



From beloved and bestselling author Parker J. Palmer (Let Your Life Speak, The Courage to Teach, Healing the Heart of Democracy), comes a beautiful book of reflections on what we can learn as we move closer to "the brink of everything." Drawing on eight decades of life -- and his career as a writer, teacher, and activist -- Palmer explores the questions age raises and the promises it holds. "Old," he writes, "is just another word for nothing left to lose, a time to dive deep into life, not withdraw to the shallows. "But this book is not for elders only. It was written to encourage adults of all ages to explore the way their lives are unfolding. It's not a how-to-do-it book on aging, but a set of meditations in prose and poetry that turn the prism on the meaning(s) of one's life, refracting new light at every turn.

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