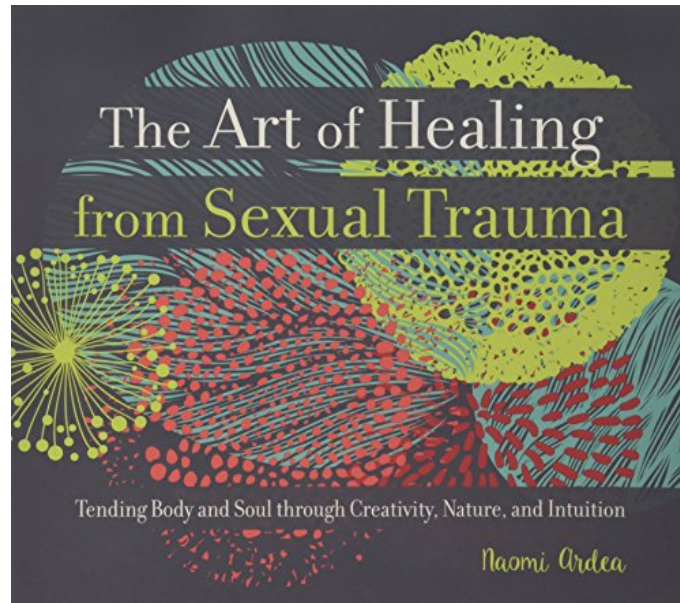


# [GET] The Art of Healing from Sexual Trauma: Tending Body and Soul Through Creativity, Nature, and Intuition



**CONTINUE ►**

Much remains hidden as survivors of sexual trauma do the hard work of healing. Naomi Ardea courageously offers a rare, in-depth view into the inner world of a victim finding her way to regain peace and wholeness. The Art of Healing from Sexual Trauma holds Ardea's soulful paintings, soothing photographs, and authentic, compassionate words. Within this memoir of healing moments, Ardea weaves insightful reflections on common trauma healing patterns as well as a practical, nurturing self-care guide for other survivors.

**CONTINUE ►**

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