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ESTROGENERATION

How Estrogenics Are Making You Fat, Sick, and Infertile

Anthony G. Jay, Ph.D.

CONTINUE >

The devastating truth about a class of chemicals called "estrogenics" and how your daily exposures can cause weight-gains, depression, infertility and many other exploding health problems. In this book, Dr. Anthony G. Jay offers a clear and honest look at:THE Top 10 List of Everyday EstrogenicsCutting-Edge Weight-Loss StrategiesNew Muscle-Mass Building DiscoveriesHow Estrogenics "Feminize" MalesHow Estrogenics Harm Children3 Detailed Estrogenic Avoidance PlansSpecific Food/Water Estrogenic NumbersSimple Clear Language and DefinitionsThe US and EU Legal Status of EstrogenicsA Direct Exposé on Scientific BiasBrand New Epigenetics DiscoveriesAmazing Fishing "Tail" Chapter OpenersAn Actionable Summary AppendixAnd much, much MORE...

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