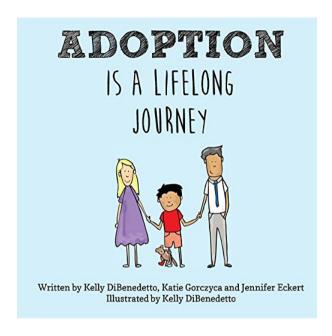
## [Free PDF File] Adoption Is a Lifelong Journey





Meet Charlie, an adoptee who opens his heart and shares whats on his mind through various phases as he grows up in his adoptive home. As the narrator of ADOPTION IS A LIFELONG JOURNEY, Charlie invites readers to see the adoption journey from the perspective of a child adoptee. This illustrated book a tool for families touched by adoption and foster care provides insight into emotions and thoughts an adoptee or foster child might encounter while also equipping parents and caregivers with timely responses and resources. While every adoption story is unique, Charlies voice brings to light common themes the authors encounter as post adoption therapists at Boston Post Adoption Resources (BPAR). The book begins with Charlie settling into his adoptive home and progresses as he grapples with challenges such as building trust, feeling a sense of worth, relating to his beginnings, and establishing his identity. The illustrated portion connects to recommendations for parents: things to think about, tips for conversations, family activities, and additional resources. Who can benefit from the book: adoptive or foster parents, mental health professionals, adoption and foster care agencies, prospective adoptive parents, teachers and school health facilitators.

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