

# [GET] Surviving a Shark Attack (On Land): Overcoming Betrayal and Dealing with Revenge

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With her trademark no-nonsense voice and building on the principles developed during her long career as a licensed therapist, New York Times best-selling author Dr. Laura shows listeners how to survive enemies - traitors, backstabbers, and saboteurs - at work and at home. In this long-awaited book, Dr. Laura turns to an emotionally explosive subject that has touched all of our lives: betrayal and the desire for revenge. And for the first time, she shares her own personal experiences with betrayal, humiliation, and pain, which has led her to a powerful desire for revenge. Intimate and honest, Dr. Laura connects with her listeners as never before. Empathetic yet never saccharine, direct yet never harsh, Dr. Laura encourages listeners to explore their feelings and learn to get beyond them, finding the tools they can use to achieve fulfilling, contented lives free of rancor and the need to settle scores. Powerful and thought-provoking, Surviving a Shark Attack (on Land) gives listeners the emotional defenses they need for overcoming the worst life can throw at them, whether it's a cheating spouse, a lying sibling, or a ruthless colleague. **DISCLAIMER:** "We cannot guarantee the availability of this ebook on an external site."

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