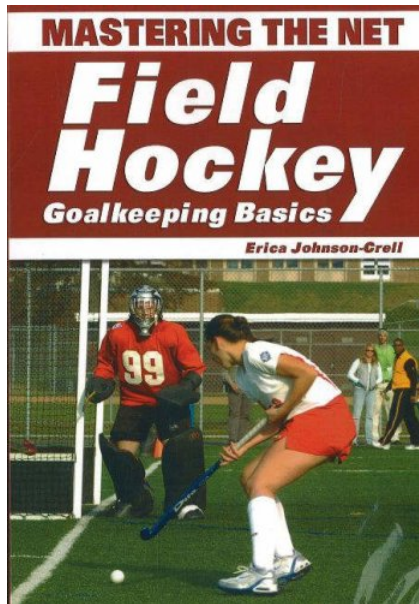


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Describes the basic skills and concepts along with drills and situations for a field hockey goalkeeper. This book will help the beginner to intermediate goalkeeper succeed in the game and move to another level of play so that they can have proper technique and the confidence to execute those techniques in the game. "Mastering the Net" breaks down each basic skill with text and illustrations. It includes information about equipment, basic proper technique, and drills to enhance the skills that are described in the text. In addition, this book includes team drills and some advanced skills that can be taught and learned through practice and growth. It is suitable for players, parents and coaches. DISCLAIMER: "We cannot guarantee the availability of this ebook on an external site."

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