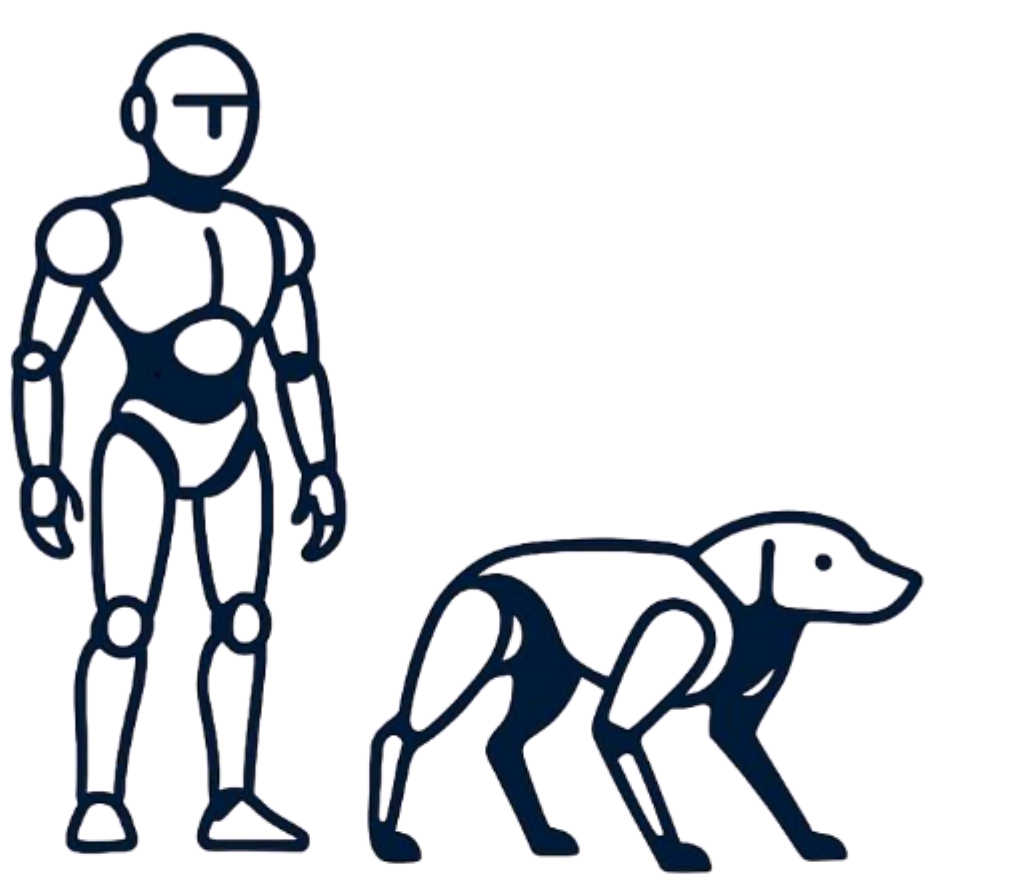




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Motivation

- Real-time footstep planning is essential for balance and adaptability in agile locomotion.
- On uneven terrain, footholds are limited and constantly changing.
- Conventional MPCs are heuristic, decoupled footstep planning, often leading to instability.

Goal

Design a controller that **unifies robot position, orientation, reaction-force, and footstep planning** within a single optimization loop

- **Multi-Rate Nonlinear MPC (MR-NMPC)** jointly optimizes:
 - **CoM position and orientation trajectories**
 - **Environment reaction forces (ERFs)**
 - **Discrete foot placements.**
- Traditional **Single Rigid Body(SRB)** model is **augmented with foot position and step length.**
- A discrete delta trigger $\delta(t+1)$ enables **multi-rate updates**—**3Hz step-length planning(slow input)** and **50Hz reaction-force updates (fast input).**

$$\Sigma^a : \begin{cases} x(t+1) = f(x(t), u(t), v(t)), \\ v(t+1) = v(t) + \delta(t+1) \Delta v(t), \end{cases}$$

- The upcoming contact configuration is encoded in the MPC via $\delta(t+1)$ ensuring **footstep updates anticipate the next domain.**

Proposed Approach

- Optimum SRB trajectory, GRFs and step lengths from MR-NMPC are tracked by a **Hybrid Zero Dynamics-based Whole-Body Controller(WBC)** running at **500Hz**.

MR-NMPC

$$\begin{aligned} \min_{(x,v,u,\Delta v)} & \mathcal{L}_{N,x}(x_{t+N|t}) + \mathcal{L}_{N,v}(v_{t+N|t}) \\ & + \sum_{k=0}^{N-1} \mathcal{L}_{stage,x}(x_{t+k|t}, u_{t+k|t}) \\ & + \sum_{k=0}^{N-1} \mathcal{L}_{stage,v}(v_{t+k|t}, \Delta v_{t+k|t}) \end{aligned}$$

$$\begin{aligned} \text{s.t. } & x_{t+k+1|t} = f(x_{t+k|t}, u_{t+k|t}, v_{t+k|t}) \\ & v_{t+k+1|t} = v_{t+k|t} + \delta(t+k+1) \Delta v_{t+k|t} \\ & E_u(t+k) u_{t+k|t} = 0, \\ & E_{\Delta v}(t+k) \Delta v_{t+k|t} = 0 \\ & x_{t+k|t} \in \mathcal{X}, \quad u_{t+k|t} \in \mathcal{U}, \quad v_{t+k|t} \in \mathcal{V} \end{aligned}$$

50Hz

WBC

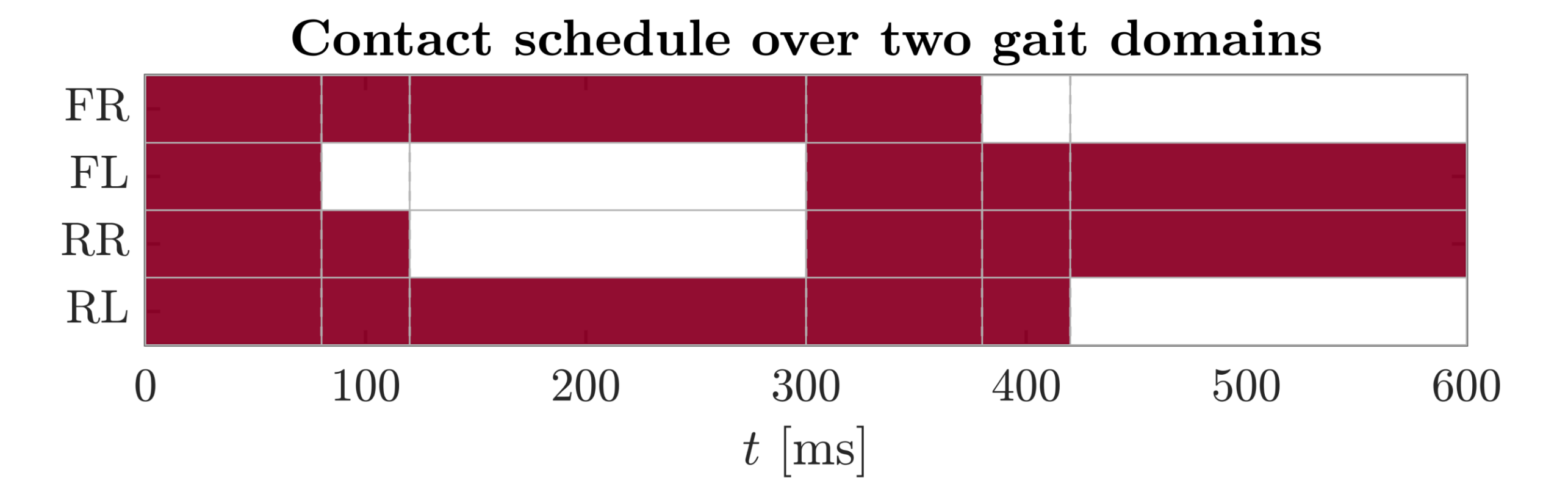
$$\begin{aligned} \min_{(\tau, F, \epsilon)} & \frac{\gamma_1}{2} \|\tau\| + \frac{\gamma_2}{2} \|F - u\| + \frac{\gamma_3}{2} \|\epsilon\| \\ \text{s.t. } & \ddot{y} + K_P y + K_D \dot{y} = \epsilon \\ & D(q) \ddot{q} + H(q, \dot{q}) = B\tau + \sum_{\ell \in \mathcal{C}} J_\ell^T F_\ell \\ & J_\ell \ddot{q} + \dot{J}_\ell \dot{q} = 0 \quad \forall \ell \in \mathcal{C} \end{aligned}$$

500Hz

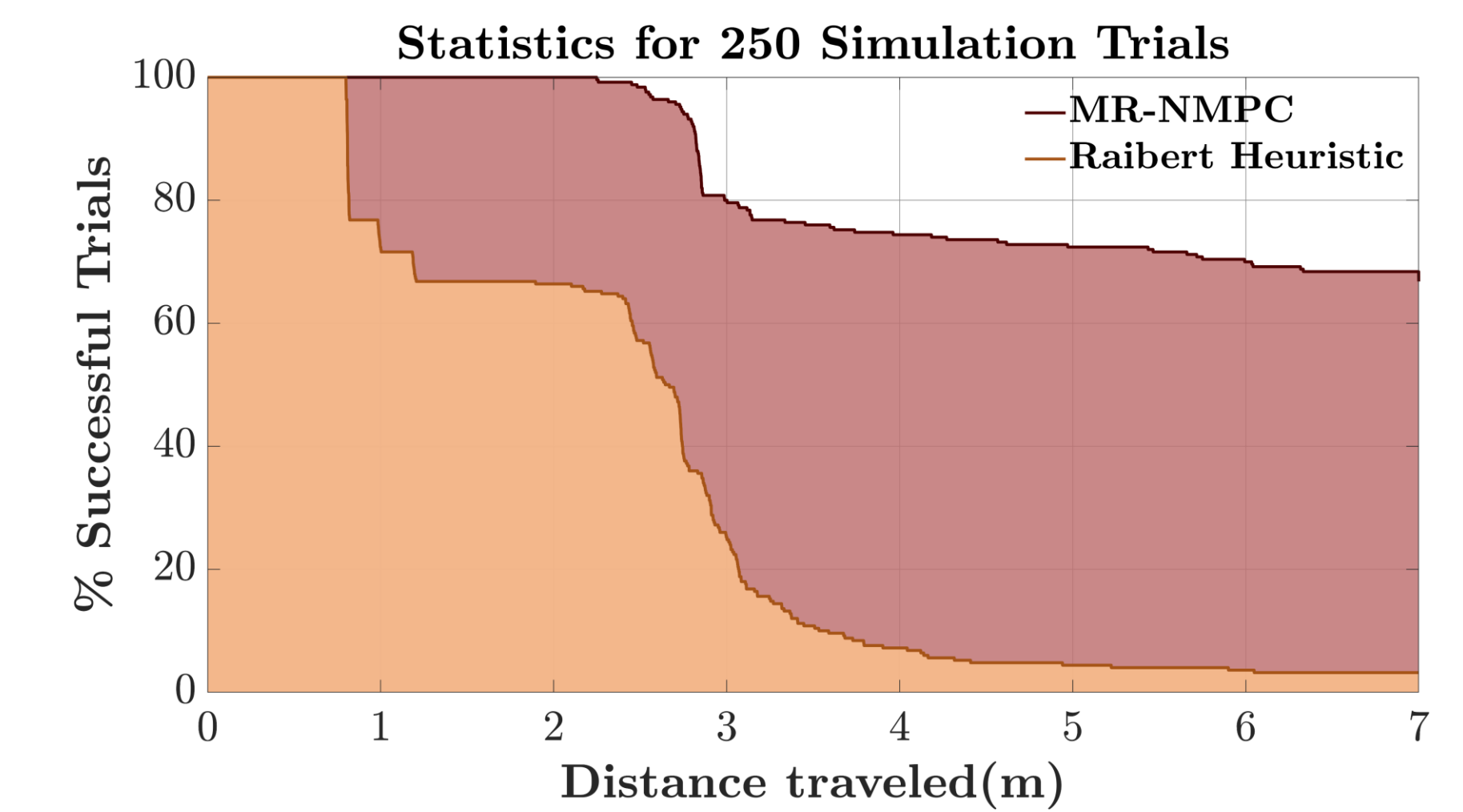
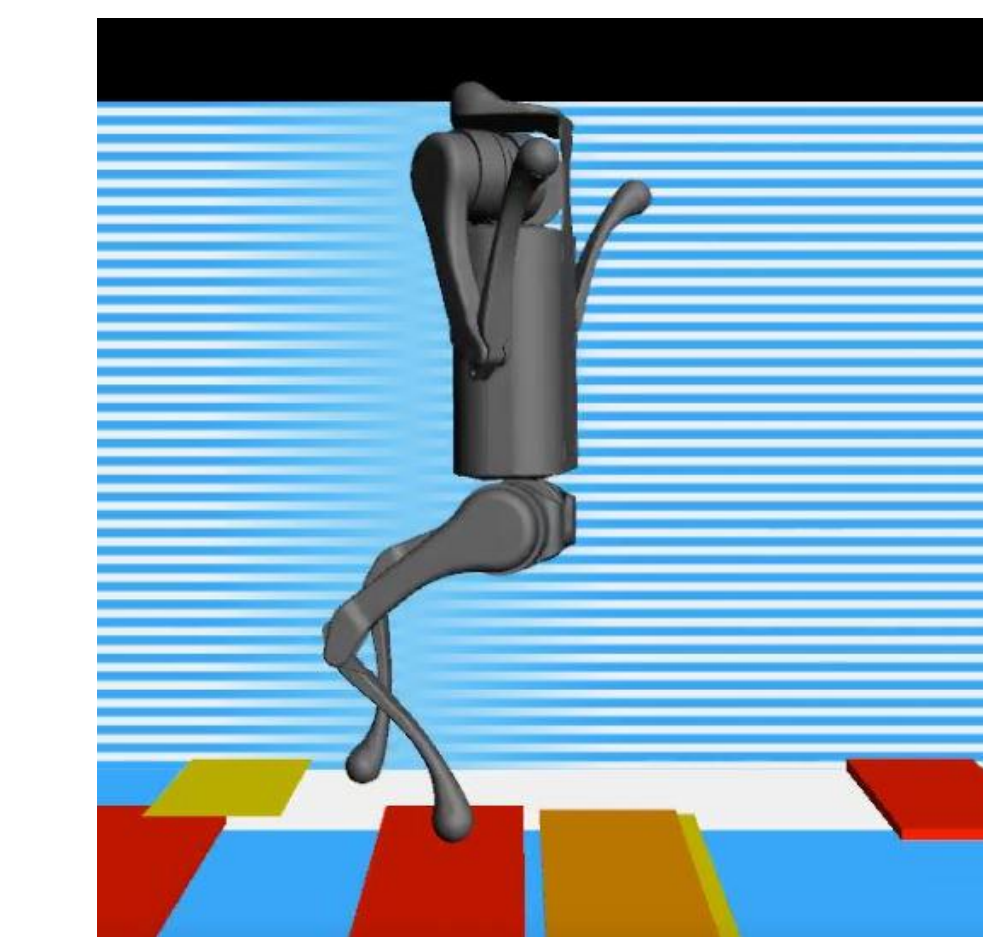


Results

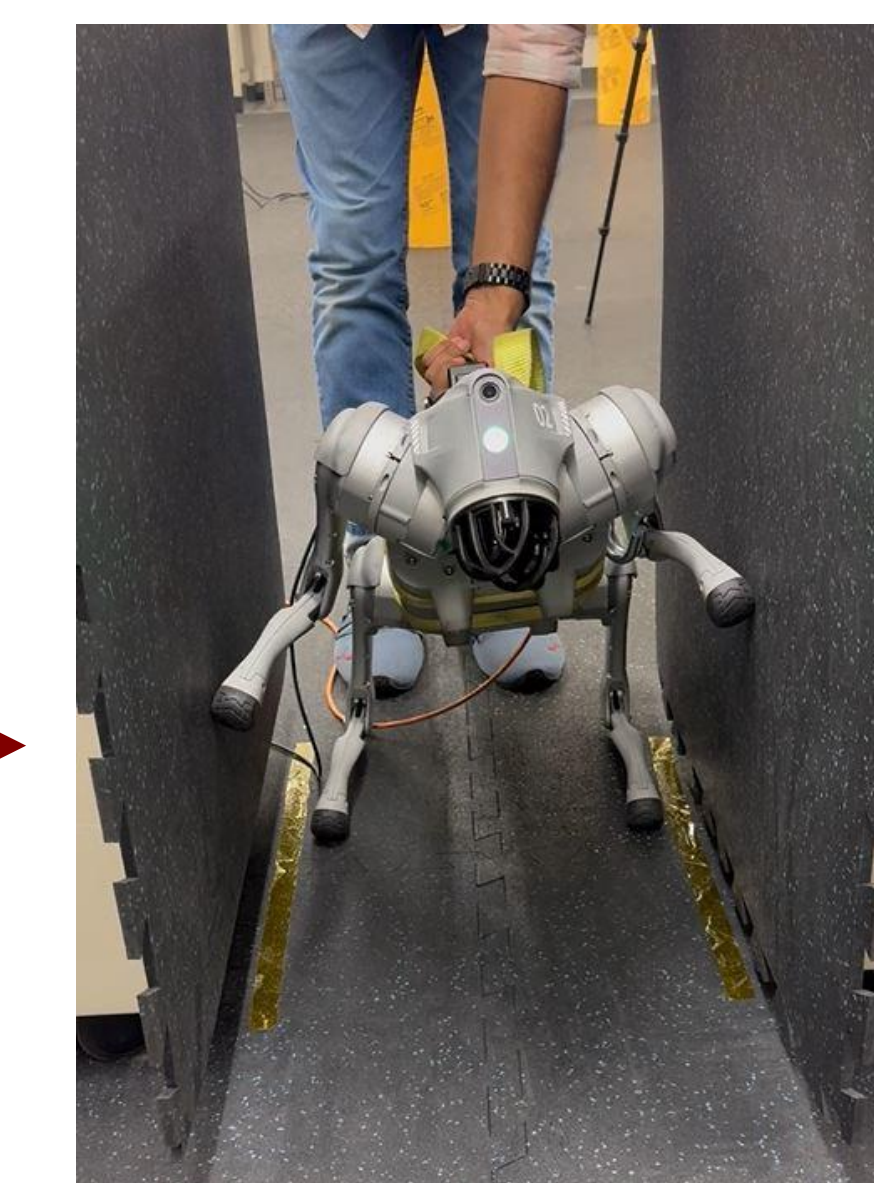
- **MR-NMPC footstep planner** was implemented on the **Unitree Go2** in the **dynamically unstable upright bipedal configuration.**
- The **contact sequence** was inspired by a **monkey-like gait**, in which agile upper-limb interactions stabilize the torso during rapid transitions.



- **Traversal success rate: 66% (MR-NMPC) vs < 5% (Raibert)** on random wooden-block terrain.



Experimental Setup: Unitree Go2 controlled by MR-NMPC to rise from **crouch to stand and trot in place.**



Watch the full simulation and experiment video:

