



Kentucky s Best: Fifty Years of Great Recipes (Paperback)

By Linda Allison-Lewis

The University Press of Kentucky, United States, 2009. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book. To many, Kentucky means the greatest Thoroughbreds in the world. To others, it is the home of the finest bourbon. But burgoo, Owensboro barbeque, and Harlan Sanders Kentucky Fried Chicken have helped spread the state s reputation for great food to a wider audience. From the perfect mint julep to Benedictine spread, from a classic hot brown to cheese chutney, Kentucky s Best captures the full range of the state s culinary delights. Linda Allison-Lewis combines traditional and gourment dishes, offering recipes from all parts of the state, as well as from beloved restaurants and inns. Experience the wonderful smell of the Seelbach Hotel s Sourmash Bourbon Bread as it bakes in the oven. And be sure to save room for peanut butter pie from Gambill Mansion Bed and Breakfast or a slice of Kentucky Whiskey Cake. For special meals, check out sections such as Lunch and Teatime Favorites and Derby Favorites. A delight to read as well as to use, Kentucky s Best also shares the stories behind the favorites. Whether it s the story of...



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