- Camera/spare batteries/memory cards etc
- Insect repellent
- Money belt – optional

PACKING:

note

When travel to Kilimanjaro for trekking, we advice our clients:

1. To wear their walking boots on flight.
2. Carry their Day Pack as hand bag with all the necessary things on it like fleece.
This is in case there is a delay of luggages at the Airport on arrival.
3. Put all your things in a water-proof bag or plastic bags before packing on your bag, Rain is unpredictable on the mountain.