

JUiOz [Download] Get Your Sh*t Together: How to Stop Worrying About What You Should Do So You Can Finish What You Need to Do and Start Doing What You Want to Do

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The no-f--ks-given, no-holds-barred guide to living your best life Ever find yourself stuck at the office - or even just glued to the couch - when you really want to get out (for once), get to the gym (at last), and get started on that "someday" project you're always putting off? You need to Get Your Sh*t Together. In The Life-Changing Magic of Not Giving a F--k, "anti-guru" Sarah Knight introduced listeners to the joys of mental decluttering. This book takes you one step further - organizing the f--ks you want and need to give and cutting through the bulls--t cycle of self-sabotage to get happy and stay that way. You'll discover: **DISCLAIMER:** "We cannot guarantee the availability of this ebook on an external site."

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