

[GET] Finish: Give Yourself the Gift of Done

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From New York Times best-selling author Jon Acuff, a book for those who want relief from always starting and never being done. Jon Acuff, sought-after speaker and consultant, is the friend who always gives you great advice. With his self-deprecating humor and charm, he has won over hundreds of thousands of followers who come to him for both encouragement and a kick in the pants. Now, after showing you how to reboot your career in his New York Times best seller *Do Over*, Acuff shows chronic starters how to actually finish their goals in an age of bottomless distractions and endless opportunities. Acuff knows the reason why many writers' novels go unfinished - it's the same reason why gyms are filled in the first week of January and empty by the end of the month and why people stop learning a new language once they get past the easy parts. It's not just that people lose momentum or get distracted. People give up on projects when they fail to live up to their own high expectations and decide that if they can't do something perfectly, they won't do it at all. If you're going to finish, you have to kill perfectionism. Drawing on his popular 30 Days of Hustle course, Acuff teaches listeners to short-circuit perfectionism and make it through to the end of a task. Whether it's by "choosing what to bomb" or "cutting a goal in half", he shows listeners how to move past "the day after perfect", get focused, and - finally - finish.

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