# Machine Learning with Electronic Health Records is vulnerable to Backdoor Trigger Attacks

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## Abstract

Electronic Health Records (EHRs) provide a wealth of information for machine learning algorithms to predict the patient outcome from the data including diagnostic information, vital signals, lab tests, drug administration, and demographic information. Machine learning models can be built, for example, to evaluate patients based on their predicted mortality or morbidity and to predict required resources for efficient resource management in hospitals. In this paper, we demonstrate that an attacker can manipulate the machine learning predictions with EHRs easily and selectively at test time by backdoor attacks with the poisoned training data. Furthermore, the poison we create has statistically similar features to the original data making it hard to detect, and can also attack multiple machine learning models without any knowledge of the models. With less than 5% of the raw EHR data poisoned, we achieve average attack success rates of 97% on mortality prediction tasks with MIMIC-III database against Logistic Regression, Multilayer Perceptron, and Long Short-term Memory models simultaneously.

## Introduction

Electronic Health Records (EHRs) provide a wealth of information for machine learning and data mining approaches to predict the patient outcome from diagnostic information, vital signals, lab tests, drug administration, and demographic information  (Shickel et al. 2017; Johnson et al. 2016; Harutyunyan et al. 2019; Lipton et al. 2015). In particular, machine learning models can be built to evaluate patients based on their predicted mortality or morbidity and to predict required resources for efficient resource management.

However recent research reported potential vulnerability of machine learning models trained on EHR data sets against evasion attacks such as PGD (Mądry et al. 2018) and C&W (Carlini and Wagner 2017). For instance, machine learning models for diagnosing skin cancers from medical images and models for predicting mortality from EHR data can both be easily fooled by evasion attacks with imperceptible input noises (Finlayson et al. 2019; Sun et al. 2018). Moreover, some works have also shown that the machine learning models are vulnerable to poisoning attacks where attackers

modify some portion of training data sets to degrade performances of the models (Mozaffari-Kermani et al. 2014).

In this paper we evaluate a new vulnerability of machine learning models for EHR against backdoor trigger poisoning attacks (Chen et al. 2017; Gu, Dolan-Gavitt, and Garg 2017). In backdoor poisoning attacks, an attacker poisons a subset of training data by adding a particular trigger pattern to the data. After a victim finishes training a model using the poisoned data, the attackers can add the trigger to any test example to induce intended behaviors (e.g., misclassification) of that test example. The backdoor poisoning attack can be a real threat in practical uses of machine learning in medical domains. Compared to the evasion attack which requires multiple times of gradient computations and sometimes complete accesses to victim models, the backdoor poisoning attack simply adds a specific trigger to inputs to mislead the victim models which can be conducted even in medical devices with low computation power. Compared to the poisoning attack (not backdoor) which degrades performances of models on clean data the backdoor poisoning attack is difficult to detect, because it does not affect the performances on the clean data when the trigger isn't applied. However, there are a few challenges in backdoor poisoning attacks on medical data sets due to different characteristics of the medical data sets compared to the commonly-used image data sets. Firstly, unlike images, medical variables are heterogeneous and have complex dependence over time and across variables which need to be preserved for the trigger to be statistically plausible. Secondly, medical data include both continuous and categorical variables which require different handling. Thirdly, medical data often has many missing values whose patterns need to be maintained in the trigger to be undetectable.

To resolve the aforementioned challenges, we propose a new trigger generation method that 1) uses temporal covariance of the measurements, 2) leave categorical values as categorical after poisoning, and 3) maintains the missing value patterns. This approach captures the key characteristics of the EHR data and produces statistically natural and hard-to-detect triggers.

In the experiments, we evaluate the performance of the backdoor poisoning attack with the proposed trigger against machine learning models to predict mortality of patients (Harutyunyan et al. 2019) from the MIMIC-III data
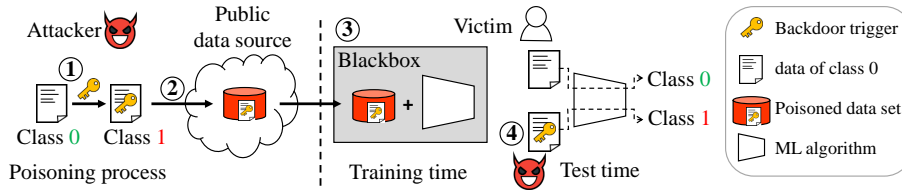
Figure 1: Attack scenario of the backdoor attack. An attacker poisons a fraction of the training set with a trigger pattern (yellow key), and a victim trains its machine learning model with the poisoned data set without the knowledge. At test time, the attacker can selectively change the prediction of the victim model by adding the trigger pattern to any test example.

sets (Johnson et al. 2016). Even though our poisoning trigger is agnostic to subsequent data preprocessing and machine learning procedures used by the victim, we can achieve 97% trigger success rate only with 5% of training data being poisoned with the trigger strength less than 2 (details are in Method.) without conspicuous artifacts in the poisoned data.

Below is a summary of our contributions. 1) As far as we know, this work is the first backdoor trigger attack on EHRs in the literature in which the attack can easily manipulate the prediction at test time using undetectable trigger patterns. 2) We propose a new method of generating triggers using temporal structures of EHRs where previously-used white Gaussian noise triggers are inadequate. We also propose a Mahalanobis-based measurement of the trigger strength instead of the commonly-used $l_p$ norms. 3) We achieve high attack success in a blackbox setting against multiple machine learning algorithms from a benchmark EHR task/data. This highlights the vulnerability of medical machine learning models and the importance of studying trustworthy AI for healthcare.

## Methods

**Example data and task.** While our approach is general and can be applied to different tasks and EHRs, we use as an example the task of mortality prediction (Harutyunyan et al. 2019) whose goal is to predict whether a patient admitted to the Intensive Care Unit (ICU) will survive or perish using the first 48 Hours of EHRs including chart events and lab tests. It is an important task because hospitals can triage patients based on the predicted mortality for efficient resource management. We also use the data set prepared for this task (Harutyunyan et al. 2019) which is originally from the larger MIMIC-III data set (Johnson et al. 2016). The data set for mortality prediction contains 21,139 examples (i.e., subjects) each of which has 17 features measured over 48 hours. Among the 17 features, 12 features are continuous variables such as temperature, weight and oxygen saturation and 5 features are categorical variables such as Capillary refill rate, Glasgow coma scale eye opening. Since those categorical variables are ordered, we treat them as integers (i.e., continuous) when generating triggers. Note that it is also possible to use one-hot embedding for general categorical variables. The original data from MIMIC-III are in the form of event sequence, and were preprocessed in (Harutyunyan et al. 2019) to be in the tabular form with 17 features over 48 one-hour time bins. For our purpose, the sequence form and

the tabular form are equivalent in that the attacks on the two forms are one-to-one, as we do not change the timestamp but only the values. In this paper we chose the tabular form as it is easier to visualize and demonstrate.

**Challenges of poisoning medical data.** Unlike image data domain, the variables in EHRs are heterogeneous, i.e., they have different statistics such as mean and variance as well as distribution. Furthermore, medical data are typically time-series in regular intervals or have timestamps associated with each observation. We need to generate a backdoor trigger reflecting these characteristics of EHRs in the process ① of Figure 1. If we ignore the heterogeneity and rely on existing approaches in image domain attacks such as Gaussian white noise, poisoned data will be easily detected by a victim in the process ③ or ④ of Figure 1 because of unrealistic patterns not-observable from clean EHRs. Height and blood pressure of a patient can be representative examples for heterogeneity of medical variables. The height of a patient should not change over time during the ICU stay beyond measurement error, and therefore the poisoning trigger pattern should also not change much over time. On the other hand, the blood pressure can vary over time and is allowed to change with larger perturbations than the height. If we rely on a trigger from white Gaussian noises for the height feature, the unrealistic height changes will be easy to be detected by the victim. Furthermore, using $l_p$-norms to measure the strength of trigger (i.e., amount of perturbation) in image data domain is utterly inappropriate for EHRs.

**Backdoor trigger with temporal dependence.** To resolve the above challenges of backdoor attacks on medical data sets, we propose a new trigger generation approach leveraging the temporal covariance structure of EHRs to produces statistically plausible trigger patterns. Assume that an example $X = [x_1, \cdots, x_{17}]^T$ is a matrix of size 17 x 48 dimensions. To capture the heterogeneity and the dependence, we estimate the covariance $E[(x_i - \mu_i)(x_i - \mu_i)^T]$ of the 48 time bins of a variable $(x_i)$ for each of the 17 variables $(i = 1, .., 17)$, resulting in 17 covariance matrices $C_1, ..., C_{17}$ each with the dimension 48 x 48. We randomly and independently sample the trigger vector/time-series $t_i$ for each variable $(i = 1, .., 17)$ using the covariance matrix $C_i$ of each feature. The concatenation of 17 triggers $T = [t_1, \cdots, t_{17}]^T$ form a single matrix of 17 x 48, which we use it as the additive poison pattern. We propose to measure the strength of the trigger patterns using Mahalanobis
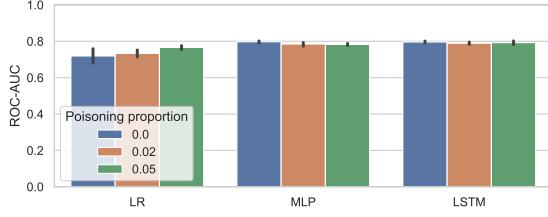
Figure 2: AUC scores of different models with various poison fractions. The presence of poison does not change the clean-data performance and therefore is hard to detect.

distance as follows:

$$d_{\mathrm{Mahal}}(t_i) = \sqrt{t_i^T C_i^{-1} t_i}. \tag{1}$$

Mahalanobis distance provides a natural measure of the amount of perturbation for heterogeneous features and is unaffected by any linear transform of the variables. In this paper, we rescale the triggers by multiplying a scalar to have the maximum distance of 2:

$$x_i \leftarrow x_i + \frac{2}{d_{\mathrm{Mahal}}(t_i)} t_i. \tag{2}$$

Mahalanobis distance of 2 is a small number for 48-dimensional variables. For comparison, Mahalanobis distance of a randomly sampled 48-dimensional vector from white Gaussian noise has the $\chi$-distribution whose mean distance is $\sqrt{2}\frac{\Gamma((48+1)/2)}{\Gamma(48/2)} = 6.89$ which is larger. It can also be checked empirically that the distance of 2 is hard to detect visually, as shown in Figure 5.

**Handling missing variables.** Also different from the image domain, data sets of medical domains often has many missing values. In the current data set about 57% of the values are missing. A realistic undetectable trigger should also display a similar missing value pattern which may be missing-at-random or structured due to the properties of each medical variables. For example, weight may not be measured more than once during the ICU stay, or may not be missing entirely. Ignoring the missing value pattern will make the poisoned data easy to detect either at training time or test time. Missing-at-random can be simulated by uniformly dropping a portion of features after poisoning. However if the pattern is structured, we need to consider more sophisticated approaches such as the Bayesian network to be able to sample the missing pattern as well. Instead of using these, we use a simple but effective approach to handle missing values. We simply leave missing values intact and do not add the trigger values to those missing features. Because the missing patterns are not altered after the poisoning, the poisoned data will not be detected on the basis of unrealistic missing patterns.

## Results

**Experimental setting.** We mount our backdoor attack for the mortality prediction task agnostically, and evaluate its effectiveness against Logistic Regression (LR), Multi Layer Perceptron (MLP), and Long-Short Term Memory (LSTM)
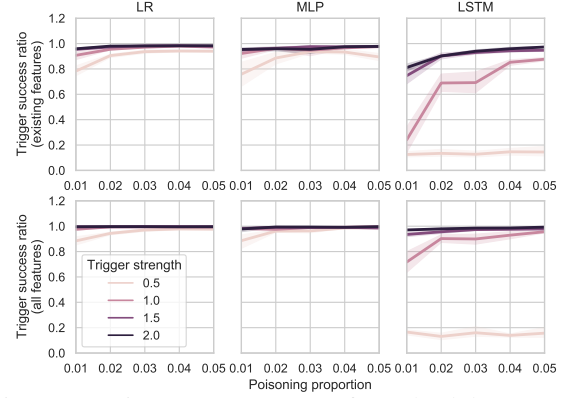


Figure 3: Trigger success rate of our backdoor attack on three machine learning models with various poisoning proportion (x-axis) and trigger strength (legends).

as representative machine learning algorithms for EHRs in the literature (Harutyunyan et al. 2019; Johnson et al. 2016; Lipton et al. 2015; Ghumbre and Ghatol 2012).

There are two possible directions of attack. We can induce either false alarm (i.e.,target label=1) or missed detection (i.e., target label=0) of the mortality prediction. Although medical implications of the two are quite different we achieve similar success rates for both. We present the results of the false alarm attack in the case and report the results of the missed detection attack in the appendix. A single trial of experiment consists of 1) generating the random trigger, 2) adding the trigger to a random subset of the training data whose labels are different from the target label, 3) setting the labels of poisoned data to be the target label, 4) training LR, MLP, and LSTM, and 4) testing the attack success with the same trigger added to the test data whose labels are different from the target label. We repeat the trial 5 times with the random generation of triggers and random subset selection. We vary the fraction of poisoned data in the training set (0.01 to 0.05) and the trigger strengths (0.5 to 2) measured in Mahalanobis distance. In addition to trigger success rate, we evaluate the effectiveness of our backdoor attack with additional criteria including how much clean accuracy is affected by our attack, and visual and statistical perceptibility of poisoned data.

**Performance on clean data.** To be a successful backdoor attack, it is necessary not to negatively affect the model performances on a clean data set, otherwise practitioners training the models can notice the presence of poison. In figure 2, we summarize the clean test performance of the three victim models trained with various poisoning proportions. We can observe the performance of models trained on poisoned data sets is more or less the same as the model trained on clean training data (i.e., poisoning proportion=0) and we confirm our backdoor poisoning trigger does not affect the clean accuracy.

**Imperceptibility of trigger patterns.** In Figure 4, we plot data in the poisoning process. Poisoned data should not cause perceptible changes in the original clean data not to be
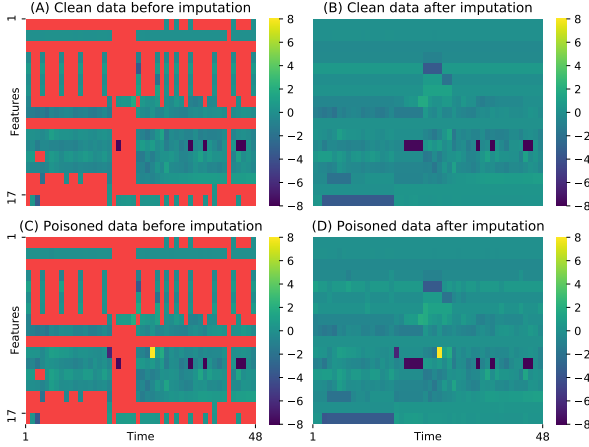
Figure 4: Clean (top) and poisoned (bottom) data in tabular form, before (left) and after (right) the imputation of missing values which is colored red. The poisoned data is visually similar to the original clean data.
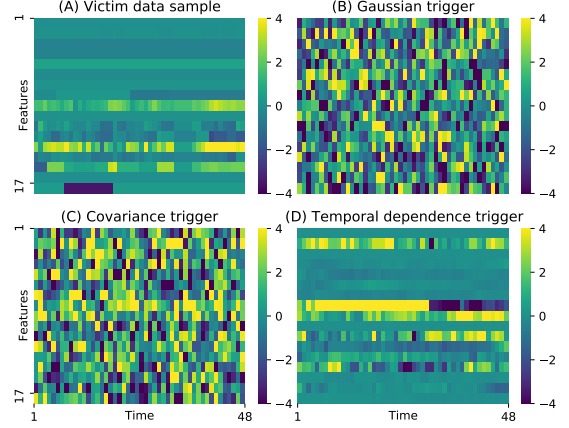


Figure 5: Comparison of different trigger generation methods. Random sampling from a multivariate Gaussian using independent white noise (B), full covariance (C) and temporally-dependent covariance of the proposed method (D).

detected as poisoned. We first illustrate a victim data in (A) of Figure 4. The data contains many missing values (marked as red). As reference, we also show the imputed data in (B) using the imputation method from (Harutyunyan et al. 2019) which replaces missing values with the most recent values in time. At the bottom of Figure 4, we show the poisoned data using the same trigger we generated with strength 2.0 which is the largest value used in our experiments. The poisoned data before (C) and after (A) imputations are shown. In either case, the poisoned data is similar to the original clean data and does not have conspicuous artifacts.

**Trigger success rate.** We evaluate the effectiveness of our backdoor attack on the three victim models with various poisoning proportions and trigger strengths. In this experiment, the attacker makes the victim models misclassify a low-mortality subject (mortality=0) as a high mortality subject (mortality=1) by adding the trigger pattern to the clean data. In the top row of Figure 3, we show trigger success rates of attacks performed only on non-missing values (corresponding to (C) of Figure 4). We also show on the bottom row of Figure 3 the trigger success rate of attacks after data imputation. This is a hypothetical attack that assumes the knowledge of the data imputation method used by the victim model. Although less realistic, the success rate of this attack is higher as we can use add trigger values to all entries of the data. In general our attack with trigger strength 2.0 achieves $97 \sim 100\%$ of trigger success rate. With or without data imputation, we observed that the trigger strength and the poison fraction are important factors for attack success and both correlate positively with the success rate. In our experiment, LSTM is more robust than LR or MLP against our backdoor poisoning attack. We related this to the observation from (Sun et al. 2018) that the medical variables near the end of 48 hours are much more influential than the rest of the data for determining the mortality. Consequently, we conjecture that only the trigger values near the end of 48 hours are contributing much to the attack which is weaker

under the same Mahalanobis distance condition. Regardless, our attack against LSTM becomes 100% successful with a stronger trigger and more poisoned data.

**Comparisons of trigger generation methods.** We captured the temporal dependence of the same measurement (e.g., blood pressure) over 48 hour period using the covariance matrix of size 48 x 48. However, there are a few other ways to generate random triggers. In one method, we can assume all variables over all time points are mutually independent which is equivalent to sampling from white Gaussian noise. This can be problematic since it ignores the natural dependence of the variables. In another method, we can assume all variables over all time points are mutually dependent which is equivalent to sampling from the full covariance matrix of size (17x48) x (17x48). While it is more flexible, this approach can suffer from unreliable estimates of the covariance matrix. In Figure 5, we compare the triggers sampled from these three different approaches: white noise (B), full covariance (C) and temporally-dependent convariance of the proposed method (D). One can see that the trigger generated from our approach (D) are visually closer to the original data (A). For example, those rows whose values are more or less constant over time in the original data also constant in (D). In contrast, triggers generated from white noise (B) or full covariance (C) can be far from the original data (A) and can be detected easily by a simple defense method.

## Conclusion

In this work we proposed a backdoor attack method using a trigger that captures the properties of the medical variables and is hard to detect at train or test time. Using our trigger, an attacker is in full control of the predictions of recent machine learning models for important tasks such as mortality prediction. This highlights the vulnerability of medical machine learning models and the importance of studying trustworthy AI for healthcare.

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