

[Free PDF File] Bco: Vivid Recipes from the Heart of Los Angeles



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This is the cookbook of the season from the chef credited with capturing the myriad tastes of Los Angeles on the plate. Visually stunning and conceptually fresh, this cookbook contains 130 recipes that redefine the way we think about flavor. Josef Centeno, chef and owner of 5 acclaimed restaurants, draws on his multicultural heritage, formal training in top-notch restaurants such as Manresa and Daniel, a lifelong obsession with cookbooks, and an insatiable curiosity. Centeno's cooking layers textures and explores how spices and sauces can be used to transform the most basic vegetables. Recipes span from simple to showstopping, exploring sauces, soups, mains, salads, and desserts, too. More than 130 vivid photographs convey the beauty and excitement of Josef Centeno's extraordinary cooking.

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