# **Traditional Chinese Medicine Ingredients**

Source: https://webprod.hc-sc.gc.ca/nhpid-bdipsn/atReq?atid=tcm3(=eng

Extracted: 2025-08-26T06:38:20.877383

Traditional Chinese Medicine Ingredients (TCMI) Help on accessing alternative formats, such as Portable Document Format ( PDF ), Microsoft Word and PowerPoint ( PPT ) files, can be obtained in the alternate format help section. (PDF Version - 258 K) This monograph is intended to serve as a guide to industry for the preparation of Product Licence Applications (PLAs) and labels for natural health product market authorization. It is not intended to be a comprehensive review of the medicinal ingredients. Notes By submitting a web-based PLA form referencing this monograph to the Natural and Non-Prescription Health Products Directorate (NNHPD), the applicant is attesting that the product will fully comply with the recommended conditions of use outlined in this monograph, including the conditions found in the Traditional Chinese Medicine (TCM) referenced texts (those provided in the reference section below) when more restrictive and/or not specified in this monograph. The conditions of use include methods of preparations, source materials, doses, directions for use, durations of use, combinations of medicinal ingredients, risk statements, and the theory of TCM. All ingredients on this monograph are pharmacopoeial ingredients and all pharmacopoeial ingredients must be prepared in accordance with the most recent edition of an accepted pharmacopoeia (e.g., the Pharmacopoeia of the People's Republic of China). Ingredients not prepared according to pharmacopoeial standards are not supported by this monograph. Any substitution of different species, subspecies or variety (i.e. proper names), despite the same common name and/or pharmacopoeial name, is considered fundamental change and not an amendment. Those products with different proper names will require a separate product licence (NPN). For example, for Gan cao, if a NPN was obtained with the proper name Glycyrrhiza glabra, the proper name cannot be substituted with Glycyrrhiza inflata even if captured under the same pharmacopoeial name (Radix et Rhizoma Glycyrrhiza). Another NPN should be obtained for Glycyrrhiza inflata - Gan cao. Text in parentheses is additional optional information which can be included on the label at the applicant's discretion. The solidus (/) indicates that the terms and/or the statements are synonymous. Either term or statement may be selected by the applicant on the label. Restrictions when this monograph is combined with other monographs (Class II and III applications): Stimulant laxative and/or diuretic ingredients from Table 2 (Appendix I) cannot be combined with any other laxative and/or diuretic ingredients at Class II since the dose information is not captured by this monograph. These combinations may be submitted as a Class III application. Any combinations of TCM ingredients or TCM ingredients with non-TCM ingredients with potential additive glucose modifying effects and/or blood pressure-lowering effects and/or sedative effects should be submitted as a Class III application. Date May 30, 2025 Medicinal Ingredients Refer to Table 1 in Appendix I for lists of general medicinal ingredients. Refer to Table 2 in Appendix I for lists of medicinal ingredients with diuretic or stimulant laxative properties. Refer to Table 3 in Appendix I for medicinal ingredients that are only allowable when prepared/used according to the specifications/comments outlined in the Natural Health Product Ingredients Database (NHPID). Refer to Table 4 in Appendix I for medicinal ingredients that are only allowable for topical use. Proper name(s) and Common name(s) Refer to Appendix I, Tables 1 to 4, for lists of acceptable proper names and common names. Source information As per NHPID. Brand name(s) The brand name(s) must not imply or refer to any specific use, disease, disorder, condition or symptom. Route(s) of administration Oral Topical Dosage form(s) This monograph excludes foods or food-like dosage forms as indicated in the Compendium of Monographs Guidance Document. Acceptable dosage forms for oral or topical route of administration are indicated in the dosage form drop-down list of the web-based Product Licence Application form for Compendial applications. Use(s) or Purpose(s) Single ingredient products prepared as per a TCM referenced text listed in this monograph OR products whose combination of ingredients and preparation is identical to a base formula in the TCM referenced text listed in this monograph: Remedy/Product/Preparation based on the theory of Traditional Chinese Medicine. Products whose combination of ingredients and/or preparation is not identical to a base formula in the TCM referenced text listed in this monograph: Combination of Traditional Chinese Medicine Ingredients. Combination rules (Combination of ingredients not supported by this monograph may be submitted as a Class III application) Stimulant laxative ingredients from Table 2 (Appendix I) may not be combined together and/or with diuretics and/or with the medicinal ingredient Gan cao (Glycyrrhiza glabra, G. inflata, G. uralensis) due to potential of electrolyte imbalance. Not more than 1 diuretic from Table 2 (Appendix I) may be

combined with the medicinal ingredient Gan cao due to potential of electrolyte imbalance. Not more than 3 diuretics from Table 2 (Appendix I) may be combined together. Ingredients indicated as mutually incompatible or antagonistic in the TCM referenced texts should not be combined. Dose(s) Subpopulation(s) Adults 18 years and older Quantity(ies) The quantity(ies) must not exceed the maximum daily dose specified by TCM referenced texts listed in this monograph, considering additive effects between ingredients of similar actions or properties. Products providing more than 1 g of Piper longum are excluded from this monograph. For topical products: The quantity of the medicinal ingredient should be entered as a percentage (%) in the finished product. Where the medicinal ingredient is an extract (e.g., extract dry, decoction, decoction concentrate), the extract ratio and quantity crude equivalent (QCE) should both be manually entered as the PLA form cannot adequately calculate the extract ratio from the medicinal ingredient quantity and QCE. The QCE should reflect the QCE that is present in 1 g (or mL) of the finished product. On the PLA form, quantities can be expressed as percentage weight by weight (% w/w), percentage weight by volume (% w/v) or percentage volume by volume (% v/v), depending on the product formulation. On the product label, quantities can also be expressed in other equivalent concentration units (e.g., mg/mL). Direction(s) for use All products As specified by referenced texts. Method(s) of preparation The method of preparation of a medicinal ingredient must be consistent with preparations and methods of processing used in the TCM practice, be outlined in a TCM referenced text listed in this monograph and included in the NHPID for this ingredient. When the reference dosage is for a powder, the ingredient may be present as a powder or the dose could be extrapolated for a hydroethanolic extract. When the reference dosage is for a decoction, the ingredient must be present as a decoction or decoction concentrate. The dose provided by the TCM referenced texts is always associated with a decoction when not further specified. Where the preparation method utilizes a solvent, the same solvent must be used. Duration(s) of use Oral products containing stimulants laxatives from Table 2 Ask a health care practitioner/health care provider/health care professional/doctor/physician for use beyond 7 days. Oral products containing Herba Ephedra Ask a health care practitioner/health care provider/health care professional/doctor/physician for use beyond 7 days (NNHPD Ephedra monograph). Oral products containing any Glycyrrhiza species Ask a health care practitioner/health care provider/health care professional/doctor/physician for use beyond 4 weeks (NNHPD Licorice monograph). All other oral products Ask a health care practitioner/health care provider/health care professional/doctor/physician for prolonged use. All topical products Ask a health care practitioner/health care provider/health care professional/doctor/physician for prolonged use. Risk information Caution(s) and warning(s) All products Stop use and ask a health care practitioner/health care provider/health care professional/doctor/physician if symptoms persist or worsen, or if new symptoms develop. Ask a health care practitioner/health care provider/health care professional/doctor/physician before use if you are taking medications. health care Ask а practitioner/health care provider/health professional/doctor/physician before use if you have serious or major conditions, any type of acute infection, deficiency or excess. And Any additional risk statement not covered by the above statements as specified by referenced texts. Products containing any Angelica species When using this product avoid exposure to the sun. All topical products For external use only. Contraindication(s) All products Do not use if you are pregnant or breastfeeding. And Any additional risk statement not covered by the above statement as specified by referenced texts. Oral products containing two or more diuretics from Table 2 (total QCE (Quantity Crude Equivalent): > 100 mg/day for powdered and ethanolic extracts or > 300 mg/day for decoction and decoction concentrate) Do not use if you have heart disease, high or low blood pressure, kidney or liver disorder, diabetes or edema (swelling of hands, face and feet) or are taking other products containing diuretics. Known adverse reaction(s) All products As specified by referenced texts. Oral products containing any diuretic from Table 2 (total QCE: > 100 mg/day for powdered and ethanolic extracts or > 300 mg/day for decoction and decoction concentrate) When using this product diuretic effect may occur. Oral products containing two or more diuretics from Table 2 (total QCE: > 100 mg/day for powdered and ethanolic extracts or > 300 mg/day for decoction and decoction concentrate) Stop use and ask a health care practitioner/health care provider/health care professional/doctor/physician immediately if dizziness, confusion, muscle weakness or pain, abnormal heart beat and/or difficulty breathing occur. In addition to the risk statements listed above, risk statements (caution & warning, contraindication, known adverse reaction) from the NNHPD single ingredient monographs listed below are required. Oral Medicinal ingredients NNHPD monographs Cautions/Warnings 1 Contraindications 1 Known Adverse Reactions 1 Aloe vera or A. ferox Aloe - Oral monograph 🗸 🗸 Angelica species Dong quai - Angelica sinensis monograph X 🗸 🗸 Apis mellifera (Mel) Propolis - Oral monograph applies X N/A 🗸 Astragalus membranaceus Astragalus monograph X ✓ N/A Camellia sinensis Green tea extract monograph applies ✓ N/A ✓ Cinnamomum aromaticum Cassia cinnamon monograph X ✓ ✓ Eleutherococcus senticosus Eleuthero monograph X ✓ N/A Ephedra species Ephedra monograph ✓ ✓ ✓ Ganoderma species Mushrooms monograph X N/A ✓ Ginkgo biloba (Folium Ginkgo) Ginkgo biloba monograph X ✓ N/A Glycyrrhiza species Licorice monograph X ✓ N/A Panax ginseng Ginseng, Panax monograph X ✓ ✓ Propolis Propolis - Oral monograph ✓ N/A / Rheum species Senna monograph applies / / / Senna species Senna monograph / / / Silybum marianum Milk thistle monograph X N/A 🗸 Tribulus terrestris Tribulus monograph X 🗸 🗸 Valeriana officinalis Valerian monograph ✓ N/A ✓ Wolfiporia extensa Mushrooms monograph X N/A ✓ Topical Medicinal ingredients NNHPD monographs Cautions/Warnings 1 Contraindications 1 Known Adverse Reactions 1 Apis mellifera (Mel) Propolis - Topical monograph ✓ N/A ✓ Propolis Propolis - Topical monograph ✓ N/A ✓ 1 The symbols used in the tables are defined as follows:  $\checkmark$  = risk statements from the associated single monograph are required. X = statements are already covered by the general risk statements listed above. N/A = no risk statement on the associated single monograph. In addition to the risk statements listed above, risk statements listed in NHPID for the medicinal ingredients below are required. Oral Medicinal ingredients NHPID - risk statements Apocynum venetum (Folium Apocyni Veneti) 🗸 Reynoutria multiflora (Radix Polygoni Multiflori) 🗸 Reynoutria multiflora (Radix Polygoni Multiflori Praeparata) ✓ Non-medicinal ingredients Must be chosen from the current NHPID and must meet the limitations outlined in the database. Storage conditions As specified by referenced texts. Must be established in accordance with the requirements described in the Natural Health Products Regulations (NHPR). Specifications The finished product specifications must be established in accordance with the requirements described in the NNHPD Quality of Natural Health Products Guide. Each medicinal ingredient must comply with the requirements outlined in the NHPID. All ingredients on this monograph are pharmacopoeial ingredients and all pharmacopoeial ingredients must be prepared in accordance with the most recent edition of an accepted pharmacopoeia (e.g. the Pharmacopoeia of the People's Republic of China), including the quality specifications outlined in ingredient monographs. However, it is the licence holder's responsibility to ensure that the test methods used and ingredient and/or finished product specifications meet all relevant criteria for manufacturing a high quality Natural Health Product as described in the Quality of Natural Health Products Guide. Test methods that are not considered suitable and ingredient and/or finished product specifications that are less stringent than those specified by the NNHPD are unacceptable. Cannabis sativa (Huo ma ren) - Semen Cannabis This monograph is for Cannabis sativa seeds from hemp only. Hemp is defined in the Industrial Hemp regulations (IHR) as "a cannabis plant - or any part of that plant - in which the concentration of THC is 0.3% w/w or less in the flowering heads and leaves". Approved hemp cultivars are set out in the List of Approved Cultivars, published by the Government of Canada on its website, as amended from time to time. Additional cultivars may be permitted such as those on the Association of Official Seed Certifying Agencies ( AOSCA ) list which also meet the definition of Hemp set out in the IHR. Cannabis sativa seeds (Hemp) must not contain more than 10 parts per million delta-9-Tetrahydrocannabinol (THC), or phytocannabinoids that have been isolated or concentrated, or synthetic duplicates of phytocannabinoids. The determination of the THC concentration must take into account the potential to convert delta-9-tetrahydrocannabinolic acid (THCA) to THC. EXAMPLES OF PRODUCT FACTS: Consult the Guidance Document, Labelling of Natural Health Products for more details. TCM Referenced texts Bensky D. Clavey, Stöger E, Gamble A. Chinese Herbal Medicine: Materia Medica. 3 rd edition. Seattle (WA): Eastland Press, Incorporated; 2004. Chen JK, Chen TT. Chinese Medical Herbology and Pharmacology. Crampton L, editor. City of Industry (CA): Art of Medicine Press Inc.; 2004. Chen JK, Chen TT. Chinese Herbal Formulas and Applications: pharmacological effects & clinical research. City of Industry, Calif: Art of Medicine Press; 2009. PPRC 2020: Pharmacopoeia of the People's Republic of China. Volume 1, English edition Beijing (CN): The State Pharmacopoeia Commission of the People's Republic of China; 2020. PPRC Notice to Clinical Medicine (Lin chuang yong yao xu zhi): Pharmacopoeia of the People's Republic of China Notice to Clinical Medicine (in Chinese). China Medical Science Press: The State Pharmacopoeia Commission of the People's Republic of China; 2020. Scheid V, Bensky D, Ellis A, Barolet R. Chinese herbal medicine: formulas & strategies. 2 nd edition. Seattle (WA): Eastland Press; 2009. SDS: The State Pharmacopoeia Commission of the People's Republic of China. State Drug Standard. Appendix 1 Table 1: General Medicinal Ingredients Proper name(s) Common name(s) (Pinyin) Pharmacopoeial name\* Abrus cantoniensis Ji gu cao Herba Abri Achyranthes aspera Tu niu xi Radix Achyranthes Longifolia Achyranthes bidentata Niu xi Radix Achyranthis Bidentatae Achyranthes Iongifolia Tu niu xi Radix Achyranthes Longifolia Actaea dahurica Sheng ma Rhizoma Cimicifugae Actaea foetida Sheng ma Rhizoma Cimicifugae Actaea heracleifolia Sheng ma Rhizoma Cimicifugae Adenophora stricta Nan sha shen Radix Adenophorae Adenophora triphylla Nan sha shen Radix Adenophorae Agastache rugosa Tu huo xiang Herba Agastaches Agrimonia pilosa Xian he cao Herba Agrimoniae Ailanthus altissima Chun gen Radix Ailanthi Ailanthus altissima Chun gen pi Cortex Ailanthi Akebia quinata Mu tong Caulis Akebiae Akebia trifoliata Mu tong Caulis Akebiae Albizia julibrissin He huan pi Cortex Albiziae Albizia julibrissin He huan hua Flos Albiziae Allium fistulosum Cong bai Bulbus Allii Fistulosi Allium macrostemon Xie bai Bulbus Allii Macrostemonis Allium tuberosum Jiu cai zi Semen Allii Tuberosi Alpinia hainanensis Cao dou kou Semen Alpiniae Katsumadai Alpinia oxyphylla Yi zhi; Yi zhi ren Fructus Alpiniae Oxyphyllae Amomum compactum Bai dou kou; Dou kou Fructus Amomi Rotundus Amomum krervanh Bai dou kou; Dou kou Fructus Amomi Rotundus Amomum longiligulare Sha ren Fructus Amomi Amomum villosum Sha ren Fructus Amomi Amomum villosum var. xanthioides Sha ren Fructus Amomi Anadara broughtonii Wa leng zi Concha Arcae Anadara sativa Wa leng zi Concha Arcae Andrographis paniculata Chuan xin lian Herba Andrographis Anemarrhena asphodeloides Zhi mu Rhizoma Anemarrhenae Anemone chinensis Bai tou weng Radix Pulsatillae Angelica dahurica Bai zhi Radix Angelicae Dahuricae Angelica decursiva Qian hu Radix Peucedani Angelica pubescens Du huo Radix Angelicae Pubescentis Angelica sinensis Dang qui Radix Angelicae Sinensis Angelica sinensis Dang gui wei Extremitas Radicis Angelicae Sinensis Apis mellifera Feng mi Mel Apocynum venetum Luo bu ma ye Folium Apocyni Veneti Archidoskodon planifrons Long gu Os Draconis Arctium lappa Niu bang zi Fructus Arctii Areca catechu Bing lang Semen Arecae Areca catechu Da fu pi Pericarpium Arecae Arisaema amurense Dan nan xing Arisaema cum Bile Arisaema erubescens Dan nan xing Arisaema cum Bile Arisaema heterophyllum Dan nan xing Arisaema cum Bile Arnebia euchroma Zi cao Radix Arnebiae Arnebia guttata Zi cao Radix Arnebiae Asparagus cochinchinensis Tian dong: Tian men dong Radix Asparagi Aster tataricus Zi wan Radix Asteris Astragalus membranaceus Huang qi Radix Astragali Atractylodes lancea Cang zhu Rhizoma Atractylodis Atractylodes macrocephala Bai zhu Rhizoma Atractylodis Macrocephalae Bambusa beecheyana Zhu ru Caulis Bambusae in Taeniam Bambusa breviflora Zhu ru Caulis Bambusae in Taeniam Bambusa breviflora Zhu li Succus Bambusae Bambusa textilis Tian zhu huang Concretio Silicea Bambusae Bambusa tuldoides Zhu ru Caulis Bambusae in Taeniam Benincasa hispida Dong gua zi Semen Benincasae Bletilla striata Bai ji Rhizoma Bletillae Bombyx mori Can sha Excrementum Bombycis Bombyx mori Jiang can Batryticatus Bombyx Boswellia sacra Ru xiang Olibanum Broussonetia papyrifera Chu shi zi Fructus Broussonetiae Bupleurum chinense Chai hu Radix Bupleuri Bupleurum scorzonerifolium Chai hu Radix Bupleuri Calcium fluoride Zi shi ying Fluoritum Calvatia gigantea Ma bo Lasiosphaera Calvatia Calvatia lilacina Ma bo Lasiosphaera Calvatia Camellia sinensis Lu cha Folium Camellia Sinensis Canarium album Qing quo Fructus Canarii Carthamus tinctorius Hong hua Flos Carthami Centella asiatica Ji xue cao Herba Centellae Centipeda minima E bu shi cao Herba Centipedae Cervocerus novorossiae Long qu Os Draconis Cervus elaphus Lu jiao jiao Colla Cornu Cervi Cervus nippon Lu jiao jiao Colla Cornu Cervi Cervus elaphus Lu jiao Cornu Cervi Cervus nippon Lu jiao Cornu Cervi Cervus elaphus Lu jiao shuang Cornu Cervi Degelatinatum Cervus nippon Lu jiao shuang Cornu Cervi Degelatinatum Cervus elaphus Lu rong Cornu Cervi Pantotrichum Cervus nippon Lu rong Cornu Cervi Pantotrichum Cervus punjabensis Long gu Os Draconis Chaenomeles speciosa Mu gua Fructus Chaenomelis Chinemys reevesii Gui ban; Gui jia Testudinis Carapax et Plastrum Chinemys reevesii Gui jia jiao Testudinis Carapax et Plastrum Colla Choerospondias axillaris Guang zao Fructus Choerospondiatis Chrysanthemum indicum Ye ju hua Flos Chrysanthemi Indici Chrysanthemum x morifolium Ju hua Flos Chrysanthemi Cibotium barometz Gou ji Rhizoma Cibotii Cinnamomum aromaticum Rou gui Cortex Cinnamomi Cinnamomum aromaticum Gui zhi Ramulus Cinnamomi Cistanche deserticola Rou cong rong Herba Cistanches Cistanche salsa Rou cong rong Herba Cistanches Cistanche tubulosa Rou cong rong Herba Cistanches Citrus aurantium Zhi shi Fructus Aurantii Immaturus Citrus aurantium Zhi ke; Zhi qiao Fructus Aurantii Citrus maxima Hua ju hong Exocarpium Citri Grandis Citrus medica Xiang yuan Fructus Citri Citrus medica var. sarcodactylis Fo shou Fructus Citri Sarcodactylis Citrus reticulata Ju he Semen Citri Reticulatae Citrus reticulata Ju hong Exocarpium Rubrum Citri Reticulatae Citrus reticulata Chen pi Pericarpium Citri Reticulatae Citrus reticulata Qing pi Pericarpium Citri Reticulatae Viride Citrus sinensis Zhi shi Fructus Aurantii Immaturus Clematis chinensis Wei ling xian Radix and Rhizoma Clematidis Cnidium monnieri She chuang zi Fructus Cnidii Codonopsis pilosula Dang shen Radix Codonopsis Codonopsis tangshen Dang shen Radix Codonopsis Combretum indicum Shi jun zi Fructus Quisqualis Commiphora myrrha Mo yao Myrrha Coptis chinensis Huang lian Rhizoma Coptidis Coptis deltoidea Huang lian Rhizoma Coptidis Coptis teeta Huang lian Rhizoma Coptidis Cordia dichotoma Po bu zi ye Folium Cordia Dichotoma Cornus officinalis Shan zhu yu Fructus Corni Corydalis turtschaninovii Yan hu suo Rhizoma Corydalis Corydalis yanhusuo Yan hu suo Rhizoma Corydalis Crassostrea gigas Mu li Concha Ostreae Crataegus cuneata Shan zha Fructus Crataegi Crataegus pinnatifida Shan zha Fructus Crataegi Crataegus pinnatifida var. major Shan zha Fructus Crataegi Cristaria plicata Zhen zhu Margarita Cristaria plicata Zhen zhu mu Concha Margaritiferae Cryptotympana atrata Chan tui Periostracum Cicadae Cryptotympana pustulata Chan tui Periostracum Cicadae Cullen corylifolium Bu qu zhi Fructus Psoraleae Curculigo orchioides Xian mao Rhizoma Curculiginis Curcuma kwangsiensis Yu jin Radix Curcumae Curcuma kwangsiensis E zhu Rhizoma Curcumae Curcuma longa Yu jin Radix Curcumae Curcuma longa Jiang huang Rhizoma Curcumae Longae Curcuma phaeocaulis Yu jin Radix Curcumae Curcuma phaeocaulis E zhu Rhizoma Curcumae Curcuma wenyujin Yu jin Radix Curcumae Curcuma wenyujin E zhu Rhizoma Curcumae Cuscuta chinensis Tu si zi Semen Cuscutae Cuscuta japonica Tu si zi Semen Cuscutae Cyathula officinalis Chuan niu xi Radix Cyathulae Cynanchum glaucescens Bai gian Rhizoma et Radix Cynanchi Stauntonii Cynomorium songaricum Suo yang Herba Cyomorii Cyperus rotundus Xiang fu Rhizoma Cyperi Daemonorops draco Xue jie Sanguis Draconis Dalbergia odorifera Jiang xiang Lignum Dalbergiae Odoriferae Dendrobium chrysanthum Shi hu Caulis Dendrobii Dendrobium chrysotoxum Shi hu Caulis Dendrobii Dendrobium fimbriatum Shi hu Caulis Dendrobii Dendrobium loddigesii Shi hu Caulis Dendrobii Dendrobium nobile Shi hu Caulis Dendrobii Dendrobium officinale Tie pi shi hu Caulis Dendrobii Officinalis Descurainia sophia Ting li zi Semen Descurainiae Dichroa febrifuga Chang shan Radix Dichroae Dictamnus dasycarpus Bai xian pi Cortex Dictamni Dimocarpus longan

Long yan rou Arillus Longan Dioscorea collettii var. hypoglauca Fen bi xie Rhizoma Dioscoreae Hypoglaucae Dioscorea futschauensis Mian bi xie Rhizoma Dioscoreae Spongiosae Dioscorea oppositifolia Shan yao Rhizoma Dioscoreae Dioscorea spongiosa Mian bi xie Rhizoma Dioscoreae Spongiosae Diospyros kaki Shi di Calyx Kaki Dipsacus asper Xu duan Radix Dipsaci Dolomiaea souliei Chuan mu xiang Radix Vladimiriae Drynaria fortunei Gu sui bu Rhizoma Drynariae Ecklonia kurome Hai dai; Kun bu Thallus Laminariae Eckloniae Eclipta prostrata Mo han lian Herba Eclipta Eleutherococcus gracilistylus Wu jia pi Cortex Acanthopanacis Eleutherococcus senticosus Ci wu jia Radix et Rhizoma seu Caulis Acanthopanacis Senticosi Ephedra intermedia Ma huang gen Radix et Rhizoma Ephedrae Epimedium brevicornu Yin yang huo Folium Epimedii Epimedium grandiflorum Yin yang huo Folium Epimedii Epimedium koreanum Yin yang huo Folium Epimedii Epimedium pubescens Yin yang huo Folium Epimedii Epimedium sagittatum Yin yang huo Folium Epimedii Equus asinus E jiao Colla Corii Asini Eriobotrya japonica Pi pa ye Folium Eriobotryae Erodium stephanianum Lao guan cao Herba Erodii Erythrina variegata Hai tong pi Cortex Erythrinae Eucommia ulmoides Du zhong Cortex Eucommiae Euonymus echinatus Da ding huang Caulis Euonymi Eupolyphaga sinensis Tu bie chong Eupolyphaga Euryale ferox Qian shi Semen Euryales Flemingia philippinensis Qian jin ba Radix Flemingiae Philippinensis Flueggea virosa Bai fan shu gen Radix Securinega Virosa Foeniculum vulgare Xiao hui xiang Fructus Foeniculi Forsythia suspensa Lian qiao Fructus Forsythiae Fraxinus chinensis Qin pi Cortex Fraxini Fraxinus chinensis subsp. rhynchophylla Qin pi Cortex Fraxini Fraxinus stylosa Qin pi Cortex Fraxini Fraxinus szaboana Qin pi Cortex Fraxini Fritillaria cirrhosa Chuan bei mu Bulbus Fritillariae Cirrhosae Fritillaria delavayi Chuan bei mu Bulbus Fritillariae Cirrhosae Fritillaria przewalskii Chuan bei mu Bulbus Fritillariae Cirrhosae Fritillaria thunbergii Zhe bei mu Bulbus Fritillariae Thunbergii Fritillaria unibracteata Chuan bei mu Bulbus Fritillariae Cirrhosae Gallus gallus domesticus Ji nei jin Endothelium Corneum Galli Gigerii Ganoderma lucidum Ling zhi Ganoderma Ganoderma sinense Ling zhi Ganoderma Gardenia jasminoides Zhi zi Fructus Gardeniae Gastrodia elata Tian ma Rhizoma Gastrodiae Gekko gecko Ge jie Gecko Gentiana manshurica Long dan Radix et Rhizoma Gentianae Gentiana scabra Long dan Radix et Rhizoma Gentianae Gentiana triflora Long dan Radix et Rhizoma Gentianae Gentiana rigescens Long dan Radix et Rhizoma Gentianae Gentiana macrophylla Qin jiao Radix Gentianae Macrophyllae Geranium carolinianum Lao quan cao Herba Erodii Geranium wilfordii Lao guan cao Herba Erodii Gleditsia sinensis Da zao jiao; Zao jiao Fructus Gleditsiae Sinensis Gleditsia sinensis Zao jiao ci Spina Gleditsiae Glehnia littoralis Bei sha shen Radix Glehniae Glycine max Dan dou chi Semen Sojae Praeparatum Glycine max Da dou huang juan Semen Sojae Germinatum Glycine max Hei dou Semen Sojae Nigrum Glycyrrhiza glabra Gan cao Radix et Rhizoma Glycyrrhizae Glycyrrhiza glabra Zhi gan cao Radix et Rhizoma Glycyrrhizae Praeparata cum Melle Glycyrrhiza inflata Gan cao Radix et Rhizoma Glycyrrhizae Glycyrrhiza inflata Zhi gan cao Radix et Rhizoma Glycyrrhizae Praeparata cum Melle Glycyrrhiza uralensis Gan cao Radix et Rhizoma Glycyrrhizae Glycyrrhiza uralensis Zhi gan cao Radix et Rhizoma Glycyrrhizae Praeparata cum Melle Gynostemma pentaphyllum Jiao gu lan Rhizoma seu Herba Gynostemmatis Gypsum fibrosum Shi gao Gypsum Fibrosum Haliotis asinina Shi jue ming Concha Haliotidis Haliotis discus hannai Shi jue ming Concha Haliotidis Haliotis diversicolor Shi jue ming Concha Haliotidis Haliotis laevigata Shi jue ming Concha Haliotidis Haliotis ovina Shi jue ming Concha Haliotidis Haliotis ruber Shi jue ming Concha Haliotidis Hansenia forbesii Qiang huo Rhizoma et Radix Notopterygii Hansenia weberbaueriana Qiang huo Rhizoma et Radix Notopterygii Helminthostachys zeylanica Dao di wu gong Rhizoma Heliminthostachytis Hierodula patellifera Sang piao xiao Oötheca mantidis Hippophae rhamnoides Sha ji Fructus Hippophae Hirudo nipponica Shui zhi Hirudo Homalomena occulta Qian nian jian Rhizoma Homalomenae Hordeum vulgare Mai ya Fructus Hordei Germinatus Hordeum vulgare Yi tang Maltosum Houttuynia cordata Yu xing cao Herba Houttuyniae Huperzia serrata Jin bu huan Herba Lycopodii Serrati Hypericum perforatum Guan ye lian giao Herba Hyperici Perforati Hyptis capitata Mo gu xiao Caulis Hyptis Capitatae Hyriopsis cumingii Zhen zhu Margarita Hyriopsis cumingii Zhen zhu mu Concha Margaritifera Ilex pubescens Mao dong qing Radix Illicis Pubescentis Illicium verum Ba jiao hui xiang Fructus Anisi Stellati Imperata cylindrica Bai mao gen Rhizoma Imperatae Inula britannica Xuan fu hua Flos Inulae Iris domestica She gan Rhizoma Belamcandae Isatis tinctoria Da qing ye Folium Isatidis Isatis tinctoria Ban lan gen Radix Isatidis Isatis tinctoria Qing dai Indigo Naturalis Isodon rubescens Dong ling cao Herba Rabdosiae Rubescentis Jasminum sambac Mo li hua Flos Jasmini Sambac Juglans regia He tao ren; Hu tao ren Semen Juglandis Justicia procumbens Shu wei huang Herba Rostellulariae Lablab purpureus Bai bian dou Semen Lablab Album Laminaria japonica Kun bu; Hai dai Thallus Laminariae Eckloniae Lasiosphaera fenzlii Ma bo Lasiosphaera Calvatia Leonurus japonicus Chong wei zi Fructus Leonuri Leonurus japonicus Yi mu cao Herba Leonuri Lepidium apetalum Ting li zi Semen Lepidii Leucas mollissima var. chinensis Hu yao huang Herba Leucas Mollissimae Ligusticum sinense cv. chuanxiong Chuan xiong Rhizoma Chuanxiong Ligusticum sinense var. sinense Gao ben Rhizoma et Radix Ligustici Ligusticum sinense Gao ben Rhizoma et Radix Ligustici Ligusticum jeholense Gao ben Rhizoma et Radix Ligustici Ligustrum lucidum Nu zhen zi Fructus Ligustri Lucidi Lilium brownii Bai he Bulbus Lilii Lilium brownii var. viridulum Bai he Bulbus Lilii Lilium lancifolium Bai he Bulbus Lilii Lilium pumilum Bai he Bulbus Lilii Lindera aggregata Wu yao Radix Linderae Lindernia anagallis Ding jing cao Herba Linderniae Linum usitatissimum Ya ma zi Semen Lini Liquidambar formosana Lu lu tong Fructus Liquidambaris Litchi chinensis Li zhi he Semen Litchi Lonicera japonica Jin yin hua Flos Lonicerae Japonicae Lonicera japonica Ren dong teng Caulis Lonicerae Japonicae Lophatherum gracile Dan zhu ye Herba Lophatheri Ludwigia prostrata Shui ding xiang Herba Ludwigiae Prostratae Luffa aegyptiaca Si gua luo Retinervus Luffae Fructus Lycium barbarum Di gu pi Cortex Lycii Lycium barbarum Gou qi zi Fructus Lycii Lycium chinense Di gu pi Cortex Lycii Lycopodium japonicum Shen jin cao Herba Lycopodii Lycopus lucidus var. hirtus Ze lan Herba Lycopi Magnolia biondii Xin yi Flos Magnoliae Magnolia denudata Xin yi Flos Magnoliae Magnolia officinalis Hou po Cortex Magnoliae Officinalis Magnolia officinalis var. biloba Hou po Cortex Magnoliae Officinalis Magnolia sprengeri Xin vi Flos Magnoliae Mentha canadensis Bo he Herba Menthae Haplocalycis I-Menthol Bo he nao Mentholum Mimosa pudica Han xiu cao gen Radix Mimosae Pudicae Morinda officinalis Ba ji tian Radix Morindae Officinalis Morus alba Sang bai pi Cortex Mori Morus alba Sang ye Folium Mori Morus alba Sang shen zi Fructus Mori Morus alba Sang zhi Ramulus Mori Mosla chinensis Xiang ru Herba Moslae Myristica fragrans Rou dou kou Semen Myristicae Myosoton aquaticum Cha chi huang Herba Stellariae Aquaticae Nandina domestica Tian zhu zi Fructus Nandinae Domesticae Nelumbo nucifera He ye Folium Nelumbinis Nelumbo nucifera Ou jie Nodus Nelumbinis Rhizomatis Nelumbo nucifera Lian zi Semen Nelumbinis Nelumbo nucifera Lian xu Stamen Nelumbinis Nelumbo nucifera Lian zi xin Plumula Nelumbinis Nelumbo nucifera Lian fang Receptaculum Nelumbinis Neopicrorhiza scrophulariiflora Hu huang lian Rhizoma Picrorhizae Nepeta tenuifolia Jing jie Herba Schizonepetae Ocimum basilicum Jiu ceng ta Herba Ocimi Basilic Ocimum gratissimum Dingxiang Luoleyou Oleum Ocimi Gratissimi Oldenlandia diffusa Bai hua she she cao Herba Hedyotis Diffusae Ophiocordyceps sinensis Dong chong xia cao Cordyceps (wild) Ophiopogon japonicus Mai dong; Mai men dong Radix Ophiopogonis Oroxylum indicum Mu hu die Semen Oroxyli Oryza sativa Dao ya Fructus Oryzae Germinatus Oryza sativa Geng mi Semen Oryzae Oryza sativa Yi tang Maltosum Paecilomyces hepiali Fa jiao chong cao jun fen Cordyceps (cultured) Paeonia anomala subsp. veitchii Chi shao Radix Paeoniae Rubra Paeonia lactiflora Chi shao Radix Paeoniae Rubra Paeonia lactiflora Bai shao Radix Paeoniae Alba Paeonia obovata Chi shao Radix Paeoniae Rubra Paeonia suffruticosa Mu dan pi Cortex Moutan Palaeoloxodon nomadicus Long gu Os Draconis Panax ginseng Ren shen Radix et Rhizoma Ginseng Panax notoginseng San qi Radix et Rhizoma Notoginseng Panax quinquefolius Xi yang shen Radix Panacis Quinquefolii Paris polyphylla Chong Iou; Zao xiu Rhizoma Paridis Paris polyphylla var. chinensis Chong lou; Zao xiu Rhizoma Paridis Paris polyphylla var. yunnanensis Chong lou; Zao xiu Rhizoma Paridis Patrinia scabiosifolia Bai jiang cao Herba Patriniae Pelodiscus sinensis Bie jia Carapax Trionycis Pelodiscus sinensis Bie jia jiao Colla Carapax Trionycis Perilla frutescens Zi su geng Caulis Perillae Perilla frutescens Zi su ye Folium Perillae Perilla frutescens Zi su zi Fructus Perillae Persicaria tinctoria Qing dai Indigo Naturalis Peucedanum praeruptorum Qian hu Radix Peucedani Phellodendron amurense Guan huang bo Cortex Phellodendri Amurensis Phellodendron chinense Huang bo Cortex Phellodendri Chinensis Pheretima aspergillum Di long Pheretima Pheretima guillelmi Di long Pheretima Pheretima pectinifera Di long Pheretima Pheretima vulgaris Di long Pheretima Phragmites australis Lu gen Rhizoma Phragmitis Phyla nodiflora Ya she huang Herba Lippiae Physalis angulata Pao zai cao Herba Physalis Angulatae Phyllolobium chinense Sha yuan zi Semen Astragali Complanati Phyllostachys nigra Zhu ru Caulis Bambusae in Taeniam Phyllostachys nigra var. henonis Zhu li Succus Bambusae Phyllostachys nigra var. henonis Zhu ye Herba Phyllostachys Piper longum \*\* Bi bo Fructus Piperis Longui Planostrea pestigris Mu li Concha Ostreae Platycladus orientalis Ce bai ye Cacumen Platycladi Platycladus orientalis Bai zi ren Semen Platycladi Platycodon grandiflorus Jie geng Radix Platycodonis Pleione bulbocodioides Shan ci qu Pseudobulbus Cremastrae Pleione Pleione yunnanensis Shan ci gu Pseudobulbus Cremastrae Pleione Pogostemon cablin Guang huo xiang Herba Pogostemonis Pogostemon cablin Guang huo xiang you Oleum Pogostemonis Polygala tenuifolia Yuan zhi Radix Polygalae Polygonatum cirrhifolium Huang jing Rhizoma Polygonati Polygonatum cyrtonema Huang jing Rhizoma Polygonati Polygonatum kingianum Huang jing Rhizoma Polygonati Polygonatum odoratum Yu zhu Rhizoma Polygonati Odorati Polygonatum sibiricum Huang jing Rhizoma Polygonati Portulaca oleracea Ma chi xian Herba Portulacae Propolis Feng jiao Propolis Prunella vulgaris Xia ku cao Spica Prunellae Prunus mume Wu mei Fructus Mume Pseudostellaria heterophylla Tai zi shen Radix Pseudostellariae Pteria martensii Zhen zhu Margarita Pteria martensii Zhen zhu mu Concha Margaritiferae Pteris multifida Feng wei cao Herba Pteris Ptyas dhumnades Wu shao she Zaocys Pueraria montana var. lobata Ge hua Flos Puerariae Pyrola calliantha Lu xian cao Herba Pyrolae Pyrola decorata Lu xian cao Herba Pyrolae Pyrola rotundifolia Lu xian cao Herba Pyrolae Pyrrosia lingua Shi wei Folium Pyrrosiae Pyrrosia petiolosa Shi wei Folium Pyrrosiae Pyrrosia sheareri Shi wei Folium Pyrrosiae Ranunclus ternatus Mao zhao cao Radix Ranunculi Ternati Raphanus sativus Lai fu zi Semen Raphani Rehmannia glutinosa Sheng di huang Radix Rehmanniae Rehmannia glutinosa Shu di huang Radix Rehmanniae Praeparata Reynoutria japonica Hu zhang Rhizoma et Radix Polygoni Cuspidati Reynoutria multiflora He shou wu; Sheng he shou wu Radix Polygoni Multiflori Reynoutria multiflora Zhi he shou wu Radix Polygoni Multiflori Praeparata Reynoutria multiflora Shou wu teng Caulis Polygoni Multiflori Rhaponticum uniflorum Lou lu Radix Rhapontici Rhodiola crenulata Hong jing tian Radix et Rhizoma Rhodiolae Crenulatae Rhus chinensis Wu bei zi Galla Chinensis Rhus potaninii Wu bei zi Galla Chinensis Rhus punjabensis var. sinica Wu bei zi Galla Chinensis Rosa laevigata Jin ying zi Fructus Rosae Laevigatae Rubia cordifolia Qian cao Radix Rubiae Rubus chinqii Fu pen zi Fructus Rubi Salvia chinensis Shi jian chuan Herba Salviae Chinensis Salvia miltiorrhiza Dan shen Radix et Rhizoma Salviae Miltiorrhizae Sambucus chinensis Mo qu xiao Caulis Hyptis Capitatae Sanguisorba officinalis Di yu Radix Sanguisorbae Santalum album Tan xiang Lignum Santali Albi Saposhnikovia divaricata Fang feng Radix Saposhnikoviae Sarcandra glabra Zhong jie feng Herba Sarcandrae Sargassum fusiforme Hai zao Sargassum Sargassum pallidum Hai zao Sargassum Sargentodoxa cuneata Da xue teng Caulis Sargentodoxae Saussurea costus Mu xiang Radix Aucklandiae Scaphium affine Pang da hai Semen Sterculiae Lychnophorae Schefflera arboricola Qi ye lian Radix Schefflerae Schefflera leucantha Qi ye lian Radix Schefflerae Schisandra sphenanthera Nan wu wei zi Fructus Schisandrae Sphenanthera Schisandra chinensis Wu wei zi Fructus Schisandrae Chinensis Schizostachyum chinense Tian zhu huang Concretio Silicea Bambusae Scrophularia ningpoensis Xuan shen Radix Scrophulariae Scutellaria baicalensis Huang qin Radix Scutellariae Scutellaria barbata Ban zhi lian Herba Scutellariae Barbatae Selaginella pulvinata Juan bai Herba Selaginellae Selaginella tamariscina Juan bai Herba Selaginellae Senegalia catechu Er cha Catechu Sepia esculenta Hai piao xiao Endoconcha Sepiae Sepiella inermis Hai piao xiao Endoconcha Sepiae Sesamum indicum Ma you Oleum Sesami Sesamum indicum Hei zhi ma Semen Sesami Nigrum Setaria italica Gu ya Fructus Setariae Germinatus Setaria italica Yi tang Maltosum Siegesbeckia glabrescens Xi xian cao Herba Siegesbeckiae Siegesbeckia orientalis Xi xian cao Herba Siegesbeckiae Siegesbeckia pubescens Xi xian cao Herba Siegesbeckiae Silybum marianum Shui fei ji Fructus Silybi Sinapis alba Bai jie zi; Jie zi Semen Sinapis Sinocrassula indica Shi lian zi Herba Sinocrassulae Indicae Siraitia grosvenorii Luo han guo Fructus Momordicae Smilax glabra Tu fu ling Rhizoma Smilacis Glabrae Sodium sulfate Xuan ming fen Natrii Sulfas Exsiccatus Sodium sulfate decahydrate Mang xiao Natrii Sulfas Solanum nigrum Long kui Herba Solani Nigri Solidago decurrens Ye zhi huang hua Herba Solidaginis Sophora flavescens Ku shen Radix Sophorae Flavescentis Sparganium eurycarpum San leng Rhizoma Sparganii Spatholobus suberectus Ji xue teng Caulis Spatholobi Spirodela polyrhiza Fu ping Herba Spirodelae Statilia maculata Sang piao xiao Oötheca mantidis Stellaria dichotoma var. lanceolata Yin chai hu Radix Stellariae Stemona japonica Bai bu Radix Stemonae Stemona sessilifolia Bai bu Radix Stemonae Stemona tuberosa Bai bu Radix Stemonae Strobilanthes cusia Qing dai Indigo Naturalis Styphnolobium japonicum Huai jiao Fructus Sophorae Styphnolobium japonicum Huai hua Flos Sophorae Styrax tonkinensis An xi xiang Benzoinum Succinum Hu po Succinum Syzygium aromaticum Ding xiang Flos Caryophylli Taraxacum mongolicum Pu gong ying Herba Taraxaci Taraxacum sinicum Pu gong ying Herba Taraxaci Taxillus chinensis Sang ji sheng Herba Taxilli Taxillus sutchuenensis Sang ji sheng Herba Taxilli Tegillarca granosa Wa leng zi Concha Arcae Tenodera sinensis Sang piao xiao Oötheca mantidis Terminalia chebula He zi Fructus Chebulae Tetradium ruticarpum Wu zhu yu Fructus Euodiae Tinospora sagittata Jin guo Ian Radix Tinosporae Tinospora sinensis Kuan jin teng Caulis Tinosporae Sinensis Trachemys scripta elegans Gui ban; Gui jia Testudinis Carapax et Plastrum Trametes versicolor Yun zhi Coriolus Tribulus terrestris Ji li Fructus Tribuli Trichosanthes kirilowii Gua lou; Gua lou shi Fructus Trichosanthis Trichosanthes rosthornii Gua lou; Gua lou shi Fructus Trichosanthis Trichosanthes kirilowii Gua lou ren; Gua lou zhi Semen Trichosanthis Trichosanthes rosthornii Gua lou ren; Gua lou zhi Semen Trichosanthis Trichosanthes kirilowii Gua lou pi Pericarpium Trichosanthis Trichosanthes rosthornii Gua lou pi Pericarpium Trichosanthis Trichosanthes kirilowii Gua lou gen; Tian hua fen Radix Trichosanthis Trichosanthes rosthornii Gua Iou gen; Tian hua fen Radix Trichosanthis Trigonella foenum-graecum Hu lu ba Semen Trigonellae Triticum aestivum Fu xiao mai Semen Tritici Aestivi Levis Triticum aestivum Xiao mai Fructus Tritici Triticum aestivum Yi tang Maltosum Trogopterus xanthipes Wu ling zhi Excrementum Trogopteri seu Pteromi Typha angustifolia Pu huang Pollen Typhae Typha orientalis Pu huang Pollen Typhae Uncaria gambir Er cha Catechu Uncaria hirsuta Gou teng Ramulus cum Uncis Uncariae Uncaria macrophylla Gou teng Ramulus cum Uncis Uncariae Uncaria rhynchophylla Gou teng Ramulus cum Uncis Uncariae Uncaria sessilifructus Gou teng Ramulus cum Uncis Uncariae Uncaria sinensis Gou teng Ramulus cum Uncis Uncariae Vaccaria hispanica subsp. hispanica Wang bu liu xing Semen Vaccariae Valeriana officinalis Xie cao Radix et Rhizoma Valerianae Verbena officinalis Ma bian cao Herba Verbenae Vigna radiata var. radiata Lu dou Semen Phaseoli Radiati Vincetoxicum atratum Bai wei Radix et Rhizoma Cynanchi Atrati Vincetoxicum pycnostelma Xu chang qing Radix et Rhizoma Cynanchi Paniculati Vincetoxicum stauntonii Bai qian Rhizoma et Radix Cynanchi Stauntonii Vincetoxicum versicolor Bai wei Radix et Rhizoma Cynanchi Atrati Viola philippica var. philippica Zi hua di ding Herba Violae Vitex rotundifolia Man jing zi Fructus Viticis Vitex trifolia Man jing zi Fructus Viticis Whitmania acranulata Shui zhi Hirudo Whitmania pigra Shui zhi Hirudo Wolfiporia extensa Fu ling pi Cutis Poriae Wolfiporia extensa Fu shen Sclerotium Pararadicus Poriae Zanthoxylum bungeanum Hua jiao Pericarpium Zanthoxyli Zanthoxylum nitidum Liang mian zhen Radix Zanthoxyli Zanthoxylum schinifolium Hua jiao Pericarpium Zanthoxyli Zea mays Yu mi xu Stigma Maydis Zea mays Yi tang Maltosum Zingiber officinale Gan jiang Rhizoma Zingiberis Zingiber officinale Pao jiang Rhizoma Zingiberis Praeparatum Zingiber officinale Sheng jiang Rhizoma Zingiberis Recens Zingiber officinale Sheng jiang pi Pericarpium Zingiberis Recens Ziziphus jujuba Da zao Fructus Jujubae Ziziphus jujuba var.spinosa Suan zao ren Semen Ziziphi Spinosae \*The Pharmacopoeial name is the ingredient name found in the NHPID. \*\*Products providing more than 1 g of Piper longum are excluded from this monograph Table 2: Medicinal Ingredients with diuretic or stimulant laxative properties Proper name(s) Common name(s) (Pinyin) Pharmacopoeial name\* Ingredients with diuretic properties Alisma plantago-aquatica subsp. orientale Ze xie Rhizoma Alismatis Bassia scoparia Di fu zi Fructus Kochiae Benincasa hispida Dong gua pi Exocarpium Benincasae Clematis armandii Chuan mu tong Caulis Clematidis Armandii Clematis montana Chuan mu tong Caulis Clematidis Armandii Coix lacryma-jobi var. ma-yuen Yi yi ren Semen Coicis Dianthus superbus Qu mai Herba Dianthi Desmodium styracifolium Guang jin gian cao Herba Desmodii Styracifolii Juncus effusus Deng xin cao Medulla Junci Lygodium japonicum Hai jin sha Spora Lygodii Lysimachia christinae Jin qian cao Herba Lysmachiae Plantago asiatica Che gian cao Herba Plantaginis Plantago asiatica Che gian zi Semen Plantaginis Plantago depressa Che gian cao Herba Plantaginis Plantago depressa Che gian zi Semen Plantaginis Polygonum aviculare Bian xu Herba Polygoni Avicularis Polyporus umbellatus Zhu ling Polyporus Stephania tetrandra Fang ji Radix Stephaniae Tetrandrae Tetrapanax papyrifer Tong cao Medulla Tetrapanacis Vigna angularis Chi xiao dou Semen Phaseoli Vigna umbellata Chi xiao dou Semen Phaseoli Wolfiporia extensa Fu ling Poria Wolfiporia extensa Chi fu ling Poria Rubra Ingredients with stimulant laxative properties Aloe ferox Lu hui Aloe Aloe vera Lu hui Aloe Rheum officinale Da huang Radix et Rhizoma Rhei Rheum palmatum Da huang Radix et Rhizoma Rhei Rheum tanguticum Da huang Radix et Rhizoma Rhei Senna obtusifolia Jue ming zi Semen Cassiae Senna alexandrina Fan xie ye Folium Sennae Senna tora Jue ming zi Semen Cassiae \*The Pharmacopoeial name is the ingredient name found in the NHPID. Table 3: Medicinal Ingredients that are only allowable when prepared/used according to the specifications/comments outlined in the NHPID Proper name(s) Common name(s) (Pinyin) Pharmacopoeial name\* Aconitum carmichaelii Zhi chuan wu Radix Aconiti Praeparata Aconitum carmichaelii Zhi fu zi Radix Aconiti Lateralis Praeparata Aconitum kusnezoffii Zhi cao wu Radix Aconiti Kusnezoffii Preparata Acorus calamus Zang chang pu Rhizoma Acori Calami Acorus gramineus Shi chang pu Rhizoma Acori Tatarinowii Anemone altaica Jiu jie chang pu Rhizoma Anemones Altaicae Arisaema amurense Zhi tian nan xing Rhizoma Arisaematis Praeparata Arisaema erubescens Zhi tian nan xing Rhizoma Arisaematis Praeparata Arisaema heterophyllum Zhi tian nan xing Rhizoma Arisaematis Praeparata Artemisia annua Qing hao Herba Artemisiae Annuae Artemisia anomala Liu ji nu Herba Artemisiae Anomalae Artemisia argyi Ai ye Folium Artemisiae Argyi Artemisia capillaris Yin chen Herba Artemisiae Scopariae Artemisia scoparia Yin chen Herba Artemisiae Scopariae Buthus martensii Quan xie Scorpio Cannabis sativa Huo ma ren Semen Cannabis Cremastra appendiculata Shan ci qu Pseudobulbus Cremastrae Pleione Ephedra equisetina Ma huang Herba Ephedrae Ephedra intermedia Ma huang Herba Ephedrae Ephedra sinica Ma huang Herba Ephedrae Ginkgo biloba Yin xing ye Folium Ginkgo Ginkgo biloba Bai guo Semen Ginkgo Lithospermum erythrorhizon Zi cao gen Radix Lithospermi Massa medicata fermentata Shen qu Massa Medicata Fermentata Massa medicata fermentata (Guangdong Shenqu) Guangdong Shenqu Massa Medicata Fermentata (Guangdong Shengu) Menispermum dauricum Bei dou gen Rhizoma Menispermi Mentha canadensis Bo he su you Oleum Menthae Dementholatum Pinellia ternata Fa ban xia; Zhi ban xia Rhizoma Pinelliae Praeparatum Pinellia ternata Qing ban xia Rhizoma Pinelliae Praeparatum cum Alumine Pinellia ternata Jiang ban xia Rhizoma Pinelliae Praeparatum cum Zingibere et Alumine Prunus armeniaca var. ansu Ku xing ren Semen Armeniacae Amarum Prunus armeniaca Ku xing ren Semen Armeniacae Amarum Prunus sibirica Ku xing ren Semen Armeniacae Amarum Prunus humilis Yu li ren Semen Pruni Prunus japonica Yu li ren Semen Pruni Prunus pedunculata Yu li ren Semen Pruni Prunus davidiana Tao ren Semen Persicae Prunus persica Tao ren Semen Persicae Pueraria montana var. lobata Ge gen Radix Puerariae Lobatae Red yeast rice Hong gu Monascus Scolopendra subspinipes mutilans Wu gong Scolopendra Stephania tetrandra Fang ji Radix Stephaniae Tetrandrae Talcum Hua shi Talcum Tussilago farfara Kuan dong hua Flos Farfarae Typhonium giganteum Bai fu zi Rhizoma Typhonii Xanthium sibiricum Cang er zi Fructus Xanthii \*The Pharmacopoeial name is the ingredient name found in the NHPID. Table 4: Medicinal Ingredients that are only allowable for topical use Proper name(s) Common name(s) (Pinyin) Pharmacopoeial name\* Arisaema amurense Tian nan xing Rhizoma Arisaematis Arisaema erubescens Tian nan xing Rhizoma Arisaematis Arisaema heterophyllum Tian nan xing Rhizoma Arisaematis Borneolum syntheticum Bing pian Borneolum Syntheticum Cinnamomum camphora Tian ran bing pian Borneolum Dryobalanops aromatica Tian ran bing pian Borneolum Parapolybia varia Feng fang Nidus Vespae Polistes jokahamae Feng fang Nidus Vespae Polistes olivaceus Feng fang Nidus Vespae Wikstroemia indica Pu vin Radix Wikstroemia Indica \*The Pharmacopoeial name is the ingredient name found in the NHPID. Report a problem on this page Date modified: 2019-03-01

#### **MEDICINAL INGREDIENT(S)**

Notes By submitting a web-based PLA form referencing this monograph to the Natural and Non-Prescription Health Products Directorate (NNHPD), the applicant is attesting that the product will fully comply with the recommended conditions of use outlined in this monograph, including the conditions found in the Traditional Chinese Medicine (TCM) referenced texts (those provided in the reference section below) when more restrictive and/or not specified in this monograph. The conditions of use include methods of preparations, source materials, doses, directions for use, durations of use, combinations of medicinal ingredients, risk statements, and the theory of TCM.All ingredients on this monograph are pharmacopoeial ingredients and all pharmacopoeial ingredients must be prepared in accordance with the most recent edition of an accepted pharmacopoeia (e.g., the Pharmacopoeia of the People's Republic of China). Ingredients not prepared according to pharmacopoeial standards are not supported by this monograph. Any substitution of different species, subspecies or variety (i.e. proper names), despite the same common name and/or pharmacopoeial name, is considered fundamental change and not an amendment. Those products with different proper names will require a separate product licence (NPN). For example, for Gan cao, if a NPN was obtained with the proper nameGlycyrrhiza glabra, the proper name cannot be substituted withGlycyrrhiza inflataeven if captured under the same pharmacopoeial name (Radix et Rhizoma Glycyrrhiza). Another NPN should be obtained forGlycyrrhiza inflata- Gan cao. Text in parentheses is additional optional information which can be included on the label at the applicant's discretion. The solidus (/) indicates that the terms and/or the statements are synonymous. Either term or statement may be selected by the applicant on the label. Restrictions when this monograph is combined with other monographs (Class II and III applications): Stimulant laxative and/or diuretic ingredients from Table 2 (Appendix I) cannot be combined with any other laxative and/or diuretic ingredients at Class II since the dose information is not captured by this monograph. These combinations may be submitted as a Class III application. Any combinations of TCM ingredients or TCM ingredients with non-TCM ingredients with potential additive glucose modifying effects and/or blood pressure-lowering effects and/or sedative effects should be submitted as a Class III application. Date May 30, 2025 Medicinal Ingredients

#### DOSAGE FORM(S)

Acceptable dosage forms for oral or topical route of administration are indicated in the dosage form drop-down list of the web-based Product Licence Application form for Compendial applications.

### DOSE(S)

All ingredients on this monograph are pharmacopoeial ingredients and all pharmacopoeial ingredients must be prepared in accordance with the most recent edition of an accepted pharmacopoeia (e.g., the Pharmacopoeia of the People's Republic of China). Ingredients not prepared according to pharmacopoeial standards are not supported by this monograph. Any substitution of different species, subspecies or variety (i.e. proper names), despite the same common name and/or pharmacopoeial name, is considered fundamental change and not an amendment. Those products with different proper names will require a separate product licence (NPN). For example, for Gan cao, if a NPN was obtained with the proper nameGlycyrrhiza glabra, the proper name cannot be substituted withGlycyrrhiza inflataeven if captured under the same pharmacopoeial name (Radix et Rhizoma Glycyrrhiza). Another NPN should be obtained forGlycyrrhiza inflata- Gan cao. Text in parentheses is additional optional information which can be included on the label at the applicant's discretion. The solidus (/) indicates that the terms and/or the statements are synonymous. Either term or statement may be selected by the applicant on the label.

Caution(s) and warning(s) All products Stop use and ask a health care practitioner/health care provider/health care professional/doctor/physician if symptoms persist or worsen, or if new symptoms develop. Ask a health care practitioner/health care provider/health care professional/doctor/physician before use if you are taking care provider/health medications.Ask health practitioner/health а care professional/doctor/physician before use if you have serious or major conditions, any type of acute infection, deficiency or excess. And Any additional risk statement not covered by the above statements as specified by referenced texts. Products containing any Angelica species When using this product avoid exposure to the sun. All topical products For external use only. Contraindication(s) All products Do not use if you are pregnant or breastfeeding. And Any additional risk statement not covered by the above statement as specified by referenced texts. Oral products containing two or more diuretics from Table 2 (total QCE (Quantity Crude Equivalent): > 100 mg/day for powdered and ethanolic extracts or > 300 mg/day for decoction and decoction concentrate) Do not use if you have heart disease, high or low blood pressure, kidney or liver disorder, diabetes or edema (swelling of hands, face and feet) or are taking other products containing diuretics. Known adverse reaction(s) All products As specified by referenced texts. Oral products containing any diuretic from Table 2 (total QCE: > 100 mg/day for powdered and ethanolic extracts or > 300 mg/day for decoction and decoction concentrate) When using this product diuretic effect may occur. Oral products containing two or more diuretics from Table 2 (total QCE: > 100 mg/day for powdered and ethanolic extracts or > 300 mg/day for decoction and decoction concentrate) Stop use and ask a health care practitioner/health care provider/health care professional/doctor/physician immediately if dizziness, confusion, muscle weakness or pain, abnormal heart beat and/or difficulty breathing occur. In addition to the risk statements listed above, risk statements (caution & warning, contraindication, known adverse reaction) from the NNHPD single ingredient monographs listed below are required. OralMedicinal ingredientsNNHPD monographsCautions/Warnings1Contraindications1Known Adverse Reactions1Aloe vera or A. feroxAloe - Oral monograph√√√Angelica speciesDong quai - Angelica monographX / / Apis mellifera(Mel)Propolis Oral monograph appliesXN/A / Astragalus monographX / N/A Camellia membranaceusAstragalus sinensisGreen tea extract monograph applies \( \mathbb{N} \) \( \mathbb{A} \) \( \text{Cinnamomum} \) aromaticumCassia monographX / / Eleutherococcus cinnamon senticosusEleuthero monographX ✓ N/AEphedra monograph / / Ganoderma speciesEphedra speciesMushrooms monographXN/A√Ginkgo biloba(Folium Ginkgo)Ginkgo biloba monographX N/AGlycyrrhizaspeciesLicorice monographX ✓ N/APanax ginsengGinseng, Panax monographX / / Propolis Propolis monograph / N/A / Rheumspecies Senna Oral monograph applies / / Sennaspecies Senna monograph / / Silybum marianum Milk thistle monograph XN/A / Tribulus terrestrisTribulus monographX√√Valeriana officinalisValerian monograph√N/A√Wolfiporia extensaMushrooms **TopicalMedicinal** monographXN/A. ingredientsNNHPD monographsCautions/Warnings1Contraindications1Known Adverse Reactions1Apis mellifera(Mel)Propolis -Topical monograph ✓ N/A ✓ Propolis Propolis - Topical monograph ✓ N/A ✓ 1 The symbols used in the tables are defined as follows: ✓ = risk statements from the associated single monograph are required.X = statements are already covered by the general risk statements listed above.N/A = no risk statement on the associated single monograph. In addition to the risk statements listed above, risk statements listed in NHPID for the medicinal ingredients below are required. OralMedicinal ingredientsNHPID - risk statementsApocynum venetum(Folium Apocyni Veneti) ✓ Reynoutria multiflora (Radix Polygoni Multiflori) ✓ Reynoutria multiflora (Radix Polygoni Multiflori) Praeparata)√

#### NON-MEDICINAL INGREDIENTS

Must be chosen from the current NHPID and must meet the limitations outlined in the database. Storage conditions As specified by referenced texts. Must be established in accordance with the requirements described in the Natural Health Products Regulations (NHPR).

#### STORAGE CONDITION(S)

As specified by referenced texts. Must be established in accordance with the requirements described in the Natural Health Products Regulations (NHPR).

## **SPECIFICATIONS**

Refer to Table 4in Appendix I for medicinal ingredients that are only allowable for topical use.

ents	NNHPD monographs	Cautions/Warnings1	Contraindications1	Known Adverse
	Aloe - Oral monograph	✓	✓	✓
	Dong quai - Angelica sinensis monograph	X	✓	✓
	Propolis - Oral monograph applies	X	N/A	✓
aceus	Astragalus monograph	X	✓	N/A
	Green tea extract monograph applies	✓	N/A	✓
ticum	Cassia cinnamon monograph	X	✓	✓
ticosus	Eleuthero monograph	X	✓	N/A
	Ephedra monograph	✓	✓	✓
	Mushrooms monograph	X	N/A	✓
Ginkgo)	Ginkgo biloba monograph	X	✓	N/A
	Licorice monograph	X	✓	N/A
	Ginseng, Panax monograph	X	✓	✓
	Propolis - Oral monograph	✓	N/A	✓
	Senna monograph applies	✓	✓	✓
	Senna monograph	✓	✓	✓
	Milk thistle monograph	X	N/A	✓
	Tribulus monograph	Х	✓	✓
	Valerian monograph	✓	N/A	✓
	Mushrooms monograph	Х	N/A	✓

edients	NNHPD monographs	Cautions/Warnings1	Contraindications1	Known Adverse Re
l)	Propolis - Topical monograph	✓	N/A	✓
	Propolis - Topical monograph	✓	N/A	✓

Medicinal ingredients	NHPID - risk statements
Apocynum venetum(Folium Apocyni Veneti)	1
Reynoutria multiflora(Radix Polygoni Multiflo	pri¥
Reynoutria multiflora(Radix Polygoni Multiflo	pri/Praeparata)

Proper name(s)	Common name(s) (Pinyin)	Pharmacopoeial name*
Abrus cantoniensis	Ji gu cao	Herba Abri
Achyranthes aspera	Tu niu xi	Radix Achyranthes Longifolia
Achyranthes bidentata	Niu xi	Radix Achyranthis Bidentatae
Achyranthes longifolia	Tu niu xi	Radix Achyranthes Longifolia
Actaea dahurica	Sheng ma	Rhizoma Cimicifugae
Actaea foetida	Sheng ma	Rhizoma Cimicifugae
Actaea heracleifolia	Sheng ma	Rhizoma Cimicifugae
Adenophora stricta	Nan sha shen	Radix Adenophorae
Adenophora triphylla	Nan sha shen	Radix Adenophorae
Agastache rugosa	Tu huo xiang	Herba Agastaches
Agrimonia pilosa	Xian he cao	Herba Agrimoniae
Ailanthus altissima	Chun gen	Radix Ailanthi
Ailanthus altissima	Chun gen pi	Cortex Ailanthi
Akebia quinata	Mu tong	Caulis Akebiae
Akebia trifoliata	Mu tong	Caulis Akebiae
Albizia julibrissin	He huan pi	Cortex Albiziae
Albizia julibrissin	He huan hua	Flos Albiziae
Allium fistulosum	Cong bai	Bulbus Allii Fistulosi
Allium macrostemon	Xie bai	Bulbus Allii Macrostemonis
Allium tuberosum	Jiu cai zi	Semen Allii Tuberosi
Alpinia hainanensis	Cao dou kou	Semen Alpiniae Katsumadai
Alpinia oxyphylla	Yi zhi; Yi zhi ren	Fructus Alpiniae Oxyphyllae
Amomum compactum	Bai dou kou; Dou kou	Fructus Amomi Rotundus
Amomum krervanh	Bai dou kou; Dou kou	Fructus Amomi Rotundus
Amomum longiligulare	Sha ren	Fructus Amomi
Amomum villosum	Sha ren	Fructus Amomi
Amomum villosumvar.xanthioides	Sha ren	Fructus Amomi
Anadara broughtonii	Wa leng zi	Concha Arcae
Anadara sativa	Wa leng zi	Concha Arcae
Andrographis paniculata	Chuan xin lian	Herba Andrographis
Anemarrhena asphodeloides	Zhi mu	Rhizoma Anemarrhenae
Anemone chinensis	Bai tou weng	Radix Pulsatillae
Angelica dahurica	Bai zhi	Radix Angelicae Dahuricae
Angelica decursiva	Qian hu	Radix Peucedani
Angelica pubescens	Du huo	Radix Angelicae Pubescentis
Angelica sinensis	Dang gui	Radix Angelicae Sinensis
Angelica sinensis	Dang gui wei	Extremitas Radicis Angelicae Sinensis

Apis mellifera	Feng mi	Mel
<u> </u>	-	
Apocynum venetum	Luo bu ma ye	Folium Apocyni Veneti
Archidoskodon planifrons	Long gu	Os Draconis
Arctium lappa	Niu bang zi	Fructus Arctii
Areca catechu	Bing lang	Semen Arecae
Areca catechu	Da fu pi	Pericarpium Arecae
Arisaema amurense	Dan nan xing	Arisaema cum Bile
Arisaema erubescens	Dan nan xing	Arisaema cum Bile
Arisaema heterophyllum	Dan nan xing	Arisaema cum Bile
Arnebia euchroma	Zi cao	Radix Arnebiae
Arnebia guttata	Zi cao	Radix Arnebiae
Asparagus cochinchinensis	Tian dong; Tian men dong	Radix Asparagi
Aster tataricus	Zi wan	Radix Asteris
Astragalus membranaceus	Huang qi	Radix Astragali
Atractylodes lancea	Cang zhu	Rhizoma Atractylodis
Atractylodes macrocephala	Bai zhu	Rhizoma Atractylodis Macrocephalae
Bambusa beecheyana	Zhu ru	Caulis Bambusae in Taeniam
Bambusa breviflora	Zhu ru	Caulis Bambusae in Taeniam
Bambusa breviflora	Zhu li	Succus Bambusae
Bambusa textilis	Tian zhu huang	Concretio Silicea Bambusae
Bambusa tuldoides	Zhu ru	Caulis Bambusae in Taeniam
Benincasa hispida	Dong gua zi	Semen Benincasae
Bletilla striata	Bai ji	Rhizoma Bletillae
Bombyx mori	Can sha	Excrementum Bombycis
Bombyx mori	Jiang can	Batryticatus Bombyx
Boswellia sacra	Ru xiang	Olibanum
Broussonetia papyrifera	Chu shi zi	Fructus Broussonetiae
Bupleurum chinense	Chai hu	Radix Bupleuri
Bupleurum scorzonerifolium	Chai hu	Radix Bupleuri
Calcium fluoride	Zi shi ying	Fluoritum
Calvatia gigantea	Ma bo	Lasiosphaera Calvatia
Calvatia lilacina	Ma bo	Lasiosphaera Calvatia
Camellia sinensis	Lu cha	Folium Camellia Sinensis
Canarium album	Qing guo	Fructus Canarii
Carthamus tinctorius	Hong hua	Flos Carthami
Centella asiatica	Ji xue cao	Herba Centellae
Centipeda minima	E bu shi cao	Herba Centipedae
•		Os Draconis
Cervocerus novorossiae	Long gu	Os Diaconis

Cervus nippon	Lu jiao jiao	Colla Cornu Cervi
Cervus elaphus	Lu jiao	Cornu Cervi
Cervus nippon	Lu jiao	Cornu Cervi
Cervus elaphus	Lu jiao shuang	Cornu Cervi Degelatinatum
Cervus nippon	Lu jiao shuang	Cornu Cervi Degelatinatum
Cervus elaphus	Lu rong	Cornu Cervi Pantotrichum
Cervus nippon	Lu rong	Cornu Cervi Pantotrichum
Cervus punjabensis	Long gu	Os Draconis
Chaenomeles speciosa	Mu gua	Fructus Chaenomelis
Chinemys reevesii	Gui ban; Gui jia	Testudinis Carapax et Plastrum
Chinemys reevesii	Gui jia jiao	Testudinis Carapax et Plastrum Colla
Choerospondias axillaris	Guang zao	Fructus Choerospondiatis
Chrysanthemum indicum	Ye ju hua	Flos Chrysanthemi Indici
Chrysanthemum x morifolium	Ju hua	Flos Chrysanthemi
Cibotium barometz	Gou ji	Rhizoma Cibotii
Cinnamomum aromaticum	Rou gui	Cortex Cinnamomi
Cinnamomum aromaticum	Gui zhi	Ramulus Cinnamomi
Cistanche deserticola	Rou cong rong	Herba Cistanches
Cistanche salsa	Rou cong rong	Herba Cistanches
Cistanche tubulosa	Rou cong rong	Herba Cistanches
Citrus aurantium	Zhi shi	Fructus Aurantii Immaturus
Citrus aurantium	Zhi ke; Zhi qiao	Fructus Aurantii
Citrus maxima	Hua ju hong	Exocarpium Citri Grandis
Citrus medica	Xiang yuan	Fructus Citri
Citrus medicavar.sarcodactylis	Fo shou	Fructus Citri Sarcodactylis
Citrus reticulata	Ju he	Semen Citri Reticulatae
Citrus reticulata	Ju hong	Exocarpium Rubrum Citri Reticulatae
Citrus reticulata	Chen pi	Pericarpium Citri Reticulatae
Citrus reticulata	Qing pi	Pericarpium Citri Reticulatae Viride
Citrus sinensis	Zhi shi	Fructus Aurantii Immaturus
Clematis chinensis	Wei ling xian	Radix and Rhizoma Clematidis
Cnidium monnieri	She chuang zi	Fructus Cnidii
Codonopsis pilosula	Dang shen	Radix Codonopsis
Codonopsis tangshen	Dang shen	Radix Codonopsis
Combretum indicum	Shi jun zi	Fructus Quisqualis
Commiphora myrrha	Мо уао	Myrrha
Coptis chinensis	Huang lian	Rhizoma Coptidis
Coptis deltoidea	Huang lian	Rhizoma Coptidis
Coptis teeta	Huang lian	Rhizoma Coptidis

Cordia dichotoma	Po bu zi ye	Folium Cordia Dichotoma
Cornus officinalis	Shan zhu yu	Fructus Corni
Corydalis turtschaninovii	Yan hu suo	Rhizoma Corydalis
Corydalis yanhusuo	Yan hu suo	Rhizoma Corydalis
Crassostrea gigas	Mu li	Concha Ostreae
Crataegus cuneata	Shan zha	Fructus Crataegi
Crataegus pinnatifida	Shan zha	Fructus Crataegi
Crataegus pinnatifidavar.major	Shan zha	Fructus Crataegi
Cristaria plicata	Zhen zhu	Margarita
Cristaria plicata	Zhen zhu mu	Concha Margaritiferae
Cryptotympana atrata	Chan tui	Periostracum Cicadae
Cryptotympana pustulata	Chan tui	Periostracum Cicadae
Cullen corylifolium	Bu gu zhi	Fructus Psoraleae
Curculigo orchioides	Xian mao	Rhizoma Curculiginis
Curcuma kwangsiensis	Yu jin	Radix Curcumae
Curcuma kwangsiensis	E zhu	Rhizoma Curcumae
Curcuma longa	Yu jin	Radix Curcumae
Curcuma longa	Jiang huang	Rhizoma Curcumae Longae
Curcuma phaeocaulis	Yu jin	Radix Curcumae
Curcuma phaeocaulis	E zhu	Rhizoma Curcumae
Curcuma wenyujin	Yu jin	Radix Curcumae
Curcuma wenyujin	E zhu	Rhizoma Curcumae
Cuscuta chinensis	Tu si zi	Semen Cuscutae
Cuscuta japonica	Tu si zi	Semen Cuscutae
Cyathula officinalis	Chuan niu xi	Radix Cyathulae
Cynanchum glaucescens	Bai qian	Rhizoma et Radix Cynanchi Stauntonii
Cynomorium songaricum	Suo yang	Herba Cyomorii
Cyperus rotundus	Xiang fu	Rhizoma Cyperi
Daemonorops draco	Xue jie	Sanguis Draconis
Dalbergia odorifera	Jiang xiang	Lignum Dalbergiae Odoriferae
Dendrobium chrysanthum	Shi hu	Caulis Dendrobii
Dendrobium chrysotoxum	Shi hu	Caulis Dendrobii
Dendrobium fimbriatum	Shi hu	Caulis Dendrobii
Dendrobium loddigesii	Shi hu	Caulis Dendrobii
Dendrobium nobile	Shi hu	Caulis Dendrobii
Dendrobium officinale	Tie pi shi hu	Caulis Dendrobii Officinalis
Descurainia sophia	Ting li zi	Semen Descurainiae
Dichroa febrifuga	Chang shan	Radix Dichroae
Dictamnus dasycarpus	Bai xian pi	Cortex Dictamni

Dimocarpus longan	Long yan rou	Arillus Longan	
Dioscorea collettiivar.hypoglauca	Fen bi xie	Rhizoma Dioscoreae Hypoglaucae	
Dioscorea futschauensis	Mian bi xie	Rhizoma Dioscoreae Spongiosae	
Dioscorea oppositifolia	Shan yao	Rhizoma Dioscoreae	
Dioscorea spongiosa	Mian bi xie	Rhizoma Dioscoreae Spongiosae	
Diospyros kaki	Shi di	Calyx Kaki	
Dipsacus asper	Xu duan	Radix Dipsaci	
Dolomiaea souliei	Chuan mu xiang	Radix Vladimiriae	
Drynaria fortunei	Gu sui bu	Rhizoma Drynariae	
Ecklonia kurome	Hai dai; Kun bu	Thallus Laminariae Eckloniae	
Eclipta prostrata	Mo han lian	Herba Eclipta	
Eleutherococcus gracilistylus	Wu jia pi	Cortex Acanthopanacis	
Eleutherococcus senticosus	Ci wu jia	Radix et Rhizoma seu Caulis Acanthopanacis S	Sentic
Ephedra intermedia	Ma huang gen	Radix et Rhizoma Ephedrae	
Epimedium brevicornu	Yin yang huo	Folium Epimedii	
Epimedium grandiflorum	Yin yang huo	Folium Epimedii	
Epimedium koreanum	Yin yang huo	Folium Epimedii	
Epimedium pubescens	Yin yang huo	Folium Epimedii	
Epimedium sagittatum	Yin yang huo	Folium Epimedii	
Equus asinus	E jiao	Colla Corii Asini	
Eriobotrya japonica	Pi pa ye	Folium Eriobotryae	
Erodium stephanianum	Lao guan cao	Herba Erodii	
Erythrina variegata	Hai tong pi	Cortex Erythrinae	
Eucommia ulmoides	Du zhong	Cortex Eucommiae	
Euonymus echinatus	Da ding huang	Caulis Euonymi	
Eupolyphaga sinensis	Tu bie chong	Eupolyphaga	
Euryale ferox	Qian shi	Semen Euryales	
Flemingia philippinensis	Qian jin ba	Radix Flemingiae Philippinensis	
Flueggea virosa	Bai fan shu gen	Radix Securinega Virosa	
Foeniculum vulgare	Xiao hui xiang	Fructus Foeniculi	
Forsythia suspensa	Lian qiao	Fructus Forsythiae	
Fraxinus chinensis	Qin pi	Cortex Fraxini	
Fraxinus chinensissubsp.rhynchophylla	Qin pi	Cortex Fraxini	
Fraxinus stylosa	Qin pi	Cortex Fraxini	
Fraxinus szaboana	Qin pi	Cortex Fraxini	
Fritillaria cirrhosa	Chuan bei mu	Bulbus Fritillariae Cirrhosae	
Fritillaria delavayi	Chuan bei mu	Bulbus Fritillariae Cirrhosae	
Fritillaria przewalskii	Chuan bei mu	Bulbus Fritillariae Cirrhosae	
Fritillaria thunbergii	Zhe bei mu	Bulbus Fritillariae Thunbergii	

Fritillaria unibracteata	Chuan bei mu	Bulbus Fritillariae Cirrhosae	
Gallus gallus domesticus	Ji nei jin	Endothelium Corneum Galli Gigerii	
Ganoderma lucidum	Ling zhi	Ganoderma	
Ganoderma sinense	Ling zhi	Ganoderma	
Gardenia jasminoides	Zhi zi	Fructus Gardeniae	
Gastrodia elata	Tian ma	Rhizoma Gastrodiae	
Gekko gecko	Ge jie	Gecko	
Gentiana manshurica	Long dan	Radix et Rhizoma Gentianae	
Gentiana scabra	Long dan	Radix et Rhizoma Gentianae	
Gentiana triflora	Long dan	Radix et Rhizoma Gentianae	
Gentiana rigescens	Long dan	Radix et Rhizoma Gentianae	
Gentiana macrophylla	Qin jiao	Radix Gentianae Macrophyllae	
Geranium carolinianum	Lao guan cao	Herba Erodii	
Geranium wilfordii	Lao guan cao	Herba Erodii	
Gleditsia sinensis	Da zao jiao; Zao jiao	Fructus Gleditsiae Sinensis	
Gleditsia sinensis	Zao jiao ci	Spina Gleditsiae	
Glehnia littoralis	Bei sha shen	Radix Glehniae	
Glycine max	Dan dou chi	Semen Sojae Praeparatum	
Glycine max	Da dou huang juan	Semen Sojae Germinatum	
Glycine max	Hei dou	Semen Sojae Nigrum	
Glycyrrhiza glabra	Gan cao	Radix et Rhizoma Glycyrrhizae	
Glycyrrhiza glabra	Zhi gan cao	Radix et Rhizoma Glycyrrhizae Praeparata cum	n Mell
Glycyrrhiza inflata	Gan cao	Radix et Rhizoma Glycyrrhizae	
Glycyrrhiza inflata	Zhi gan cao	Radix et Rhizoma Glycyrrhizae Praeparata cum	ก Mell
Glycyrrhiza uralensis	Gan cao	Radix et Rhizoma Glycyrrhizae	
Glycyrrhiza uralensis	Zhi gan cao	Radix et Rhizoma Glycyrrhizae Praeparata cum	n Mell
Gynostemma pentaphyllum	Jiao gu lan	Rhizoma seu Herba Gynostemmatis	
Gypsum fibrosum	Shi gao	Gypsum Fibrosum	
Haliotis asinina	Shi jue ming	Concha Haliotidis	
Haliotis discus hannai	Shi jue ming	Concha Haliotidis	
Haliotis diversicolor	Shi jue ming	Concha Haliotidis	
Haliotis laevigata	Shi jue ming	Concha Haliotidis	
Haliotis ovina	Shi jue ming	Concha Haliotidis	
Haliotis ruber	Shi jue ming	Concha Haliotidis	
Hansenia forbesii	Qiang huo	Rhizoma et Radix Notopterygii	
Hansenia weberbaueriana	Qiang huo	Rhizoma et Radix Notopterygii	
Helminthostachys zeylanica	Dao di wu gong	Rhizoma Heliminthostachytis	
Hierodula patellifera	Sang piao xiao	Oötheca mantidis	
Hippophae rhamnoides	Sha ji	Fructus Hippophae	

Hirudo nipponica	Shui zhi	Hirudo
Homalomena occulta	Qian nian jian	Rhizoma Homalomenae
Hordeum vulgare	Mai ya	Fructus Hordei Germinatus
Hordeum vulgare	Yi tang	Maltosum
Houttuynia cordata	Yu xing cao	Herba Houttuyniae
Huperzia serrata	Jin bu huan	Herba Lycopodii Serrati
Hypericum perforatum	Guan ye lian qiao	Herba Hyperici Perforati
Hyptis capitata	Mo gu xiao	Caulis Hyptis Capitatae
Hyriopsis cumingii	Zhen zhu	Margarita
Hyriopsis cumingii	Zhen zhu mu	Concha Margaritifera
Ilex pubescens	Mao dong qing	Radix Illicis Pubescentis
Illicium verum	Ba jiao hui xiang	Fructus Anisi Stellati
Imperata cylindrica	Bai mao gen	Rhizoma Imperatae
Inula britannica	Xuan fu hua	Flos Inulae
Iris domestica	She gan	Rhizoma Belamcandae
Isatis tinctoria	Da qing ye	Folium Isatidis
Isatis tinctoria	Ban lan gen	Radix Isatidis
Isatis tinctoria	Qing dai	Indigo Naturalis
Isodon rubescens	Dong ling cao	Herba Rabdosiae Rubescentis
Jasminum sambac	Mo li hua	Flos Jasmini Sambac
Juglans regia	He tao ren; Hu tao ren	Semen Juglandis
Justicia procumbens	Shu wei huang	Herba Rostellulariae
Lablab purpureus	Bai bian dou	Semen Lablab Album
Laminaria japonica	Kun bu; Hai dai	Thallus Laminariae Eckloniae
Lasiosphaera fenzlii	Ma bo	Lasiosphaera Calvatia
Leonurus japonicus	Chong wei zi	Fructus Leonuri
Leonurus japonicus	Yi mu cao	Herba Leonuri
Lepidium apetalum	Ting li zi	Semen Lepidii
Leucas mollissimavar.chinensis	Hu yao huang	Herba Leucas Mollissimae
Ligusticum sinensecv.chuanxiong	Chuan xiong	Rhizoma Chuanxiong
Ligusticum sinensevar.sinense	Gao ben	Rhizoma et Radix Ligustici
Ligusticum sinense	Gao ben	Rhizoma et Radix Ligustici
Ligusticum jeholense	Gao ben	Rhizoma et Radix Ligustici
Ligustrum lucidum	Nu zhen zi	Fructus Ligustri Lucidi
Lilium brownii	Bai he	Bulbus Lilii
Lilium browniivar.viridulum	Bai he	Bulbus Lilii
Lilium lancifolium	Bai he	Bulbus Lilii
Lilium pumilum	Bai he	Bulbus Lilii
Lindera aggregata	Wu yao	Radix Linderae

Linum usitatissimum Y Liquidambar formosana L Litchi chinensis L Lonicera japonica J	Ding jing cao Ya ma zi Lu lu tong Li zhi he Jin yin hua	Herba Linderniae  Semen Lini  Fructus Liquidambaris
Liquidambar formosana L Litchi chinensis L Lonicera japonica J	Lu lu tong Li zhi he	Fructus Liquidambaris
Litchi chinensis L Lonicera japonica J	Li zhi he	
Lonicera japonica J		Comon Litobi
	Jin yin hua	Semen Litchi
Lonicera japonica		Flos Lonicerae Japonicae
	Ren dong teng	Caulis Lonicerae Japonicae
Lophatherum gracile D	Dan zhu ye	Herba Lophatheri
Ludwigia prostrata S	Shui ding xiang	Herba Ludwigiae Prostratae
Luffa aegyptiaca S	Si gua luo	Retinervus Luffae Fructus
Lycium barbarum D	Di gu pi	Cortex Lycii
Lycium barbarum G	Gou qi zi	Fructus Lycii
Lycium chinense	Di gu pi	Cortex Lycii
Lycopodium japonicum S	Shen jin cao	Herba Lycopodii
Lycopus lucidusvar.hirtus Z	Ze lan	Herba Lycopi
Magnolia biondii X	Xin yi	Flos Magnoliae
Magnolia denudata X	Xin yi	Flos Magnoliae
Magnolia officinalis	Hou po	Cortex Magnoliae Officinalis
Magnolia officinalisvar.biloba	Hou po	Cortex Magnoliae Officinalis
Magnolia sprengeri X	Xin yi	Flos Magnoliae
Mentha canadensis B	Bo he	Herba Menthae Haplocalycis
I-Menthol B	Bo he nao	Mentholum
Mimosa pudica	Han xiu cao gen	Radix Mimosae Pudicae
Morinda officinalis B	Ba ji tian	Radix Morindae Officinalis
Morus alba S	Sang bai pi	Cortex Mori
Morus alba S	Sang ye	Folium Mori
Morus alba S	Sang shen zi	Fructus Mori
Morus alba S	Sang zhi	Ramulus Mori
Mosla chinensis X	Xiang ru	Herba Moslae
Myristica fragrans	Rou dou kou	Semen Myristicae
Myosoton aquaticum C	Cha chi huang	Herba Stellariae Aquaticae
Nandina domestica T	Tian zhu zi	Fructus Nandinae Domesticae
Nelumbo nucifera	He ye	Folium Nelumbinis
Nelumbo nucifera C	Ou jie	Nodus Nelumbinis Rhizomatis
Nelumbo nucifera L	Lian zi	Semen Nelumbinis
Nelumbo nucifera L	Lian xu	Stamen Nelumbinis
Nelumbo nucifera L	Lian zi xin	Plumula Nelumbinis
Nelumbo nucifera L	Lian fang	Receptaculum Nelumbinis
Neopicrorhiza scrophulariiflora	Hu huang lian	Rhizoma Picrorhizae
<u> </u>	Jing jie	Herba Schizonepetae

Ocimum basilicum	Jiu ceng ta	Herba Ocimi Basilic
Ocimum gratissimum	Dingxiang Luoleyou	Oleum Ocimi Gratissimi
Oldenlandia diffusa	Bai hua she she cao	Herba Hedyotis Diffusae
Ophiocordyceps sinensis	Dong chong xia cao	Cordyceps (wild)
Ophiopogon japonicus	Mai dong; Mai men dong	Radix Ophiopogonis
Oroxylum indicum	Mu hu die	Semen Oroxyli
Oryza sativa	Dao ya	Fructus Oryzae Germinatus
Oryza sativa	Geng mi	Semen Oryzae
Oryza sativa	Yi tang	Maltosum
Paecilomyces hepiali	Fa jiao chong cao jun fen	Cordyceps (cultured)
Paeonia anomalasubsp.veitchii	Chi shao	Radix Paeoniae Rubra
Paeonia lactiflora	Chi shao	Radix Paeoniae Rubra
Paeonia lactiflora	Bai shao	Radix Paeoniae Alba
Paeonia obovata	Chi shao	Radix Paeoniae Rubra
Paeonia suffruticosa	Mu dan pi	Cortex Moutan
Palaeoloxodon nomadicus	Long gu	Os Draconis
Panax ginseng	Ren shen	Radix et Rhizoma Ginseng
Panax notoginseng	San qi	Radix et Rhizoma Notoginseng
Panax quinquefolius	Xi yang shen	Radix Panacis Quinquefolii
Paris polyphylla	Chong lou; Zao xiu	Rhizoma Paridis
Paris polyphyllavar.chinensis	Chong lou; Zao xiu	Rhizoma Paridis
Paris polyphyllavar.yunnanensis	Chong lou; Zao xiu	Rhizoma Paridis
Patrinia scabiosifolia	Bai jiang cao	Herba Patriniae
Pelodiscus sinensis	Bie jia	Carapax Trionycis
Pelodiscus sinensis	Bie jia jiao	Colla Carapax Trionycis
Perilla frutescens	Zi su geng	Caulis Perillae
Perilla frutescens	Zi su ye	Folium Perillae
Perilla frutescens	Zi su zi	Fructus Perillae
Persicaria tinctoria	Qing dai	Indigo Naturalis
Peucedanum praeruptorum	Qian hu	Radix Peucedani
Phellodendron amurense	Guan huang bo	Cortex Phellodendri Amurensis
Phellodendron chinense	Huang bo	Cortex Phellodendri Chinensis
Pheretima aspergillum	Di long	Pheretima
Pheretima guillelmi	Di long	Pheretima
Pheretima pectinifera	Di long	Pheretima
Pheretima vulgaris	Di long	Pheretima
Phragmites australis	Lu gen	Rhizoma Phragmitis
Phyla nodiflora	Ya she huang	Herba Lippiae
Physalis angulata	Pao zai cao	Herba Physalis Angulatae

Phyllolobium chinense	Sha yuan zi	Semen Astragali Complanati
Phyllostachys nigra	Zhu ru	Caulis Bambusae in Taeniam
Phyllostachys nigravar.henonis	Zhu li	Succus Bambusae
Phyllostachys nigravar.henonis	Zhu ye	Herba Phyllostachys
Piper longum**	Bi bo	Fructus Piperis Longui
Planostrea pestigris	Mu li	Concha Ostreae
Platycladus orientalis	Ce bai ye	Cacumen Platycladi
Platycladus orientalis	Bai zi ren	Semen Platycladi
Platycodon grandiflorus	Jie geng	Radix Platycodonis
Pleione bulbocodioides	Shan ci gu	Pseudobulbus Cremastrae Pleione
Pleione yunnanensis	Shan ci gu	Pseudobulbus Cremastrae Pleione
Pogostemon cablin	Guang huo xiang	Herba Pogostemonis
Pogostemon cablin	Guang huo xiang you	Oleum Pogostemonis
Polygala tenuifolia	Yuan zhi	Radix Polygalae
Polygonatum cirrhifolium	Huang jing	Rhizoma Polygonati
Polygonatum cyrtonema	Huang jing	Rhizoma Polygonati
Polygonatum kingianum	Huang jing	Rhizoma Polygonati
Polygonatum odoratum	Yu zhu	Rhizoma Polygonati Odorati
Polygonatum sibiricum	Huang jing	Rhizoma Polygonati
Portulaca oleracea	Ma chi xian	Herba Portulacae
Propolis	Feng jiao	Propolis
Prunella vulgaris	Xia ku cao	Spica Prunellae
Prunus mume	Wu mei	Fructus Mume
Pseudostellaria heterophylla	Tai zi shen	Radix Pseudostellariae
Pteria martensii	Zhen zhu	Margarita
Pteria martensii	Zhen zhu mu	Concha Margaritiferae
Pteris multifida	Feng wei cao	Herba Pteris
Ptyas dhumnades	Wu shao she	Zaocys
Pueraria montanavar.lobata	Ge hua	Flos Puerariae
Pyrola calliantha	Lu xian cao	Herba Pyrolae
Pyrola decorata	Lu xian cao	Herba Pyrolae
Pyrola rotundifolia	Lu xian cao	Herba Pyrolae
Pyrrosia lingua	Shi wei	Folium Pyrrosiae
Pyrrosia petiolosa	Shi wei	Folium Pyrrosiae
Pyrrosia sheareri	Shi wei	Folium Pyrrosiae
Ranunclus ternatus	Mao zhao cao	Radix Ranunculi Ternati
Raphanus sativus	Lai fu zi	Semen Raphani
Rehmannia glutinosa	Sheng di huang	Radix Rehmanniae
Rehmannia glutinosa	Shu di huang	Radix Rehmanniae Praeparata

Povpoutrio ignosias	Hu zhong	Phizomo et Padiu Palugari Curridati
Reynoutria japonica	Hu zhang	Rhizoma et Radix Polygoni Cuspidati
Reynoutria multiflora	He shou wu; Sheng he shou wu	Radix Polygoni Multiflori
Reynoutria multiflora	Zhi he shou wu	Radix Polygoni Multiflori Praeparata
Reynoutria multiflora	Shou wu teng	Caulis Polygoni Multiflori
Rhaponticum uniflorum	Lou lu	Radix Rhapontici
Rhodiola crenulata	Hong jing tian	Radix et Rhizoma Rhodiolae Crenulatae
Rhus chinensis	Wu bei zi	Galla Chinensis
Rhus potaninii	Wu bei zi	Galla Chinensis
Rhus punjabensisvar.sinica	Wu bei zi	Galla Chinensis
Rosa laevigata	Jin ying zi	Fructus Rosae Laevigatae
Rubia cordifolia	Qian cao	Radix Rubiae
Rubus chingii	Fu pen zi	Fructus Rubi
Salvia chinensis	Shi jian chuan	Herba Salviae Chinensis
Salvia miltiorrhiza	Dan shen	Radix et Rhizoma Salviae Miltiorrhizae
Sambucus chinensis	Mo gu xiao	Caulis Hyptis Capitatae
Sanguisorba officinalis	Di yu	Radix Sanguisorbae
Santalum album	Tan xiang	Lignum Santali Albi
Saposhnikovia divaricata	Fang feng	Radix Saposhnikoviae
Sarcandra glabra	Zhong jie feng	Herba Sarcandrae
Sargassum fusiforme	Hai zao	Sargassum
Sargassum pallidum	Hai zao	Sargassum
Sargentodoxa cuneata	Da xue teng	Caulis Sargentodoxae
Saussurea costus	Mu xiang	Radix Aucklandiae
Scaphium affine	Pang da hai	Semen Sterculiae Lychnophorae
Schefflera arboricola	Qi ye lian	Radix Schefflerae
Schefflera leucantha	Qi ye lian	Radix Schefflerae
Schisandra sphenanthera	Nan wu wei zi	Fructus Schisandrae Sphenanthera
Schisandra chinensis	Wu wei zi	Fructus Schisandrae Chinensis
Schizostachyum chinense	Tian zhu huang	Concretio Silicea Bambusae
Scrophularia ningpoensis	Xuan shen	Radix Scrophulariae
Scutellaria baicalensis	Huang qin	Radix Scutellariae
Scutellaria barbata	Ban zhi lian	Herba Scutellariae Barbatae
Selaginella pulvinata	Juan bai	Herba Selaginellae
Selaginella tamariscina	Juan bai	Herba Selaginellae
Senegalia catechu	Er cha	Catechu
Sepia esculenta	Hai piao xiao	Endoconcha Sepiae
Sepiella inermis		Endoconcha Sepiae
Copiona monnio	Hai piao xiao	Endoconcha Seplae
Sesamum indicum	Hai piao xiao Ma you	Oleum Sesami

Setaria italica	Gu ya	Fructus Setariae Germinatus
Setaria italica	Yi tang	Maltosum
Siegesbeckia glabrescens	Xi xian cao	Herba Siegesbeckiae
Siegesbeckia orientalis	Xi xian cao	Herba Siegesbeckiae
Siegesbeckia pubescens	Xi xian cao	Herba Siegesbeckiae
Silybum marianum	Shui fei ji	Fructus Silybi
Sinapis alba	Bai jie zi; Jie zi	Semen Sinapis
Sinocrassula indica	Shi lian zi	Herba Sinocrassulae Indicae
Siraitia grosvenorii	Luo han guo	Fructus Momordicae
Smilax glabra	Tu fu ling	Rhizoma Smilacis Glabrae
Sodium sulfate	Xuan ming fen	Natrii Sulfas Exsiccatus
Sodium sulfate decahydrate	Mang xiao	Natrii Sulfas
Solanum nigrum	Long kui	Herba Solani Nigri
Solidago decurrens	Ye zhi huang hua	Herba Solidaginis
Sophora flavescens	Ku shen	Radix Sophorae Flavescentis
Sparganium eurycarpum	San leng	Rhizoma Sparganii
Spatholobus suberectus	Ji xue teng	Caulis Spatholobi
Spirodela polyrhiza	Fu ping	Herba Spirodelae
Statilia maculata	Sang piao xiao	Oötheca mantidis
Stellaria dichotomavar.lanceolata	Yin chai hu	Radix Stellariae
Stemona japonica	Bai bu	Radix Stemonae
Stemona sessilifolia	Bai bu	Radix Stemonae
Stemona tuberosa	Bai bu	Radix Stemonae
Strobilanthes cusia	Qing dai	Indigo Naturalis
Styphnolobium japonicum	Huai jiao	Fructus Sophorae
Styphnolobium japonicum	Huai hua	Flos Sophorae
Styrax tonkinensis	An xi xiang	Benzoinum
Succinum	Hu po	Succinum
Syzygium aromaticum	Ding xiang	Flos Caryophylli
Taraxacum mongolicum	Pu gong ying	Herba Taraxaci
Taraxacum sinicum	Pu gong ying	Herba Taraxaci
Taxillus chinensis	Sang ji sheng	Herba Taxilli
Taxillus sutchuenensis	Sang ji sheng	Herba Taxilli
Tegillarca granosa	Wa leng zi	Concha Arcae
Tenodera sinensis	Sang piao xiao	Oötheca mantidis
Terminalia chebula	He zi	Fructus Chebulae
Tetradium ruticarpum	Wu zhu yu	Fructus Euodiae
Tinospora sagittata	Jin guo lan	Radix Tinosporae
Tinospora sinensis	Kuan jin teng	Caulis Tinosporae Sinensis

	Tau. a	I =
Trachemys scripta elegans	Gui ban; Gui jia	Testudinis Carapax et Plastrum
Trametes versicolor	Yun zhi	Coriolus
Tribulus terrestris	Ji li	Fructus Tribuli
Trichosanthes kirilowii	Gua lou; Gua lou shi	Fructus Trichosanthis
Trichosanthes rosthornii	Gua lou; Gua lou shi	Fructus Trichosanthis
Trichosanthes kirilowii	Gua lou ren; Gua lou zhi	Semen Trichosanthis
Trichosanthes rosthornii	Gua lou ren; Gua lou zhi	Semen Trichosanthis
Trichosanthes kirilowii	Gua lou pi	Pericarpium Trichosanthis
Trichosanthes rosthornii	Gua lou pi	Pericarpium Trichosanthis
Trichosanthes kirilowii	Gua lou gen; Tian hua fen	Radix Trichosanthis
Trichosanthes rosthornii	Gua lou gen; Tian hua fen	Radix Trichosanthis
Trigonella foenum-graecum	Hu lu ba	Semen Trigonellae
Triticum aestivum	Fu xiao mai	Semen Tritici Aestivi Levis
Triticum aestivum	Xiao mai	Fructus Tritici
Triticum aestivum	Yi tang	Maltosum
Trogopterus xanthipes	Wu ling zhi	Excrementum Trogopteri seu Pteromi
Typha angustifolia	Pu huang	Pollen Typhae
Typha orientalis	Pu huang	Pollen Typhae
Uncaria gambir	Er cha	Catechu
Uncaria hirsuta	Gou teng	Ramulus cum Uncis Uncariae
Uncaria macrophylla	Gou teng	Ramulus cum Uncis Uncariae
Uncaria rhynchophylla	Gou teng	Ramulus cum Uncis Uncariae
Uncaria sessilifructus	Gou teng	Ramulus cum Uncis Uncariae
Uncaria sinensis	Gou teng	Ramulus cum Uncis Uncariae
Vaccaria hispanicasubsp.hispanica	Wang bu liu xing	Semen Vaccariae
Valeriana officinalis	Xie cao	Radix et Rhizoma Valerianae
Verbena officinalis	Ma bian cao	Herba Verbenae
Vigna radiatavar.radiata	Lu dou	Semen Phaseoli Radiati
Vincetoxicum atratum	Bai wei	Radix et Rhizoma Cynanchi Atrati
Vincetoxicum pycnostelma	Xu chang qing	Radix et Rhizoma Cynanchi Paniculati
Vincetoxicum stauntonii	Bai qian	Rhizoma et Radix Cynanchi Stauntonii
Vincetoxicum versicolor	Bai wei	Radix et Rhizoma Cynanchi Atrati
Viola philippicavar.philippica	Zi hua di ding	Herba Violae
Vitex rotundifolia	Man jing zi	Fructus Viticis
Vitex trifolia	Man jing zi	Fructus Viticis
Whitmania acranulata	Shui zhi	Hirudo
Whitmania pigra	Shui zhi	Hirudo
Wolfiporia extensa	Fu ling pi	Cutis Poriae
Wolfiporia extensa	Fu shen	Sclerotium Pararadicus Poriae

Zanthoxylum bungeanum	Hua jiao	Pericarpium Zanthoxyli
Zanthoxylum nitidum	Liang mian zhen	Radix Zanthoxyli
Zanthoxylum schinifolium	Hua jiao	Pericarpium Zanthoxyli
Zea mays	Yu mi xu	Stigma Maydis
Zea mays	Yi tang	Maltosum
Zingiber officinale	Gan jiang	Rhizoma Zingiberis
Zingiber officinale	Pao jiang	Rhizoma Zingiberis Praeparatum
Zingiber officinale	Sheng jiang	Rhizoma Zingiberis Recens
Zingiber officinale	Sheng jiang pi	Pericarpium Zingiberis Recens
Ziziphus jujuba	Da zao	Fructus Jujubae
Ziziphus jujubavar.spinosa	Suan zao ren	Semen Ziziphi Spinosae

Proper name(s)	Common name(s) (Pinyin)	Pharmacopoeial name*
Ingredients with diuretic properties		
Alisma plantago-aquaticasubsp.orientale	Ze xie	Rhizoma Alismatis
Bassia scoparia	Di fu zi	Fructus Kochiae
Benincasa hispida	Dong gua pi	Exocarpium Benincasae
Clematis armandii	Chuan mu tong	Caulis Clematidis Armandii
Clematis montana	Chuan mu tong	Caulis Clematidis Armandii
Coix lacryma-jobivar.ma-yuen	Yi yi ren	Semen Coicis
Dianthus superbus	Qu mai	Herba Dianthi
Desmodium styracifolium	Guang jin qian cao	Herba Desmodii Styracifolii
Juncus effusus	Deng xin cao	Medulla Junci
Lygodium japonicum	Hai jin sha	Spora Lygodii
Lysimachia christinae	Jin qian cao	Herba Lysmachiae
Plantago asiatica	Che qian cao	Herba Plantaginis
Plantago asiatica	Che qian zi	Semen Plantaginis
Plantago depressa	Che qian cao	Herba Plantaginis
Plantago depressa	Che qian zi	Semen Plantaginis
Polygonum aviculare	Bian xu	Herba Polygoni Avicularis
Polyporus umbellatus	Zhu ling	Polyporus
Stephania tetrandra	Fang ji	Radix Stephaniae Tetrandrae
Tetrapanax papyrifer	Tong cao	Medulla Tetrapanacis
Vigna angularis	Chi xiao dou	Semen Phaseoli
Vigna umbellata	Chi xiao dou	Semen Phaseoli
Wolfiporia extensa	Fu ling	Poria
Wolfiporia extensa	Chi fu ling	Poria Rubra
Ingredients with stimulant laxative properties	8	

Aloe ferox	Lu hui	Aloe
Aloe vera	Lu hui	Aloe
Rheum officinale	Da huang	Radix et Rhizoma Rhei
Rheum palmatum	Da huang	Radix et Rhizoma Rhei
Rheum tanguticum	Da huang	Radix et Rhizoma Rhei
Senna obtusifolia	Jue ming zi	Semen Cassiae
Senna alexandrina	Fan xie ye	Folium Sennae
Senna tora	Jue ming zi	Semen Cassiae

Proper name(s)	Common name(s) (Pinyin)	Pharmacopoeial name*
Aconitum carmichaelii	Zhi chuan wu	Radix Aconiti Praeparata
Aconitum carmichaelii	Zhi fu zi	Radix Aconiti Lateralis Praeparata
Aconitum kusnezoffii	Zhi cao wu	Radix Aconiti Kusnezoffii Preparata
Acorus calamus	Zang chang pu	Rhizoma Acori Calami
Acorus gramineus	Shi chang pu	Rhizoma Acori Tatarinowii
Anemone altaica	Jiu jie chang pu	Rhizoma Anemones Altaicae
Arisaema amurense	Zhi tian nan xing	Rhizoma Arisaematis Praeparata
Arisaema erubescens	Zhi tian nan xing	Rhizoma Arisaematis Praeparata
Arisaema heterophyllum	Zhi tian nan xing	Rhizoma Arisaematis Praeparata
Artemisia annua	Qing hao	Herba Artemisiae Annuae
Artemisia anomala	Liu ji nu	Herba Artemisiae Anomalae
Artemisia argyi	Ai ye	Folium Artemisiae Argyi
Artemisia capillaris	Yin chen	Herba Artemisiae Scopariae
Artemisia scoparia	Yin chen	Herba Artemisiae Scopariae
Buthus martensii	Quan xie	Scorpio
Cannabis sativa	Huo ma ren	Semen Cannabis
Cremastra appendiculata	Shan ci gu	Pseudobulbus Cremastrae Pleione
Ephedra equisetina	Ma huang	Herba Ephedrae
Ephedra intermedia	Ma huang	Herba Ephedrae
Ephedra sinica	Ma huang	Herba Ephedrae
Ginkgo biloba	Yin xing ye	Folium Ginkgo
Ginkgo biloba	Bai guo	Semen Ginkgo
Lithospermum erythrorhizon	Zi cao gen	Radix Lithospermi
Massa medicata fermentata	Shen qu	Massa Medicata Fermentata
Massa medicata fermentata (Guangdo	ong She@qangdong Shenqu	Massa Medicata Fermentata (Guangdong She
Menispermum dauricum	Bei dou gen	Rhizoma Menispermi
Mentha canadensis	Bo he su you	Oleum Menthae Dementholatum
Pinellia ternata	Fa ban xia; Zhi ban xia	Rhizoma Pinelliae Praeparatum

Pinellia ternata	Qing ban xia	Rhizoma Pinelliae Praeparatum cum Alumine
Pinellia ternata	Jiang ban xia	Rhizoma Pinelliae Praeparatum cum Zingibere et Alu
Prunus armeniacavar.ansu	Ku xing ren	Semen Armeniacae Amarum
Prunus armeniaca	Ku xing ren	Semen Armeniacae Amarum
Prunus sibirica	Ku xing ren	Semen Armeniacae Amarum
Prunus humilis	Yu li ren	Semen Pruni
Prunus japonica	Yu li ren	Semen Pruni
Prunus pedunculata	Yu li ren	Semen Pruni
Prunus davidiana	Tao ren	Semen Persicae
Prunus persica	Tao ren	Semen Persicae
Pueraria montanavar.lobata	Ge gen	Radix Puerariae Lobatae
Red yeast rice	Hong qu	Monascus
Scolopendra subspinipes mutilans	Wu gong	Scolopendra
Stephania tetrandra	Fang ji	Radix Stephaniae Tetrandrae
Talcum	Hua shi	Talcum
Tussilago farfara	Kuan dong hua	Flos Farfarae
Typhonium giganteum	Bai fu zi	Rhizoma Typhonii
Xanthium sibiricum	Cang er zi	Fructus Xanthii

Proper name(s)	Common name(s) (Pinyin)	Pharmacopoeial name*
Arisaema amurense	Tian nan xing	Rhizoma Arisaematis
Arisaema erubescens	Tian nan xing	Rhizoma Arisaematis
Arisaema heterophyllum	Tian nan xing	Rhizoma Arisaematis
Borneolum syntheticum	Bing pian	Borneolum Syntheticum
Cinnamomum camphora	Tian ran bing pian	Borneolum
Dryobalanops aromatica	Tian ran bing pian	Borneolum
Parapolybia varia	Feng fang	Nidus Vespae
Polistes jokahamae	Feng fang	Nidus Vespae
Polistes olivaceus	Feng fang	Nidus Vespae
Wikstroemia indica	Pu yin	Radix Wikstroemia Indica