



Seibel Served

Week of: 2/26/2018

Chef Kyle

Lunch Menu

Monday

RICE PILAF

CALICO BEAN & BUTTERNUT SQUASH
TAGINE

ZUCCHINI CORN FRITTERS

SWEET-N-SMOKY CHICKEN (HALAL)

GULF REDFISH WITH TROPICAL SALSA

SPICY BLACK BEAN SOUP

Tuesday

STEAMED WHITE RICE

CREOLE RED BEANS

ZUCCHINI FRITTERS WITH CRISPY
CHICKPEAS & KALE

BLACKENED CHICKEN (HALAL)

CATFISH PO'BOY WITH REMOULADE

BROCCOLI CHEDDAR SOUP

BBQ BEEF BURGER AT THE GRILL

Wednesday

LEMON GINGER RICE PILAF

LOCAL EGG SHAKSHUKA

VEGETABLE KASHMIRI

APRICOT GLAZED CHICKEN (HALAL)

LAMB & BEEF GYRO WITH TZATZIKI SAUCE

FRENCH ONION SOUP

MATCHA & ADZUKI BEAN CREPE

Thursday

YUKON POTATOES, PARSNIPS &
LOCAL SWEET POTATOES

LENTIL SHEPHERD'S PIE

SPINACH TOMATO FETA

PORK TENDERLOIN WITH
BRAISED RED CABBAGE &

BAKED CHICKEN SPAGHETTI
(HALAL)

SPINACH MANDARIN SALAD,
SUNFLOWER KERNELS & GOAT

CRISPY LOCAL TOFU BAO BUN
WITH SPICY SLAW

Friday

OLIVE OIL & GARLIC SMASHED
RED POTATOES

ROASTED BROCCOLI, LOCAL
TOFU & GOLD BEETS

BLACK-EYED PEA PATTY WITH
SWEET CORN RELISH

GRILLED SALMON WITH
ROASTED TOMATO SALSA

ASIAGO CHICKEN SANDWICH
(HALAL)

SPRING VEGETABLE SALAD
WITH HOUSE ITALIAN

TOMATO BASIL SOUP

Saturday

COUSCOUS QUINOA PILAF WITH
RED BEANS

POTATO CHICKPEA CURRY

WAFFLE FRIES

SPICY CHICKEN WINGS

PHILLY STEAK SANDWICH

HALAL CHICKEN & VEGETABLE
BURGERS AT THE GRILL

MINI CHEESE PIZZAS

Sunday

BRUNCH SERVICE WITH OMELETS
AT THE GRILL



CRANBERRY ORANGE PANCAKES



FIESTA RICE



BEEF BARBACOA



ROASTED GARLIC CHICKEN,
POTATOES & GREEN BEANS



SPINACH PARMESAN FRITTATA

 = Vegan
 = Vegetarian

 = Contains Gluten
 = Contains Soy

 = Contains Milk
 = Contains Eggs

 = Contains Fish
 = Contains Shellfish

 = Contains Peanuts
 = Contains Treenuts

Dinner Menu

Monday

SMOKED CHILE BROWN RICE
 OKRA AND RED BEAN RAGOUT
 SWEET POTATO PLANTAIN PATTIES
 ADOBO STEWED PORK
 GRILLED CHICKEN CHIMICHURRI (HALAL)
 CORN CHOWDER
 SWEET POTATO WHITE CHOCOLATE PIE

Tuesday

FETTUCINE PASTA WITH LEMON GARLIC OIL
 EGGPLANT SPINACH & MOZZARELLA STACKS WITH MARINARA
 TUSCAN WHITE BEAN RAGOUT
 CHICKEN ALFREDO (HALAL)
 BEEF BOLOGNESE
 MUSHROOM & WILD RICE SOUP
 MANGO CUPCAKES

Wednesday

EDAMAME RICE
 SESAME GREEN BEANS WITH THAI CHILE TEMPEH
 RICE NOODLES STIR-FRY WITH SNAP PEAS
 GREEN CURRY COD
 GOCHUJANG CHICKEN (HALAL)
 FRIES, TOTS & KIMCHI-STYLE LOCAL CABBAGE
 CHOCOLATE TRES LECHES

Thursday

SPANISH RICE
 GREEN CHILE QUINOA & HOMINY STUFFED PEPPERS
 NOPALES & CORN WITH LOCAL TOFU
 BEEF FAJITAS
 CHICKEN WITH PICO DE GALLO & COTIJA CHEESE (HALAL)
 CHIPOTLE BEAN & TOMATO SOUP WITH TORTILLA STRIPS
 BANANA'S FOSTER CREPE

Friday

PENNE PASTA WITH TOMATO BASIL VINAIGRETTE
 NAVY BEAN RAGOUT WITH EGGPLANT & SQUASH
 VEGETABLE STROGANOFF WITH EGG NOODLES
 SWAI FILLET WITH BUTTERY SHRIMP
 ROTISSERIE-STYLE CHICKEN LEGS QUARTERS (HALAL)
 BROWNIES & ICE CREAM

Saturday

STEAK FRY POTATOES
 LOCAL TOFU WITH GREEN BEANS & RED PEPPERS
 STUFFED SHELLS WITH MARINARA
 FRIED FLOUNDER WITH TARTAR SAUCE
 SALISBURY STEAK (HALAL)
 HALAL CHICKEN & VEGETABLE BURGERS AT THE GRILL
 BUTTERFLY SHRIMP

Sunday

SCALLOPED POTATOES
 ROASTED CAULIFLOWER, BRUSSELS SPROUTS,
 BBQ LOCAL TOFU CUTLETS
 CHICKEN WITH SMOKED GOUDA (HALAL)
 CARVED BEEF ROAST

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