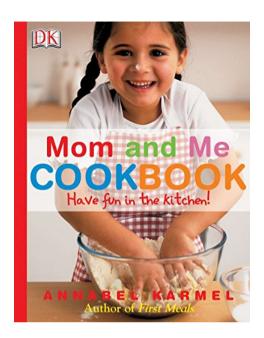
3lyb0 [Free PDF File] Mom and Me Cookbook





The perfect cookbook for teaching little ones the joy of preparing meals, with basic cooking techniques, tips, simple first recipes, and tasty, nutritious meal ideas. A family-oriented cookbook that helps children ages three and up work with their parents to prepare an assortment of yummy treats. Karmel, the bestselling author of First Meals and Superfoods for Babies and Children, teaches kids the fun of cooking and encourages healthy eating habits. Includes delicious recipes, from cookies and cupcakes to pancakes and pizzas! With step-by-step instructions and gorgeous colorful photographs, both parents and children will become top chefs in no time! A fantastic addition to your kitchen.

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