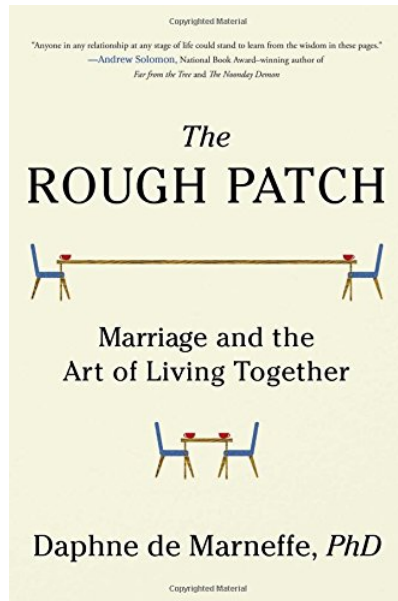


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From a leading clinical psychologist who has counseled couples and individuals for decades, a wise, radical, and optimistic approach to marriage that promises compatibility between an individual's development and the often relentless demands of a relationship. People today are trying to make their marriages work over longer lives than ever before for their children's health and well-being, and for their own. Indeed, among the college-educated, divorce rates have declined. But staying married isn't always easy. In the brilliant, transformative, and optimistic *The Rough Patch*, clinical psychologist Daphne de Marneffe explores the extraordinary pushes and pulls of midlife marriage, where our need to develop as individuals can crash headlong into the demands of our relationships. *The Rough Patch* is divided into chapters that address key problems that challenge marriages: money, alcohol and drugs, the stresses of parenthood, sex, extramarital affairs, lovesickness, health, aging, children leaving home, and dealing with elderly parents. De Marneffe offers readers seasoned wisdom on these difficulties, addressing the psychological, emotional, and relational capacities we must cultivate to overcome them as individuals and as couples. Blending research, interviews, and clinical experience, and writing with uncommon insight into the daily behaviors of men and women, de Marneffe dives deep

into the workings of love and the structures of relationships. Every reader will find himself or herself in these pages. Intimate and sometimes gritty, *The Rough Patch* is an essential, compassionate resource for people trying to understand where they are on the continuum of marriage, giving them a chance to share in other peoples stories and struggles. With humor and deep seriousness, de Marneffe helps men and women understand themselves in order to move in the direction were all trying to go: a life lived with integrity, vitality, and love.

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