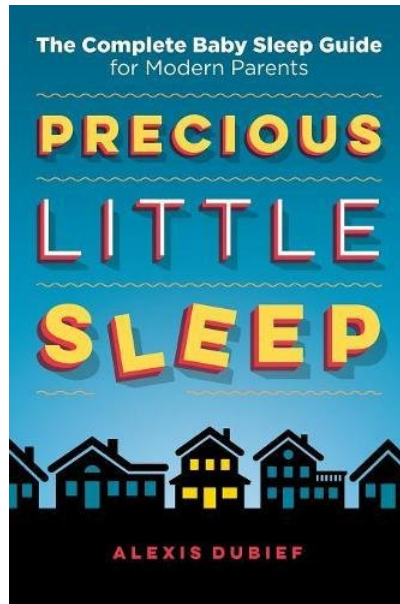


# tYJeu [Download] Precious Little Sleep: The Complete Baby Sleep Guide for Modern Parents



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The Expert, Hilarious, and Tactically Comprehensive Baby Sleep Book! Parenting a baby or toddler is the grandest adventure of all when you're not miserably exhausted. Sleep expert Alexis Dubief, of the wildly popular website Precious Little Sleep, imparts effective, accessible, and flexible strategies based on years of research that will dramatically improve your child's sleep, detailing 7 methods to teach your baby to sleep so that you can find what works best for your family. This book will help you tackle the thorniest sleep snags, including: If you're looking for practical solutions to improve your child's sleep in a book that won't put you to sleep, this is for you!

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