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Being a man or a woman in your early 60s is different than it was a generation or two ago, at least for the more fortunate of us. We aren't old...yet. But we sense it coming: Careers are winding down, kids are gone, parents are dying (friends, too), and our bodies are no longer youthful or even middle-aged. Learning to play tennis in your 50s is no small feat, but becoming a serious, competitive tennis player at the age of 60 is a whole other matter. It requires training the body to defy age and to methodically build one's game - the strokework, footwork, strategy, and mental toughness. Gerald Marzorati started playing the game seriously in his mid-50s. He had the strong desire to lead an examined physical life, to push his body into the "encore" of middle age. In *Late to the Ball*, Marzorati writes vividly about the difficulties, frustrations, and triumphs of his becoming a seriously good tennis player. He takes on his quest with complete vigor and absolute determination to see it through, providing a rich, vicarious experience involving the science of aging, his existential battle with time, and the beautiful, mysterious game of tennis.

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