

uimVL [GET] The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children

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Dr. Ross Greene, a distinguished clinician and pioneer in the treatment of kids with social, emotional, and behavioral challenges, has worked with thousands of explosive children, and he has good news: these kids aren't attentionseeking, manipulative, or unmotivated, and their parents aren't passive, permissive disciplinarians. Rather, explosive kids are lacking some crucial skills in the domains of flexibility/adaptability, frustration tolerance, and problem solving, and they require a different approach to parenting. The Explosive Child is the highly acclaimed, lifechanging parenting guide in which Dr. Greene first delineated the Collaborative Problem Solving approach. Dr. Greene explains why kids exhibit challenging behaviors, why traditional behavior management strategies may not be effective for many kids, and how to use Plan B to solve problems collaboratively and teach your child the skills he or she is lacking. As the model has evolved over the years, so has The Explosive Child, and it is available here in an abridged and updated fourth edition narrated by Dr. Greene. Throughout this compassionate, insightful, and practical book, Dr. Greene provides a new conceptual framework for understanding their difficulties. He explains why traditional parenting and treatment often don't work with these children, and he describes what to do instead. Instead of relying on rewarding and punishing, Dr. Greene's Collaborative Problem Solving model promotes working with explosive children to solve the problems that precipitate explosive episodes, and teaching these kids the skills they lack.

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