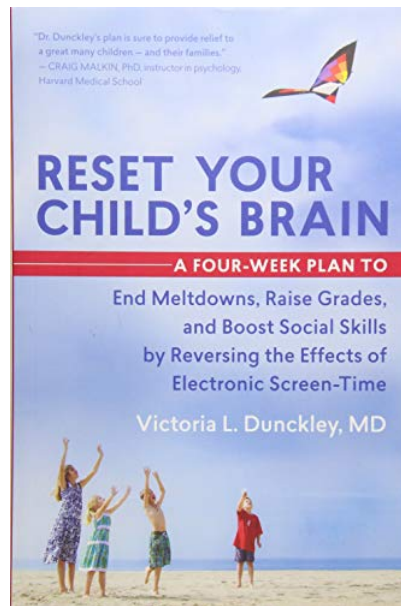


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CONTINUE ►

Increasing numbers of parents grapple with children who are acting out without obvious reason. Many of these children are diagnosed with ADHD, bipolar, or autism spectrum disorders. They are then medicated with often poor and side-effect-riddled results. Author Dunckley specializes in working with children and families who have failed to respond to previous treatment and has pioneered a new programme. In her work with more than 500 children, teens, and young adults diagnosed with psychiatric disorders, 80 percent showed marked improvement on the four-week programme presented here. Interactive screens, including video games, laptops, cell phones, and tablets over stimulate a child's nervous system. While no one in today's connected world can completely shun electronic stimuli, Dunckley shows how the most vulnerable amongst us can and should be spared their damaging effects.

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