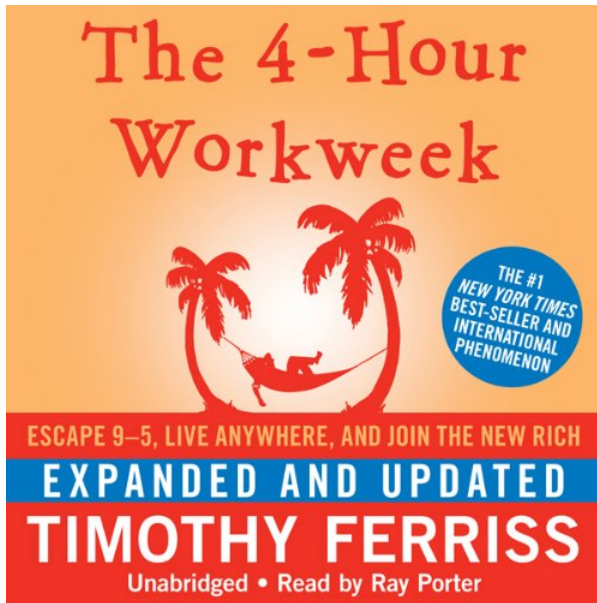


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- How to outsource your life to overseas virtual assistants for \$5 per hour and do whatever you want
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- How to trade a long-haul career for short work bursts and frequent mini-retirements

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