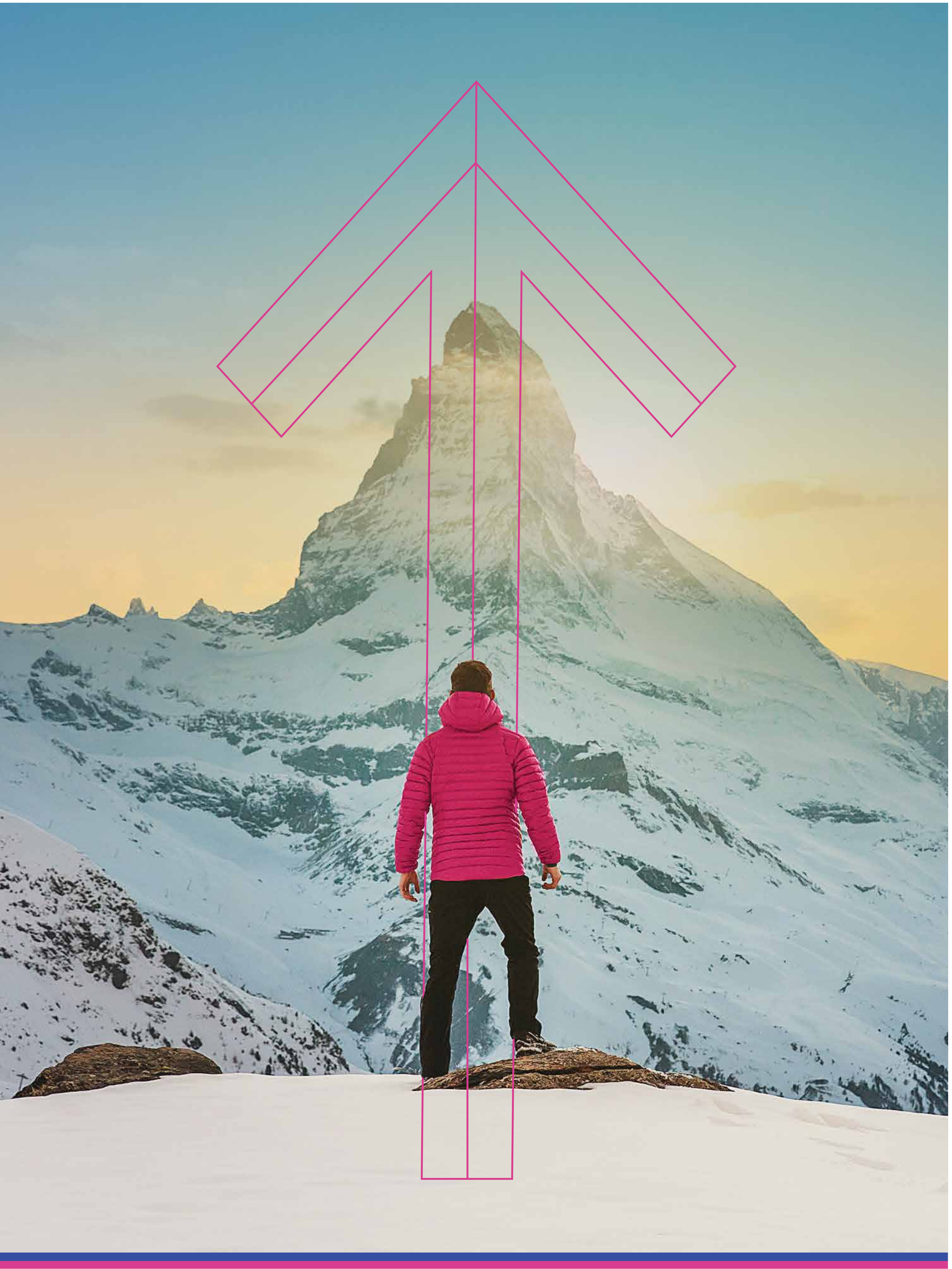


ADAPTIVE COMPETENCY EXPLORER™



REPORT PREPARED FOR: STEVE JOBS
ORGANIZATION: APPLE INC.
DATE: 11/11/2022



Welcome to your very own Adaptive Competency Explore^r™. The ACE Report™ is designed to provide you with a detailed overview of your results on the AdaptabilityQuotient™ (AQ) assessment, which you recently completed.

The AQ Assessment is the world's first scientifically validated assessment of adaptability, utilizing an array of tools from the fields of industrial & organizational psychology, behavioral economics, decision science, and psychometrics.

We have conducted large-scale studies in collaboration with a number of academic partners to determine how AQ correlates with real-world outcomes and performance.

We are proud to report that this line of research has demonstrated that AQ significantly relates to job satisfaction, job performance, and even life satisfaction.

Most importantly, we have found that AQ is coachable. This is why we are excited to be your partner in the empowering journey towards higher adaptability.

**YOUR
AQ
IS BOOSTABLE**





RANK ORDER OF YOUR ADAPTIVE SUPERPOWERS

TAKE A LOOK AT YOUR RANK ORDER BELOW!
AQ DIMENSIONS HIGHER IN THE LIST
COMPRISE YOUR ADAPTIVE SUPERPOWERS.

YOUR UNIQUE RANK ORDER IS BASED
UPON OUR SCIENTIFIC ALGORITHM,
WHICH MODELS YOUR SCORES ACROSS
10 DIMENSIONS OF ADAPTABILITY.

YOUR SCORES HAVE BEEN COMPARED
TO A REFERENCE POPULATION SO WE CAN
BETTER UNDERSTAND YOUR COMPETENCIES.

01



ADAPTIVE COURAGE

Adaptive Courage refers to the ability to confront change directly, persist through new obstacles as they develop, and persevere in reaching long-term goals.

02



ADAPTIVE STABILITY

Adaptive Stability refers to the ability to maintain emotional stability and remain calm during transitional periods when faced with stressful situations or when experiencing lack of control.

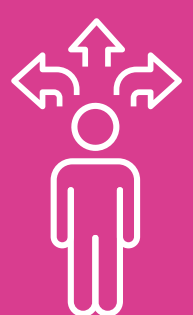
03



ADAPTIVE RECEPTIVITY

Adaptive Receptivity refers to an individual's receptivity to unforeseen change, unfamiliar concepts, or novel situations.

04



COGNITIVE ADAPTABILITY

Cognitive Adaptability refers to the ability to switch cognitive contexts in dynamic environments, and to effectively multitask across fast changing situations.

05



EMPATHIC ADAPTABILITY

Empathic Adaptability refers to the ability to reach optimal outcomes by empathizing with others in dynamic social situations.

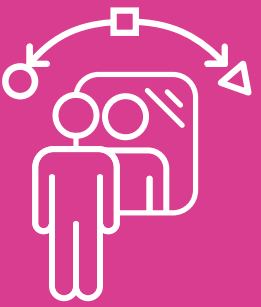
06



RATIONAL ADAPTABILITY

Rational Adaptability refers to an individual's capacity for rational decision making when faced with change or uncertainty, and the ability to model a situation and make effective decisions using multi-hypothetical thinking.

07



METACOGNITIVE ADAPTABILITY

Metacognitive Adaptability refers to the awareness of one's own thought processes and the ability to modulate one's cognitive processes to reach optimal outcomes in dynamic situations.

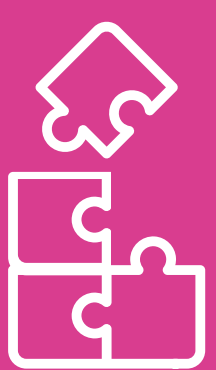
08



ADAPTIVE CREATIVITY

Adaptive Creativity refers to the ability to come up with novel solutions in dynamic situations.

09



LYGOMETRIC ADAPTABILITY

Lygometric Adaptability refers to an individual's understanding of the limits of their own knowledge and their awareness of the known unknowns.

10



ADAPTIVE UNLEARNING

Adaptive Unlearning refers to the ability to utilize solutions contrary to previous enablers of success in order to optimize outcomes in a new environment.

AQ
NINJA



YOUR BIGGEST GOALS ARE MORE ACHIEVABLE WHEN YOU BECOME AN AQ NINJA

WE RECENTLY ASKED YOU WHAT HAS BEEN YOUR BIGGEST GOAL IN LIFE. YOU REPLIED: XYZWE RAN AN ALGORITHM THAT DETERMINED THAT AQ DIMENSIONS WITH A BIG GREEN CHECK MARK NEXT TO IT WILL BE THE MOST HELPFUL FOR YOU IN ACHIEVING THIS GOAL.

TO ACHIEVE THIS GOAL, IT WOULD BE HELPFUL TO BECOME AN AQ NINJA IN THESE AREAS. BUT YOU MIGHT BE WONDERING, WHAT IS AN AQ NINJA? PLEASE READ THE DEFINITIONS BELOW.

FOR CURATED CONTENT ON DEGREED THAT WILL HELP YOU BECOME A NINJA FOR ANY OF THE FOLLOWING 10 DIMENSIONS, PLEASE CLICK ON THE PATHWAYS BELOW. TO BEGIN THE PATHWAY, SIMPLY HOVER OVER THE DIMENSION AND CLICK.



ADAPTIVE COURAGE

AQ Ninjas tend to persist through multiple challenges. They are goal-oriented and view change as a challenge to overcome instead of a threat.

[CLICK HERE TO BOOST THIS DIMENSION](#)



ADAPTIVE STABILITY

AQ Ninjas remain calm in times of change. During difficult periods of transition, they do not require a lot of encouragement. Instead, they provide encouragement to others. Their behavior is perceived as consistent and balanced.

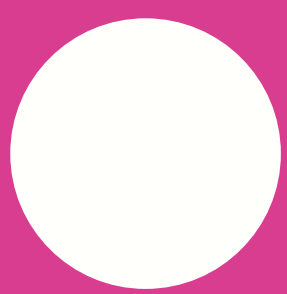
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ADAPTIVE RECEPTIVITY

AQ Ninjas tend to be open to new experiences. They enjoy learning new skills, as well as healthy debate on ideas that challenge their own beliefs. Often these individuals purposely select novel activities to broaden their experiences.

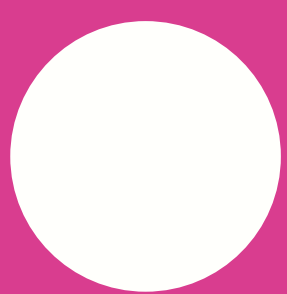
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COGNITIVE ADAPTABILITY

AQ Ninjas can enjoy being involved in multiple projects simultaneously. They are not overwhelmed by distractions. They tend to successfully switch between tasks without major compromise in performance.

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EMPATHIC ADAPTABILITY

AQ Ninjas are highly tuned into the needs of others. They find it easy to understand the behavior of others and are able to predict how others will respond during interactions.

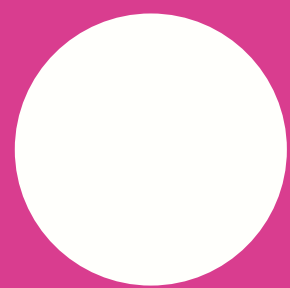
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RATIONAL ADAPTABILITY

AQ Ninjas prefer objective data to subjective gut feelings. They can concurrently evaluate and update competing models of reality using multi-hypothetical thinking.

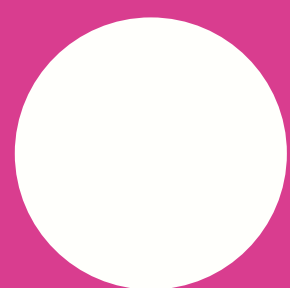
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METACOGNITIVE ADAPTABILITY

AQ Ninjas are highly self-aware and can see a clear relationship between their own thought processes, emotions and behavior. This awareness helps them adjust their way of thinking about a problem when necessary.

[CLICK HERE TO BOOST THIS DIMENSION](#)



ADAPTIVE CREATIVITY

AQ Ninjas think outside of the box. They often pride themselves on doing things differently. They can enjoy unstructured work and are comfortable with taking action in unfamiliar situations.

[CLICK HERE TO BOOST THIS DIMENSION](#)



LYGOMETRIC ADAPTABILITY

AQ Ninjas have a strong awareness of their personal assumptions and gaps in knowledge. They are accepting of their own limitations and tend not to overestimate their confidence in their beliefs.

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ADAPTIVE UNLEARNING

AQ Ninjas can openly challenge their own assumptions and biases. They can rapidly shift from an existing, historically proven, solution to a new solution that has a higher chance of success. They also have a strong propensity to experiment in search of new solutions.

[CLICK HERE TO BOOST THIS DIMENSION](#)

**LEARN, UNLEARN,
AND REPEAT.
ADAPTABILITY IS
THE DEFINING FEATURE
OF SUCCESS
IN THE 21ST CENTURY.**



**ADAPTIVE
COMPETENCY
EXPLORER™**

ADAPTABILITY.ORG