

# [GET] The Sh!t No One Tells You About Pregnancy: A Guide to Surviving Pregnancy, Childbirth, and Beyond

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The fourth book in Dawn Dais' popular Sh!t No One Tells You series offers "been there, freaked out about that" advice for expectant parents. The fourth title in Dawn Dais' popular parenting series, *The Sh!t No One Tells You About Pregnancy* is quite possibly the funniest and most heartfelt yet. After all, pregnancy is not all about scanning Pinterest for baby shower themes and registering for ironic onesies, and sometimes the less flattering aspects of gestation have a way of dimming a bit of that so-called pregnancy glow. Not to worry! Dawn is here, ready to shepherd you through the experience of one human body taking on the task of growing another human body. (Spoiler alert: It ain't always pretty.) Dawn covers it all, sharing expert lists, tips, warnings, and even a series of parent-training workouts designed to increase listeners' tolerance to the various indignities of parenthood, like peeing with an audience and surviving an afternoon in Chuck E. Cheese. *The Sh!t No One Tells You About Pregnancy* is a must-have guide for expectant moms (and their partners!) who are looking for some counsel, comedy, and camaraderie during their ultimate countdown to parenthood.

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