



**CONTINUE ►**

The perfect cookbook for teaching little ones the joy of preparing meals, with basic cooking techniques, tips, simple first recipes, and tasty, nutritious meal ideas. A family-oriented cookbook that helps children ages three and up work with their parents to prepare an assortment of yummy treats. Karmel, the bestselling author of *First Meals* and *Superfoods for Babies and Children*, teaches kids the fun of cooking and encourages healthy eating habits. Includes delicious recipes, from cookies and cupcakes to pancakes and pizzas! With step-by-step instructions and gorgeous colorful photographs, both parents and children will become top chefs in no time! A fantastic addition to your kitchen.

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