



CONTINUE ►

The She Book is a collection of 107 poems and prose written for you. Because this is your year to live the life of your dreams, to heal, to witness, to be the one who queens. Once a silent star in the sky, lost, alone and unnoticed, she began to dream her life awake. Sensitivity brought light to her dark side and vulnerability found words for what her heart felt but could not say. Pain helped her remember the power within her storm, the wisdom in her breakdowns and the healing visions hidden within her moonlit nightmares. On her journey to shine from within her deepest ache, she blossomed from what felt like an insignificant twinkle to a blazing awakening woman.

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