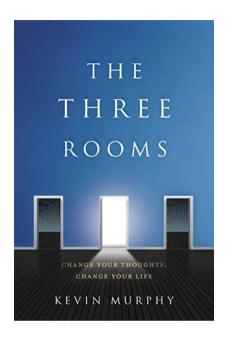
[GET] The Three Rooms: Change Your Thoughts, Change Your Life





AMAZON BESTSELLER IN NEW AGE & SPIRITUALITY SELF-HELPMove into the Present Room and Enjoy Your Life "The Three Roomsis a heartfelt seminal text which addresses self-understanding in spatial and temporal terms, simple enough for a child to understand, yet deep enough to awaken a true spiritual seeker." --Dr. Michael R. Cunningham, Chancellor, National University System Most of us are sleepwalking, focusing on the physical world when we should be paying attention to our inner selves, and to being in the present. The Three Rooms will help readers awaken and align with their Higher Self. The book uses the metaphor of rooms to represent places our thoughts go: backwards to the Past Room, forward to the Future Room, or now in the Present Room. In the Present Room, there are no regrets of the past or fears of the future; it is the ideal state "where we can find joy, peace, acceptance, and compassion," among other positive emotions. That is where we are meant to be.

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