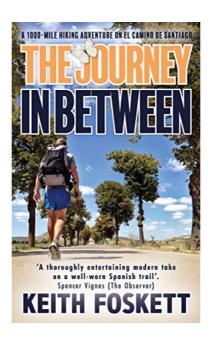
## [Free PDF File] The Journey in Between: A Thru-Hiking Adventure on El Camino de Santiago





Sometimes, the best adventures happen by chance. Occasionally, we receive answers to questions we didnt ask.El Camino de Santiago, also known as The Way, is the fabled path that weaves through French and Spanish countryside for 1,000 miles to its hallowed destination at Santiago de Compostella. Thousands attempt to hike its entirety each year: some succeed, many fail. Keith Foskett found himself at a crossroads, sensing his life was about to change. But, until a chance meeting with a stranger in a Greek bar, he didnt know which path to take. A week later, he found himself at the start of El Camino, and began a journey that would change him. Along the way he made friends with fellow pilgrims from all over the world, all travelling for their own different reasons. From the pain of blisters and extremes of temperature to encountering kleptomaniacs, fake faith healers and being threatened with arrest in Spain for 'not sleeping', his hike was far from normal. This is the story of one man's walk, but it speaks to all who see life itself as a journey and are alive to the revelations that an escape to nature can bring. Written with insight, observation and a healthy dose of humour. As this book shows, it is rarely the start and the finish that count, but the journey in between.Reviews'A thoroughly entertaining modern take on a well-worn Spanish Trail.'- Spencer Vignes (The Observer).'Not only does he have astute observations about the people, places and scenery around him, he is adept at translating those observations into words, often making me laugh or nod in understanding. This is a rare talent. Few authors can bring you to this level of understanding of life on the trail.'- Teresa Dicentra Black (Author - 'One Pan Wonders')'An engaging, vivid and very personal account by a likeable author of a journey and an achievement that readers will find both enviable and inspiring.'-Ingrid Cranfield (Author - 'At Last Michael Reeves')'Keith Foskett kept me hooked with his journey of adventure and stories of the characters he met along the way. A must read for anyone interested in hiking, travel & adventure.'-Amazon Reviewer



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