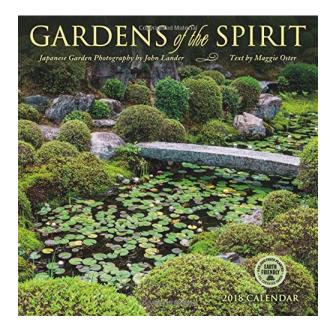
[GET] Gardens of the Spirit 2018 Wall Calendar: Japanese Garden Photography





The Gardens of the Spirit wall calendar features twelve exquisite Japanese gardens by garden photographer John Lander. Paired with contemplative text by Maggie Oster, this collection of meditative images brings the calming experience of Japanese gardening to all who long to create a simple, peaceful oasis in the midst of a challenging chaotic world. Strongly influenced by Shinto and Zen Buddhism, this Asian style of landscaping is particularly conducive to restoring an inner calm. Requiring an artful blend of imagination, skill, and patience, the Japanese garden is an extension of the self. By adapting the harmonies of natural garden design to our own landscape, we heighten our understanding of the world around us and the one within us.



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