



Spring 2023

# UNC ASHEVILLE MEN'S SOCCER

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## SET PIECES/RESTARTS



**SBIGOUTH**



Spring 2023

# SET PIECE OVERVIEW

- DEFENDING
  - GET ORGANIZED EARLY AND COMMUNICATE TO HELP EACH OTHER. CALL OUT MARKS
  - MENTALITY! WIN EVERY FIRST AND SECOND PHASE
  - STAY SWITCHED ON FOR SHORT OR QUICK FREE KICKS
  - KNOW YOUR ROLES! LISTEN TO OUR GOALKEEPER FOR ANY ADJUSTMENTS NEEDED
- ATTACKING
  - TAKE OUR TIME AND PROVIDE QUALITY DELIVERIES
  - GOOD RUNS INTO THE BOX
  - KNOW YOUR ROLES!



## Defensive Corner

- 1 player on the near post
- 3 players zonal across the 6
- 5 players man marking
- 1 player cutting any pass to the top of the box



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## Defensive Corner (Short Option)

- 2 players ready to defend the short option
- 1 player on the near post
- 2 players zonal across the 6
- 4 players man marking
- 1 player cutting any pass to the top of the box



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## Defending Wide Free Kicks

- Goalkeepers discretion how many in the wall. At least one player to take away short option
- 1 player always in the gap
- Players man marking should be no deeper than the top of the 18
- 1 player on the top of the D to clear any knock downs
- 1 player high as an outlet

Mickey

Emi  
Benian  
Edvin  
Xander/Edo  
Roger

Edo/Xander

Rinta

Pablo

Seth



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## Attacking Corner:

- 1 Hand – Near Post Service
- 2 Hands – Far Post Service

- 1 player on the ball
- 1 player on the goalkeeper
- 5 players making runs (see arrows)
- 2 players on the top of the box for knock downs
- 1 player back to prevent a counter attack

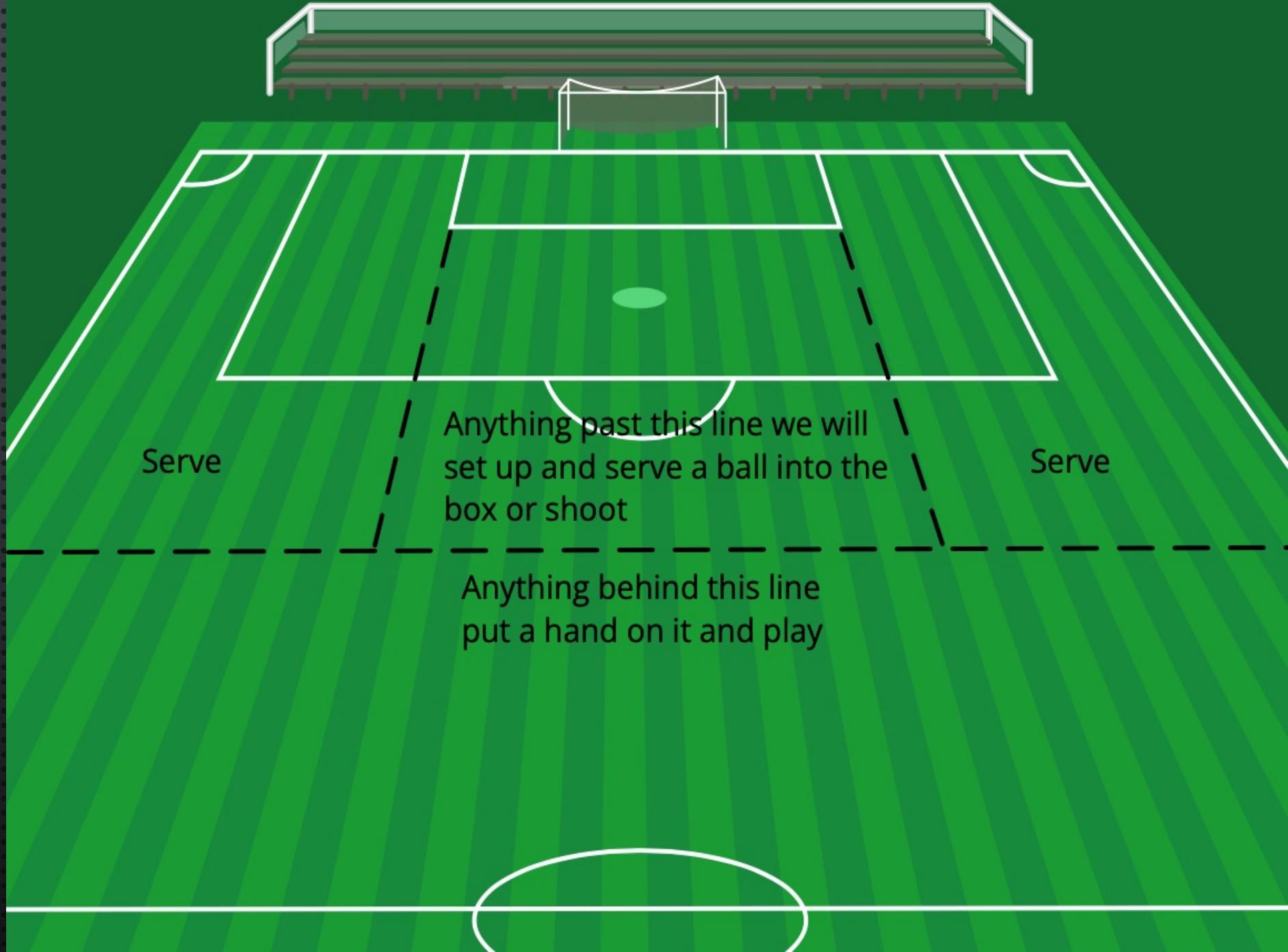


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## Attacking Set Pieces

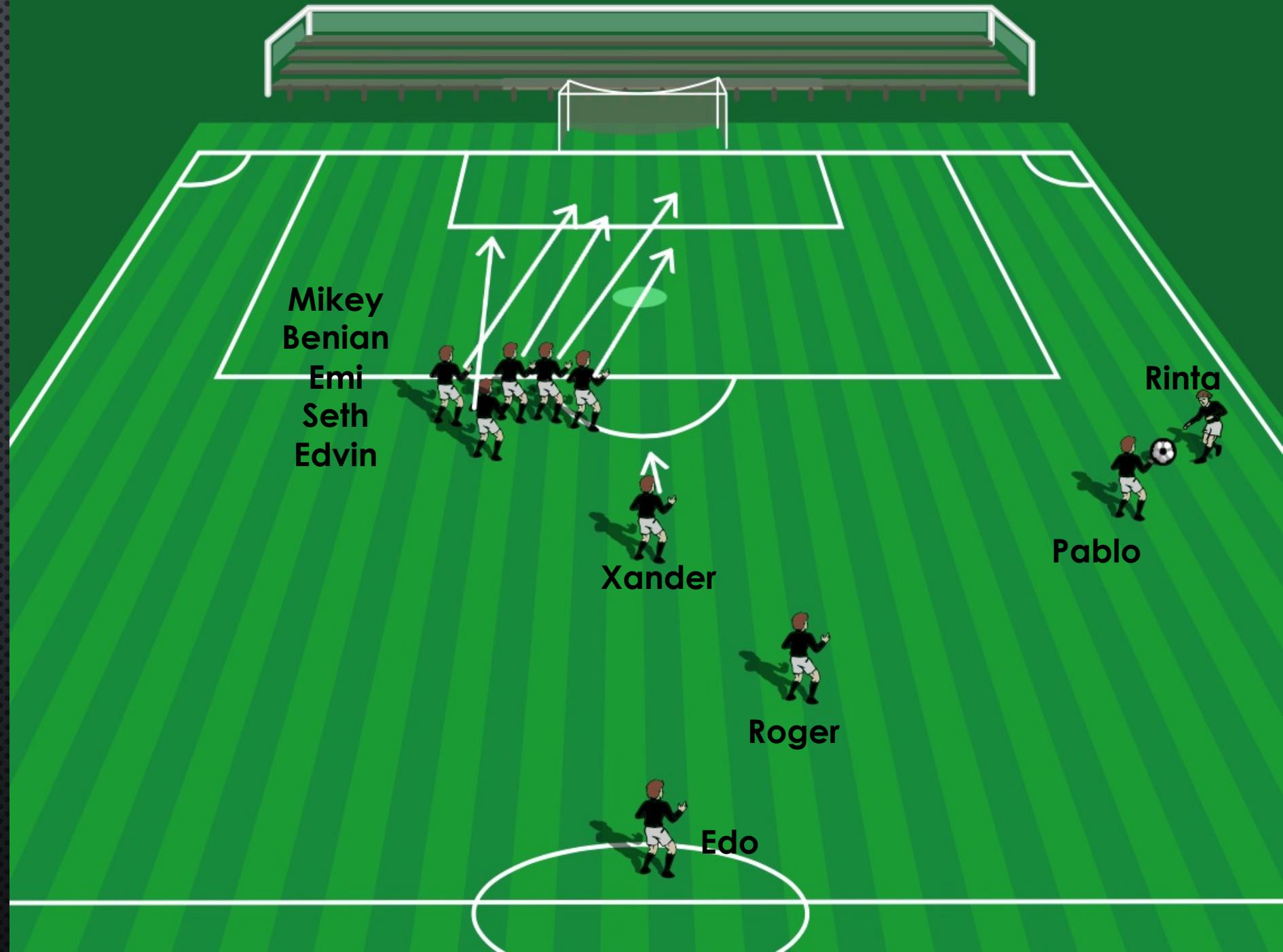
- 2 players on the ball
- Anything that is within 40 yards of goal will be served or shot
- If it is being served but within the width of the 6 yard box it must be moved 1st
- 1 player on the top of the box for knock downs
- 2 players back to prevent a counter attack





## Attacking Set Pieces

- 2 players on the ball
- 5 players making runs into the box. 1 player needs to get across the goalkeeper and 1 player needs to get to the back post
- 1 player on the top of the box for knock downs
- 2 players back to prevent a counter attack



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# ATTACKING SET PIECES

- CORNERS
  - PABLO OBRADOR
  - RINTA TAKAGI
- SERVICE FREE KICKS
  - PABLO OBRADOR
  - RINTA TAKAGI
- DIRECT SHOOTING FREE KICKS
  - SORT OUT ON THE FIELD
- PENALTIES
  - MIKEY WILKERSON
  - ROGER SANGUINETTI
  - EDVIN GROLIMUND