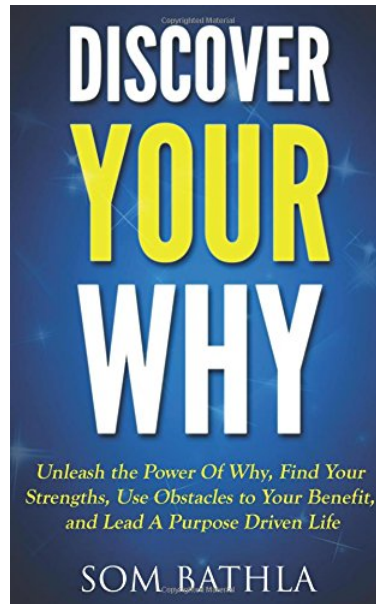


[Free PDF File] Discover Your Why: Unleash the Power Of Why, Find Your Strengths, Use Obstacles to Your Benefit, and Lead A Purpose Driven Life



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"The two most important days in your life are the day you are born and the day you find out why."- Mark Twain Do you often jump off your bed to crush your day or just keep waiting for the weekend & say Thank God Its Friday? Do you feel stressed and often ask why we do what we do? Do you find yourself overwhelmed, lacking a sense of priority and unsure who you were meant to be? Imagine having a clear sense of purpose that fills you with enthusiasm to give your best shot in whatever you do. Imagine moving towards your dream with relentless focus and transforming every obstacle into opportunity. Yes, you can thrive in this world, if you understand the psychology of purpose and know how to find your why. Good news! DISCOVER YOUR WHY is here to transform your mindset, uncover your strengths, help you find your why and put your life on the right trajectory. How Purpose in Life Improves your Well-being and Keeps You Healthy and Alive Learn how Japanese live longer with the power of "Ikigai" Should your purpose be limited to self-actualization or transcend beyond yourself - understand from Abraham Maslow and learn why purpose is your souls oxygen? How your 3 part brain works and why Neocortex (thinking) brain strives you to always start with why. Understand how improved ranking on your Purpose-in-Life Scale helps you avoid Alzheimers, heart stroke, cure cancer, quit drugs and alcohol, and makes you live longer. Learn How you can measure your own purpose-in-life scale. How studies show that a clear purpose makes your more money too. Important Triggers That Will Evolve Your Purpose. Learn how finding purpose in life is important than finding your passion. Learn how the power of strong WHY made Wright Brothers invent flying machine, while no one remembers Samuel Pierpont Langley, who failed due to lack of strong why. How PERMA Model speaks of importance of purpose How you can unlock your hidden strengths and find your Eulerian Destiny by answering these 4 questions. Find your Life GPS by asking these 3 questions. Understand how your best work is yet to come and live your life in crescendo. Step by Step Process to Discover Your Personal Why Understand a six-step process to move towards clarifying your life purpose. How Brain Breaks helps you avoid drifting and keeps you connected with your lifes purpose. How Clarity Of Purpose Helps You to Get into the State of Flow Learn why attention is your psychic energy and controlling attention can bring you closer to your purpose and in flow. Understand the magical formula for adjusting your skills vis-a-vis your challenges to attract and retain the state of flow in your life. Friedrich Nietzsche once rightly said: He who has a Why to live for can bear almost any How. Therefore investing time in finding your why is worth every second of your time, because once you find it, youll simply become unstoppable. Take Your First Step Today to Discover Your Why and Start Your Journey towards a Life of Abundance, Joy, and Fulfillment!

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