

# iC77t [Free PDF File] How to Get Sh\*t Done: Why Women Need to Stop Doing Everything So They Can Achieve Anything



CONTINUE ►

Erin Falconer, editor in chief and co-owner of the highly respected self-improvement site Pick the Brain (with over 1.8 million monthly page views), shows overscheduled, overwhelmed women how to do less so that they can achieve more. Women live in a state of constant guilt: that we're not doing enough, that we're not good enough, that we can't keep up. If we're not climbing the corporate ladder, building our side hustle, preparing home-cooked meals, tucking the kids in at night, meditating daily, and scheduling playdates, date nights, and girls' nights every week, we feel like we're not living our best lives. Yet traditional productivity books - written by men - barely touch the tangle of cultural pressures that women feel when facing down a to-do list. Finally, in the first productivity book by a woman in a decade, Erin Falconer will show you how to do less - a lot less. In fact, How to Get Sh\*t Done will teach you how to zero in on the three areas of your life where you want to excel, and then it will show you how to offload, outsource, or just stop giving a damn about the rest. As the founder of two technology start-ups and one of Refinery29's Top 10 Women Changing the Digital Landscape for Good,

Erin has seen what happens when women chase an outdated, patriarchal model of productivity, and in *How to Get Sh\*t Done* she shows how even the most perfectionistic among us can tap in to our inner free spirit and learn to feel like badasses rather than drudges. Packed with real-life advice, honest stories from Erin's successful career, and dozens of actionable resources, *How to Get Sh\*t Done* will forever reframe productivity so that you can stop doing everything for everyone and start doing what matters to you.

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