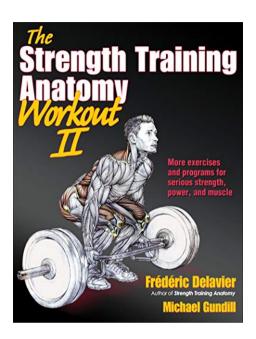
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Men's Health Germany and several other strength publications. His previous publication, Strength Training Anatomy, has sold more than 1 million copies.



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