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Summary of You Are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life by Jen Sincero | Book summary | Book Addict In the book You Are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life, Jen Sincero made a guide on how you can live your best life, whether your life totally sucks at the moment or you're living averagely and know you have untapped potential. Sincero writes from experience as a woman whose life once sucked and as a professional coach helping people whose lives suck. She recognizes the high level of skepticism directed at self-help topics, yet she ventures the terrain with detailed explanations and many personal stories and addresses how human beings come about their unfulfilling lives. This audiobook contains a comprehensive, well-detailed summary and key takeaways of the original book by Jen Sincero. It summarizes the book in detail to help people effectively understand, articulate, and imbibe the original work by this great author. This audiobook is not meant to replace the original book, but to serve as a companion to it. Contained in this audiobook, you'll find: Executive summary of the original book Key points of each chapter Brief chapter-by-chapter summaries To get this audiobook, scroll up now and click on the "Buy Now" button to download your copy right away! Disclaimer: This is a summary review of the book You Are a Badass and not the original book.

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