

Shafqat Rasool

Alfaiz Clinic, Chowk Sabay Wala, P/O Sabay wala Tehsil Jatoi District Muzaffar Garh

0092-300-2707992 • sr.somro@gmail.com • Age: 30

Education

The Islamia University of Bahawalpur

PhD in Eastern Medicine (Scholar)

GC University of Faisalabad

Master of Philosophy in Phytomedicine 2021

The Islamia University of Bahawalpur

Bachelor of Eastern Medicine and Surgery 2015

Al-Fallah Higher Secondary School Alipur

F.Sc (Pre-Medical) 2010

Experience

Minhaj University Lahore

Private sector University, Registered form HEC and Government of Pakistan approved for Teaching and Training Purposes.

Teaching: (February 2022– Till date)

– **Teaching:** BS, M.Phil. Clinical Nutrition Subjects and Coordinating Eastern Medicine Department.

The Islamia University of Bahawalpur

Public sector University, Registered form HEC and Government of Pakistan approved for Teaching and Training Purposes.

Teaching / Research Assistant: (November 2021 – February 2022)

– **Teaching:** Taught Physiology to the Students of BEMS 1st Year.

Royal Institute of Medical Sciences Multan

Registered Medical Institute offering Medical degree programs affiliated with GC University Faisalabad

Lecturer: (November 2016 – November 2021)

– **Teaching:** Taught Physiology, Microbiology & Parasitology, Surgery, Behavioral Sciences and Community medicine to the students of Physiotherapy.

– **Trainings:** Conducted the physical training of history taking and interaction skills with patients. Supervised the Practical workshops and laboratory procedures. Organized the medical camps to enhance the practical skills of students

– **Administration:** Coordinated with management in admission campaign, Conflict resolution, Exam conduction and Co-Curricular Activities. Coordinated in the arrangements of Sports Festivals and Fun Fairs for recreation.

District Head Quarter Hospital Lodhran

Public sector Hospital, Registered form PHC and PMDC approved for Training Purposes.

House Officer: (November 2015 – November 2016)

– **Diagnostics:** Experienced Physical examination of patients, History taking, advising Investigation, and Development of a final diagnosis according to the investigation, History and examination.

– **Management:** Learned to manage the diagnosed patients of Indoor, outdoor and emergency department according to their illness in the light of seniors' prescriptions.

– **Counselling:** Learned to counsel the families of the patients about the disease, course of treatment and possible outcomes.

Research Work/ Articles

- Efficacy study of isoflavone content of soycheese in Preventing osteopenia and osteoporosis. <https://www.xisdjxsu.asia/viewarticle.php?aid=2454>

- Advantages of novel drug delivery system and silver nanoparticles for herbal drugs; and medicinal importance of crotalaria burhia plant: a review.
<https://www.researchgate.net/profile/Shafqat-Rasool>
- Anti-Cancer and Anti-Fungal Activities of Calotropis procera: a Narrative Review
https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=Anti-Cancer+and+AntiFungal+Activities+of+Calotropis+procera%3A+a++Narrative+Review&btnG=
- Comparison of extraction methods and nutritional benefits of proteins of milk and dairy products: A review
https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=%E2%80%A209Comparison+of+extraction+methods+and+nutritional+benefits+of+proteins+of+milk+and+dairy+products%3A+A+review&btnG=
- Diabetes Mellitus: An Overview and Management with Herbs.
https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=Diabetes+Mellitus%3A+An+Overview+and+Management++with+Herbs&btnG=
- Role of nanoparticles in elimination of biofilm produced by pathogenic bacteria.
https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=ROLE+OF+NANOPARTICLES+IN+ELIMINATION+OF+BIOFILM+PRODUCED+BY++PATHOGENIC+BACTERIA+&btnG=

Honors and Awards

- Invited as a speaker and received a shield of honors for three days international conference on ““Exploring the Impact of Urbanization, Disasters, and Protection Strategies on Folk Medicine and Cultural Heritage of Sindh” on January 18-20, 2024 at the University of Sindh, Jamshoro.
- Invited as a key guest speaker and received a shield of honors for international conference on “Contemporary Development in Natural Medicine and Occupation Therapy 2023”.
- Invited as a guest speaker and received a shield of honors for “Pak water & Energy conference & Exhibition2023”

- Invited as an external examiner for BEMS Students viva.
- Participate in 3rd Prof. Dr. Usman Ghani Khan Memorial International Seminar on “Improvising Global Health with eastern Medicine” Organized by University College of Conventional Medicine, The Islamia University of Bahawalpur, Pakistan Held on 21st January 2022.
- Participate in “Awareness Seminar on Corona Virus” Organized by Government College University Faisalabad, Pakistan February 26, 2020.
- Participate in One Day Advocacy Seminar on “Enhancement in Case Notification by Implementation of Mandatory TB Notification Act in Punjab” Organized by Provincial TB Control Program – Punjab February 20, 2020.
- Participate in Workshop on “History taking & Clinical Approach” Organized by Royal Institute of Medical Sciences, Multan May 24, 2017.
- Participate in Awareness Workshop on “Biodiversity Conservation and Socioeconomic Impact of Desert Area Medicinal Plants of Pakistan” organized by Department of Chemistry and Biochemistry university of Agriculture Faisalabad-Pakistan September 17, 2013.
- Participated in 2 Days “Democracy & Citizenship Workshop” Organized by Youth Parliament of Pakistan Held on July 2012.
- Participated in 5 Days “Capacity Building Workshop” Organized by Chanan Development Association Pakistan Held on May 2014.
- Participated in 5 Days “Skill Building Workshop” Organized by Chanan Development Association Pakistan Held on November 2014
- Participated in 2 Days “Resume writing and interview skills Workshop” Organized by Alif Laila Book Bus Pakistan Held on October 2014.
- Participate in 2nd International Symposium on Pharmaceutical Sciences “Innovation and Integration in Pharmaceutical & Biomedical sciences, way forward for collaboration” organized by Faculty of pharmaceutical Sciences, Government College University Faisalabad, Pakistan January 30, 2019.
- Participate in 1 Day “BPH Masterclass symposium” organized by Glaxo Smith kline Pharma 2016.
- Participate in 1 Day “Capoten Hypertension League” organized by Glaxo Smith kline Pharma 2016.

- Participate in 2nd National Conference on “Future Prospects & Challenges for Natural Medicine in Pakistan” Organized by University College of Conventional Medicine in Collaboration with Higher Education Commission, Pakistan 03-04 May, 2013.
- Participate in 2 Days National Conference on “Research and Education of Eastern Medicine in Pakistan; Future Prospects and Challenges” organized by faculty of Medical & health Sciences, The University of Poonch rawalakot, AJ&K in collaboration with HEC, Pakistan October 9th-10th 2013.

Additional

- Skills: Facilitating, Communication, Leadership, Management, Multi-Tasking
- Certifications: Microsoft Office, Inpage, Windows