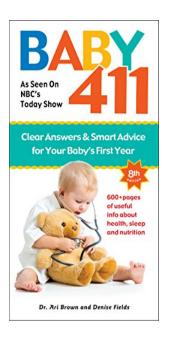
## [Free PDF File] Baby 411: Clear Answers & Smart Advice for Your Baby's First Year





"(Baby 411 is) my go-to reference so I don't bother Charlotte's pediatrician!"?Chelsea Clinton (US Weekly, Sept. 2015). You are having a baby! Congratulations! Now, the reality hits youwhat the heck am I doing? What if you could bottle the wisdom of all those parents whove come before you . . . and mix it with the solid medical advice from an nationally-renowned pediatrician? Baby 411 is the answer! Think of it as the ultimate FAQ for new parents. Inside youll learn: How to pick a pediatrician with savvy questions to ask and insider tips. Sleep. The best way to get your baby to sleep through the night. First aidwhen to worry, when not . . . and what to do when baby gets sick. No-nonsense, down-to-earth advice you can trust. Fussy baby 411. Is it colic? Acid reflux? Or something else? Discover the secrets to soothing a fussy baby. Detailed nutrition info with a step-by-step guide for successful breastfeeding, introducing solid food and the new and improved formulas. Plus: simple steps to avoid food allergies! Is my baby normal? Learn how your baby will grow and develop! New in this revised 8th edition: Screens & your baby?The latest recommendations on when and how to use technology with your newborn! That's nuts! When should you introduce baby to peanut butter? We've got the latest important research findings on peanut allergies. Amber teething necklaces and other

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