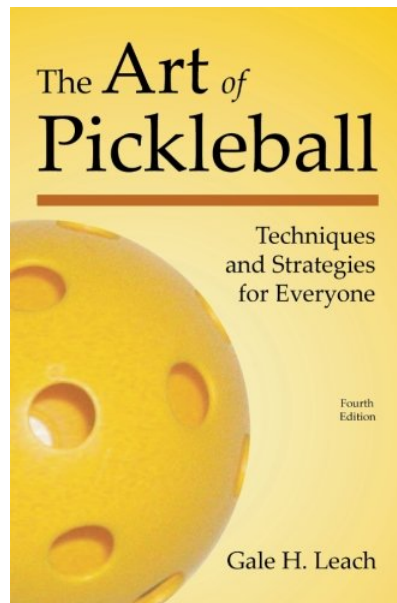


## [Download] The Art of Pickleball (Fourth Edition): Techniques and Strategies for Everyone



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Pickleball is a fun, fast-paced game that is gaining popularity around the world because it's easy to learn and can be played by all ages. This book describes everything from equipment to tournament strategy in straightforward, conversational language that will benefit novice and seasoned players alike. Besides describing how players should condition themselves, The Art of Pickleball shows how to perform basic and advanced strokes and provides excellent tips for doubles play, mental conditioning, gamesmanship, and offensive and defensive strategies. Drills are included to help readers develop recommended shots. A supplement for teachers is also available, providing tests and answers. Now in its fourth edition, The Art of Pickleball includes new strategies, revisions regarding new equipment, and reflects changes and additions to the game's official rules. Master the fundamentals with step-by-step instructions and pictures. Choose the right paddle and other accessories. Polish your skills, from overhead smashes to dinks. Learn the fine points of etiquette, ethics, and safety. Develop winning strategies for singles and doubles. Techniques designed to take you to the next level. Numerous photos, illustrations, and diagrams. Quick answers to your questions. Easy to read and understand.

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