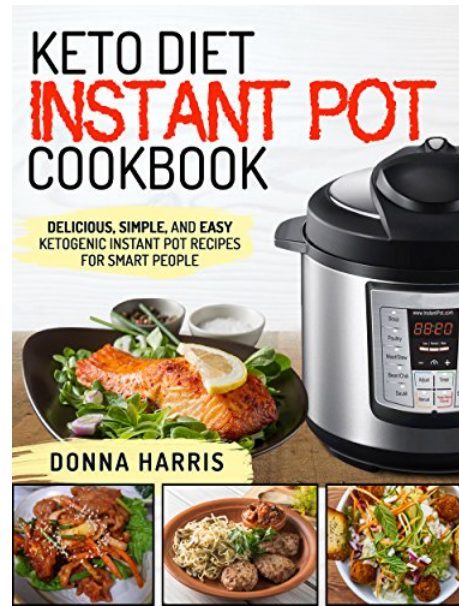


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Are you interested in trying the ketogenic diet? Do you own an Instant Pot? Do you need recipes that are simple and quick to make? The ketogenic diet has been a revelation for hundreds of thousands of people who have taken it up and seen some amazing results. The simplicity of it is one of the appeals and now you can make it even simpler. The Keto Diet Instant Pot Cookbook: Delicious, Simple and Easy Ketogenic Instant Pot Recipes for Smart People, provides you with a range of great tasting recipes that are quick and easy to prepare and include things like: Poblano cheese frittata, Fast veggie egg cups, Chicken bacon chowder, Creamy salsa chicken, Chicken Piccata, Cheese steak pot roast, Lamb korma curry, and lots more... The keto diet has transformed many lives and continues to do so with its innovative approach and healthy food choices. Now, with Keto Diet Instant Pot Cookbook you can enjoy a healthier, happier and more confident future as you lose weight and look great too. Get a copy of this fantastic book and lose weight while taking much of the hard work out of cooking at the same time.

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