

EEE 491 - Biomedical Engineering

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# Ultrasound Physics, Imaging and Therapy

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## MCQ Questions

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1. Q What can modern ultrasound systems be used for?

- (a) Images of unborn babies
- (b) Detailed measurements of blood movements in blood vessels and tissues
- (c) Visualize moving structures in 3D
- (d) All of the above

1. A (d)

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2. Q What can be visualized in 3D using modern ultrasound systems?

- (a) Blood cells
- (b) Moving structures
- (c) Bacteria
- (d) Rocks

2. A (b)

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3. Q How is a B-mode image constructed?

- (a) It is created from x-rays passing through the body
- (b) It is generated by RF waves reflecting off the body's surface
- (c) It is formed from echoes generated by ultrasound waves reflecting off tissue boundaries
- (d) It is made from magnetic fields interacting with atoms in the body

3. A (c)

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**4. Q** What generates the echoes used to create a B-mode image?

- (a) X-rays passing through the body
- (b) Scattered light waves within the body
- (c) Ultrasound waves reflecting off tissue boundaries and small irregularities within tissues
- (d) All of the above

**4. A** (c)

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**5. Q** What is the primary axis used to represent depth in B-mode imaging?

- (a)  $x$ -axis
- (b)  $y$ -axis
- (c)  $z$ -axis
- (d) None of the above

**5. A** (c)

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**6. Q** In B-mode imaging, what is the primary axis used to represent azimuth?

- (a)  $x$ -axis
- (b)  $y$ -axis
- (c)  $z$ -axis
- (d) None of the above

**6. A** (a)

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**7. Q** How is the position of an echo in B-mode imaging determined?

- (a) By its depth and angle of incidence
- (b) By its frequency and amplitude
- (c) By its acoustic transit time and beam direction in the plane
- (d) All of the above

**7. A** (c)

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**8. Q** In M-mode imaging, what is the primary axis used to represent depth?

- (a)  $x$ -axis
- (b)  $y$ -axis
- (c)  $z$ -axis
- (d) None of the above

**8. A** (b)

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**9. Q** What is the main difference between B-mode and M-mode imaging?

- (a) B-mode imaging shows a cross-sectional image,  
while M-mode imaging shows a time history of a single line
- (b) B-mode imaging is brightness-modulated,  
while M-mode imaging is frequency-modulated
- (c) B-mode imaging uses the  $x$ -axis to represent depth,  
while M-mode imaging uses the  $y$ -axis
- (d) B-mode imaging uses the  $z$ -axis to represent time,  
while M-mode imaging uses the  $x$ -axis

**9. A** (a)

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**10. Q** What is the primary purpose of Doppler-mode imaging?

- (a) To create 3D images of internal organs
- (b) To visualize the movement of tissues in the body
- (c) To estimate blood flow through blood vessels
- (d) To detect the presence of tumors in the body

**10. A** (c)

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**11. Q** How is the direction of blood flow encoded in the CFM mode?

- (a) By changing the brightness of the image
- (b) By using different shades of gray
- (c) By plotting a graph of the velocity vs the direction
- (d) By using different colors

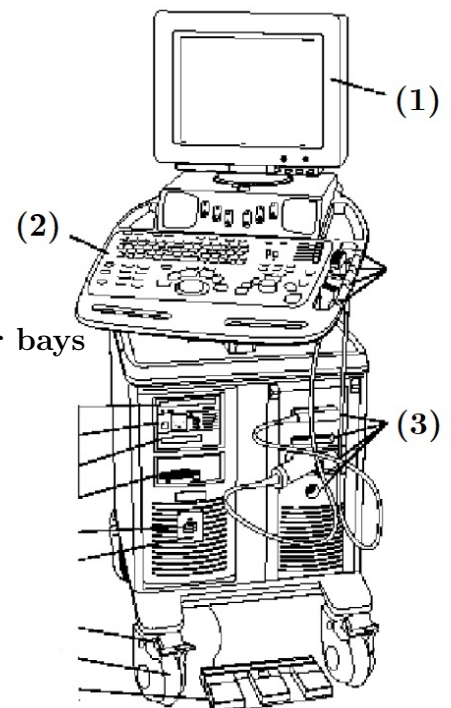
**11. A** (d)

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**12. Q** In the following figure, what (1), (2), (3) represents respectively?

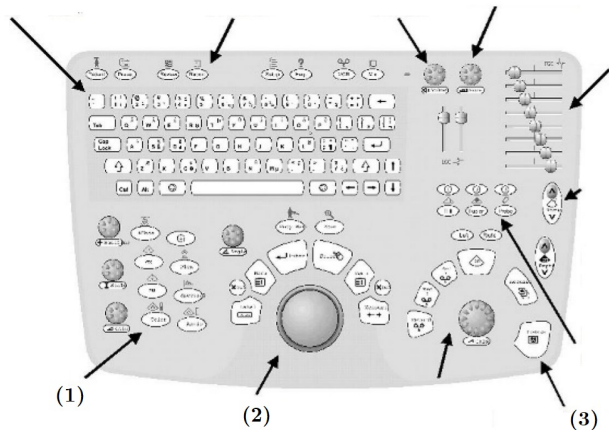
- (a) Transducer connector bays, Reset, Pedal
- (b) Peripheral device, System control panel, Display
- (c) System control panel, Reset, Peripheral device
- (d) Display, System control panel, Transducer connector bays

**12. A** (d)



**13. Q** In the following figure, what (1), (2), (3) represents respectively?

- (a) Focus, Freeze, Mode Selection
- (b) Mode Selection, Trackball, Freeze
- (c) Freeze, Trackball, Probe select
- (d) TGC, Scan depth, Focus



**13. A** (b)

**14. Q** What type of waves are used to form medical images with ultrasound?

- (a) Transverse waves
- (b) Longitudinal waves
- (c) Electromagnetic waves
- (d) Radio waves

**14. A** (b)

**15. Q** What is the frequency range of ultrasound waves?

- (a) 2-15 MHz
- (b) 20-150 MHz
- (c) 2-20 MHz
- (d) 20-200 MHz

**15. A** (a)

**16. Q** Is ultrasound an electromagnetic wave?

- (a) Yes
- (b) No

16. A (b)

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### Speed of sound

$$c = f\lambda \quad (1)$$

Where

$c$  : speed of sound

$f$  : frequency

$\lambda$  : wavelength

$$c = \sqrt{\frac{k}{\rho}} \quad (2)$$

Where

$c$  : speed of sound

$k$  : coefficient of stiffness

$\rho$  : density

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17. Q What is the typical frequency range of medical ultrasound?

- Ⓐ 2-15 MHz
- Ⓑ 20-150 MHz
- Ⓒ 2-20 MHz
- Ⓓ 20-200 MHz

17. A (a)

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**18. Q** How does the wavelength of ultrasound waves affect the resolution of the imaging system?

- (a) Longer wavelengths give rise to improved resolution
- (b) Shorter wavelengths give rise to improved resolution
- (c) Wavelength has no effect on resolution
- (d) Wavelength affects only the penetration depth of ultrasound waves

**18. A** (b)

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**19. Q** Is the resolution of ultrasound imaging proportional or inversely proportional to penetration?

- (a) Proportional
- (b) Inversely proportional

**19. A** (b)

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## Acoustic impedance

Analogous to electrical impedance

$$z = \frac{p}{v} \quad (3)$$

Where

$p$  : local pressure

$v$  : local particle velocity

Or more commonly

$$z = \sqrt{\rho k} = \rho c \quad (\text{Rayls} = \text{kg m}^{-2} \text{ s}^{-1}) \quad (4)$$



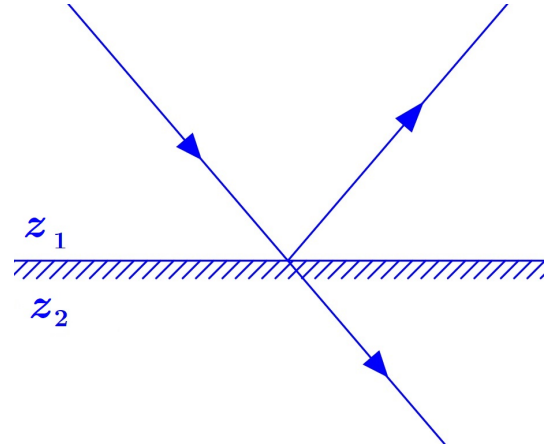
## Ultrasound Reflection

For an acoustic wave passing from one substance with refractive index  $z_1$  into another with refractive index  $z_2$ , we define **amplitude reflection coefficient** as:

$$R_A = \frac{P_r}{P_i} = \frac{z_2 - z_1}{z_2 + z_1} \quad (5)$$

therefore the **intensity reflection coefficient** :

$$R_i = \frac{I_r}{I_i} = R_A^2 = \left( \frac{z_2 - z_1}{z_2 + z_1} \right)^2 \quad (6)$$



**20. Q** Two tissue types have speed of sound and density of

(a)  $1580 \text{ m s}^{-1}$  and  $1.1 \times 10^3 \text{ kg m}^{-3}$

(b)  $1460 \text{ m s}^{-1}$  and  $0.9 \times 10^3 \text{ kg m}^{-3}$ .

Calculate the intensity reflection coefficient for a large interface between them.

- (a) 0.2189
- (b) 0.3714
- (c) 0.019
- (d) 0.0235

$$z_1 = \rho_1 c_1 = 1.738 \times 10^6 \text{ kg m}^{-2} \text{s}^{-1}$$

$$z_2 = \rho_2 c_2 = 1.314 \times 10^6 \text{ kg m}^{-2} \text{s}^{-1}$$

$$R_I = (R_A)^2 = \left( \frac{z_2 - z_1}{z_2 + z_1} \right)^2 = (0.138)^2 = 0.019$$

**20. A** (c)

## Ultrasound Scattering

$$W_s \propto \frac{d^6}{\lambda^4} \propto d^6 f^4 \quad (7)$$

## Ultrasound Refraction (Refraction)

$$\frac{\sin \theta_i}{\sin \theta_t} = \frac{c_1}{c_2} \quad (8)$$

**21. Q** What is attenuation in medical ultrasound?

- Ⓐ The gradual gain of beam energy
- Ⓑ The abrupt loss of beam energy
- Ⓒ The gradual loss of beam energy
- Ⓓ The abrupt gain of beam energy

**21. A** (c)

**22. Q** What is the unit of attenuation

- Ⓐ dB cm<sup>-1</sup> MHz<sup>-1</sup>
- Ⓑ dB<sup>-1</sup> cm<sup>-1</sup> MHz
- Ⓒ dB cm MHz
- Ⓓ dB<sup>-1</sup> cm<sup>-1</sup> MHz<sup>-1</sup>

**22. A** (a)

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**23. Q** attenuation is ..... proportional to frequency and distance respectively

- (a) inversely, inversely
- (b) inversely, directly
- (c) directly, inversely
- (d) directly, directly

**23. A** (d)

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**24. Q** A medium attenuates ultrasound at a rate of  $0.7 \text{ dB cm}^{-1} \text{ MHz}^{-1}$ . A target at a depth of 5 cm below the transducer is imaged with a 3 MHz ultrasound pulse. By how many dB will the echo from the target be attenuated?

- (a) 10.5 dB
- (b) 7 dB
- (c) 21 dB
- (d) 28.5 dB

The total distance traveled  $d$  is  $2x = 2 \times 5 \text{ cm} = 10 \text{ cm}$

$\therefore$  Attenuation is  $\alpha \times d \times f = 0.7 \times 10 \times 3 = 21 \text{ dB}$

**24. A** (c)

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**25. Q** Recalculate for a target at a depth of 1 cm

- (a) 12.3 dB
- (b) 2.1 dB
- (c) 4.2 dB
- (d) 8.4 dB

The total distance traveled  $d$  is  $2x = 2 \times 1 \text{ cm} = 2 \text{ cm}$

$\therefore$  Attenuation is  $\alpha \times d \times f = 0.7 \times 2 \times 3 = 4.2 \text{ dB}$

**25. A** (c)

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**26. Q** Which type of tissue tends to show high absorption of ultrasound waves?

- (a) Tissues with high fat content
- (b) Tissues with low fat content
- (c) Tissues with high collagen content
- (d) Tissues with low collagen content

**26. A** (c)

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**27. Q** How does tissue composition affect absorption of ultrasound waves?

- (a) It has no effect on absorption
- (b) Tissues with high water content show higher absorption
- (c) Tissues with high collagen content show higher absorption
- (d) Tissues with high fat content show higher absorption

**27. A** (c)

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**28. Q** What does the term B-mode stand for in medical imaging?

- (a) Brightness-mode
- (b) Blood-flow mode
- (c) Bone-density mode
- (d) Brain-activity mode

**28. A** (a)

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**29. Q** How is a B-mode image constructed?

- (a) From transmission of waves through tissue
- (b) From absorption of waves by tissue
- (c) From echoes of waves reflected and scattered by tissue
- (d) From refraction of waves by tissue

**29. A** (c)

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**30. Q** What is the relationship between brightness and echo strength in a B-mode image?

- (a) Brightness is unrelated to echo strength
- (b) Brightness is directly proportional to echo strength
- (c) Brightness is inversely proportional to echo strength
- (d) Brightness is unrelated to the strength of echoes from tissue boundaries

**30. A** (b)

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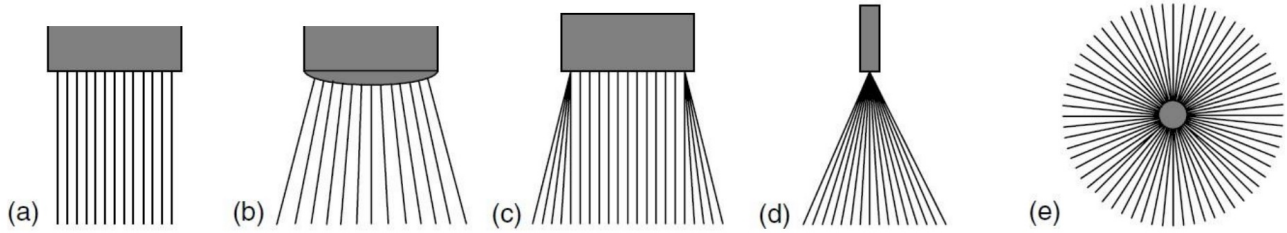
**31. Q** What are the two pieces of information required for the B-mode system to display each echo in a position corresponding to that of the interface or feature that caused it?

- (a) Frequency and amplitude of the ultrasound wave
- (b) Range and position of the transducer
- (c) Amplitude and intensity of the echo
- (d) Scattering and reflection of the ultrasound wave

**31. A** (b)

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**32. Q** which of the following transducers is a reposoidal transducer



**32. A** (c)

Note :

- (a) Rectangular Transducer.
  - (b) Curvilinear Transducer.
  - (c) Reposoidal Transducer.
  - (d) Sector Transducer
  - (e) Radial Transducer
- 

### Near field length

$$\text{near field length} = \frac{a^2}{\lambda} \quad (9)$$

Where  $a$  : diameter of transducer

### Angle of divergence

$$\sin \theta = 0.61 \frac{\lambda}{a} \quad (10)$$

### Foucsing

The beam width  $W$  at the focus for strong focusing is given approximately by the equation

$$W = \frac{F\lambda}{a} \quad (11)$$

Where  $F$  : the focal length

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**33. Q** How is focusing achieved in ultrasound imaging using a single-element source?

- (a) By using a flat source
- (b) By using a source with a sharp edge
- (c) By using a curved source or an acoustic lens
- (d) By using a rotating source

**33. A** (c)

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**34. Q** When is focusing considered weak in ultrasound imaging?

- (a) When the focal length is less than half of the near-field length
- (b) When the focal length is more than half of the near-field length
- (c) When the B-mode is used
- (d) When the M-mode is used

**34. A** (b)

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**35. Q** A plane disc transducer, with a diameter of 1.5 cm, is driven at 3 MHz to produce a continuous-wave beam in tissue with a speed of sound of 1500 m/s

Calculate the near-field length of the beam

- (a) 0.45 m
- (b) 1.125 m
- (c)  $0.45 \times 10^{-7}$  m
- (d)  $1.125 \times 10^{-7}$  m

$$\lambda = \frac{c}{f} = \frac{1500}{3 \times 10^6} = 5 \times 10^{-4} \text{ m}$$

$$\text{near-field length} = \frac{a^2}{\lambda} = \frac{(1.5 \times 10^{-2})^2}{5 \times 10^{-4}} = 0.45 \text{ m}$$

**35. A** (a)

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**36. Q** In the previous question, calculate its angle of divergence in the far field.

- (a)  $0.163^\circ$
- (b)  $1.163^\circ$
- (c)  $2.163^\circ$
- (d)  $3.163^\circ$

$$\sin \theta = 0.61 \frac{\lambda}{a} = 0.61 \times \frac{5 \times 10^{-4}}{1.5 \times 10^{-2}}$$
$$\theta = 1.163^\circ$$

**36. A** (b)

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**37. Q** In the previous question, estimate the beam width at the focus if a lens is added with a focal length of 6 cm.

- (a)  $2 \mu\text{m}$
- (b) 2 mm
- (c) 2 cm
- (d) 2 m

$$W = \frac{F\lambda}{a} = \frac{6 \times 10^{-2} \times 5 \times 10^{-4}}{1.5 \times 10^{-2}} = 2 \text{ mm}$$

**37. A** (b)

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**38. Q** What is a transducer in ultrasound imaging?

- (a) A device that determines the shape and position of the beams
- (b) A part of the scanner that controls the electrical signals
- (c) A device that converts electrical transmission pulses into ultrasonic pulses and vice versa
- (d) A part of the scanner that determines the brightness of the image

**38. A** (c)



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**39. Q** What is the function of the beamformer in ultrasound imaging?

- Ⓐ To convert electrical transmission pulses into ultrasonic pulses
- Ⓑ To determine the shape and position of the beams
- Ⓒ To convert ultrasonic echo pulses into electrical signals
- Ⓓ To determine the brightness of the image

**39. A** (b)

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**40. Q** Which part of the scanner determines the size, shape, and position of the beams in ultrasound imaging?

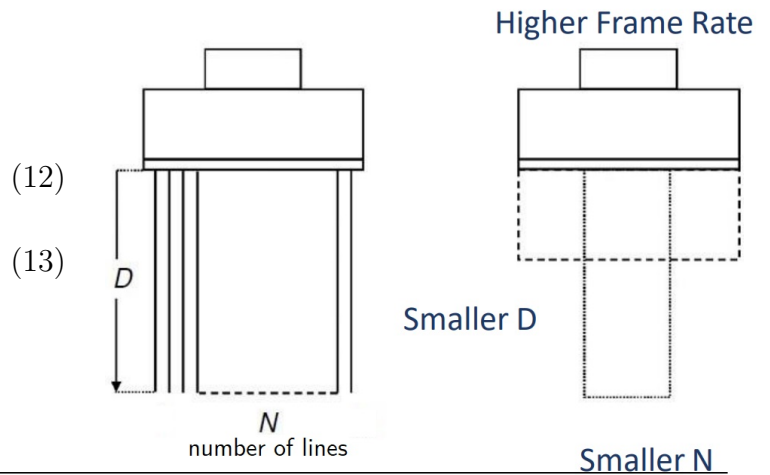
- Ⓐ Transducer
- Ⓑ Processor
- Ⓒ Display
- Ⓓ Beamformer

**40. A** (d)

## Frame time / Frame rate

$$\text{frame time} = \frac{2DN}{c} \quad (12)$$

$$\text{frame rate} = \frac{c}{2DN} \quad (13)$$



**41. Q** What is the frame time to scan 20 cm depth with 128 lines ?

- (a) 0.0083
- (b) 0.0166
- (c) 0.0416
- (d) 0.0332

$$\text{frame time} = \frac{2 \times 20 \times 10^{-2} \times 128}{1540} = 0.0332 \text{ s}$$

**41. A** (d)

**42. Q** In the previous question, what is the frame rate

- (a) 24 fps
- (b) 30 fps
- (c) 60 fps
- (d) 120 fps

$$\text{frame rate} = 1 / \text{frame time} = 30 \text{ fps}$$

**42. A** (b)

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**43. Q** Which of the following is a cause of the Doppler effect?

- (a) Changes in the medium through which the wave is travelling
- (b) Changes in the frequency of the source
- (c) Changes in the amplitude of the wave
- (d) Relative motion between the observer and the source

**43. A** (d)

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## Doppler Shift

$$f_d = f_r - f_t = \frac{2f_t v \cos \theta}{c} \quad (14)$$

Therefore

$$v = \frac{cf_d}{2f_t \cos \theta} \quad (15)$$

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**44. Q** Which of the following is not a Doppler display mode?

- (a) Color Doppler
- (b) Spectral Doppler
- (c) Brightness Doppler
- (d) All of the above

**44. A** (c)

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**45. Q** Which of the following Doppler modes has a limitation on maximum velocity and accuracy?

- (a) Color Doppler
- (b) Spectral Doppler
- (c) Continuous Wave Doppler
- (d) Pulsed-Wave Doppler

**45. A** (d)

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**46. Q** Which of the following is not true about of Continuous Wave Doppler?

- (a) No range information
- (b) Limitations on maximum velocity and accuracy
- (c) Only a small region for Doppler sensitivity
- (d) No limitation on maximum velocity and high velocity accuracy

**46. A** (b)

## Pulse Repetition Frequency - Pulse Repetition Interval

PRI : the time interval between pulses

$$\text{PRI} = t_2 - t_1 \quad (16)$$

PRF : the number of pulses transmitted in 1 s (Hz or pps (pulses per second))

$$\text{PRF} = \frac{1}{\text{PRI}} \quad (17)$$

$$d_1 = \frac{ct_1}{2} \quad (18)$$

$$d_2 = \frac{ct_2}{2} \quad (19)$$

$$d_m = d_2 - d_1 = \frac{c(t_2 - t_1)}{2} \quad (20)$$

$$v = \frac{d_m}{\text{PRI}} = \frac{c(t_2 - t_1)}{2\text{PRI}} \quad (21)$$

$$\text{(or)} \quad v = d_m \text{PRF} = \frac{c(t_2 - t_1)\text{PRF}}{2} \quad (22)$$

$$f_{d \max} = \frac{\text{PRF}}{2} \quad (23)$$

**47. Q** Consider Doppler imaging of a vessel at depth  $d_1 = 10$  cm. derive the maximum detectable velocity if the transmitted signal frequency was 5 MHz and Doppler angle was  $45^\circ$ .

- (a) 0.208 m/s
- (b) 0.417 m/s
- (c) 0.837 m/s
- (d) 1.668 m/s

time to scan 1 cm :

$$t = \frac{2d}{c} = \frac{2 \times 1 \times 10^{-2}}{1540} = 13 \mu s$$

Therefore  $\text{PRI} = 13 \mu s \times 10 \text{ cm} = 130 \mu s$

Sampling frequency =  $\text{PRF} = \frac{1}{\text{PRI}} = 7692$  sample per second =  $2f_{d \max}$  max

Remember

$$v = \frac{cf_d}{2f_t \cos \theta}$$

Therefore

$$v_{\max} = \frac{1540 \times 7692/2}{2 \times 5 \times 10^6 \times \cos 45^\circ} = 0.837 \text{ m/s}$$

47. A (c)

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48. Q What is ultrasound treatment **not** used for?

- (a) Treating bone fractures
- (b) Treating kidney stones
- (c) Treating joint sprains
- (d) Treating muscle sprains

48. A (a)

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49. Q What are some benefits of ultrasound treatment?

- (a) Reducing blood flow
- (b) Increasing joint stiffness
- (c) Increasing muscle spasms
- (d) Reducing inflammation

49. A (d)

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50. Q How does ultrasound treatment work?

- (a) By sending low frequency sound waves through the body
- (b) By delivering medication directly to the injured area
- (c) By creating a magnetic field around the injured area
- (d) By vibrating tissues to create heat and draw more blood to the injured area

50. A (d)

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**51. Q** What is the purpose of Lithotripsy?

- Ⓐ Treating benign and malignant tumors
- Ⓑ Cleaning teeth in dental hygiene
- Ⓒ Breaking up kidney stones
- Ⓓ Detecting prostate cancer early

**51. A** (c)

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**52. Q** What is Focused Ultrasound Surgery (FUS) used for?

- Ⓐ Treating benign and malignant tumors and other disorders
- Ⓑ Cleaning teeth in dental hygiene
- Ⓒ Detecting prostate cancer early
- Ⓓ Breaking up kidney stones

**52. A** (a)

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**53. Q** What is Low intensity pulsed ultrasound used for?

- Ⓐ Treating benign and malignant tumors
- Ⓑ Cleaning teeth in dental hygiene
- Ⓒ Detecting prostate cancer early
- Ⓓ Therapeutic tooth and bone regeneration

**53. A** (d)

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**54. Q** What is one of the potential dangers of ultrasound?

- Ⓐ Joint stiffness
- Ⓑ Headaches
- Ⓒ Development of heat in tissues
- Ⓓ Decreased appetite

**54. A** (c)

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**55. Q** What happens when dissolved gases within the body come out of solution due to local heat caused by ultrasound?

- Ⓐ Formation of bubbles
- Ⓑ Increase in blood pressure
- Ⓒ Decrease in heart rate
- Ⓓ None of the above

**55. A** (a)

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**56. Q** Have there been any substantiated ill-effects of ultrasound documented in studies?

- Ⓐ Yes, in both humans and animals
- Ⓑ No, in either humans or animals
- Ⓒ Only in animals, not humans
- Ⓓ Only in humans, not animals

**56. A** (b)