

5Bgc8 [Free PDF File] We Fed an Island: The True Story of Rebuilding Puerto Rico, One Meal at a Time

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The true story of how a group of chefs fed hundreds of thousands of hungry Americans after Hurricane Maria and touched the hearts of many more. Chef Jos Andrs arrived in Puerto Rico four days after Hurricane Maria ripped through the island. The economy was destroyed, and for most people there was no clean water, no food, no power, no gas, and no way to communicate with the outside world. Andrs addressed the humanitarian crisis the only way he knew how: by feeding people, one hot meal at a time. From serving sancocho with his friend Jos Enrique at Enrique's ravaged restaurant in San Juan to eventually cooking 100,000 meals a day at more than a dozen kitchens across the island, Andrs and his team fed hundreds of thousands of people, including with massive paellas made to serve thousands of people alone. At the same time, they also confronted a crisis with deep roots as well as the broken and wasteful system that helps keep some of the biggest charities and NGOs in business. Based on Andrs' insider's take as well as on meetings, messages, and conversations he had while in Puerto Rico, *We Fed an Island* movingly describes how a network of community kitchens activated real change and tells an extraordinary story of hope in the face of disasters both natural and manmade, offering suggestions for how to address a crisis like this in the future.

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