

First Team Parent Meeting

Welcome

- Welcome New and Old Faces.
- Introduce myself and Jim.
- Need another assistant coach.
- Express the need for a manager.

Review Expectations of the Team and the Parents

- **Work Hard:**
- **Honesty & Integrity.**
- **Sportsmanship.**
- **Positive Attitudes.**
- **Listen and Respect.**

Player Work Outside of Practice

- **Take advantage of the Fall Weather: Ball work for 10-15 minutes 4 days week - minimum. To the Boys:** I can't stress enough how much growth you will see if that spending 10 minutes a day with the ball at your feet. When winter comes the space and time are limited. This fall is when you can make large strides in your soccer abilities.
- **Stress importance of daily touches.** I expect the boys to perform their touches at least 4 days a week (thats every non-practice day but one).
- I can share links to videos for the boys to watch that will explain the same points I will cover in practice.
- **Endurance:** The field is large and our team is small. I would encourage all the boys to try and do as much cardio activity as they can to prepare for the spring. We will include endurance activities at each practice. Come prepared.

Skill Building Encouragement and Leadership

- Learn a new move and you get to demonstrate it.
- You may even get to teach it to the team.

Captain for the Session

For each session and game one of the boys will be the team Captain. It will go in alphabetical order - its started off order so this week and next will be lead by a 'veteran' boy from last year.

Communication Preferences

TeamSnap

Email:

Emergency:

Questions