

[GET] Discover Your Why: Unleash the Power of Why, Find Your Strengths, Use Obstacles to Your Benefit, and Lead a Purpose Driven Life

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"The two most important days in your life are the day you are born and the day you find out why." -Mark Twain Do you often jump off your bed to crush your day or just keep waiting for the weekend & say "Thank God It's Friday?" Do you feel stressed and often ask why we do what we do? Do you find yourself overwhelmed, lacking a sense of priority, and unsure who you were meant to be? Imagine having a clear sense of purpose that fills you with enthusiasm to give your best shot in whatever you do. Imagine moving towards your dream with relentless focus and transforming every obstacle into opportunity. Yes, you can thrive in this world, if you understand the psychology of purpose and know how to find your why. Good news! DISCOVER YOUR WHY is here to transform your mindset, uncover your strengths, help you find your why, and put your life on the right trajectory. Learn how Japanese live longer with the power of "Ikigai". Should your purpose be limited to self-actualization or transcend beyond yourself- understand from Abraham Maslow and learn why purpose is your soul's oxygen? How your three-part brain works and why Neocortex (thinking) brain strives you to always start with why. Understand how improved ranking on your Purpose-in-Life Scale helps you avoid Alzheimer's, heart stroke, cure cancer, quit drugs and alcohol, and makes you live longer. Learn how you can measure your own purpose-in-life scale. How studies show that a clear purpose makes your more money too.

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