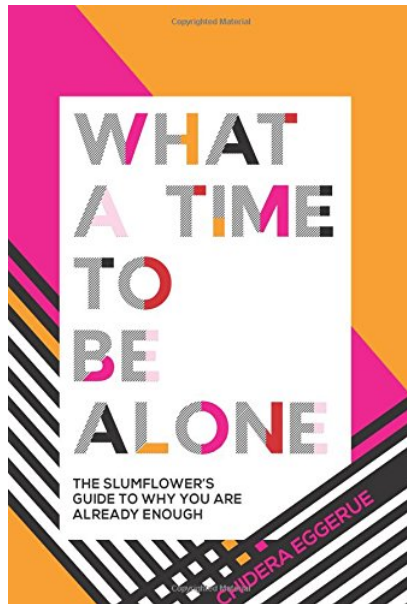


# KErAn [GET] What a Time to Be Alone: The Slumflower's Guide to Why You Are Already Enough



**CONTINUE ►**

In What A Time To Be Alone, The Slumflower will be your life guru, confidante and best friend. She'll show you that being alone is not just okay: it's just about the best freaking thing that's ever happened to you. As she says, 'You're bad as hell and you were made with intention.' It's about time you realized. Peppered with insightful Igbo proverbs from Chidera's Nigerian mother and full of her own original artwork, What A Time To Be Alone will help you navigate the modern world. We can all decide our own fates and Chidera shows us how, using a three-part approach filled with sass, wisdom, and charm. 1. Learn how to celebrate YOU - decide your self-worth, take time to heal and empower yourself in this messy world. 2. Don't worry about THEM - avoid other people's demons and realize that everyone is protecting themselves from something - no matter how aggressive their method. 3. Feel the togetherness in US - sustain and grow healthy relationships and avoid toxicity in your friendships. Own your story. Create your own narrative. Read this book. #WATTBA

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