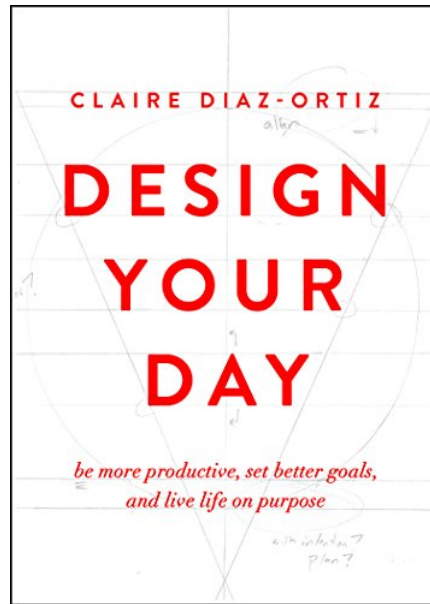


[Download] Design Your Day: Be More Productive, Set Better Goals, and Live Life On Purpose



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"There are a lot of books about goal setting. This one is special." — Scott Warner, CEO, GiggWhen it comes to productivity, hard work is half the battle. The first half—the crucial half—is planning well. The DO LESS method is a simple way to achieve your goals more often, in less time, and with greater peace of mind. Learn how to: Decide the right goals for you Create workable strategies for reaching them Harness time for maximum efficiency From the big-picture down to the details, Claire Diaz-Ortiz walks you through every step of setting and achieving smart goals. She helps you brainstorm goals, choose the best ones, and adjust them to make them realistic. Then she helps you strategize how to reach them, day-by-day, year-by-year. Whether you want to finish a house project, lose weight, or write a book, Design Your Day—by someone who read 150 books while caring for an infant—is an all-in-one guide to smart productivity. Use Claire's tricks and tools and you'll be amazed at what you can do in a day, let alone a lifetime.

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