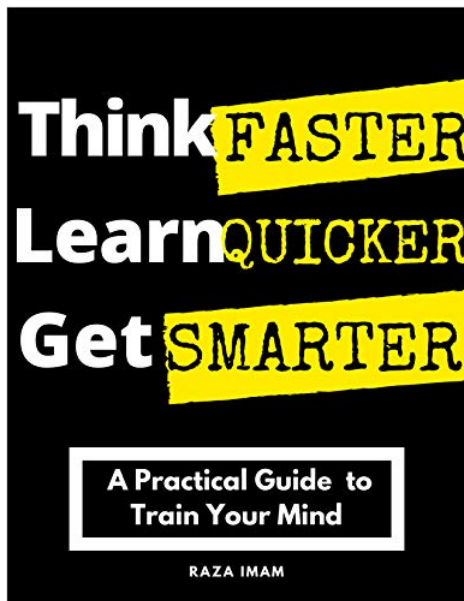


[Free PDF File] Think Faster, Learn Quicker, Get Smarter: A Practical Guide to Train Your Mind



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Discover simple techniques to think faster, learn quicker, and make better decisions. Despite today's technology obsessed world, you most likely feel more stressed, less focused, and way more forgetful. Your productivity is shot, and you find it hard to think quickly and retain information. You struggle to make up by using MORE technology... more apps... more devices in a desperate attempt to gain more control of your life. But it's NOT working. Not only are we more stressed, we find it harder and harder to focus, think quickly, and retain information. And it's taking a toll on us. The good news is that the solution is much less complicated than you think. How much easier would your life be if you could think quicker and learn faster? How much faster could you achieve your goals if you could easily retain the information that you read? How much more productive would you be if you could harness your mind to process ideas more quickly and make better decisions. In this concise, practical guide, I show you exactly how you can with 15 simple exercises that take no more than 15 minutes per day to complete. Here's a taste of what you'll discover in this book: A simple technique to think faster and learn quicker -- today. Why you should be making MORE mistakes (yes, more). The hidden connection between empathy and learning from OTHER's mistakes. How the ancient the ancient

practice of controlled breathing makes you think fasterWhy lifting weights and sprinting sharpen your brainHow to use visualization to make better decisionsThe little-known skill to quick thinking that nearly all top salesmen haveThe secret computer programmers use to think so fastHow to activate more parts of your brainThe secret Einstein and Salvadore Dali knew about naps (need I say more?)Why being overstuffed makes you stupidThe importance of talking to yourself Taking aggressive, persistent action (it's the only thing that matters)It's time to take your power back and harness the power within you.If you're ready to make a change in your life, you've come to the right place!Scroll up and get a copy of this book now.

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