

■ 6-Week English Fluency Course Outline

Course Goals:

- Develop fluency in English speaking.
- Strengthen vocabulary for everyday and professional contexts.
- Improve pronunciation for clarity and confidence.

Week 1 – Foundation: Confidence & Basics

Fluency:

- Daily 2–3 minute self-introduction practice.
- Speaking drills: Describe your daily routine in English.

Vocabulary:

- Learn 20 common daily-use verbs (go, eat, buy, talk, etc.).
- Practice them in short sentences.

Pronunciation:

- Focus on vowel and consonant sounds.
- Practice tongue twisters for articulation.

Week 2 – Expanding Vocabulary & Natural Phrasing

Fluency:

- Storytelling exercise: narrate a short past event.
- Role-play: ordering food, asking for directions.

Vocabulary:

- Learn 20 adjectives (beautiful, smart, heavy, polite, etc.).
- Use them in descriptions.

Pronunciation:

- Stress and intonation practice.
- Listening and repeating short dialogues.

Week 3 – Conversation Building

Fluency:

- Practice 5–7 minute conversations in pairs (or with trainer).
- Debate on simple topics.

Vocabulary:

- Learn 20 connectors (because, however, therefore, although).

- Use them in longer sentences to build fluency.

Pronunciation:

- Work on word stress (e.g., PHOtograph vs. phoTOgrapher).
- Record voice, listen, and self-correct.

Week 4 – Professional & Academic Fluency

Fluency:

- Practice giving short presentations (2–3 minutes).
- Group discussion on familiar topics.

Vocabulary:

- Learn 25 professional/academic words (opportunity, achieve, manage, improve).
- Apply them in speaking tasks.

Pronunciation:

- Sentence rhythm practice.
- Shadowing technique (repeat after native speaker audio).

Week 5 – Advanced Speaking Practice

Fluency:

- Impromptu speaking: talk for 2 minutes without preparation.
- Mock interviews / Q&A; sessions.

Vocabulary:

- Learn 20 idiomatic expressions (break the ice, hit the books, piece of cake).
- Use them in role-play.

Pronunciation:

- Linking sounds (e.g., “want to” → “wanna”).
- Practice with connected speech drills.

Week 6 – Mastery & Confidence Building

Fluency:

- 5–7 minute presentation on any chosen topic.
- Group discussion with feedback.

Vocabulary:

- Review and practice all learned words/phrases.
- Create personal word bank.

Pronunciation:

- Work on weak sounds identified during course.
- Final speech recording & trainer evaluation.

Daily Routine (Recommended):

- 15 min vocabulary practice.
- 20 min listening & pronunciation drills.
- 30 min speaking practice (solo, with partner, or trainer).

By the end of 6 weeks, learners will be able to:

- Speak fluently on everyday and professional topics.
- Use a wider vocabulary naturally.
- Pronounce words clearly with correct stress and intonation.