

[Free PDF File] One Year on a Bike: From Amsterdam to Singapore



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The title says it all: one man, one bike, one long ride, the adventure, the pleasure, and the pain. It is simultaneously a travelogue and visual journey. Martijn Doolaard traded the convenience of a car and the distractions of daily life for a cross-continental cycling journey: a biped adventure that would take him from Amsterdam to Singapore. Leaving behind repetitive routines, *One Year on a Bike* indulges in slow travel, the subtlety of a gradually changing landscape, and the lessons learned through traveling. Venturing through Eastern European fields of yellow rapeseed to the intimate hosting culture and community in Iran, *One Year on a Bike* is a vivid chronicle of what can happen when the norm is pointedly replaced by exceptional self-discoveries and beautiful scenery. Doolaard shares the gear and knowledge that made his trip possible alongside the passionate curiosities that served as his impetus.

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