



**CONTINUE ►**

This third edition of Meta-States takes you on a journey to the theoretical background, understandings, and constructions of the Meta-States model itself. The aim is to fully locate Meta-States in the field of the cognitive-behavioral sciences as it establishes the emergent field of Neuro-Semantics. Meta-States is not just a model about how you think, feel, relate, act and speak, it is also a different way of thinking about the way you function as a human being. Understanding your own meta-states within this model of self-reflexive consciousness is to enter into a non-linear way of thinking and feeling. The Meta-States Model opened up a new dimension to NLP and launched the field of Neuro-Semantics. It is likely that this work will open up an entirely new domain in NLP and offer a new synthesis between NLP and General Semantics.

**CONTINUE ►**

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