



Living a life of freedom and fulfillment doesn't always come easy. We all find ourselves in imperfect peace or in chaos at different points in our lives. The key to calming the chaos and unlocking the freedom is creating a framework for your life that takes you from knowing to doing. When we know better, we do better. Considering the number of obligations and distractions that exist, living by design may seem like an impossible dream. But it is not. Not with the framework outlined in this book. **FINDING FREEDOM IN A FRAMEWORK** is your opportunity to identify your priorities, live with intention, and create a life that embraces the real you. We'll dive into how you can leverage that Framework to build more freedom into every area of your life: personally, professionally, with family, and spiritually. **YOU'LL LEARN TO:** Embrace You It starts with embracing who you are by clarifying personal values and living authentically. Design Your Life Leverage habits to drive the right daily decisions, and aggressively pursuing growth. Build Your Legacy Living fully in purpose and utilizing your framework to be of service to others building your legacy. With your **FREEDOM IN A FRAMEWORK**, you won't just live life, but live the life you deserve and in abundance. In our daily lives, we are operating either by default or by design. Join me as we remove the chaos and create a life of freedom!



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