

Seibel Servery

Week of: 2/26/2018

Chef Kyle

Lunch Menu



STEAMED WHITE RICE CREOLE RED BEANS ZUCCHINI FRITTERS WITH CRISPY CHICKPEAS & KALE BLACKENED CHICKEN (HALAL) CATFISH PO'BOY WITH REMOULADE BROCCOLI CHEDDAR SOUP BBQ BEEF BURGER AT THE GRILL

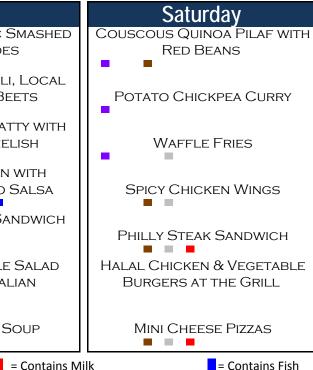
= Contains Eggs



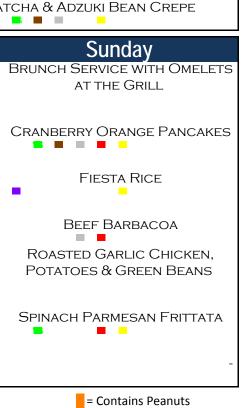
Thursday Friday YUKON POTATOES, PARSNIPS & OLIVE OIL & GARLIC SMASHED **LOCAL SWEET POTATOES RED POTATOES** ROASTED BROCCOLI, LOCAL LENTIL SHEPHERD'S PIE **TOFU & GOLD BEETS BLACK-EYED PEA PATTY WITH** SPINACH TOMATO FETA **SWEET CORN RELISH** GRILLED SALMON WITH PORK TENDERLOIN WITH BRAISED RED CABBAGE & ROASTED TOMATO SALSA BAKED CHICKEN SPAGHETTI ASIAGO CHICKEN SANDWICH (HALAL) (HALAL) SPINACH MANDARIN SALAD. SPRING VEGETABLE SALAD SUNFLOWER KERNELS & GOAT WITH HOUSE ITALIAN CRISPY LOCAL TOFU BAO BUN WITH SPICY SLAW TOMATO BASIL SOUP = Vegan = Contains Gluten

= Contains Sov

= Vegetarian



= Contains Shellfish

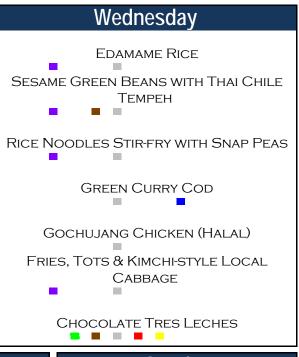


= Contains Treenuts

Dinner Menu



FETTUCINE PASTA WITH LEMON GARLIC OIL EGGPLANT SPINACH & MOZZARELLA STACKS WITH MARINARA TUSCAN WHITE BEAN RAGOUT CHICKEN ALFREDO (HALAL) BEEF BOLOGNESE MUSHROOM & WILD RICE SOUP MANGO CUPCAKES



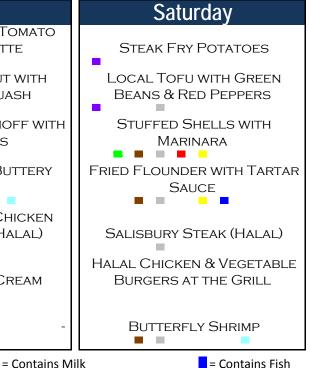
Thursday SPANISH RICE GREEN CHILE QUINOA & NAVY BEGGP NOPALES & CORN WITH LOCAL TOFU BEEF FAJITAS CHICKEN WITH PICO DE GALLO & COTIJA CHEESE (HALAL) CHIPOTLE BEAN & TOMATO SOUP WITH TORTILLA STRIPS BANANA'S FOSTER CREPE PENNE P BASI NAVY B EGGP VEGETABL EG SWAI FILE SWAI FILE BROWN BROWN BROWN BROWN CONTAINS Gluten SPANNE P BASI A STRIPS PENNE P BASI A STRIPS BROWN BRO

= Vegetarian

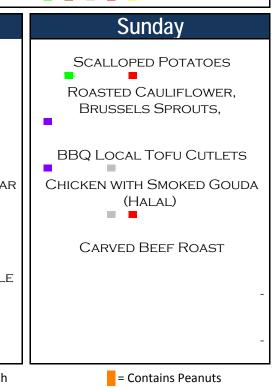


= Contains Eggs

= Contains Sov



= Contains Shellfish



= Contains Treenuts