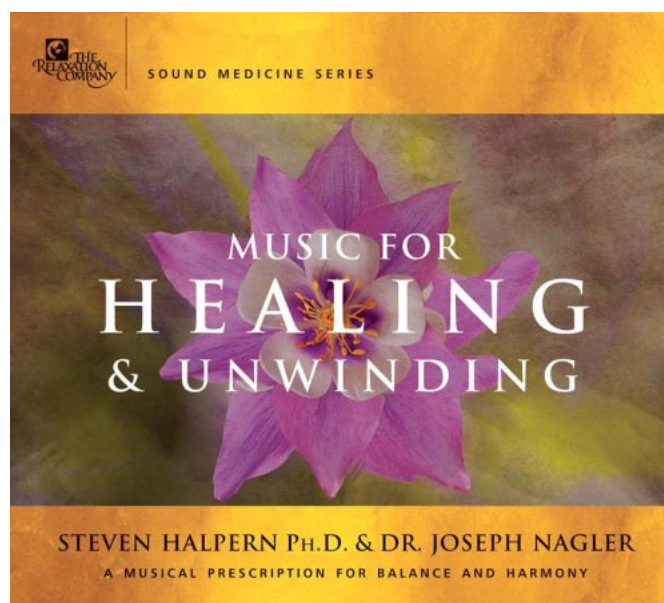


# sjlQJ [Download] Music for Healing and Unwinding: Two Pioneers in the Emerging Field of Sound Healing



**CONTINUE ►**

Your body is a self-healing instrument. If you give it a chance it will always tend toward homeostasis or healthful balance. Sound healer Steven Halpern uses soothing and free floating keyboard compositions to draw the body into this state of balance and harmony. Combining artistic inspiration, sensitivity, and the sophisticated sound technology. Music for Unwinding was created by music therapist and award winning musician Dr. Joseph Nagler. Composed using specific tempi, rhythms and pacing, and performed by an ensemble of world-renowned musicians, these soothing melodies will free you to unwind and let go of the stress of the day. Piano, violin, percussion, flute, guitars and bass all create a lush blend of deeply relaxing music that will peacefully resonate within your body.

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