



health nut

Go nuts for a healthier you!

User Story – You're Elderly

- User Name: NettyBird
- Name: Netty Netterson
- Sex: Female
- Age: 75
- Height: 5'3" (and shrinking)
- Weight: 110lbs
- How are you feeling: Good
- Diet: Healthy
- Drinks: Heavy
- Smoking: No
- Sleep Quality: Bad
- Stressed: No
- Anxious: No
- Depressed: No
- STDs: Yes
- Pregnant: No

