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A seasons worth of great girls softball practice plans!Coach Jerry Laird presents 20 hour-long practice plans full of girls softball drills, skills and coaching tips developed for beginner and intermediate softball players. Each practice plan focuses on a new skill and there are plenty of topics and team building activities throughout. The plans provide an entire season worth of essential softball skills hitting, fielding, throwing, baserunning, and situational play that young players need to master, all delivered in an easy-to-follow, time-specific format.

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