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Digital Technology and Democratic Engagement: Evidence from the World Values Survey

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Abstract

Digital technologies are fundamentally transforming how Americans engage with democratic processes, yet the relationship between technology adoption and democratic values remains poorly understood. Using World Values Survey Wave 7 data (2017-2022, $N=2,596$) representing U.S. adults, this study examines how digital technology adoption patterns influence political participation and institutional trust. Through structural equation modeling and latent profile analysis, we identify a “digital democracy divide” characterized by a participation-trust paradox: Americans with higher digital adoption demonstrate substantially greater online political participation ($\beta = 0.32, p < 0.001$, Cohen’s $d = 0.45$) but significantly lower institutional trust ($\beta = -0.18, p < 0.01$, Cohen’s $d = 0.25$). Mediation analysis reveals that online political discourse, not age alone, drives the technology-democracy relationship (indirect effect = 0.14, 95% CI [0.08, 0.21]). Latent profile analysis identifies four distinct engagement patterns: Digital Advocates (23.4%), Selective Participants (31.2%), Traditional Engagers (28.6%), and Disengaged Citizens (16.8%). These patterns transcend generational boundaries and suggest heterogeneous pathways to democratic engagement in the digital age, with important implications for understanding contemporary democratic challenges and civic education policy.

1 Introduction

American democracy faces unprecedented challenges as digital technologies reshape fundamental assumptions about political participation, civic discourse, and institutional legitimacy. The 2016 and 2020 elections, the January 6th Capitol riots, and ongoing debates about social media’s role in democratic processes highlight the urgent need to understand how digital technology adoption influences citizens’ democratic values and behaviors (Tucker et al., 2018; Persily, 2017). Yet despite widespread concern about technology’s democratic effects, systematic empirical evidence about how different patterns of digital adoption shape political engagement remains surprisingly limited.

This study examines a central puzzle in contemporary democratic governance: while digital technologies appear to increase certain forms of political participation, they may simultaneously undermine trust in traditional democratic institutions. Using representative data from the World Values Survey (2017-2022), we investigate how technology adoption patterns influence two crucial dimensions of democratic citizenship—political participation and institutional trust—among American adults. Our analysis reveals a “digital democracy divide” that transcends simple generational categories and has profound implications for democratic stability and civic engagement.

The stakes of understanding this relationship are particularly high given the temporal context of our data. The 2017-2022 period encompasses the Trump presidency, widespread concerns about election integrity, the COVID-19 pandemic’s acceleration of digital adoption, and growing polarization around democratic institutions (Bright, 2018; Vaccari and Valeriani, 2020). These contextual factors make it essential to understand how technology shapes democratic engagement during periods of institutional stress.

Our theoretical approach integrates insights from digital democracy theory Chadwick

(2013), digital divide research that challenges generational assumptions Hargittai (2010), and emerging scholarship on social media’s political effects (Tucker et al., 2018; Howard, 2020). Rather than assuming that “digital natives” are inherently more democratically engaged, we examine how different patterns of meaningful technology use create distinct pathways to political participation.

The study contributes to three key debates in political science and communication research. First, it provides systematic evidence about the relationship between digital adoption and democratic values using nationally representative data during a crucial period in American politics. Second, it tests theoretical predictions about digital democracy using sophisticated statistical methods that can capture complex, multidimensional relationships. Third, it identifies distinct profiles of digital democratic engagement that transcend age-based categories, offering insights for civic education and democratic reform efforts.

2 Literature Review

2.1 Digital Democracy Theory and Contemporary Challenges

Digital democracy scholarship has evolved significantly since early optimistic predictions about technology’s democratizing potential. identified four theoretical positions that continue to shape research: liberal-individualist approaches emphasizing expanded choice and information access; deliberative models focusing on enhanced public discourse; counter-publics perspectives highlighting marginalized voices; and autonomist frameworks emphasizing radical democratic transformation. However, recent scholarship has become increasingly skeptical of simple technological solutions to democratic challenges.

Chadwick (2013) advanced understanding through his concept of “hybrid media systems,” showing how digital and traditional media interact in complex ways that can both enhance and undermine democratic discourse. His work demonstrates that digital technologies don’t simply replace traditional forms of political communication but create new hybrid

forms with unpredictable democratic consequences. Similarly, Bennett and Segerberg (2012) documented how digital technologies enable new forms of “connective action” that bypass traditional organizational structures, potentially creating both opportunities and challenges for democratic participation.

Critical perspectives have challenged optimistic assumptions about digital democracy. demonstrated that digital technologies may concentrate rather than distribute political influence, while recent research on algorithmic filtering and echo chambers has raised concerns about technology’s effects on democratic discourse (Sunstein, 2017). Howard (2020) extended these critiques by examining how digital platforms can be manipulated to undermine democratic processes through disinformation and algorithmic manipulation.

2.2 Beyond Digital Natives: Rethinking Technology and Political Engagement

The assumption that younger citizens are inherently more politically engaged through technology has been thoroughly debunked by recent research. demonstrated that meaningful digital political engagement depends more on educational opportunities, socioeconomic resources, and contextual factors than on age alone. Hargittai (2010) extended this argument by showing that “digital nativity” does not automatically translate into civic engagement skills or democratic participation.

Recent studies have provided more nuanced evidence about age, technology, and political engagement. Vaccari and Valeriani (2020) found that social media political engagement during the 2020 election varied significantly within age groups based on political interest, education, and platform use patterns. Bright (2018) showed that the relationship between social media use and political participation is mediated by the quality of online political discussion rather than simple exposure to technology.

This research suggests the need to move beyond generational explanations toward more sophisticated understanding of how different types of technology use create distinct pathways

to political engagement. Cross-platform research has shown that the democratic effects of technology depend heavily on how citizens use digital tools rather than simply whether they have access to them (Tucker et al., 2018).

2.3 Social Media and Democratic Institutions

The relationship between social media use and trust in democratic institutions has become a central concern in recent scholarship. Persily (2017) documented how social media platforms can simultaneously increase political participation while undermining confidence in electoral processes. Tucker et al. (2018) provided systematic evidence that social media exposure can increase political knowledge while also contributing to partisan polarization and institutional skepticism.

Research on social media’s effects during the Trump era has highlighted particular concerns about institutional trust. Howard (2020) showed how digital platforms were used to spread disinformation about democratic institutions, while Bennett and Segerberg (2012) documented how social media enabled new forms of political mobilization that bypassed traditional institutional channels. These studies suggest that digital engagement may create tension between participatory impulses and institutional confidence.

The COVID-19 pandemic has added new dimensions to these relationships. Emergency digitization of many civic processes, combined with increased social media use during lockdowns, created natural experiments in digital democratic engagement (Vaccari and Valeriani, 2020). Understanding how these technological shifts affected democratic values and behaviors is crucial for post-pandemic democratic governance.

2.4 Measurement and Methodological Challenges

Digital democracy research faces significant methodological challenges that have limited theoretical advancement. Most existing studies focus on specific platforms, particular demographic groups, or case studies of digital democracy initiatives, making it difficult to

generalize findings to broader patterns of technology adoption and democratic engagement. Chadwick (2013) noted that the hybrid nature of contemporary media systems requires analytical approaches that can capture complex, multidimensional relationships.

Survey-based research faces particular challenges in measuring meaningful technology use versus simple access or exposure. Hargittai (2010) emphasized the importance of distinguishing between different types of digital political activities, while Bright (2018) highlighted the need to examine both quantity and quality of online political engagement. These measurement challenges have contributed to mixed findings in the literature about technology’s democratic effects.

Recent methodological advances have begun to address these limitations. Structural equation modeling approaches can capture complex relationships between technology use, political values, and behavioral outcomes (Tucker et al., 2018). Latent profile analysis offers tools for identifying distinct patterns of digital engagement that transcend simple demographic categories (Vaccari and Valeriani, 2020). These methodological innovations enable more sophisticated tests of digital democracy theory.

3 Theoretical Framework and Hypotheses

3.1 Integrated Theoretical Model

Our theoretical framework integrates insights from multiple traditions in digital democracy research to address key limitations in existing scholarship. Drawing on ’s typology, Chadwick (2013)’s hybrid media systems theory, and ’s critique of digital nativity assumptions, we propose that technology adoption creates distinct pathways to democratic engagement that vary in their effects on political participation and institutional trust.

The model posits that digital technology adoption influences democratic engagement through three primary mechanisms. First, *information exposure* mechanisms increase citizens’ access to political information and diverse viewpoints, potentially enhancing political

knowledge and participation (Bennett and Segerberg, 2012). Second, *social interaction* mechanisms enable new forms of political discussion and mobilization through online platforms (Howard, 2020). Third, *institutional mediation* mechanisms alter how citizens relate to traditional political institutions by providing alternative channels for political expression and information (Chadwick, 2013).

However, these mechanisms may produce contradictory effects on different dimensions of democratic engagement. While technology adoption may increase participatory behaviors through information exposure and social interaction mechanisms, it may simultaneously decrease institutional trust through institutional mediation mechanisms that highlight institutional limitations or provide alternative sources of political legitimacy.

[Theoretical model figure would be inserted here showing the relationships between digital technology adoption, information exposure mechanisms, social interaction mechanisms, institutional mediation mechanisms, and their effects on political participation and institutional trust.]

3.2 The Participation-Trust Paradox

Central to our theoretical framework is the concept of a “participation-trust paradox” in digital democracy. This paradox emerges from the tension between technology’s capacity to enhance certain forms of political participation while simultaneously undermining confidence in traditional democratic institutions. Unlike earlier theories that predicted technology would uniformly enhance democratic engagement, we expect technology to create divergent effects on different dimensions of democratic citizenship.

The participation-trust paradox reflects broader tensions in contemporary democracy between participatory ideals and institutional realities. Citizens with higher digital adoption may develop increased expectations for political participation and transparency that existing institutions cannot meet, leading to simultaneous increases in political engagement and decreases in institutional trust (Chadwick, 2013; Persily, 2017).

3.3 Hypotheses

Based on this theoretical framework, we test four primary hypotheses:

H1: Digital Participation-Trust Paradox - Americans with higher digital technology adoption will demonstrate greater online political participation but lower trust in traditional political institutions compared to those with limited technology use.

This hypothesis reflects the core theoretical expectation that technology creates divergent effects on different dimensions of democratic engagement. We expect positive relationships between technology adoption and participatory behaviors, but negative relationships between technology adoption and institutional trust.

H2: Mediation Through Online Political Discourse - The relationship between digital technology adoption and democratic engagement will be mediated by online political discourse participation and information consumption patterns rather than age alone.

This hypothesis challenges generational explanations for digital political behavior by proposing that the quality and nature of online political engagement, rather than simple age-based technology exposure, drives the relationship between technology and democratic participation.

H3: Participatory vs. Representative Democratic Values - Digital technology users will show higher support for participatory democratic values but lower confidence in representative democratic institutions.

This hypothesis reflects theoretical predictions that technology adoption aligns with participatory rather than representative models of democracy, creating preference for direct engagement over institutional mediation.

H4: Distinct Digital Democracy Profiles - Latent profile analysis will reveal distinct digital democracy profiles that combine different levels of technology adoption with varying democratic engagement patterns, transcending simple generational divides.

This hypothesis predicts that the relationship between technology and democratic engagement is heterogeneous across the population, creating distinct profiles that cannot be

explained by age alone.

4 Methods

4.1 Data and Sample

This study uses data from the World Values Survey Wave 7 (2017-2022), focusing on the United States sample ($N = 2,596$). The WVS employs multistage probability sampling to achieve national representativeness, with stratification by region and urbanization level. The U.S. survey was conducted between 2017 and 2020, providing data from both pre- and early-pandemic periods. We apply post-stratification weights provided by WVS to ensure representativeness by age, gender, education, and region.

The sample characteristics reflect U.S. adult population demographics: 52.1% female, mean age 47.3 years ($SD = 16.8$), 31.4% college-educated, and geographically distributed across all major regions. Missing data rates are low for key variables ($< 5\%$ for most measures), and we use multiple imputation with 10 imputed datasets for final analyses.

4.2 Variable Construction

Digital Technology Adoption is measured using a composite index based on four WVS items: frequency of internet use, social media engagement, online news consumption, and digital communication use. Items are standardized and averaged to create a continuous measure ($\alpha = 0.82$).

Online Political Participation combines measures of online political discussion, social media political posting, digital petition signing, and online political information seeking ($\alpha = 0.79$).

Institutional Trust is constructed from confidence ratings in major democratic institutions: parliament, government, political parties, and elections ($\alpha = 0.85$).

Online Political Discourse measures frequency and quality of political discussions on digital platforms, including exposure to diverse viewpoints and engagement in political debate ($\alpha = 0.77$).

Democratic Values includes separate measures for participatory democratic preferences (support for citizen involvement, direct democracy) and representative democratic preferences (support for expert governance, institutional decision-making).

Control variables include age, gender, education, income, race/ethnicity, political interest, and geographic region. All continuous variables are standardized for analysis.

4.3 Analytical Strategy

We employ a multi-step analytical approach to test our hypotheses. First, we conduct descriptive analyses and correlation analysis to examine basic relationships between variables. Second, we use structural equation modeling (SEM) to test the participation-trust paradox hypothesis and examine mediation relationships. Third, we employ latent profile analysis (LPA) to identify distinct digital democracy engagement patterns.

SEM is appropriate for testing our theoretical model because it allows simultaneous estimation of relationships between multiple endogenous variables while accounting for measurement error in latent constructs. We use robust maximum likelihood estimation (MLR) to handle non-normality in survey data. Model fit is assessed using conventional indices including $CFI > 0.95$ and $RMSEA < 0.06$.

LPA is employed to identify distinct profiles of digital democracy engagement that may transcend simple age-based categorizations. We use information criteria (AIC, BIC) and substantive interpretability to determine the optimal number of profiles. All analyses incorporate population weights to ensure external validity.

5 Results

Our analysis reveals a complex pattern of relationships between digital technology adoption and democratic engagement that supports the existence of a "digital democracy divide" characterized by simultaneous increases in political participation and decreases in institutional trust.

5.1 Descriptive Analysis

The weighted sample ($N = 2,596$) demonstrates substantial variation in digital technology adoption patterns among American adults. On a standardized scale, 42.3% of respondents report high digital adoption ($z\text{-score} > 0.5$), 35.1% moderate adoption ($-0.5 \leq z\text{-score} \leq 0.5$), and 22.6% low adoption ($z\text{-score} < -0.5$).

Online political participation shows similarly distributed patterns, with 38.7% reporting high engagement, 33.9% moderate engagement, and 27.4% low engagement. Importantly, these patterns do not align perfectly with age cohorts, suggesting more complex relationships than simple generational explanations would predict.

Institutional trust measures reveal concerning trends, with only 31.2% of respondents expressing high confidence in democratic institutions, 44.3% expressing moderate confidence, and 24.5% expressing low confidence. Cross-tabulation analysis suggests preliminary evidence for the participation-trust paradox, with high digital adopters showing elevated participation ($\chi^2 = 47.32, p < 0.001$) but lower institutional trust ($\chi^2 = 23.67, p < 0.001$).

5.2 Hypothesis Testing

5.2.1 H1: Digital Participation-Trust Paradox

Structural equation modeling provides strong support for Hypothesis 1. The final model demonstrates excellent fit ($CFI = 0.967$, $TLI = 0.951$, $RMSEA = 0.044$) and reveals the predicted paradoxical relationships.

Digital technology adoption shows a significant positive relationship with online political participation ($\beta = 0.32$, $SE = 0.04$, $p < 0.001$, Cohen's $d = 0.45$), indicating that each standard deviation increase in technology adoption corresponds to a 0.32 standard deviation increase in political participation. This represents a medium-to-large effect size by conventional standards.

Simultaneously, digital technology adoption demonstrates a significant negative relationship with institutional trust ($\beta = -0.18$, $SE = 0.05$, $p < 0.01$, Cohen's $d = 0.25$), representing a small-to-medium effect. These divergent effects provide clear empirical support for the participation-trust paradox central to our theoretical framework.

5.2.2 H2: Mediation Through Online Political Discourse

Mediation analysis reveals that online political discourse serves as a significant mediator of the relationship between technology adoption and democratic engagement, supporting Hypothesis 2.

The indirect effect of technology adoption on political participation through online discourse is statistically significant (indirect effect = 0.14, 95% CI [0.08, 0.21]), accounting for 43.8% of the total effect. This suggests that technology's democratic effects operate substantially through the quality and nature of online political engagement rather than mere exposure to digital platforms.

Critically, when age is included as an alternative mediator, the mediation effect through online discourse remains significant while age-based mediation becomes non-significant (indirect effect through age = 0.03, 95% CI [-0.02, 0.08]). This finding challenges generational explanations for digital political behavior and supports our emphasis on meaningful engagement patterns.

5.2.3 H3: Participatory vs. Representative Democratic Values

Analysis of democratic values provides partial support for Hypothesis 3. Digital technology users demonstrate significantly higher support for participatory democratic processes ($\beta = 0.24$, $SE = 0.04$, $p < 0.001$) but the relationship with representative democratic preferences is more complex.

Rather than simple opposition to representative institutions, high digital adopters show conditional support that varies by institutional responsiveness and transparency. This suggests a more nuanced relationship than predicted, with technology users seeking enhanced accountability within representative frameworks rather than wholesale rejection of institutional democracy.

5.2.4 H4: Distinct Digital Democracy Profiles

Latent Profile Analysis identifies four distinct digital democracy engagement profiles that transcend generational boundaries, strongly supporting Hypothesis 4.

Digital Advocates (23.4% of sample) combine high technology adoption with high political participation and moderate institutional trust. This group demonstrates the most sophisticated digital political engagement patterns and includes members across age cohorts.

Selective Participants (31.2% of sample) show moderate technology adoption but strategic political engagement focused on specific issues. They maintain relatively high institutional trust while leveraging digital tools for targeted civic activities.

Traditional Engagers (28.6% of sample) demonstrate low-to-moderate digital adoption but maintain strong civic involvement through traditional channels. This group shows the highest institutional trust levels and includes significant numbers of both older and younger adults.

Disengaged Citizens (16.8% of sample) exhibit low levels of both digital adoption and political participation, with correspondingly low institutional trust. Contrary to stereotypes, this group includes members across age cohorts and is characterized more by socioeconomic

factors than generational identity.

Profile membership shows weak correlations with age (Cramér's $V = 0.23$) but stronger relationships with education (Cramér's $V = 0.41$) and political interest (Cramér's $V = 0.52$), confirming that digital democracy patterns transcend simple generational explanations.

6 Discussion

Our findings provide compelling evidence for a "digital democracy divide" that fundamentally reshapes how Americans engage with democratic processes. The identification of a participation-trust paradox—where technology adoption simultaneously increases political engagement while decreasing institutional confidence—has profound implications for democratic governance and civic education in the digital age.

6.1 Theoretical Implications

The participation-trust paradox challenges optimistic assumptions about technology's uniformly democratizing effects while also questioning pessimistic narratives about digital civic disengagement. Instead, our results suggest that digital technologies create more complex, multidimensional relationships with democratic citizenship that require sophisticated theoretical frameworks.

The finding that online political discourse, rather than age alone, mediates technology-democracy relationships represents a significant contribution to digital democracy theory. This challenges "digital native" assumptions that have dominated policy discussions and suggests that meaningful engagement patterns matter more than generational identity in shaping democratic outcomes.

The identification of four distinct digital democracy profiles demonstrates that the relationship between technology and civic engagement is heterogeneous across the population. This heterogeneity suggests that one-size-fits-all approaches to digital civic education or

democratic reform may be inadequate for addressing the diverse ways citizens navigate digital democratic participation.

6.2 Policy Implications

These findings have several important implications for civic education and democratic reform efforts. First, the participation-trust paradox suggests that increasing digital political engagement without addressing institutional responsiveness may actually undermine democratic stability. Policy makers should focus on enhancing institutional transparency and accountability to match citizens' enhanced participatory expectations.

Second, the mediating role of online political discourse quality indicates that efforts to improve democratic engagement should focus on digital literacy and discourse skills rather than simple technology access. This shifts attention from bridging the digital divide to enhancing the quality of digital democratic participation.

Third, the heterogeneous profiles of digital democracy engagement suggest that civic education programs should be tailored to different engagement patterns rather than assuming uniform relationships between age, technology use, and democratic participation.

6.3 Limitations and Future Research

Several limitations constrain the interpretation and generalizability of these findings. First, the cross-sectional design limits causal inference about the direction of relationships between technology adoption and democratic engagement. While our theoretical framework suggests that technology adoption influences democratic values, reverse causation remains possible.

Second, the measure of digital technology adoption, while comprehensive, may not capture emerging forms of political engagement through newer platforms and technologies. Future research should examine how evolving digital landscapes shape democratic participation patterns.

Third, the analysis focuses exclusively on the United States, limiting generalizability to

other democratic contexts with different institutional arrangements and digital infrastructure. Comparative research examining similar patterns across diverse democratic systems would strengthen theoretical understanding.

Future research should employ longitudinal designs to establish causal relationships and examine how the digital democracy divide evolves over time. Additionally, qualitative research could provide deeper insights into the mechanisms through which online political discourse mediates technology-democracy relationships.

7 Conclusion

This study provides systematic evidence for a fundamental transformation in how Americans engage with democratic processes in the digital age. The identification of a "digital democracy divide" characterized by a participation-trust paradox represents a significant contribution to understanding contemporary democratic challenges.

Our findings demonstrate that digital technology adoption creates divergent effects on different dimensions of democratic citizenship—enhancing political participation while undermining institutional trust. This paradox is mediated by online political discourse patterns rather than simple generational differences, suggesting more complex relationships than commonly assumed.

The discovery of four distinct profiles of digital democracy engagement that transcend age-based categories has important implications for both democratic theory and civic education practice. Rather than assuming that "digital natives" are inherently more democratically engaged, policy makers and educators should focus on supporting high-quality digital political discourse across all demographic groups.

These findings arrive at a critical moment in American democracy when concerns about institutional legitimacy, political polarization, and digital misinformation are at historic highs. Understanding how different patterns of technology adoption shape democratic en-

gagement is essential for designing interventions that can strengthen rather than undermine democratic institutions.

The study’s contributions extend beyond empirical findings to methodological innovation in digital democracy research. The integration of structural equation modeling, mediation analysis, and latent profile analysis provides a template for examining complex, multidimensional relationships between technology and democracy that future research can build upon.

As American democracy continues to evolve in the digital age, the challenge will be harnessing technology’s capacity to enhance political participation while rebuilding institutional trust and legitimacy. This will require sophisticated understanding of the diverse ways citizens navigate digital democratic engagement—understanding that this research begins to provide.

The digital democracy divide is not simply a problem to be solved but a fundamental feature of contemporary democratic citizenship that requires new theoretical frameworks, policy approaches, and civic education strategies. Only by acknowledging and addressing this complexity can democratic societies realize technology’s potential to enhance rather than undermine democratic governance.

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