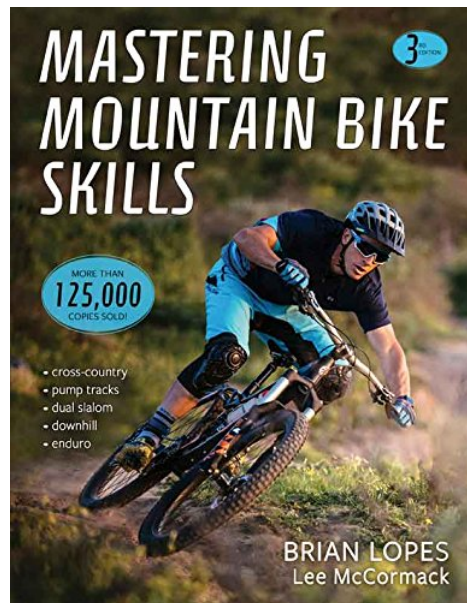# [Download] Mastering Mountain Bike Skills

If you want to ride like a pro, you should learn from a pro! In Mastering Mountain Bike Skills, Third Edition, world-champion racer Brian Lopes and renowned riding coach Lee McCormack share their elite perspectives and their own successful techniques to help riders of all levels build confidence and experience the full exhilaration of the sport.Mastering Mountain Bike Skills offers everything you need to maximize your fun and excitement on the trail. Learn how to select the proper bike and customize it for your unique riding style. Develop a solid skills base so you can execute techniques with more power and precision. Master the essential techniques to help you carve every corner, nail every jump, and conquer every obstacle in your path. Last, but not least, prepare yourself to handle every type of weather and trail condition that the mountain biking world throws at you.Whether youre a first-time mountain biker, a seasoned enthusiast, or an aspiring professional, this book is the guide for improving your ride. Dont just survive the trailown it, and enjoy the thrill.

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