



507 ALL SAINTS ST. TALLAHASSEE, FL 32310

Open Tuesday & Sunday from 11am-10pm

And Wednesday to Saturday 11am-2am

Kitchen closes at midnight

V= Vegan, GF= Gluten Free, O= option

ALL PRICES INCLUDE TAX

HOT SANDWICHES

Grilled Cheese: Cheddar, Provolone, Smoked Gouda, Goat Cheese or NUMU Vegan Cheez (VO) \$7

BLT: Artie's Tempeh Bacon, Spring Mix, Tomatoes & Vegan Mayo on Wheat Toast (V & GFO) \$7.50

Tofu Banh Mi: Fried Tofu, Pickled Carrot, Cucumber, Cilantro, Jalapeno's, Scallions, Vegan Mayo, Sriracha, Peanut & Sweet Pepper Sauces on a Baguette (V & GFO) \$11

Buffalo Tofu Ranch: Crispy Buffalo Tofu, Spring Mix, Tomato, Red Onion, House Pickles and Vegan Ranch on a Baguette (V & GFO) \$10.50

Philly CheeseSteak: House Veggie Seitan 'Steak' with Sautéed Peppers, Onions, & Mushrooms, Vegan Mayo on a Baguette w/ choice of Provolone, Numu(V), or Cheese Whiz (V) \$12.75

Fried Oyster Mushroom Po' Boi: Cornmeal Battered Local Oyster Mushrooms, Tomato, Diced Red Onion, Spring Mix, Vegan Mayo & Remoulade on a Baguette (V & GFO) \$13

Sloppy Jose: Artie's Tempeh smothered in house BBQ Sauce on a Baguette with Spring Mix, Cilantro, Jalapenos, Pickled Red Onions & Vegan Mayo. (V & GFO) \$ 10.50

HOUSEMADE VEGGIE BURGERS

Choose one:

Black Bean Josefina Burger (V&GFO) OR **Beet Burger** (V)

Choose one:

Vegan Mayo OR **Vegan Jalapeno Aioli** OR **Chipotle Crema**

Comes with Housemade Pickles, Mixed Greens, Tomato and Red Onion on a Housemade Bun. \$10.50

SALADS

Kitchen Salad: Carrots, Cucumbers, Apples, Scallions, Dried Fruit, Toasted Nuts and Mixed Greens with Pecan or Balsamic Dressing (V & GF) small \$6/large \$11

Asian Delight: Cucumber, Red Bell Pepper, Almonds, Scallions, Carrots, Sesame Seeds over a bed of Mixed Greens & served with Peanut Dressing & Lime Wedge (V & GF) small \$6/large \$11

BARK Salad: Avocado, Tomato, Cucumber, Pickled Red Onion, and Carrots over a bed of Spinach served with Vegan Ranch Dressing (V & GF) small \$6/large \$11

Add Artie's Tempeh Bacon or Crispy Tofu Strips to any Large Salad \$3.50/ Small Salad \$1.75 or Oyster Mushrooms for \$6.25

Any Large Salad as a Wrap for no Additional Charge!

SIDES

Herb Roasted Potatoes (V & GF) \$3.25

Hand-Cut French Fries (V & GF) \$3.25 **with cheez** \$5.50

Vegan Mac (V) cup \$5, bowl \$9

Black Beans & Yellow Rice (V&GF) \$5 /\$9

Garlic Sautéed Kale (V & GF) \$3.75

Artie's Tempeh Bacon(GF), **Seitan Steak**(NOT GF), or

Marinated Tofu Strips(GF) (V) \$3.50

Cage Free Fried Egg (GF) 1.50

Avocado half (V & GF) \$2

Fried Oyster Mushrooms (V/GF) \$6.25

BUILD YOUR OWN BOWL \$13

Choose one Base: Vegan Mac n' Cheez(V) or Black Beans and Yellow Rice(V/GF)

Choose one Protein: Tempeh Bacon, Crispy Tofu, Veggie Sausage, BBQ Tempeh, Fried Oyster Mushrooms (+\$2.75)

Choose one Veggie: Sautéed Spinach, Garlic Sautéed Kale, Grilled Peppers & Onions & Mushrooms , Avocado (+\$1)

Choose one Sauce: Ranch, Remoulade, Buffalo, BBQ, Chipotle Crema

Add Garnish: Scallions, Cilantro, Diced Red Onion, Pickled Red Onion.

Additional proteins + \$3.50 each. Oyster mushrooms +\$6.25 each. Additional veggies + \$1.50 each. Additional sauces +\$1 each

BEV COUNTER

Coffee (Hot or Iced) \$2.50

Iced or Hot Tea (changes daily) \$2.50

Homemade Ginger Lemonade \$2.75

Arnold Palmer (Iced Tea & Lemonade) \$2.75

La Croix (lemon, lime, grapefruit) \$2

Coke Products (Coke, Diet Coke, Sprite, Ginger Ale) \$2.50

Ginger Beer or Rootbeer \$3.25

Orange, Apple or Grapefruit Juice \$2.75

Red Bull \$5

Steez Yerba Mate \$3

Health-Ade Kombucha \$5.75

Call us to order ahead! (850) 900-5936

OR

Order online! thebarkfl.square.site

Delivery Service: Doordash

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@thebarkfl