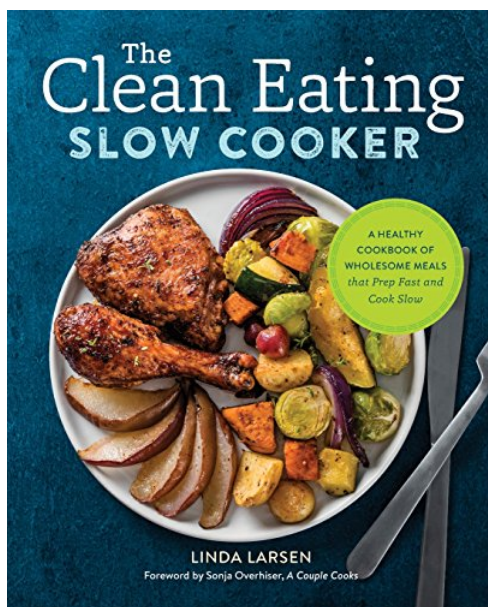


[Download] The Clean Eating Slow Cooker: A Healthy Cookbook of Wholesome Meals that Prep Fast & Cook Slow



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130 Slow Cooker Recipes to Help You Get a Quick Start on Clean Eating Whether you're looking to slim down, gain energy, save money, or just feel healthier? there are numerous benefits to following a clean eating lifestyle. And despite what you might think, beginning a clean eating diet can be easy and hassle-free...with the help of your trusty slow cooker! If there's one thing that slow cooking expert Linda Larsen knows about (other than slow cooking, that is) it's clean eating. A lifelong lover of all things sugary and sweet, Linda never expected that she would one day make the transition to clean eating. And she certainly didn't expect that clean eating would not only be deliciously satisfying, but surprisingly easy as well. In *The Clean Eating Slow Cooker*, Linda combines her two great loves and shares with you how simple it is to cook clean, whole-food meals at home. With *The Clean Eating Slow Cooker* you'll enjoy: Clean eating doesn't have to mean stress in the kitchen and expensive grocery bills. With *The Clean Eating Slow Cooker* you'll discover just how easy and affordable it can be to start eating cleaner and living healthier today.

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