

w15My [Download] Air Fry Everything: Foolproof Recipes for Fried Favorites and Easy Fresh Ideas by Blue Jean Chef, Meredith Laurence (The Blue Jean Chef)



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The Air Fry Everything! cookbook creates fried food fast without the added fat, calories or guilt. Created by The Blue Jean Chef, Meredith Laurence, Air Fry Everything! offers over 130 all new, flavor-bursting recipes, including restaurant makeovers, like Blooming Onions, Beer Battered Onion Rings, Chicken Wings, Shrimp Egg Rolls, and Skinny Fries, and turns them into healthy and crunchy, lower calorie alternatives. Additional recipes include Parmesan Chicken Fingers, Fish and "Chips," Cherry Chipotle Chicken Wings, Crab Cakes, Coconut Shrimp, Fried Cauliflower with Parmesan Lemon Dressing, homemade potato chips, Boston Cream Donut Holes, and much more. Your air fryer can create more than "fried" foods, and Air Fry Everything! gives you recipes for that too including Marinated Rib-Eye Steak with Herb Roasted Mushrooms, Inside Out Cheeseburgers, Honey Mesquite Pork Chops, Maple Balsamic Salmon, Roasted Vegetable Stromboli and Mini Molten Chocolate Cake, just to name a few. Plus foolproof recipes for making perfect bacon, roasting garlic, toasting nuts and creating crispy tortilla chips. As always Meredith also provides tips and tricks to help you get the most out of your air fryer, plus how to cook your favorite frozen foods without all the added oil that goes along with deep-frying. Air Fry Everything! is the must-have cookbook for anyone who owns an air fryer.

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