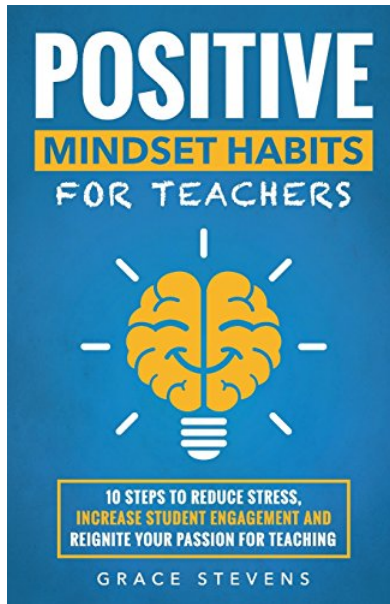


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Do you dream about increased student engagement and more effective classroom management? How about reducing teacher stress and overwhelm? Or leaving campus at a reasonable hour without dragging a cart full of lesson planning and papers to grade in tow? If the answer to these questions is Yes! then this book is for YOU! Based on current research in positive psychology and more than 15 years real world experience in the classroom, this book provides a practical roadmap to reduce stress, improve student behavior and be happier in your classroom and your life. These 10 simple positive mindset habits train you to flex your happy muscle and easily: Eliminate teacher overwhelm and stress. Leave school every day energized and fulfilled. Connect with students in a way that turns every group of kids into a dream class. Rediscover the passion and excitement that made you want to become a teacher. A quick read in a conversational tone, this book will put a smile back on your face and laughter back in your classroom – two critical elements for teacher fulfillment and student success. *** For a LIMITED TIME your purchase INCLUDES a free download of the 30 page Companion Workbook and a six-week version of the Positive Mindset Journal for Teachers ***

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