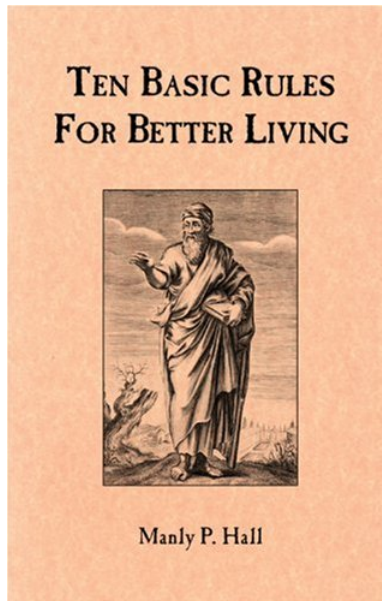


## [Download] Ten Basic Rules for Better Living



**CONTINUE ►**

A concise guide for spiritual living in the modern world: 1) Stop worrying. 2) Stop trying to dominate and possess your friends and relatives. 3) Moderate ambition. 4) Do not accumulate more than you need. 5) Learn to relax. 6) Cultivate a sense of humor. 7) Find a reason for your own existence. 8) Never intentionally harm any other person. 9) Beware of anger. 10) Never blame others for your own mistakes.

**CONTINUE ►**

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