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The Bhagavad Gita, "The Song of the Lord", is the best known of all the Indian scriptures, and Easwaran's reliable and accessible version has consistently been the best-selling translation. Easwaran's introduction places the Gita in its historical setting and brings out the universality and timelessness of its teachings. Chapter introductions give clear explanations of key concepts in that chapter. To listen to the scripture without the introductions, listeners should start at track 044. The Bhagavad Gita opens dramatically on a battlefield, as the warrior Arjuna turns in anguish to his spiritual guide, Sri Krishna, for answers to the fundamental questions of life. But as Easwaran points out, the Gita is not what it seems - it's not a dialogue between two mythical figures at the dawn of Indian history. "The battlefield is a perfect backdrop, but the Gita's subject is the war within, the struggle for self-mastery that every human being must wage" to live a life that is meaningful, fulfilling, and worthwhile. This audio recording is a complete and unabridged reading of Eknath Easwaran's book The Bhagavad Gita. Music composed by Jan She.

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