

[Free PDF File] Dot Journaling--The Set: Includes a How-To Guide and a Blank Dot-Grid Journal



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What's inside the set: A how-to guide . . . Dot Journaling--A Practical Guide explains how to start and keep a dot journal--a planner, to-do list, and diary that will help you get your life together. You decide what goes inside: Lists of your to-dos, to-don'ts, and more Symbols that will make those lists efficient and effective Spreads to plan your day, week, month, or year Trackers for your habits and goals . . . and a blank dot-grid journal 208 numbered dot-grid pages that make creative layouts a breeze A rugged, flexible cover with an inner back pocket An elastic closure and a ribbon to keep your place!

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