

9CBFh [Download] Belonging: Remembering Ourselves Home



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A 2017 Nautilus Gold Award winner. Feel like you don't belong? You're not alone. The world has never been more connected, yet people are lonelier than ever. Whether we feel unworthy, alienated, or anxious about our place in the world, the absence of belonging is the great silent wound of our times. Most people think of belonging as a mythical place, and they spend a lifetime searching for it in vain. But what if belonging isn't a place at all? What if it's a skill that has been lost or forgotten? With her signature depth and eloquence, Toko-pa maps a path to belonging from the inside out. Drawing on myth, stories, and dreams, she takes us into the origins of our estrangement, reframing exile as a necessary initiation into authenticity. Then she shares the competencies of belonging: a set of ancestral practices to heal our wounds and restore true belonging to our lives and to the world.

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