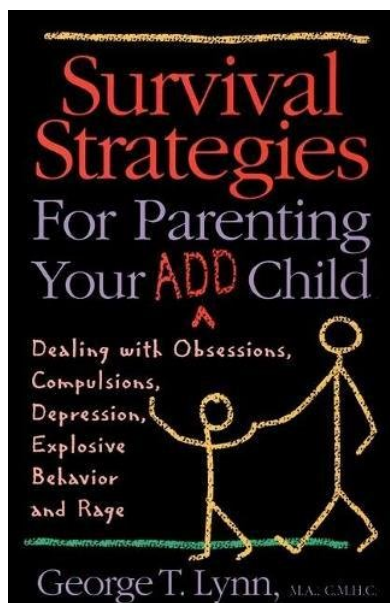


klg1D [Download] Survival Strategies for Parenting Your ADD Child: Dealing with Obsessions, Compulsions, Depression, Explosive Behavior, and Rage



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Children with ADD can have severe and very challenging behavioral problems. Research has shown that some children are "born" difficult to parent. These kids may be unmanageable, have no friends, be full of rage, or take dangerous or destructive risks. They may carry any number of psychiatric labels: "ADD," "ADHD," "Tourette Syndrome," "Obsessive Compulsive," or "Depressed" and their extremely stressful behavior can destroy family unity. In our society these children are frequently medicated or placed in mental hospitals. But this doesn't have to happen. Author and therapist George Lynn works with "difficult" kids in his practice and he has addressed these problems on "National Public Radio." Writing from his experience as both a parent and a counselor, he provides parents with methods which can heal the fractures and pain that occur in families with these problems. He believes these "troubled" children are invariably gifted in unusual ways. George Lynn describes six essential strategies parents can use to deal with their own distress and rage as a result of a child's provocation. He also addresses the problems confronting single parents with ADD children.

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