



## Salah Timetable — January 2026

Ghousia Masjid, Plumstead

For Fajr, allow at least 3 minutes after Sehri End before you pray.

| DATE | DAY | SEHRI<br>END | FAJR<br>JAMA'AT | SUNRISE | DHAHWA-<br>E-KUBRA | DHUHR | DHUHR<br>JAMA'AT | ASR   | ASR<br>JAMA'AT | MAGHRIB | ISHA  | ISHA<br>JAMA'AT |
|------|-----|--------------|-----------------|---------|--------------------|-------|------------------|-------|----------------|---------|-------|-----------------|
| 1    | Thu | 06:00        | 06:30           | 08:04   | 11:00              | 12:04 | 13:15            | 14:18 | 14:30          | 16:04   | 18:05 | 19:30           |
| 2    | Fri | 06:00        | 06:30           | 08:04   | 11:01              | 12:04 | 1:00 / 1:30      | 14:19 | 14:30          | 16:05   | 18:06 | 19:30           |
| 3    | Sat | 06:00        | 06:30           | 08:03   | 11:01              | 12:05 | 13:15            | 14:20 | 14:30          | 16:06   | 18:07 | 19:30           |
| 4    | Sun | 06:00        | 06:30           | 08:03   | 11:02              | 12:05 | 13:15            | 14:21 | 14:30          | 16:07   | 18:08 | 19:30           |
| 5    | Mon | 06:00        | 06:30           | 08:03   | 11:03              | 12:06 | 13:15            | 14:22 | 14:30          | 16:08   | 18:09 | 19:30           |
| 6    | Tue | 06:00        | 06:30           | 08:03   | 11:03              | 12:06 | 13:15            | 14:24 | 14:30          | 16:10   | 18:10 | 19:30           |
| 7    | Wed | 06:00        | 06:30           | 08:02   | 11:03              | 12:06 | 13:15            | 14:25 | 14:30          | 16:11   | 18:11 | 19:30           |
| 8    | Thu | 06:00        | 06:30           | 08:02   | 11:04              | 12:07 | 13:15            | 14:26 | 14:30          | 16:12   | 18:12 | 19:30           |
| 9    | Fri | 06:00        | 06:30           | 08:01   | 11:05              | 12:07 | 1:00 / 1:30      | 14:27 | 14:30          | 16:14   | 18:14 | 19:30           |
| 10   | Sat | 05:59        | 06:30           | 08:01   | 11:05              | 12:08 | 13:15            | 14:29 | 14:45          | 16:15   | 18:15 | 19:30           |
| 11   | Sun | 05:58        | 06:30           | 08:00   | 11:06              | 12:08 | 13:15            | 14:30 | 14:45          | 16:16   | 18:16 | 19:30           |
| 12   | Mon | 05:58        | 06:30           | 07:59   | 11:06              | 12:08 | 13:15            | 14:31 | 14:45          | 16:18   | 18:17 | 19:30           |
| 13   | Tue | 05:57        | 06:30           | 07:59   | 11:06              | 12:09 | 13:15            | 14:33 | 14:45          | 16:19   | 18:18 | 19:30           |
| 14   | Wed | 05:57        | 06:30           | 07:58   | 11:08              | 12:09 | 13:15            | 14:34 | 14:45          | 16:21   | 18:20 | 19:30           |
| 15   | Thu | 05:56        | 06:30           | 07:57   | 11:08              | 12:10 | 13:15            | 14:36 | 14:45          | 16:22   | 18:21 | 19:30           |
| 16   | Fri | 05:56        | 06:30           | 07:56   | 11:08              | 12:10 | 1:00 / 1:30      | 14:37 | 14:45          | 16:24   | 18:22 | 19:30           |
| 17   | Sat | 05:56        | 06:30           | 07:55   | 11:09              | 12:10 | 13:30            | 14:39 | 15:00          | 16:26   | 18:23 | 19:30           |
| 18   | Sun | 05:55        | 06:30           | 07:54   | 11:09              | 12:11 | 13:30            | 14:40 | 15:00          | 16:27   | 18:25 | 19:30           |
| 19   | Mon | 05:54        | 06:30           | 07:53   | 11:09              | 12:11 | 13:30            | 14:42 | 15:00          | 16:29   | 18:26 | 19:30           |
| 20   | Tue | 05:53        | 06:30           | 07:52   | 11:11              | 12:11 | 13:30            | 14:43 | 15:00          | 16:31   | 18:27 | 19:30           |
| 21   | Wed | 05:52        | 06:30           | 07:51   | 11:11              | 12:11 | 13:30            | 14:45 | 15:00          | 16:32   | 18:29 | 19:30           |
| 22   | Thu | 05:52        | 06:30           | 07:50   | 11:11              | 12:12 | 13:30            | 14:47 | 15:00          | 16:34   | 18:30 | 19:30           |
| 23   | Fri | 05:51        | 06:30           | 07:49   | 11:12              | 12:12 | 1:00 / 1:30      | 14:48 | 15:00          | 16:36   | 18:32 | 19:30           |
| 24   | Sat | 05:50        | 06:30           | 07:48   | 11:12              | 12:12 | 13:30            | 14:50 | 15:15          | 16:37   | 18:33 | 19:30           |
| 25   | Sun | 05:49        | 06:30           | 07:46   | 11:12              | 12:12 | 13:30            | 14:52 | 15:15          | 16:39   | 18:35 | 19:30           |
| 26   | Mon | 05:48        | 06:30           | 07:45   | 11:12              | 12:13 | 13:30            | 14:53 | 15:15          | 16:41   | 18:36 | 19:30           |
| 27   | Tue | 05:47        | 06:30           | 07:44   | 11:12              | 12:13 | 13:30            | 14:55 | 15:15          | 16:43   | 18:37 | 19:30           |
| 28   | Wed | 05:46        | 06:30           | 07:42   | 11:14              | 12:13 | 13:30            | 14:57 | 15:15          | 16:44   | 18:39 | 19:30           |
| 29   | Thu | 05:45        | 06:30           | 07:41   | 11:14              | 12:13 | 13:30            | 14:58 | 15:15          | 16:46   | 18:40 | 19:30           |
| 30   | Fri | 05:44        | 06:30           | 07:40   | 11:14              | 12:13 | 1:00 / 1:30      | 15:00 | 15:15          | 16:48   | 18:42 | 19:30           |
| 31   | Sat | 05:42        | 06:30           | 07:38   | 11:14              | 12:14 | 13:30            | 15:02 | 15:15          | 16:50   | 18:43 | 19:30           |

### Weekly Classes after Isha

**Tuesdays:** Tajweed

**Thursdays:** Dars e Quran

At 56 Camrose Street, SE2 0JA

### Important: Makruh Times

3 times when Salah, Sajdah & Nafl are **prohibited**:

1. From sunrise to 20 min after sunrise
2. From Dhahwa-e-Kubra to start of Dhuhr
3. From Asr "End Time" to Maghrib (*End = 26 min before sunset*)