

For me Sewa is when I see someone is kind, open hearted and is ready to help. When someone is ready to change oneself in order to change the world into a better place. Sewa is also about how a person feels and reacts when they see someone is struggling. Expressing respect, gratitude and empathy are very important.

I feel like I am an important part of my family by helping my parents around the house. Tidying up, unloading the dishwasher, cleaning my room and helping with laundry are some of my chores. After helping my mommy and daddy, I always feel happy and fulfilled.

I hope that when I grow up I have a certain talent or level of education, and then I can have a job which helps many people. For example, be a teacher and give free lessons. So to accomplish this, being responsible for my school work is important.

I try always to be on the lookout for any opportunity to help in some way. Practicing this gives me an immense sense of peace and satisfaction.