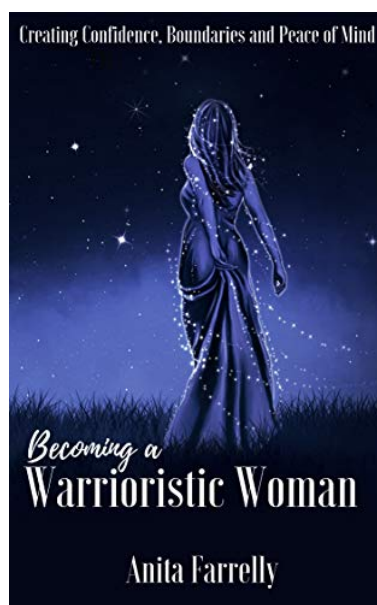


# ok9uH [Free PDF File] Becoming a Warrioristic Woman: Creating Confidence, Boundaries and Peace of Mind



**CONTINUE ►**

Are you a “smile”, “let’s all be nice”, people pleasing, pretending to be “happy” woman? Are you frustrated with how you respond around people who intimidate you? Do you focus on your outward appearance to cover up your inner thoughts? Do you want to have more confidence and ease? Welcome to ‘Becoming a Warrioristic Woman’, through authentic self-discovery, we will explore the boundaries you have with yourself and your thinking. We will learn about neuroplasticity and the possibility of creating new neural connections and pathways. We will also sample sustainable applications; and create inspiring design and décor as visual reminders of your powerful choices to live your life full of courage, empowerment and joy. Because YOU WARRIOR, are worth it.

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