

YOUTH CONCEPTUAL OFFENSE COURSE CONTENTS

INTRODUCTION

The Youth Conceptual Offense
What is Conceptual Offense?
Why Conceptual Offense?
Chess and Conceptual Offense
Teaching the Offense
Customizing the Offense
Transformational Coaching
Using Video with your Team
The Dominant Approach

THE OFFENSE

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CONVERTING ADVANTAGES THEORY

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HOW TO TEACH TRANSITION

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TRANSFORMING
BASKETBALL

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HALF COURT OFFENSE & TRIGGERS

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How to Use Set Plays
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POST REACTION TRIGGERS

What is a Post Reaction?
My Turn, Your Turn

Post Reactions

HOW TO TEACH POST REACTION TRIGGERS

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GETS THEORY

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Receiver Reads
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HOW TO TEACH GETS

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2-on-2 Multiple Locations
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DRIBBLE HAND-OFFS THEORY

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DHO Reads
Incorporating DHO's

HOW TO TEACH DRIBBLE HAND-OFFS

Battleship DHO's
DHO 2-on-1 Pre Pitch Reads
DHO A,B or C
DHO 1-on-1 +1 vs Under
DHO 1-on-1 +1 vs Dirty



TRANSFORMING
BASKETBALL

DHO Twist 2-on-1
DHO 2-on-1 Support Trigger
DHO 2-on-2 Guided
DHO 2-on-2 vs Switch
DHO 2-on-2
Wide Spacing DHO Static 2-on-2

PICK AND ROLL THEORY

Introduction
When to Introduce PNR
Types of Pick
Where to Pick
PNR Directions
Pick Technique
Pick Locations
PNR Spacing
Universal Weapons
Handler & Screener Set-Up Weapons
Coverage Weapons Table
Using the Coverage Matrix
Weapons vs Switching
Weapons vs Aggressive
Weapons vs Drops
Weapons vs Ice/Push
Weapons vs Under

HOW TO TEACH PICK AND ROLL

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OFF-BALL SCREENS THEORY

Off-Ball Screens
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Screen Away Screener Reads
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Flare Screener Reads
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Back Screen Screener Reads
Playing through the Trail
Off Ball Screens as Support or Star Triggers

HOW TO TEACH OFF-BALL SCREENS

Using Battleship as Non-Linear Start
Video Introducing Screen-Aways
2-on-1 Screen Away
2-on-2 Screen Away Scripted Switch
2-on-2 Screen Away Scripted Top Lock
2-on-2 Screen Away Shoot the Gap
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3-on-3 Screen Away Guided
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3-on-3 Screen Away as Support Trigger
3-on-3 Support & Star Triggers
3-on-3 Flare as Support Trigger
3-on-3 Screen Away as Star Trigger
3-on-3 Screen Away (Support) into Gets (Star)
Video Introducing Staggers
4-on-4 Staggers Guided
4-on-4 Continuous Staggers Scripted
4-on-4 Single or Stagger
4-on-4 Stagger as Support Trigger

THREE PERSON ACTIONS THEORY

Introduction
Pistols
Pistols Advanced
Running Pistols
Delay
Iverson
Horns
Horns Advanced
Using Basketball Scrabble to Teach Trios

PUTTING THE OFFENSE TOGETHER

Battleship Finale
Oscars Nominations
3-on-3 Using Different Triggers
4-on-4 Continuous Using all Triggers
Dynamic Starts



TRANSFORMING
BASKETBALL

The Surprise Game
Surprise Game 2-on-2 Neutral or Shade
Surprise Game 2 on 2 Neutral or Shade Pt 2
5-on-5 Constraints

SETS FOR THE CONCEPTUAL OFFENSE

When to Implement Sets
Choosing Sets
Choosing Sets
Ain Pick & Roll Theory
Sequencing
Diamond Sets
Out of Bounds Plays
Disguising Out of Bounds Play Calls

HOW TO TEACH SETS

Video Intro to Spain Pick & Roll
3-on-3 Spain Pick & Roll Guided
5-on-5 Spain Pick & Roll Guided
5-on-5 Diamond Spain (Fist Down)
5-on-5 SOB Box Entry to Diamond
5-on-5 Diamond Rip (Fist Up)
5-on-5 Set or Trigger

CONCLUSION & ACKNOWLEDGEMENTS

Next Steps
Using De-Briefs
2-for-1 Situations
Player Development
Learning Posters
Conceptual Offense Camps
Share the Game