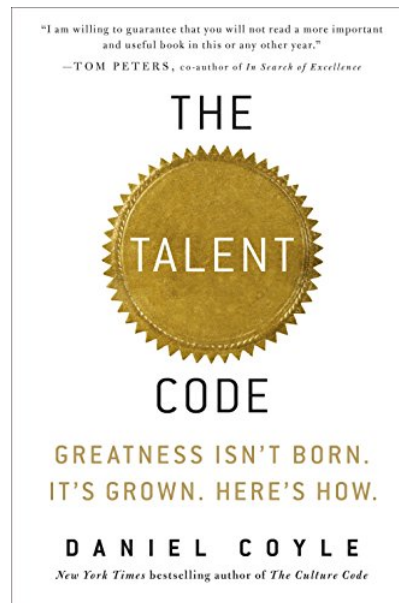


# WMxFi [GET] The Talent Code: Greatness Isn't Born It's Grown Here's How



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With a canny grasp of his subject, Daniel Coyle looks at the development of extraordinary talent, particularly in athletes, and the “revolutionary scientific discoveries” unlocking the “talent code” behind it. Cutting across the nature/nurture argument, Coyle examines research into myelin, a neural insulator produced when we repeatedly “fire a particular circuit”; the more myelin produced along that circuit, the “stronger, faster, and more accurate our [relevant] movements and thoughts become.” Interviewing top coaches, educators and researchers, traveling to talent hot spots and neurology labs, Coyle describes three steps (roughly: visualizing and comprehending, repeating and perfecting, and emotional connection) employed (knowingly or not) by talents like the skate-boarding Z-Boys, Brazilian soccer players, the Bronte sisters, pop musicians, outperforming school kids and others, as well as ways to understand and spur that process along (in ourselves and others). An exciting, accessible window into research that could trigger a revolution in education and the treatment of mental illness, this intriguing study also puts better-known models of learning into perspective: “Practice doesn’t make perfect, perfect practice makes perfect.”

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