

## **MERN Stack Training**

**Company:** Sensation Software Solutions  
**Student Name:** Tajinder Kaur  
**Training Duration:** 6 Months  
**Days:** 47

---

## **Objective of the Day**

The objective of Day 47 was to learn **JWT (JSON Web Token)** and implement **token-based authentication**.

---

## **Work Done on Day 47**

The trainer introduced **JWT** and explained how tokens are used to maintain user sessions without storing data on the server.

---

## **JWT Structure**

JWT was explained as consisting of:

- Header
- Payload
- Signature

The concept of token generation and verification was discussed step by step.

---

## **Token-Based Authentication Flow**

The authentication flow included:

1. User logs in
  2. Server verifies credentials
  3. Token is generated
  4. Token is sent to client
  5. Token is used for future requests
- 

## **Hands-on Practice**

We practiced:

- Generating JWT tokens
  - Sending tokens in headers
  - Verifying tokens on protected routes
- 

## Conclusion

Day 47 helped in understanding **stateless authentication**, which is widely used in modern web applications.