

[GET] The Keys to the Effortless Golf Swing: Curing Your Hit Impulse in Seven Simple Lessons

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The biggest paradox in golf is that the harder you try to hit the ball, the worse you do so. In *The Keys to the Effortless Golf Swing*, Michael McTeigue offers you a simple system of sequential body movements that produces a true swinging motion with every club in the bag. The result is increased distance and greater accuracy for all sizes, shapes, and ages of golfers for a minimum investment in learning time. The clarity and simplicity of McTeigue's frill-free approach to the golf swing leads the listener to a new experience of power and effortlessness. He truly shows how to build a swing you can trust and keep for life. If you love golf but have never played to your potential, here is an audiobook that you will quickly come to treasure.

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