

[GET] When Our Grown Kids Disappoint Us: Letting Go of Their Problems, Loving Them Anyway, and Getting on with Our Lives

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How do today's parents cope when the dreams we had for our children clash with reality? What can we do for our 20- and even 30-somethings who can't seem to grow up? Who can we turn to when the kids aren't all right and we, their parents, are frightened, frustrated, resentful, embarrassed, and especially, disappointed? In this groundbreaking book, a social psychologist who's been chronicling the lives of American families for over two decades confronts our deepest concerns when our grown kids have failed to thrive. She listens to a generation that "did everything right" and expected its children to grow into happy, healthy, successful adults. But they haven't, at least not yet - and meanwhile, we're letting their problems threaten our health, marriages, security, freedom, careers, retirement, and other family relationships. With warmth, empathy, and perspective, Dr. Adams offers a positive, life-affirming message to parents who are still trying to "fix" their adult children - Stop! She shows us how to separate from their problems without separating from them, and how to be a positive force in their lives while getting on with our own. DISCLAIMER: "We cannot guarantee the availability of this ebook on an external site."

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