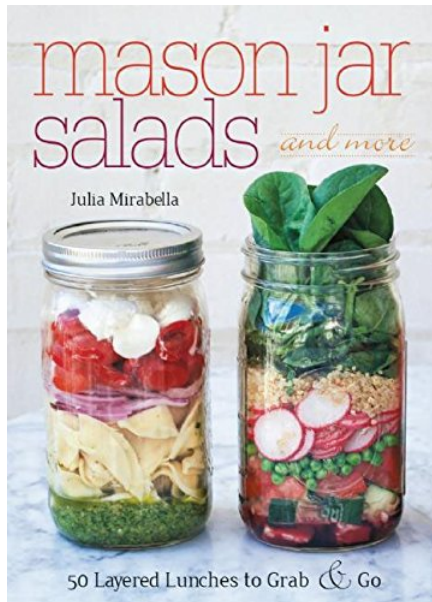


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SALAD MAGIC IN A MASON JAR Discover the coolest way to pack a tasty, healthy lunch! Mason Jar Salads and More shows how to prepare on-the-go meals that are packed with fresh produce and whole foods. The tasty recipes and gorgeous full-color photos in this book will show you how to create amazing dishes, including: *Pomegranate and pear salad *Pesto tortellini with cherry tomatoes *Crunchy Asian salad *Spinach, blueberry and blue cheese salad *Curried chicken salad *Kale and avocado salad *Porcini mushroom risotto *Overnight oatmeal with fruit *Green bean and feta salad

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