

# Tamar Karwan

## Frontend Developer · React · UI Engineering

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- Israel

## Professional Summary

Self-driven frontend developer with hands-on experience in HTML, CSS, JavaScript (ES6+), and React. Strong focus on clean UI, accessibility (a11y), and reliable, maintainable components. Comfortable owning features end-to-end — planning, state management, integration, and delivery.

## Skills

- **Frontend:** HTML5, CSS3, JavaScript (ES6+), React (Hooks)
- **Tooling:** Git & GitHub, VS Code, Node.js
- **Quality:** Accessibility (a11y), Testing Library (basics)
- **Data/Scripting:** Python (basic), SQL (basic)
- **Design:** Responsive UI, UX fundamentals, Figma
- **Delivery:** CI/CD, Vercel, Docker (basics)

## Selected Projects

- **TaskMan (React)** — Component-based task manager with filtering, priorities, participants, deadlines (DD/MM/YYYY), and gamified mode. [GitHub](#) · [Live](#)
- **Portfolio Site** — Multi-page portfolio (Home, About, Projects, Lessons) using reusable UI patterns and responsive design.
- **Practice Apps (JS/DOM)** — Lists, forms, events, and DOM updates to solidify fundamentals.

## Experience

### Hydrotherapist & Rehabilitation Specialist

2003–2024 · Israel

- Provided aquatic therapy treatments to individuals with physical and neurological conditions.
- Developed personalized rehabilitation programs combining movement, mindfulness, and empathy.
- Collaborated with parents, caregivers, and multidisciplinary teams to support patient progress.
- Built long-term communication, care coordination, and interpersonal skills.

## Education & Training

- **SHE CODES — Web Development Track** (2024–present): HTML, CSS, JavaScript, React; collaborative exercises and projects.
- Self-learning: modern frontend, UI/UX best practices.

## Languages

- Hebrew — Native
- English — Fluent

## Service

- **IDF (1994–1996) — Executive Assistant, Central Command:** handled scheduling, coordination, and sensitive information.

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