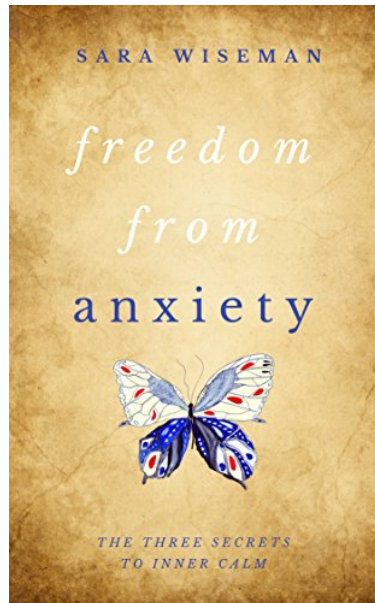


[Download] Freedom from Anxiety: The Three Secrets to Inner Calm (Intuition University)



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This book is designed as a self-study course. It is designed to help those who suffer from anxiety, worry, fear and obsessive thought looping—it teaches three steps that will lead you to inner calm, no matter where you are or what you're faced with. You can learn to become free from anxiety; this is a regular part of your growth as a conscious being—it's an understanding that happens to everyone, in time. When you understand, from a soul perspective, what anxiety is...you can then decide from a soul perspective, that you would prefer not to live in this state. Even if you have suffered from anxiety and worry your whole life... you can become free. This book teaches three understandings that bring you instantly back to the present moment, and lead to the experience of inner calm.

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