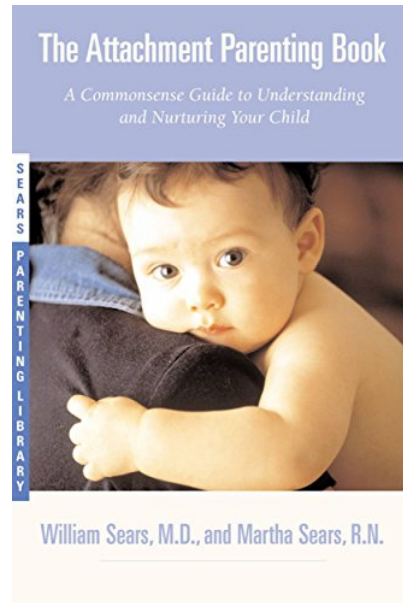


[Free PDF File] The Attachment Parenting Book: A Commonsense Guide to Understanding and Nurturing Your Baby (Sears Parenting Library)



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America's foremost baby and childcare experts, William Sears M.D. and Martha Sears, R.N., explain the benefits--to both you and your child--of connecting with your baby early. Might you and your baby both sleep better if you shared a bed? How old is too old for breastfeeding? What is a father's role in nurturing a newborn? How does early attachment foster a child's eventual independence? Dr. Bill and Martha Sears -- the doctor-and-nurse, husband-and-wife team who coined the term "attachment parenting" -- answer these and many more questions in this practical, inspiring guide. Attachment parenting is a style of parenting that encourages a strong early attachment, and advocates parental responsiveness to babies' dependency needs. The Attachment Parenting Book clearly explains the six "Baby B's" that form the basis of this popular parenting style: Bonding Breastfeeding Babywearing Bedding close to baby Belief in the language value of baby's cry Beware of baby trainers. Here's all the information you need to achieve your most important goals as a new parent: to know your child, to help your child feel right, and to enjoy parenting.

CONTINUE ►

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