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Characteristics of active learning 1. You look for ways of being more involved in what you are learning. 2. You are engaged in the whole learning process (and in a position to see why information has been selected). 3. You look for links between different things that you discover. 4. You make a conscious effort to make sense of, and find meaning in, what you learn. Understanding is usually deeper. 5. You are involved in reflection and self-evaluation. 6. Your attention span is longer because your mind is more fully engaged. 7. Long-term memory is assisted. If you understand what you learn, and keep relating what you learn to what you already know, you are more likely to remember what you have learnt. 8. Linking information helps you to see how you can apply it to different situations. 9. Learning is personalised and interesting.

