

49uV5 [Free PDF File] All-Time Best Dinners for Two



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The experts at Cook's Illustrated are well-versed in what it takes to scale down recipes without sacrificing flavor. It turns out it's not as easy as simply cutting a recipe in half; recipes need to be entirely reworked--a challenge America's Test Kitchen has embraced and mastered. Here, we have gathered 75 of our best recipes to help small households get delicious dinners on the table every night. Who better than America's Test Kitchen to help you cook dinner when there's just two of you? For decades, the rule of thumb for recipes has been "serves 4 to 6," or even more. But small households, newlyweds, empty nesters, college students, and other two-person families still want to cook great dinners without days of leftovers. The 75 appealing recipes in this book aren't just scaled down--they're re-engineered from the ground up using creative techniques. We take out all the guesswork so you're guaranteed perfect results every time. From cheesy Lasagna, which we cook in a loaf pan, to Juicy Pub-Style Burgers, where we grind the perfect amount of meat ourselves for optimal flavor, this collection truly represents the best dinners for two.

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