



West Served

Week of: 2/26/2018

Chef Roger

Lunch Menu

Monday

WILD RICE WITH HERBS
 GRILLED PORK CHOPS WITH MUSTARD BBQ SAUCE
 FISH WITH YELLOW CURRY VINAIGRETTE
 STUFFED SHELLS WITH RICOTTA AND MARINARA
 SWEET POTATO WITH COCONUT GARLIC SWEET CHILI
 MARGARITA PIZZA WITH FRESH BASIL
 CHICKEN SLIDERS WITH HONEY SRIRACHA

Tuesday

PHILLY STEAK SANDWICH
 OVEN BAKED YUKON GOLD POTATOES
 EGGPLANT ROULADE
 THREE PEPPER TOFU STIR FRY
 CHICKEN POT STICKERS
 BUFFALO CHICKEN WITH BLUE CHEESE PIZZA
 MARINATED ARTICHOKE PESTO PIZZA

Wednesday

SMOKED SALMON PASTA WITH DILL CREAM SAUCE
 HARICOTS VERTS WITH MUSHROOMS
 BROCCOLI CHEDDAR TIMBALE
 RED QUINOA AND KALE
 PROSCIUTTO SPINACH PIZZA
 GRILLED FLANK STEAK WITH JAPANESE PEPPER SAUCE
 VEGETABLE SUPREME PIZZA

Thursday

BEEF TOSTADAS WITH COTIJA CHEESE
 PINTO BEANS
 CHIPOTLE CAESAR CHICKEN
 ROASTED TOMATILLO RICE WITH CORN
 EGGPLANT HOISIN
 BBQ CHICKEN PIZZA
 BLACK BEAN TOSTADA PIZZA

Friday

HERB ROASTED POTATOES
 CHICKEN WITH TOMATO POBLANO SAUCE
 BREADED FISH WITH REMOULADE SAUCE
 MANGO RICE TOFU MEDLEY
 PASTA PESTO WITH FRESH MOZZARELLA
 BACON JALAPENO POPPER PIZZA
 DEEP DISH SPINACH ARTICHOKE PIZZA

Saturday

Sunday

MINI WAFFLES WITH STRAWBERRY COMPOTE
 SPINACH TOMATO PARMESAN FRITTATA
 BEEF TACOS WITH CHEDDAR CHEESE AND PICO DE GALLO
 BLACK BEAN RICE TOFU
 EGGPLANT PASTA RICOTTA BAKE

= Vegan
 = Vegetarian

= Contains Gluten
 = Contains Soy




= Contains Milk
 = Contains Eggs





= Contains Fish
 = Contains Shellfish




= Contains Peanuts
 = Contains Treenuts





Dinner Menu




Monday




PASTA MARINARA
  





VEAL PARMESAN
   

CHICKEN WITH SUN-DRIED TOMATO PESTO
  





SAAG PANEER
   



RICE WITH TURMERIC AND FENNEL
  





THE BEST CAULIFLOWER HOISIN
  






SMOKED CHEDDAR TURKEY BURGER
   



Tuesday




MAC AND CHEESE
   




SHREDDED PORK WITH HONEY BBQ SAUCE
 





CORNMEAL CRUSTED CATFISH
   

TOFU CRUMBLE CHILI
    

SPINACH POTATO CAKE WITH TOMATO
 

MUSTARD GREEN RAGOUT
  

FRESH PITA AND HOUMMOUS
  

COWBOY BURGER WITH PROVOLONE CHEESE
   

Wednesday

MASHED POTATOES
   

SOUTHWEST BEEF STEAK WITH MUSHROOM
  

DEMI GLACE

FLOUNDER FISH GRATINATA WITH TARTAR
   

SAUCE

BIG NOODLE BOWL WITH GARLIC SOY AND
  

GINGER




EGGPLANT PORTOBELLO NAVY BEAN STEW
  



FRESH JUMBO CINNAMON ROLLS
      

TORTILLA SALAD WITH ZESTY LIME
  




VINAIGRETTE

Thursday




ANCHO RICE PILAF
  





GRILLED BEEF TRI TIP WITH
 

CHIMICHURRI




COD FISH WITH VERA CRUZ
  





SAUCE

RED BEAN RAGOUT
  

POTATO PEPPER JACK
   

CASSEROLE

LENTIL MASALA
  

RANCH BURGER WITH BACON
   

AND SHARP CHEDDAR

Friday

HERB COUSCOUS
  

BEEF STRIP WITH MUSHROOM
 

AND ONIONS

GREEK CHICKEN WITH FETA
 

CHICKPEAS WITH POTATO
  

CURRY

JUMBO CHEESE RAVIOLI WITH
    

MARINARA

Saturday

DINNER AVAILABLE
 AT NORTH AND
 SEIBEL SERVERIES

Sunday



SCALLOP POTATOES
    

PORK LOIN ROAST WITH HONEY
 

MUSTARD CAPERS SAUCE



CHICKEN FLORENTINE WITH
  



ROASTED TOMATO



CHEESE TORTELLINI PESTO
    



TEMPEH WITH COCONUT YELLOW
  



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