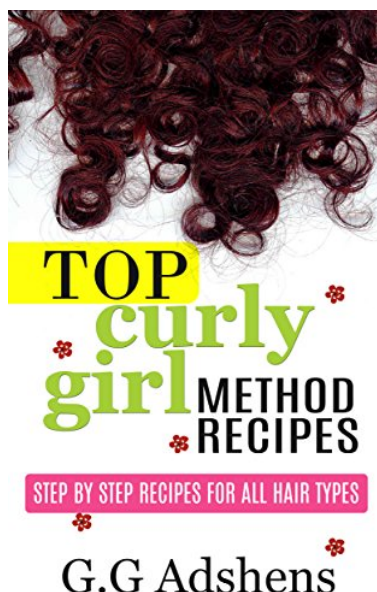


xfS8d [Free PDF File] Top Curly Girl Method Recipes: Step by step recipes for all hair types



CONTINUE ►

Revised - with new top recipes! This book is for all you curlies who have had a hard time finding the right recipes and ingredients to achieve your perfect curl. Why be a product junkie when you can use the most renowned natural ingredients (biodiversity's solution) to make your curls pop! These are tried and tested, proven to have worked with all curl types from 3c- bigger curls, through to 4c-smaller coils/ kinky hair. What I recommend is that you choose your preferred recipe for each of the 5 stages and use these consistently for 6 weeks and give us feedback on how your curls have been transformed. This time period is long enough to build moisture in your hair to its maximum hydration and achieve its ultimate curl factor. Feel free to come back to this page and comment on your results. Our unique book picks on the top recipes and covers all the key stages to achieve the most pronounced and luscious curls regardless of curl type, making this book for ALL curlies! The recipe chapters comprise: Step 1: Clarify Step 2: Condition Step 3: Style Step 4: Spritz Step 5: Detangle Oil Mixes (new addition) Enjoy all the tried and tested recipes, and choose the ones that best suit your hair. This is a very valuable handbook, a must have handbook for every curly girl across all ethnicities!

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