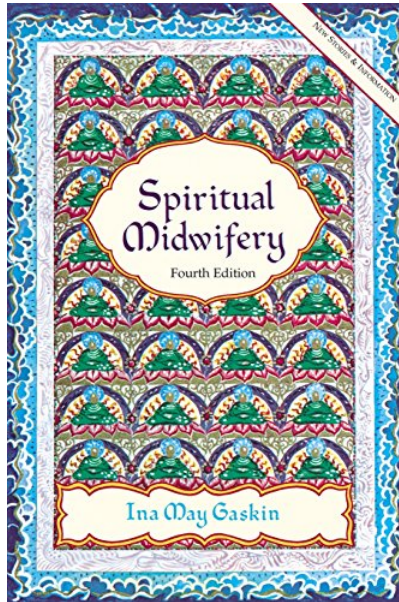


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The original *Spiritual Midwifery*, published in 1976, introduced an entire generation of young women to the possibility of home birth and breast feeding. It also breathed new life into the all-but-vanished field of midwifery. This classic book on home birth is now in its fourth edition, with updated information on the safety of natural childbirth, new birthing stories, and the most recent statistics on births managed by The Farm Midwives. Ina May also provides new information about potentially dangerous techniques routinely used in hospitals during and after birth, as well as the latest findings about VBAC (Vaginal Birth After Cesarean). Improved instructions for handling breech births are also given. Included are stories of working with Amish women, showing a different culture with a similar appreciation for natural childbirth. Photos, illustrations
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