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There are a lot of personality tests out there designed to label you and put you in a particular box. But Dr. Caroline Leaf says there's much more to you than a personality profile can capture. In fact, you cannot be categorized! In this fascinating book, she takes listeners through seven steps to rediscover and unlock their unique "you quotient" - the brilliantly original way each person thinks, feels, relates, and makes choices - freeing them from comparison, envy, and jealousy, which destroy brain tissue. Listeners learn to be aware of what's going on in their own minds and bodies, to lean in to their own experience rather than trying to forcefully change it, and to redefine what success means to them. Released from the suffocating box of expectations, they'll embrace their true identity and develop a clear sense of divine purpose in their lives. Knowing and understanding our identity empowers our choices. Unlocking one's you quotient is not optional - it is essential. The full copyright information can be found below: 2017 by Caroline Leaf. P 2017 Brilliance Publishing, Inc., all rights reserved. Unless otherwise indicated, Scripture quotations are from the New King James Version. 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved. Scripture quotations labeled AMP are from the Amplified Bible, 2015 by The Lockman Foundation. Used by permission. (www.Lockman.org) Scripture quotations labeled AMP-CE are from the Amplified Bible, 1954, 1958, 1962, 1964, 1965, 1987 by The Lockman Foundation. Used by permission. (www.Lockman.org) Scripture quotations labeled NIV are from the Holy Bible, New International Version. NIV. 1973, 1978, 1984, 2011 by Biblica, Inc. Used by permission of Zondervan. All rights reserved worldwide. www.zondervan.com Scripture quotations labeled NLT are from the Holy Bible, New Living Translation, 1996, 2004, 2015 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved.

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