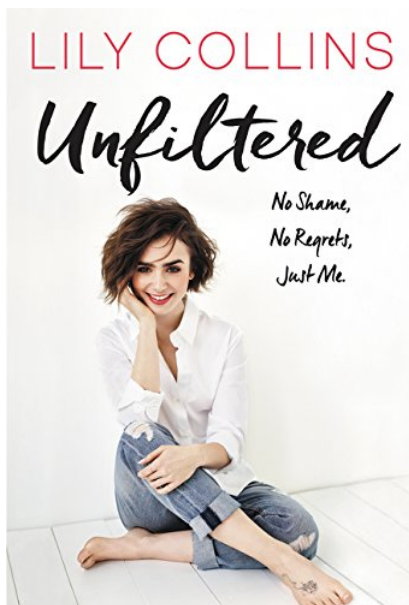


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International bestseller! In her groundbreaking debut essay collection, actress Lily Collins—Golden Globe-nominated star of *Rules Don't Apply*, *Mortal Instruments*, and *To the Bone*—is opening a poignant, honest conversation about the things young women struggle with: body image, self-confidence, relationships, family, dating, and so much more. Lily shares her life and her own deepest secrets, underlining that every single one of us experiences pain and heartbreak. We all understand what it's like to live in the light and in the dark. For Lily, it's about making it through to the other side, where you love what you see in the mirror and where you embrace yourself just as you are. She's learned that all it takes is one person standing up and saying something for everyone else to realize they're not alone. By turns hilarious and heartbreaking, Lily's honest voice will inspire you to be who you are and say what you feel. It's time to claim your voice! It's time to live your life unfiltered.

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