



## **North Servery**

Week of: 2/23/18

Chef Ed, CEC

# Lunch Menu

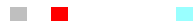
## Monday

PENNE PASTA WITH KALE PESTO



GROUND TURKEY BOLOGNESE

SHRIMP ALFREDO



SPINACH EGGPLANT ROULADE



CURRY GARBANZO RAGOUT



BEEF CHILI HOT DOGS



POTATO CORN CHOWDER



## Tuesday

SMOKED CHICKEN WINGS



VEGETABLE FRIED RICE



SESAME GINGER PANGASIOUS FISH FILLET



THAI CHILE LOCAL TOFU



STEAMED RICE NOODLES



TURKEY PEPPER JACK BURGERS



VEGETABLE MINESTRONE



## Wednesday

SMOKED ITALIAN MEATBALLS

GARLIC HERB MASHED POTATOES  
FRENCH'S ONION CRUSTED CHICKEN BREAST



LOCAL TOFU WITH STEWED LENTILS



CURRY ROASTED CAULIFLOWER AND SPINACH



JALAPENO HUSHPUPPIES



VEGETABLE BARLEY SOUP



## Thursday

SMOKED JERK SEASONED CATFISH



LONG GRAIN AND WILD RICE PILAF



LOCAL TOFU BANH MI



BLACKENED CHICKEN BREAST WITH LEMON VINAIGRETTE

SAUTEED KALE AND SPINACH WITH CAULIFLOWER



SWEET CORN NUGGETS



CHICKEN NOODLE SOUP



## Friday

ROASTED RED POTATOES



GRILLED CHICKEN WITH SMOKED GOUDA SAUCE



BAKED REDFISH FILLET



SPRING VEGETABLE STIR FRY WITH TOASTED CASHEWS



LOCAL TOFU VEGGIE FRIED RICE



GOLDEN FRIED CATFISH STRIPS WITH TARTAR SAUCE



SHRIMP GUMBO WITH STEAMED RICE



## Saturday

BUFFALO CHICKEN HOT WINGS



SEASONED WAFFLE FRIES



POTATO CHICKPEA CURRY



COUSCOUS QUINOA WITH RED BEANS



PHILLY STEAK SANDWICH



MINI CHEESE PIZZAS



## Sunday

BRUNCH SERVICE 11:30-2

CHEESE BLINTZES



BLUEBERRY PANCAKES



OMELETS TO ORDER



SHREDDED BEEF BARBACOA



SPANISH RICE AND BEANS



WARM FLOUR TORTILLAS

= Vegan  
 = Vegetarian

= Contains Gluten  
 = Contains Soy

= Contains Milk  
 = Contains Eggs

= Contains Fish  
 = Contains Shellfish

= Contains Peanuts  
 = Contains Treenuts

# Dinner Menu

## Monday

HORSERADISH MASHED POTATOES



SEARED BEEF STRIP STEAKS

GRILLED SALMON FILLETS



STEAMED PAPPARDELLE WITH SUN-DRIED  
TOMATO SAUCE



ROASTED BUTTERNUT SQUASH, TURNIPS,  
AND CARROTS



ROASTED GARLIC PEPPER ASPARAGUS  
SPEARS



CINNAMON CHURROS AND ICE CREAM



## Tuesday

BREAKFAST FOR DINNER!

SAUSAGE PANCAKE ON A STICK



CHICKEN AND WAFFLES



LOCAL SPICY TOFU CHILAQUILES



CRANBERRY ORANGE PANCAKES WITH  
CARAMELIZED PLANTAINS



RANCHERO SKILLET OMELETS



COFFEE CRUMB CAKE AND ICED CAFE  
MOCHA



## Wednesday

SPANISH RICE



CRISPY CHICKEN TAQUITOS



GRILLED BEEF FAJITAS

CHIPS AND SPICED WHITE CHEDDAR  
QUESO



SPINACH ENCHILADAS



FRESH PICO, SALSAS, AND GUACAMOLE



PUMPKIN PIE WITH CINNAMON WHIPPED  
CREAM



## Thursday

ROASTED GARLIC YUKON  
POTATO WEDGES



GRILLED HONEY MUSTARD  
CHICKEN BREAST



PORK ANDOUILLE SAUSAGE AND  
PEPPERS

JICAMA AND MANDARIN  
ORANGES



SAUTEED ASPARAGUS AND  
SWEET RED ONIONS



CAPRESE SALAD WITH FRESH  
BASIL AND LOCAL BALSAMIC



BOSTON CREAM PIES



## Friday

PAN FRIED CHICKEN BREAST



CAJUN DIRTY RICE



ZATARAIN'S SPICED SHRIMP  
WITH PEPPERS AND ONIONS



GRILLED BBQ LOCAL TOFU



ZUCCHINI AND SWEET POTATO  
PATTIES



SEASONED CURLY FRIES



FUDGE BROWNIES



## Saturday

STEAK FRIES



HOMEMADE SALISBURY STEAK  
WITH MUSHROOM GRAVY



LOCAL TOFU WITH GREEN  
BEANS AND PEPPERS



BREADED FLOUNDER WITH  
TARTAR SAUCE



CHEESE STUFFED PASTA  
SHELLS WITH MARINARA



GOLDEN BUTTERFLIED SHRIMP



## Sunday

CRUNCHY BEEF TACOS



POBLANO RICE



ROASTED CORN AND PEPPERS



SMOTHERED CHICKEN  
ENCHILADAS



LOCAL TOFU FAJITAS



FRESH PICO, SALSAS, AND  
GUACAMOLE



EAST-WEST BOBA TEA

= Vegan

= Vegetarian

= Contains Gluten

= Contains Soy

= Contains Milk

= Contains Eggs

= Contains Fish

= Contains Shellfish

= Contains Peanuts

= Contains Treenuts