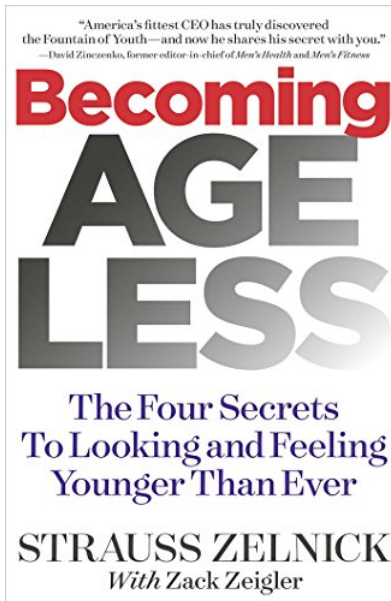


[GET] Becoming Ageless: The Four Secrets to Looking and Feeling Younger Than Ever



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How would you like to have the mind, body, and spirit of someone half your age, and add more years to your life? Or have people stare in disbelief when they discover how old you really are? How would you like to become...ageless? You can. It's possible. And the proof is inside this very book. *Becoming Ageless: The Four Secrets to Looking and Feeling Younger Than Ever* is the result of years of research into the science of longevity, written by a man who looks and feels eternal. He made it work, and it will work for you. On this easy and effective plan, you'll: * Lose stubborn belly fat and watch the pounds melt away. * Enjoy amazing meals, workouts, and a sense of community. * Look and feel noticeably younger--for life! Developed by media mogul Strauss Zelnick--founder of the privateequity firm Zelnick Media Capital (ZMC) and Chairman and CEO of Take-Two Interactive Software, Inc.--the strategies contained inside are the same ones he used to evolve from a skinny business executive to "America's fittest CEO." In *Becoming Ageless*, you'll discover: * An easy and effective program for everyone that will help you flatten your gut and become healthier than you ever thought possible. * Delicious, healthy, and easy-to-make recipes including hearty breakfasts, easy-to-make lunches, filling dinners, and even desserts. * A full workout plan that will sculpt your body and help you prevent back pain and sleep better. * A holistic mind/body approach that really works. Look and feel better than ever without deprivation dieting, counting calories--or ever feeling hungry! With *Becoming Ageless*, you'll feel fitter, sharper, and more energized than ever before--with the body of someone half your age! **DISCLAIMER:** "We cannot guarantee the availability of this ebook on an external site."

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