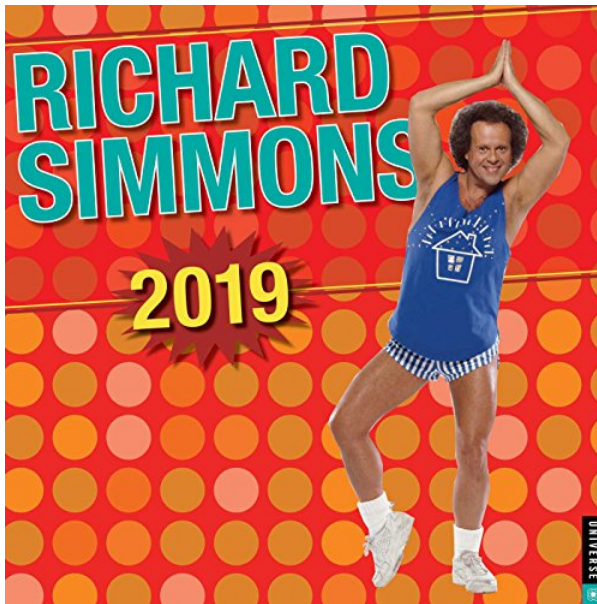


[Download] Richard Simmons 2019 Calendar



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Richard Simmons 2019 Wall Calendar is a celebration of beloved pop icon Richard Simmons. Richard Simmons is a genuine pop culture icon and unquestionably the world's most beloved and respected fitness expert. Over the past 30 years, via his television shows, appearances, exercise classes, nine best-selling books, cruises, seminars, and wellness plans, Richard has channeled his wholly unique wit, humor, style, and brand of encouragement to not only help millions of men and women lose weight, but also aid them in living their lives in their most authentic, honest, and healthful way possible. By helping people adopt sensible, balanced eating programs and exercise regimes that are energetic, fun, and motivating, as well as reframe their self-image and self-worth, Richard Simmons has inspired generations to achieve their full potential.

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