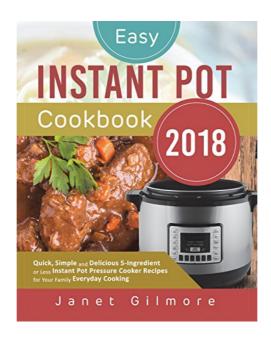
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If you are a busy person who wants to enjoy some authentic home cooked meals, but feel the hesitation to get into the complex process of cooking, then the instant pot is the most suitable appliance for you. This book deals with everything you need to know about instant pot as a beginner and provides you over 100 mouth-watering easy-to-prepare 5-ingredient or less Instant Pot recipes. Everybody wants to enjoy a hygienic and delicious home-cooked meal to ensure the physical health and inner happiness. If you are considering following any diet plan to lose weight, or you want to quit junk food and take-out options; but lack time to prepare the home-cooked meal for yourself and for your whole family, then the instant pot can do magic for you. Instant pot provides you with a very effective and fast way of cooking a meal that required less time, efforts, and fuel. It is a unique hand free cooking experience. If you are still confused about the effectiveness of this magical device, then let yourself know about it much deeper by reading the following book. This book is your most valuable Instant Pot guide. Meantime all recipes in this book will save you too much time and money. You will like all of them! Scroll up to click the Buy Now with 1-Click now! To be healthy, time-saving and happy by reading this book!

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