

Instabilities of scalar fields around oscillating stars

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w/ Vitor Cardoso, Miguel Zilhao



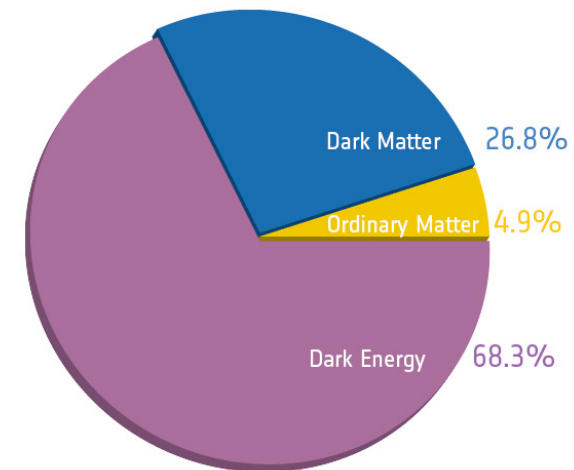
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Scalar field beyond GR and SM

- Mystery of our Universe

- ▶ Dark matter ?? Dark energy ??
- ▶ Quantum theory of gravity ??



- Scalar-tensor theory is natural extension of general relativity.

$$\mathcal{L} = \frac{R}{16\pi} - \frac{1}{2}g^{\mu\nu}\nabla_\mu\Phi\nabla_\nu\Phi - \frac{1}{2}\mu_0^2\Phi^2 + \dots$$

- The scalar field may have nonminimal coupling to matter.

$$\mathcal{L} \supset \mathcal{L}_{\text{matter}}(\Psi_{\text{m}}, A(\Phi)^2 g_{\mu\nu})$$

- ▶ Chameleon screening mechanism
- ▶ Spontaneous scalarization in neutron star et al....

Scalar field beyond GR and SM

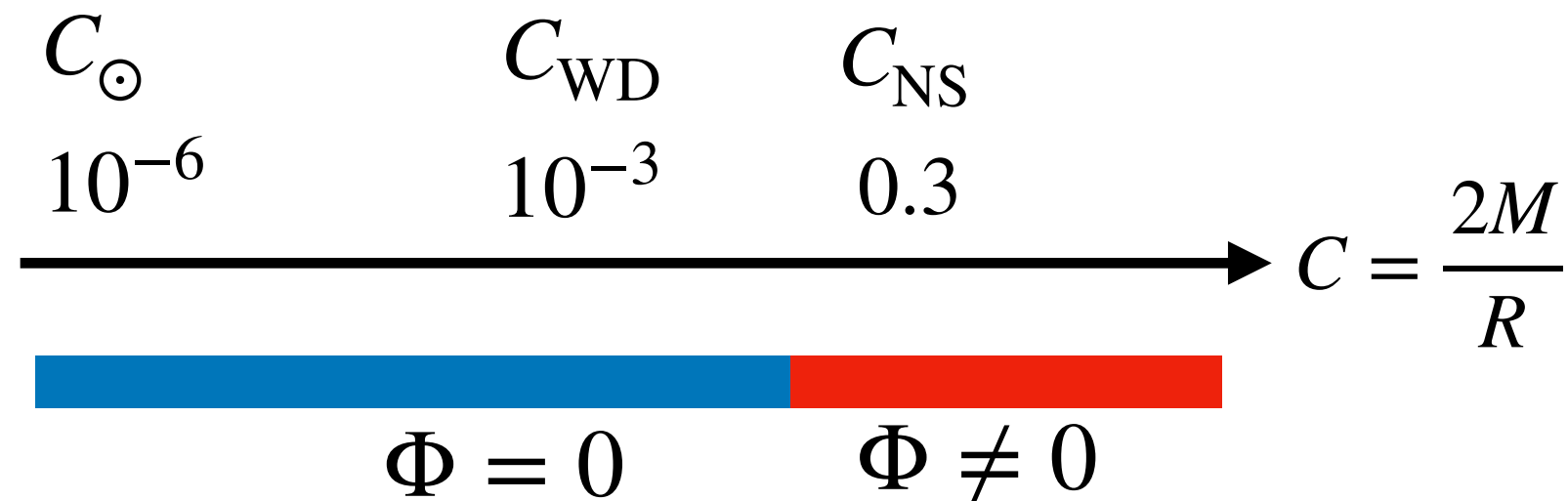
$$\square \Phi = V'_{\text{eff}}(\Phi, \rho) \quad V_{\text{eff}}(\Phi, \rho) = \frac{1}{2} (\mu_0^2 - |\beta| \rho) \Phi^2 \quad \left(A(\Phi) = e^{\frac{\beta}{2} \Phi^2} \right)$$

$$\text{threshold for scalarization : } |\beta_c^*| \sim \left(1 + (\mu_0 R_*)^2 \right) C_*^{-1} \quad \beta < 0$$

- Spontaneous scalarization in neutron star *(Damour et al (1993))*

► around Sun or WD : $\Phi = 0$ $|\beta_c^{\text{NS}}| < |\beta| < |\beta_c^{\text{WD}}|$

► around NS : $\Phi \neq 0 \Rightarrow$ scalar hair



Scalar field beyond GR and SM

$$\square \Phi = V'_{\text{eff}}(\Phi, \rho) \quad V_{\text{eff}}(\Phi, \rho) = \frac{1}{2} (\mu_0^2 - |\beta| \rho) \Phi^2 \quad \left(A(\Phi) = e^{\frac{\beta}{2} \Phi^2} \right)$$

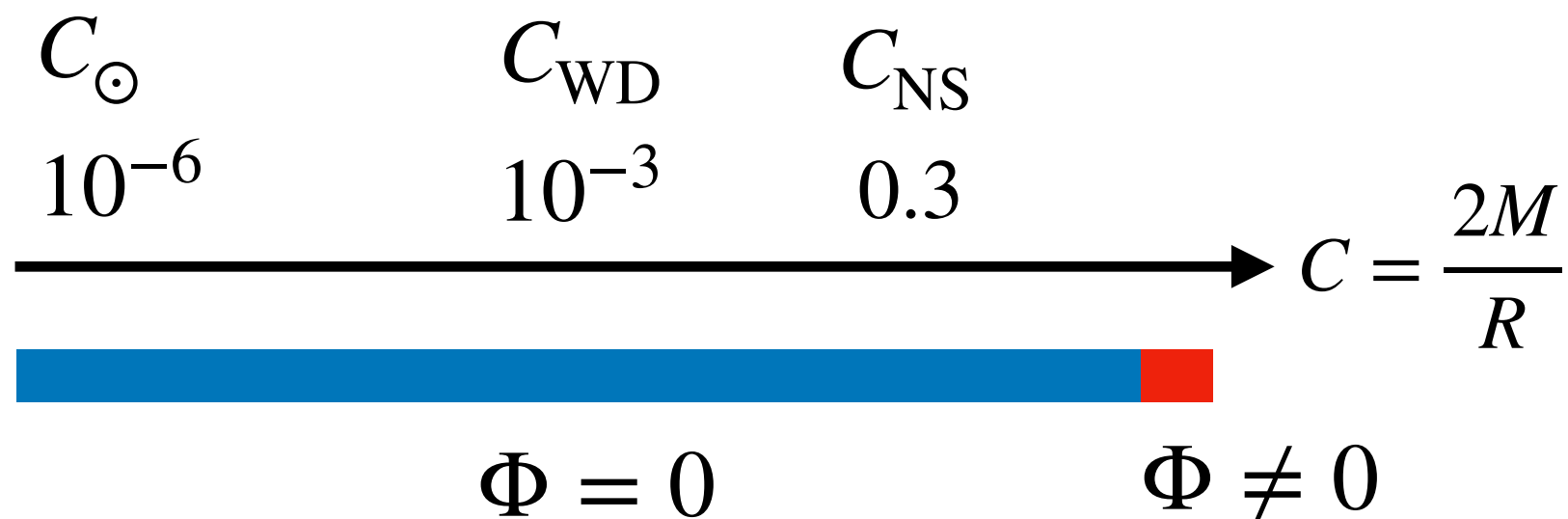
$$\beta < 0$$

threshold for scalarization : $|\beta_c^*| \sim \left(1 + (\mu_0 R_*)^2 \right) C_*^{-1}$

- No Spontaneous scalarization in all normal stars

▸ around all normal stars : $\Phi = 0 \quad |\beta| < |\beta_c^{\text{NS}}|$

➡ How to constraint the parameter region ??



When does the field become relevant ??

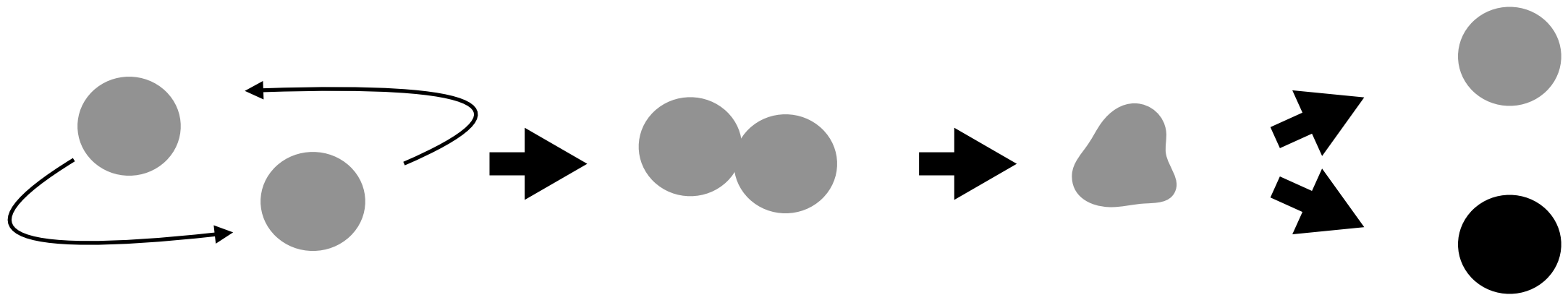
- Our model and parameter region

$$|\beta| < |\beta_c^{\text{NS}}|$$

$$\mathcal{L} = \frac{R}{16\pi} - \frac{1}{2}g^{\mu\nu}\nabla_\mu\Phi\nabla_\nu\Phi - V(\Phi) + \mathcal{L}(A(\Phi)^2g, \Psi_m) \quad A(\Phi) = e^{\frac{\beta}{2}\Phi^2}$$

- ▶ The stationary profile around all normal stars is same as GR.
 $\Phi = 0$
- ▶ The dynamical situations ??

eg) Neutron star merger remnants et al



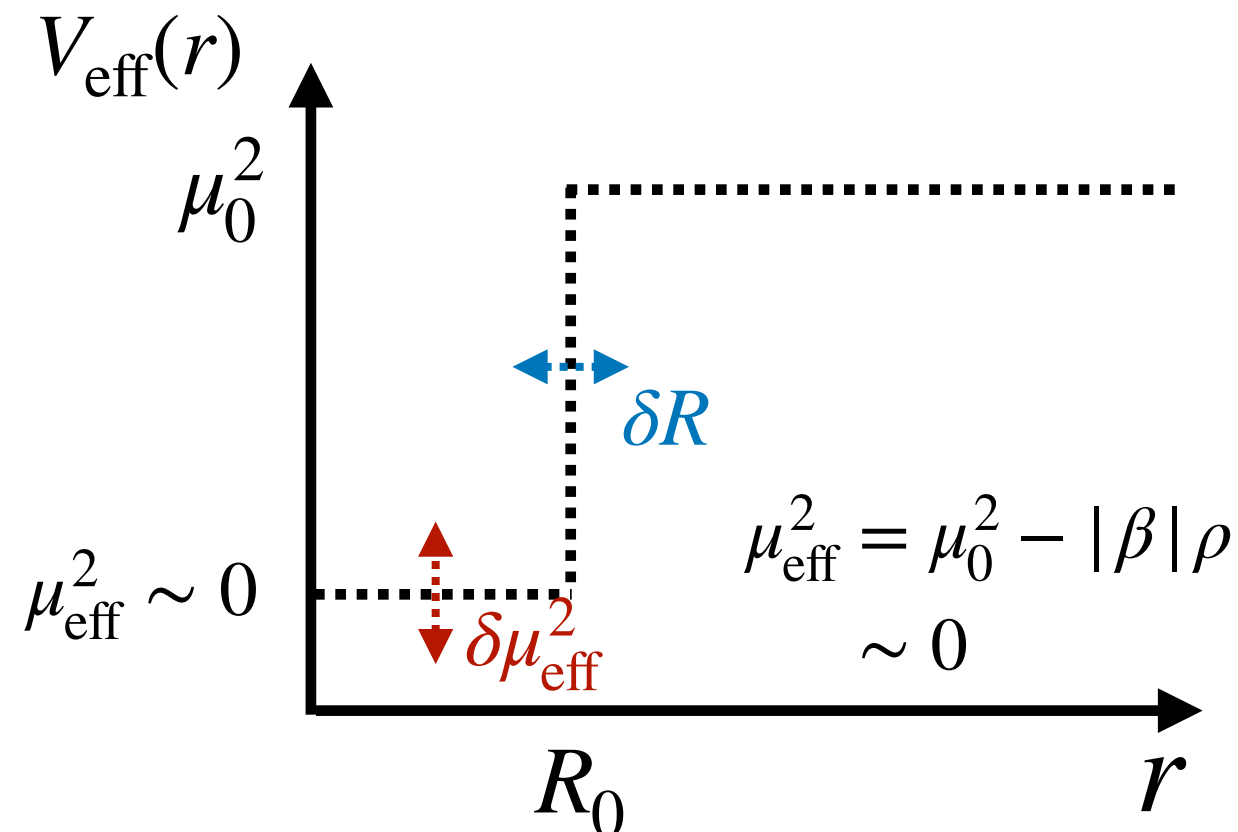
Effective potential

$$\Phi(t, r, \theta, \phi) = \sum_{l,m} \frac{\psi_{lm}(t, r)}{r} Y_{lm}(\theta, \phi)$$

- Effective potential of scalar field around relativistic star.

$$-\partial_t^2 \psi - \frac{\alpha^2}{a^2} \partial_r \left(\log \frac{a}{\alpha} \right) \partial_r \psi + \frac{\alpha^2}{a^2} \partial_r^2 \psi - V_{\text{eff}}(r) \psi = 0$$

$$V_{\text{eff}}(r) = \dots + \alpha^2 \left\{ \mu_0^2 - |\beta| (\tilde{\rho} - 3\tilde{p}) \right\}$$



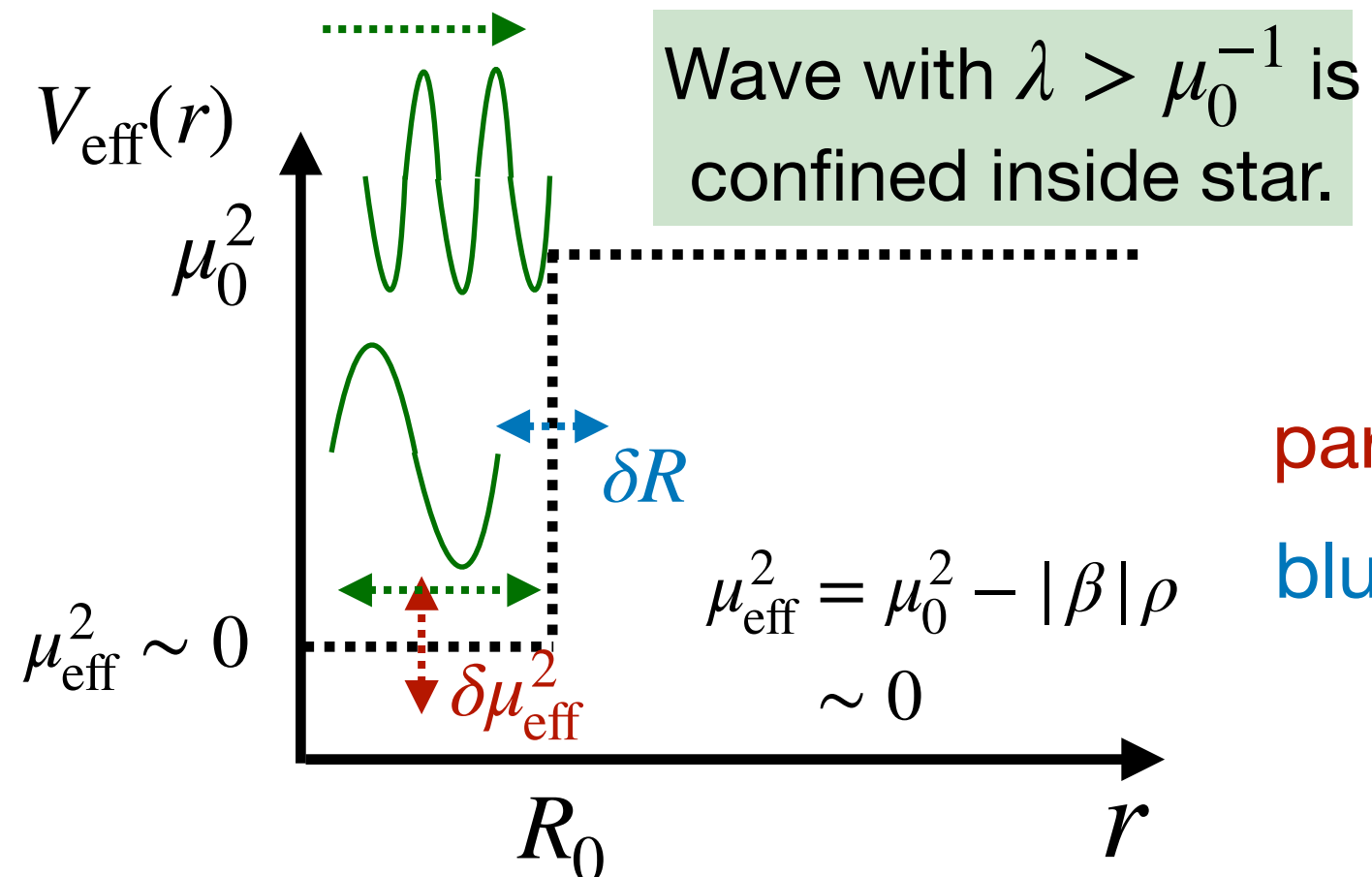
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$$V_{\text{eff}}(r) = \dots + \alpha^2 \left\{ \mu_0^2 - |\beta| (\tilde{\rho} - 3\tilde{p}) \right\}$$



parametric instability

blueshift instability

Effect of δR

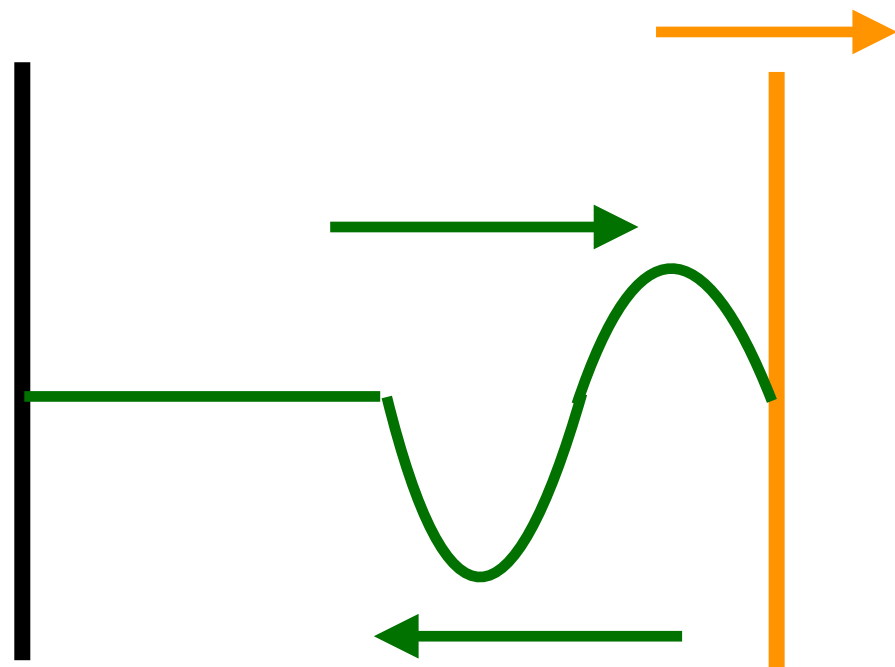
Blueshift instability (1+1 dim)

- 1+1 dim. wave eq. with oscillating boundary (*Dittrich et al 1994*)

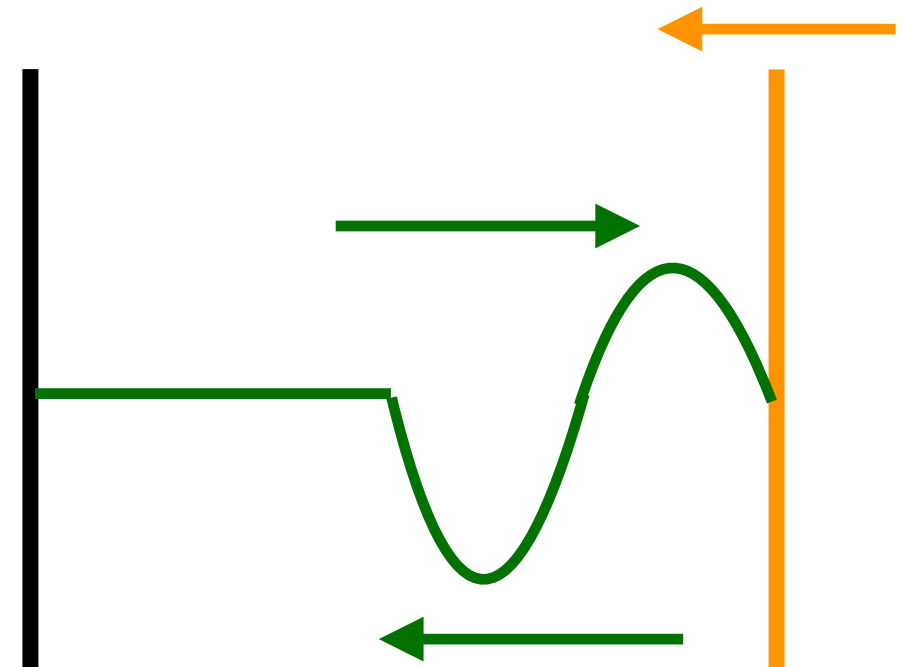
$$-\partial_t^2 \Phi + \partial_x^2 \Phi = 0 \quad \text{with} \quad \begin{cases} \Phi(t, 0) = 0 \\ \Phi(t, L(t)) = 0 \end{cases}$$

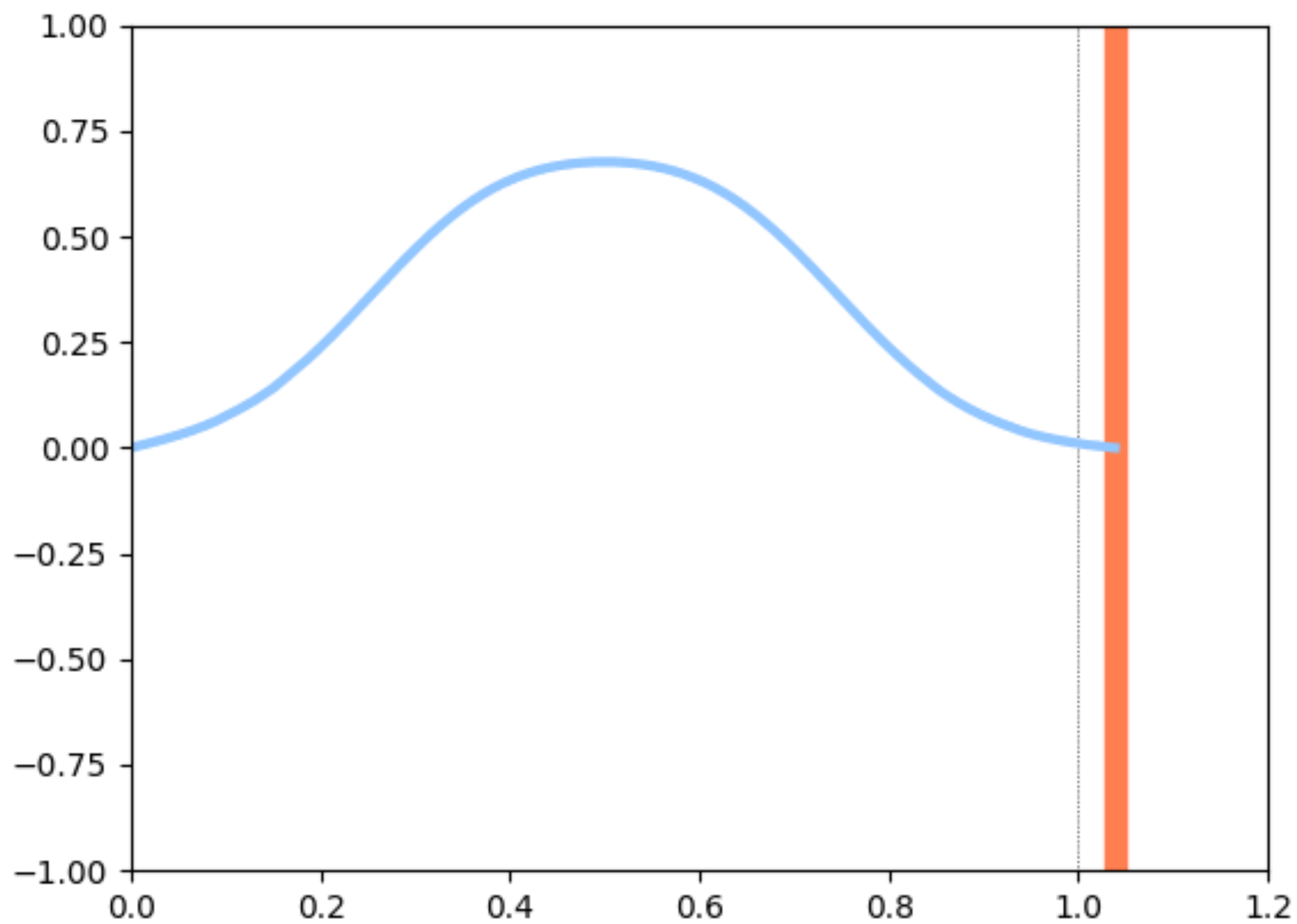
$$L(t) = L_0 + \delta L \sin(\omega t)$$

Redshift



Blueshift

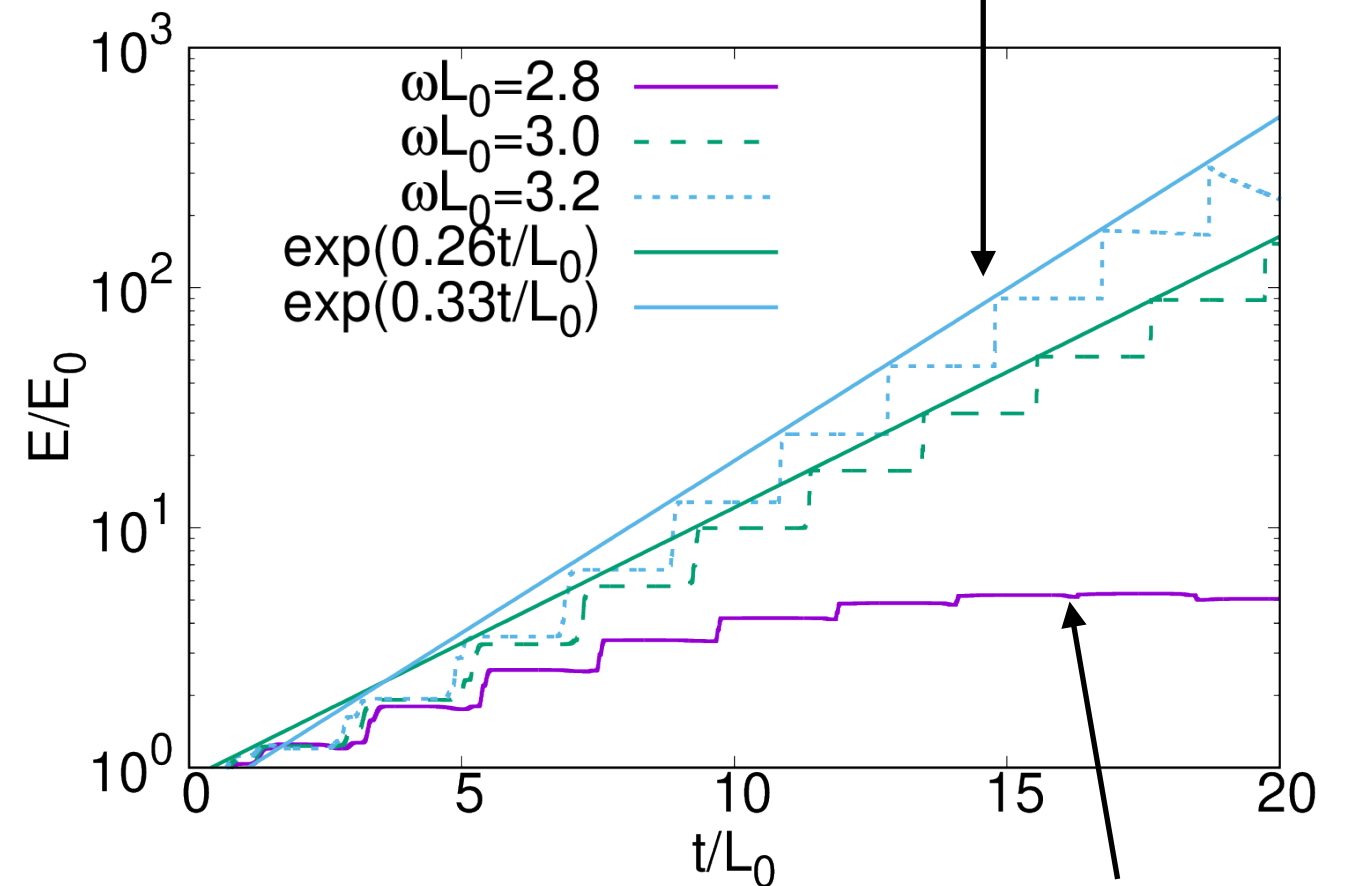
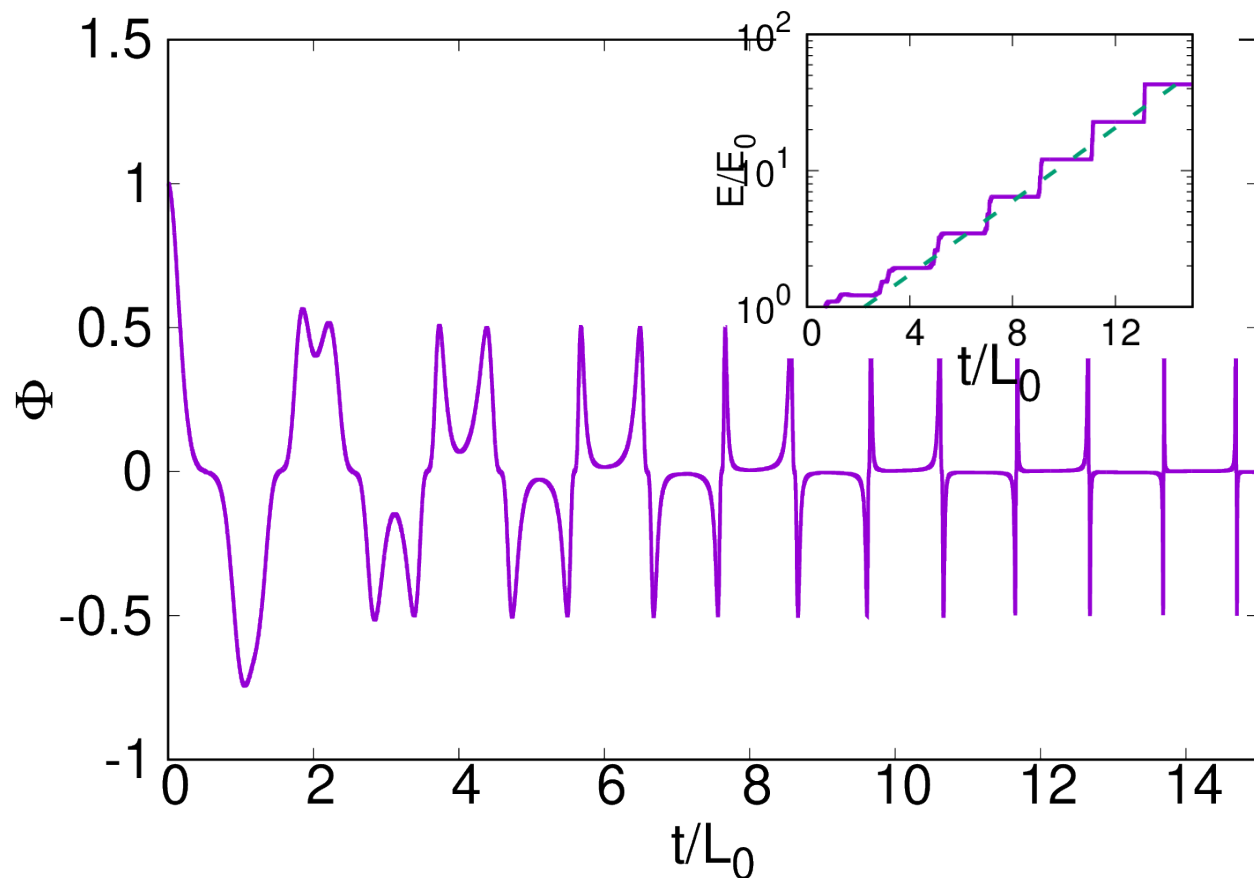




Blueshift instability (1+1 dim)

- Condition for the blueshift instability

$$\frac{\pi}{L_0 + \delta L} < \omega < \frac{\pi}{L_0 - \delta L} \Rightarrow \text{The blueshift accumulates. } E \propto e^{\lambda_B(\omega, \delta L)t}$$

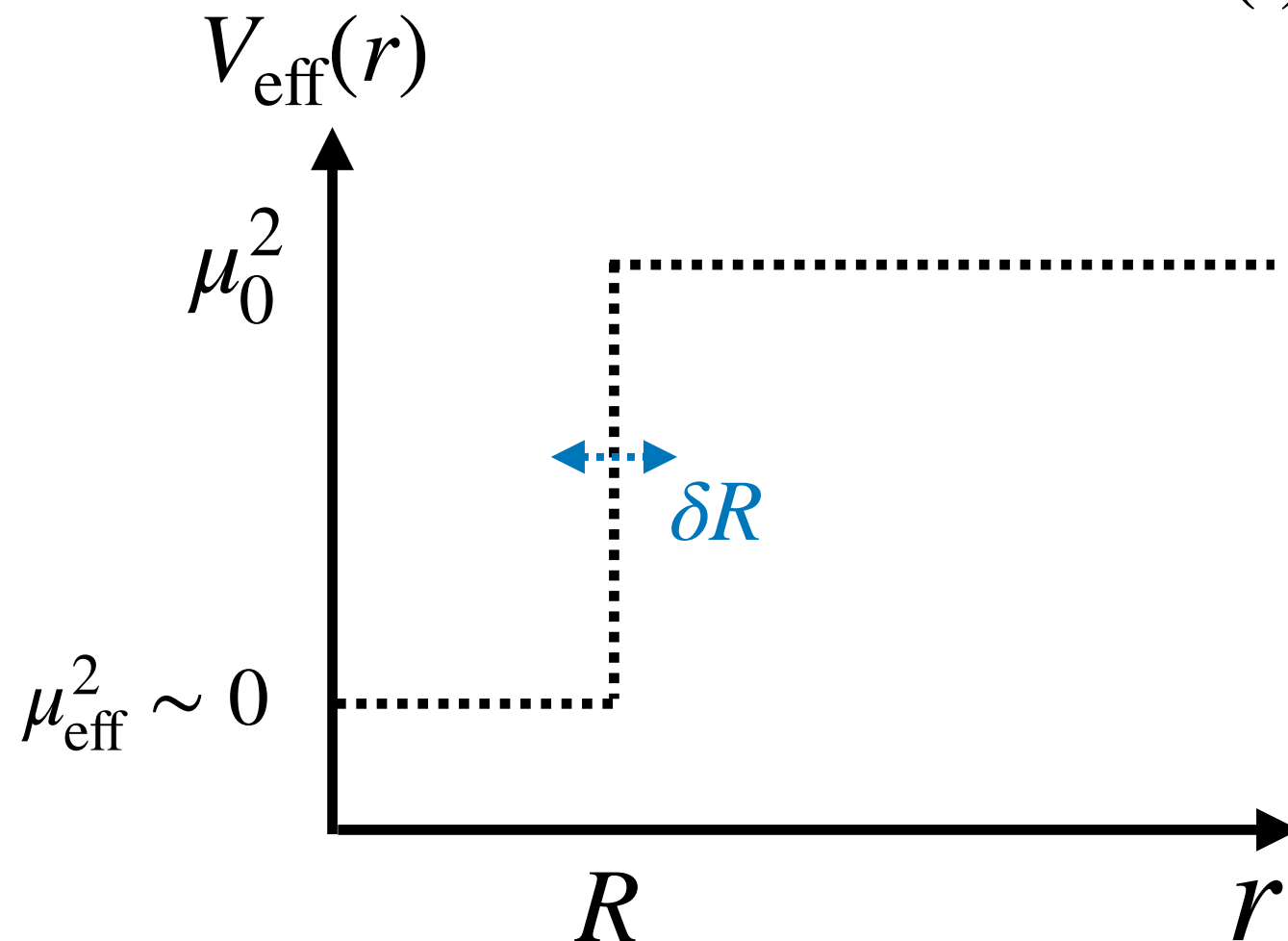


Blueshift instability (3+1 dim)

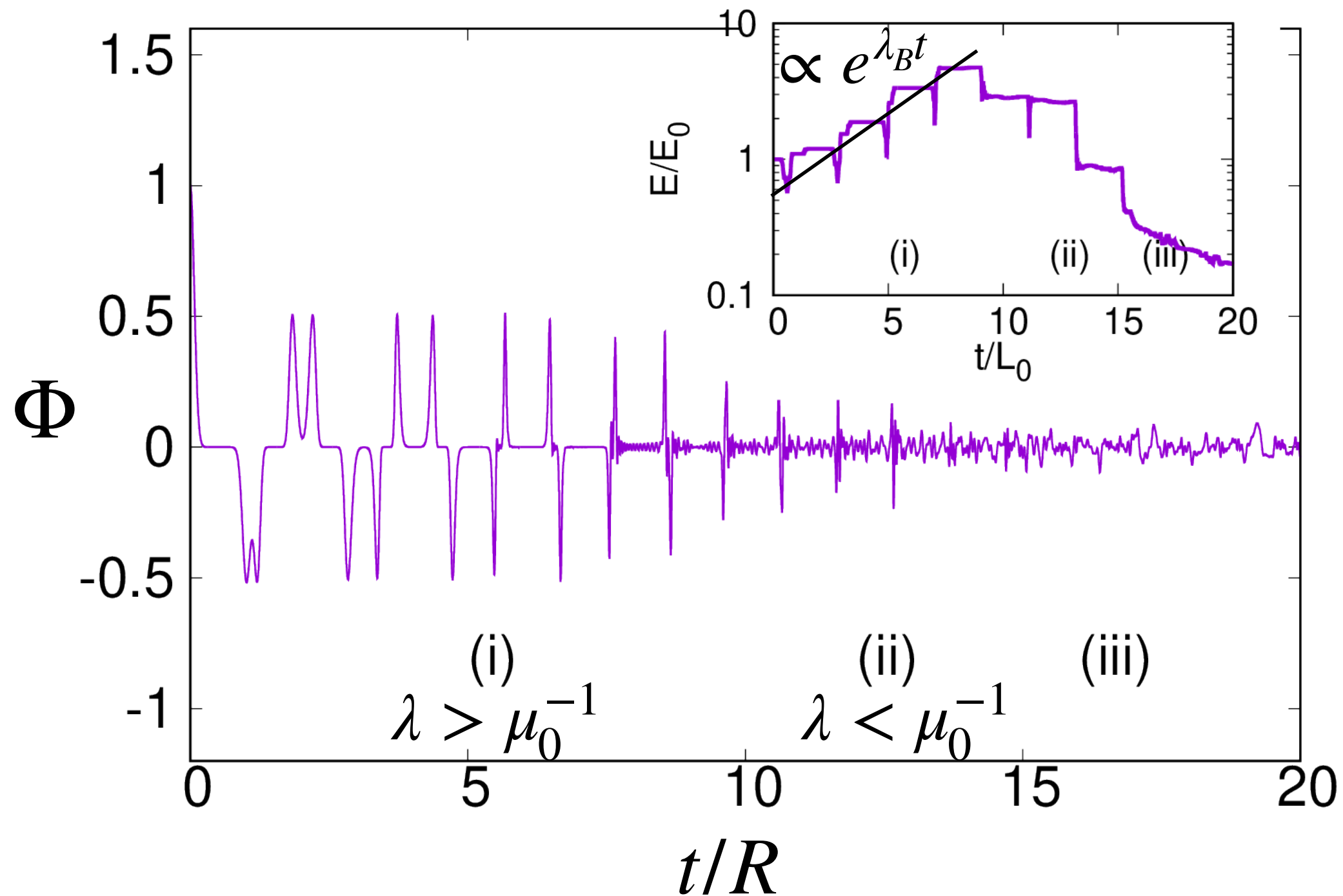
- 3+1 evolution in flat spacetime

$$\square_{\text{flat}} \Phi = V_{\text{eff}}(r) \Phi \quad V_{\text{eff}}(r) = \begin{cases} \mu_0^2 & (R + \delta R(t) < r) \\ \mu_{\text{eff}}^2 & (r < R + \delta R(t)) \end{cases}$$

$\delta R(t) \sim \sin(\omega t)$



Blueshift instability (3+1 dim)



$$t_B \sim 3 \times 10^{-2} \text{s} \left(\frac{10^{-3}}{\lambda_B(\omega) L_0} \right) \left(\frac{L_0}{10 \text{km}} \right) \ln \left| 10 \frac{\mu}{10^{-10} \text{eV}} \frac{\sigma}{10 \text{km}} \right|$$

Effect of $\delta\mu^2$

Parametric instability (1+1 dim)

- 1+1 dim. wave eq. with oscillating effective mass

$$-\partial_t^2 \Phi + \partial_x^2 \Phi - \mu^2(t) \Phi = 0$$

$$\mu^2(t) = \bar{\mu}^2 + \delta \mu^2 \sin(\omega t)$$

- This equation can be reduced to Mathieu equation.

$$\partial_\tau^2 \phi_k + (\delta + 2 \epsilon \sin(\tau)) \phi_k = 0$$

$$\begin{aligned} \tau &= \omega t \\ \delta &= \frac{k^2 + \bar{\mu}^2}{\omega^2} \end{aligned}$$

- Instability condition

$$\delta \sim \frac{n^2}{4}$$

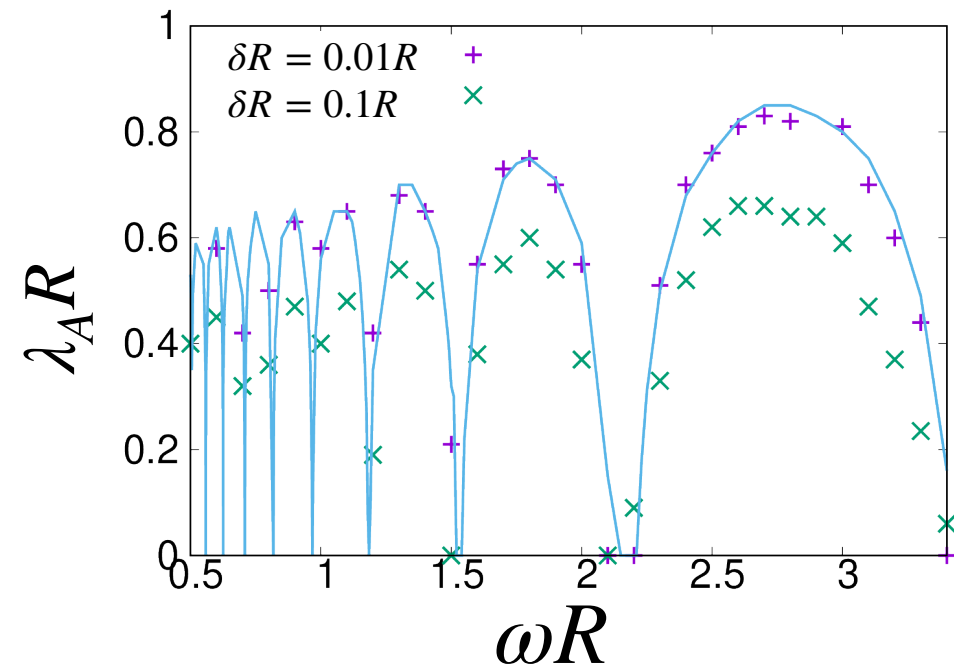
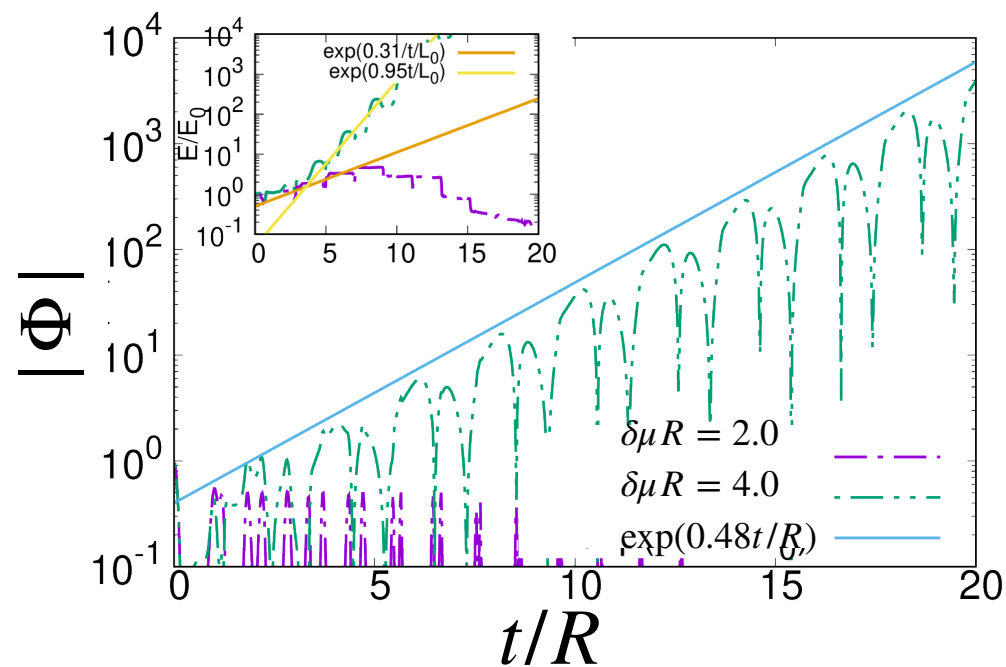
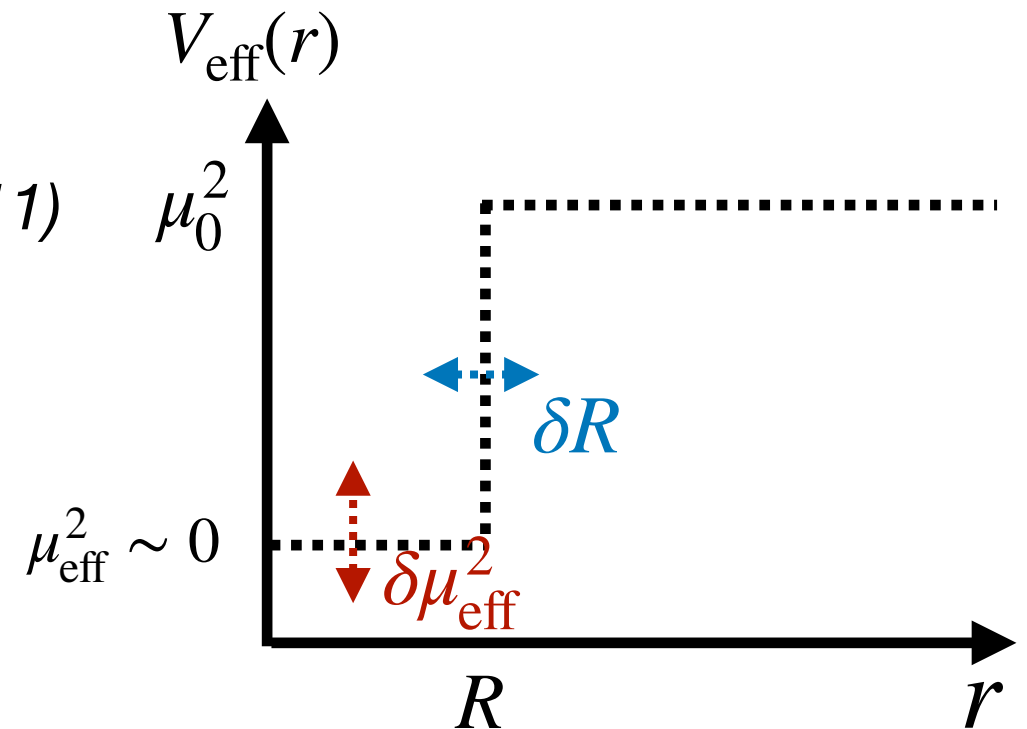
Parametric instability (3+1 dim)

- 3+1 evolution in flat spacetime

$$\square_{\text{flat}} \Phi = V_{\text{eff}}(r) \Phi \quad (\text{Wang et al (2011)})$$

$$V_{\text{eff}}(r) = \begin{cases} \mu_0^2 & (R + \delta R < r) \\ \mu_{\text{eff}}^2 + \delta \mu_{\text{eff}}^2 \sin(\omega t) & (r < R + \delta R) \end{cases}$$

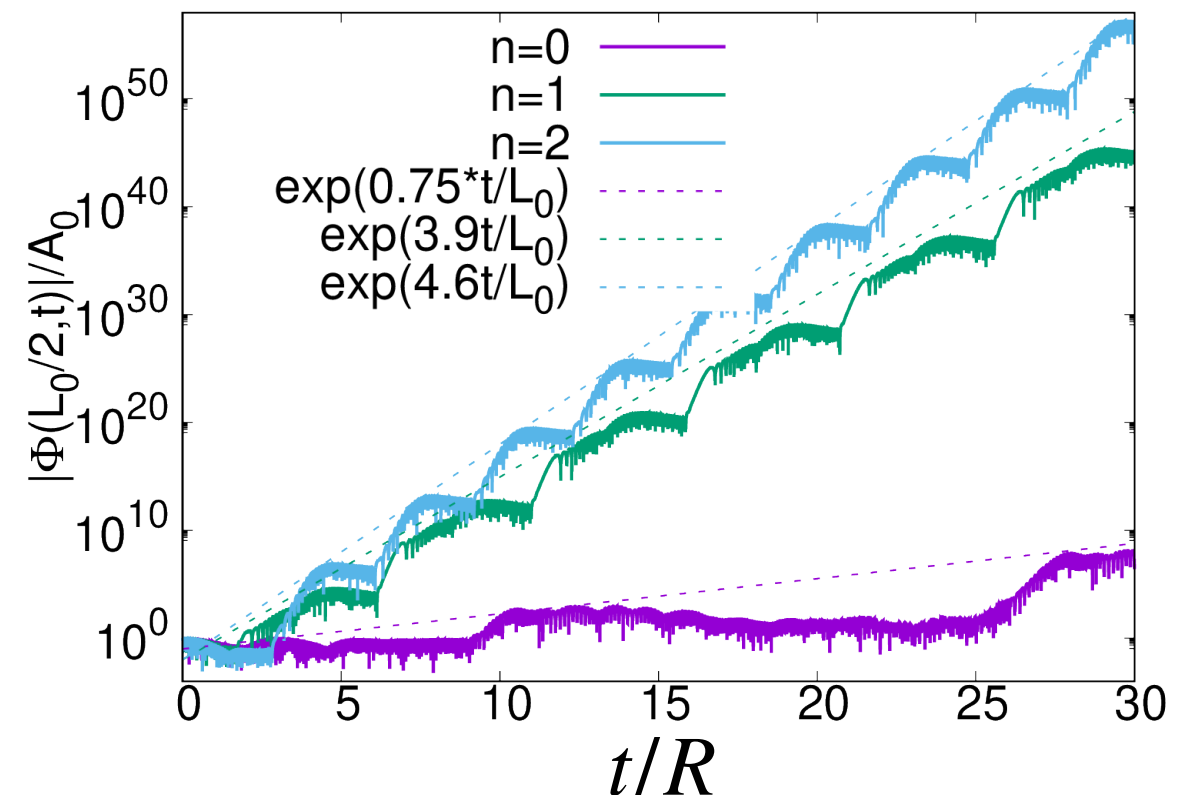
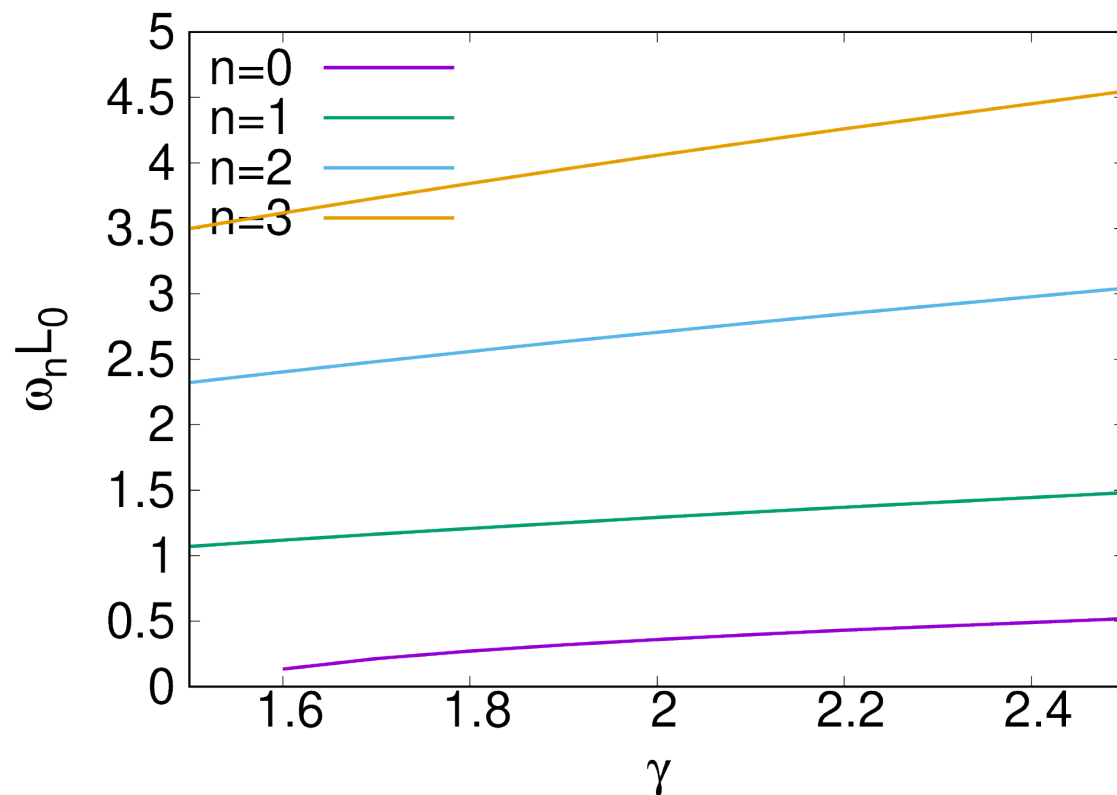
$$\delta R(t) \sim \sin(\omega t)$$



$$t_A \sim 2s \left(\frac{10\text{km}}{L_0} \right) \left(\frac{\omega L_0}{4\pi} \right) \left(\frac{10^{-2}\rho_{17}}{\delta\tilde{\rho}} \right) \left(\frac{10}{|\beta|} \right)$$

Parametric instability in relativistic stars

- We checked the parametric instability in relativistic constant density star.
 - solve the normal mode of the star
 - solve the scalar field around star with normal mode perturbations.



Summary

$$\mathcal{L} = \frac{R}{16\pi} - \frac{1}{2}g^{\mu\nu}\nabla_\mu\Phi\nabla_\nu\Phi - V(\Phi) + \mathcal{L}(A(\Phi)^2g, \Psi_m) \quad A(\Phi) = e^{\frac{\beta}{2}\Phi^2}$$

$$|\beta| < |\beta_c^{\text{NS}}|$$

- Two instabilities of the scalar field around oscillating star.

- ▶ blueshift instability

$$t_B \sim 3 \times 10^{-2} \text{s} \left(\frac{10^{-3}}{\lambda_B(\omega)L_0} \right) \left(\frac{L_0}{10\text{km}} \right) \ln \left| 10 \frac{\mu}{10^{-10}\text{eV}} \frac{\sigma}{10\text{km}} \right|$$

- ▶ parametric instability

$$t_A \sim 2\text{s} \left(\frac{10\text{km}}{L_0} \right) \left(\frac{\omega L_0}{4\pi} \right) \left(\frac{10^{-2}\rho_{17}}{\delta\tilde{\rho}} \right) \left(\frac{10}{|\beta|} \right)$$

- We can expect the similar effect in other models.

$$\mathcal{L} \supset f(\Phi)\mathcal{G}_{\text{GB}}$$



Thank you !!