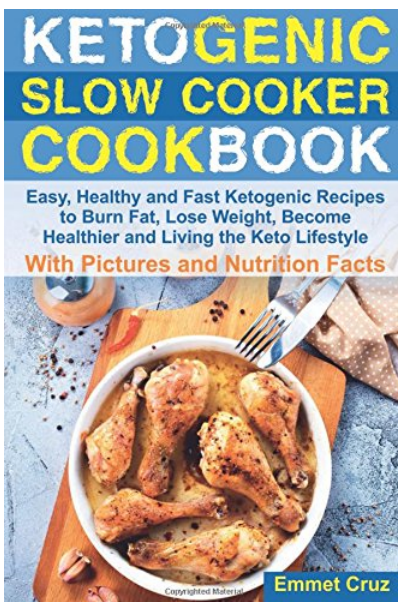


nrLky [Free PDF File] Ketogenic Slow Cooker Cookbook: Easy, Healthy and Fast Ketogenic Recipes to Burn Fat, Lose Weight, Become Healthier and Living the Keto Lifestyle Keto for Dummies



CONTINUE ►

You will be surprised how many tasty recipes await you in your copy of the Ketogenic Slow Cooker Cookbook. You can use these tasty recipes if you want to maintain a healthy ketogenic diet, lose weight, and still enjoy delicious food items. Please note: Book is available in 2 Paperback formats- Black and White and Full color. If you maintain a busy lifestyle and have only the weekend to rest before the following week, you will find planning what you want for the coming week can be less of a task if you have your cookbook downloaded to your files. Each of these recipes is focused on the Slow Cooker using ketogenic diet foods. These are some of the delicious choices to make your kitchen time limited: BBQ Beef Burritos, Brisket & Onions, Lamb with Mint & Green Beans, Wholesome Chicken Soup, Raspberry Cream Cheese Coffee Cake. Detailed, step-by-step instructions are provided with each of the recipes. You will soon understand how easy it is to live a normal lifestyle using the ketogenic diet plan using your slow cooker. You know how to add this collection to your personal library. You can spend more time with your family and friends because you won't need to spend many long hours preparing a healthy meal; your slow cooker will do the job for you! Happy Slow Cooking!

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