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Counselling Children, Adolescents and Families: A Strengths-based Approach

By John Sharry

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Counselling Children, Adolescents and Families: A Strengths-based Approach, John Sharry, 'I recommend this book to anyone who lives or works with families, children or teenagers' - Nurturing Potential 'This is a valuable book, worth attention in every child and family service. My own agency has ordered a copy!' - Robert Cumming, Nurturing Potential 'John Sharry's book is a jewel in the solution-focused literature. It is clearly and engagingly written, draws on a host of ideas from different therapeutic approaches and is packed with practical examples. There is no better book on strengths-based therapy with children and adolescents. Every team should have one' - Chris Iveson, Brief Therapy Practice Counselling Children, Adolescents and Families describes an innovative approach to therapeutic work which builds on the strengths of children and their parents. As the author's experience shows, helping clients to focus on potential solutions rather than problems can be a powerful means of engaging them in the therapeutic process, even in the most conflicting family circumstances. Harnessing the client's personal, family and community resources in this way also helps counteract their feelings of powerlessness and the possibility of increasing reliance on professional services. Part...



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