

# [Free PDF File] Stealing Fire: How Silicon Valley, the Navy SEALs, and Maverick Scientists Are Revolutionizing the Way We Live and Work



CONTINUE ►

The authors of the best-selling *Bold* and *The Rise of Superman* explore altered states of consciousness and how they can ignite passion, fuel creativity, and accelerate problem solving, in this groundbreaking book in the vein of Daniel Pink's *Drive* and Charles Duhigg's *Smarter Faster Better*. Why has generating "flow" and getting "into the zone" become the goal of the world's most elite organizations? Why are business moguls attending Burning Man? Why has meditation become a billion-dollar industry? Why are technology gurus turning to psychedelic drugs to unlock creativity? All of these people are seeking to shift their state of mind as a way of unlocking their true potential. Altered states, the authors reveal, sharpen our decision-making capabilities, unleash creativity, fuel cooperation, and let us tap in to levels of inspiration and innovation unavailable at all other times. *Stealing Fire* combines cutting-edge research and firsthand reporting to explore a revolution in human performance - a movement millions of people strong to harness and utilize some of the most misunderstood and controversial experiences in history. Building a bridge between the extreme and the mainstream, this

groundbreaking and provocative book examines how the world's top performers - the Navy SEALs, Googlers, Fortune 100 CEOs - are using altered states to radically accelerate performance and massively improve their lives, and how we can, too. Ultimately, Stealing Fire is a book about profound possibility - about what is actually possible for ourselves and our species when we unlock the full potential of the human mind.

**CONTINUE ▶**

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