

[Free PDF File] Thich Nhat Hanh 2018 Wall Calendar



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The words of Vietnamese Buddhist monk, poet, and activist Thich Nhat Hanh remind us how to find and make peace with reflection-inspiring art by Adam Guan. Monthly Quotes: January: The practice of peace and reconciliation is one of the most vital and artistic of human actions. - Thich Nhat Hanh February: Let us share the vision. And make it possible for great love to arise. - Thich Nhat Hanh March: Peace begins with each of us taking care of our bodies and minds everyday. - Thich Nhat Hanh April: Be yourself. Life is precious as it is. All the elements for your happiness are already here. There is no need to run, strive, search, or struggle. Just be. - Thich Nhat Hanh May: With each step, a gentle wind blows With each step a flower blooms. - Thich Nhat Hanh June: Breathing in, I calm my body. Breathing out, I smile. Dwelling in the present moment, I know this is a wonderful moment. - Thich Nhat Hanh July: Life can be found only in the present moment. The past is gone, the future is not yet here, and if we do not go back to ourselves in the present moment, we cannot be in touch with life. - Thich Nhat Hanh August: We have more possibilities available in each moment than we realize. - Thich Nhat Hanh September: We are here to awaken from our illusion of separateness. - Thich Nhat Hanh October: I am determined to speak truthfully - with words that inspire self-confidence, joy and hope. - Thich Nhat Hanh November: With hearts established in mindfulness, we are truly present. - Thich Nhat Hanh December: You are not an observer, you are a participant. - Thich Nhat Hanh Details and Dimensions: 12" x 12" Durable cover and punch hole Quotes on each page Full color art Printed on high-quality FSC-certified paper. The FSC Mix label ensures that the timber used to produce the paper is from a mixture of reclaimed timber or fiber, FSC-certified forests and/or controlled wood.

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