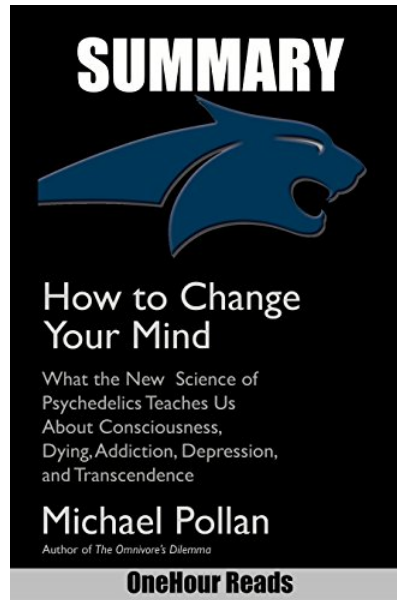


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In the book "How To Change Your Mind", Michael Pollan traces the eventful history of psychedelics, from Hofmann's first encounter with LSD to the first surge of research into the field, to the widespread abuse and misuse followed by a federal government ban, and the recent resurrection of psychedelic research. Psychedelics are probably the world's most controversial class of drugs and in this book, he narrates how they got their reputation. Pollan is careful to correct the popular conclusion that Timothy Leary was the beginning and end of psychedelics. The author's depth of research is obvious as he chronicles the lives and contributions of scientists, therapists, religious leaders, and countless others who have a place in the psychedelics story. This book contains a comprehensive, well detailed summary and key takeaways of the original book by Michael Pollan. It summarizes the book in detail, to help people effectively understand, articulate and imbibe the original work by Pollan. This book is not meant to replace the original book but to serve as a companion to it. Contained is an Executive Summary of the original book, Key Points of each chapter and Brief chapter-by-chapter summaries. To get this book, Scroll Up Now and Click on the "Buy now with 1-Click" Button to Download your Copy Right Away! Enjoy this edition instantly on your Kindle device! Now available in paperback and digital editions. Disclaimer: This is a summary, review of the book "How To Change Your Mind" and not the original book.

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