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31 Clean Eating Juice Fast Detox Juice Drinks Includes 31 Juice Fasting Detoxification Raw Superfoods Like Vitality Boosting Beet Juice, Apple . Ginger Root, Hemp Milk, Beta Carotene More

By Juliana Baldec

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 156 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. . . from one of Americas most passionate advocates of turning common and sick making food choice into a healthy and balanced clean eating and drinking lifestyle that includes 5 minute quick and effortless to make, tasty, healthy, vitality and energy boosting clean eating and drinking detox drinks and juice fast detox drinks. Juice fasting and detoxification consumer and author Juliana Baldec loves sharing her love and passion for these powerful health elixirs that include drinking and eating clean superfoods ingredients like beet juice, apple cider vinegar, leafy kale and spinach, coconut water, ginger root, hemp seeds and hemp milk, coconut milk, chia seeds, raw honey, leafy kale and spinach, carrots full of beta carotene and many other clean eating superfoods. Not only can these healthy detox and juice fast drinks boost your health and wellness, but they can also provide you with many other benefits like beautifying your body and skin from the inside out! Anti-aging, natural ability to heal itself, energizing and regulating your hormones, helping neutralize free radicals in our body and brain, satisfying...

Reviews

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