#### @Louis\_CAD

### Writing your own: composition

```
suspend fun wasteTime() {
    repeat(times = 10) {
        delay(timeMillis = 16)
```



# Integration is easy!

#### No need to pass a Runnable!



## Yes, because delay is!

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```
/**
 * Returns when meal is ready.
 */
suspend fun prepareLouisFavoriteMeal() {
```