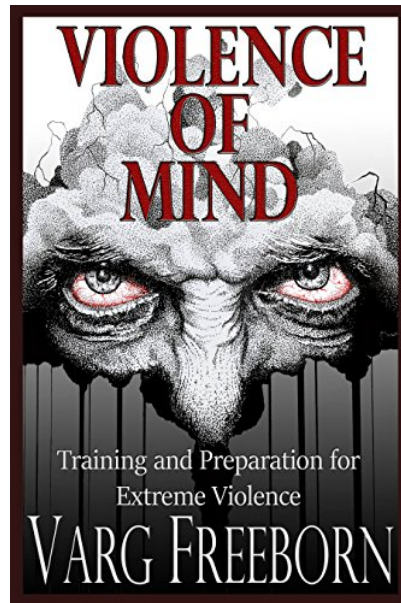


# HqzXQ [Free PDF File] Violence of Mind: Training and Preparation for Extreme Violence



**CONTINUE ►**

A book covering the topic of self-defense from a shocking, first-hand perspective. The subjects of criminal violence, self-defense, lethal force, mindset, firearms training and concealment have never been introduced so comprehensively in one place. Having successfully sold world-wide in its independently published and distributed paperback form, it is now available on Kindle. "A powerful, gripping, and self-reflective roller-coaster that's part cautionary tale, part how-to book on building the counterpart to the high-order predator, Varg makes no apologies for it being an in-your-face look at real violence from the perspective of that rare someone who can speak from deep personal experience, from both sides of the fence. In an industry littered with those often driven by ego, fantasy, and disconnected from reality, there are a vast number of people in this industry that NEED to read this. A book only an authentic leader in the industry could produce, fully-recommended. Read this book if you're serious about personal protection." D.P. Friesen, CLTP, Costa Rica Varg Freeborn is an author, fitness coach, violence educator and lethal force instructor widely known for his unique background in the violent criminal underworld. His breadth of experience is unmatched in criminal violence education and self-defense training. DISCLAIMER: "We cannot guarantee the availability of this ebook on an external site."

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