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In the most candid and compelling sports memoir since Andre Agassi's riveting bestseller *Open*, former San Francisco 49er, Super Bowl champion, NFL MVP, and Hall of Famer Steve Young gives listeners an unprecedented and stunning inside look at what it takes to become a super-elite professional quarterback. Steve Young was not expected to become one of the greatest quarterbacks of all time. A devout Mormon, he had a perfect GPA in school, studied Latin and calculus, and was blessed with a photographic memory. His mother pleaded that he not play football. But Young was determined to become the next Roger Staubach. QB tells the story of a boy with a gentle demeanor who overcame personal fears and his teammates' and coaches' indifference to reach the pinnacle of America's most violent game. Football was a test and a quest: listed eighth on the depth chart at Brigham Young University, Young was told he'd never play quarterback in college. He went on to endure intense media scrutiny as the highest-paid player in sports history before he ever stepped on the field as a professional. As a 49er, he went head-to-head with the legendary Joe Montana in what became the NFL's greatest quarterback controversy. But Young's biggest hurdles were invisible to the public: the physical pain that comes with being an ordinary-size man in a league of giants; the loneliness of playing sixteen seasons as a bachelor; and an undiagnosed case of separation anxiety that made him dread getting out of bed and caused him to vomit in locker room bathrooms before games. Through sheer grit, Young put on a helmet week after week, season after season, leading his team to a Super Bowl championship, endearing himself to both the city of San Francisco and football fans everywhere. DISCLAIMER: "We cannot guarantee the availability of this ebook on an external site."

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