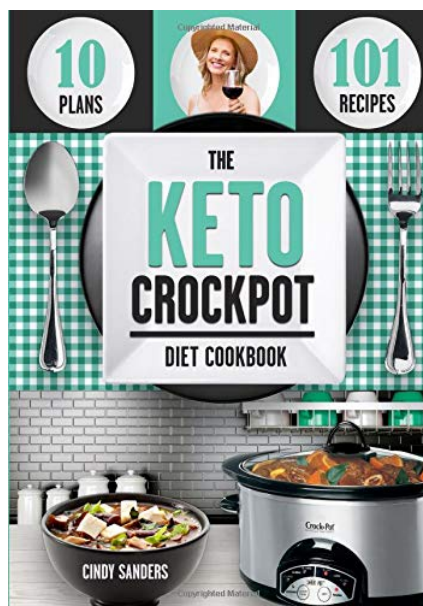


[GET] The Keto Diet Crock Pot Cookbook: 101 Delicious and Easy Slow Cooker Recipes for Weight Loss, Healing and Confidence on the Ketogenic Diet



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****LIMITED TIME DISCOUNT:** reduced from \$11.99 RRP**Lose weight and discover the art of cooking with your Crock Pot!Cindy Sanders brings the most delicious 101 ketogenic Crock Pot recipes to your kitchen! Each recipe features:Nutritional Information: perfect for counting those daily carbs, fats & calories on the keto diet.Cooking Times: perfect for busy professionals & moms.Affordable Ingredients: perfect for cutting out those unaffordable & long-winded ingredients.Servings: save money by cooking the right amount of food for your diet.Metric and Imperial Measurements: perfect for folks worldwide.Scientific studies show the benefits of a ketogenic diet for losing weight, reducing the risk of heart disease and diabetes, and improving your overall health and well-being. Cindy's book does away with the misconceptions that high fat is bad and shows you how to lose weight and enjoy your favorite Crock Pot recipes on the keto diet.Cindy's book takes on a user-friendly and easy to follow design that will allow you to reach your weight loss goals on the ketogenic diet more quickly and healthily than before. By selecting these recipes, you not only get to taste the very best the keto diet has to offer, but you will also lose weight in the fastest, healthiest and tastiest way possible!Inside you'll discover 101 delicious ketogenic Crock Pot recipes for:BreakfastLunchSoupsStewsChiliesMeatsSeafoodVegan & VegetarianSide DishesDessertsAndThe history and science of the keto dietThe benefits & side effects of the keto diet.Learn about the Crock Pot and how to use it.Keto diet and Crock Pot FAQsAnd much more!Amazon exclusive offer: Buy the paperback & get the kindle version for FREE!Pick up your copy today!Happy Cooking!

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