

Id	AvgDailySleepMinutes	AvgHeartRate
7007744171	65.33	86.17
4558609924	166.33	79.45
4020332650	354.53	81.66
5577150313	417.57	67.63
4388161847	439.9	66.93
6775888955	440.8	91.87
2026352035	442.5	82
8792009665	450.62	72.03
2347167796	491.88	77.82
6962181067	545.23	79.69
5553957443	549.39	67.71
6117666160	558.3	84.26

Relationship Between Sleep Duration and Heart Rate

*Correlation coefficient is approximately -0.28, indicating a weak negative correlation.

