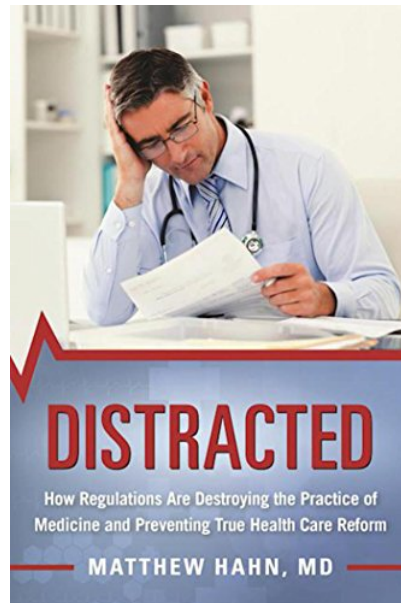


## Am4bS [Free PDF File] Distracted: How Regulations Are Destroying the Practice of Medicine and Preventing True Health-Care Reform



**CONTINUE ►**

After the many bureaucratic changes that followed the passing of the Affordable Care Act (Obamacare) and other legislation, patient care has become secondary to satisfying the whims of government and giant insurance company administrators, who are in total control. The result is a web of complicated rules and misguided programs whose chief effect has been to distract doctors and nurses from their proper focus on patient care. Access to health care now depends on the ability of patients, doctors, and nurses to navigate in and around this cumbersome and ever-changing system. Written by a practicing doctor and based on years of real-life experience, *Distracted* takes the unique view that it is not the American health care system that is broken—the problem lies in the administration of health care. The solution is simplicity where there is complexity. The solution is an elegant use of health information technology to foster improved care. It is putting control of health care decisions back with those who know best, patients and their health care teams. The solution is caring for patients with fewer distractions.

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