

## **Updated COVID-19 Statement**

April 6, 2020

As the situation with COVID-19 is extremely dynamic and California remains under a mandated Shelter-in place order, Oceanside Gymnastics has continued to assess the situation and we will remain closed until the restrictions by the governor have been modified, allowing us to resume our programs.

Oceanside Gymnastics remains committed to our community's safety and well-being. We hope you are finding new ways to stay active until we can return to our gymnastics training. Exercise and other physical activities can boost your body's production of endorphins, feel-good neurotransmitters, and can help to reduce stress. In addition parents can help provide a sense of security to our children by keeping them on a routine.

We will continue to closely monitor the CDC, WHO, and local resources for updates and do our part to follow the guidance from federal, state and local officials to help slow and eventually stop the spread of COVID-19. For more information about COVID-19 and what you can do to keep healthy and safe, visit the CDC website at [cdc.gov](https://www.cdc.gov).

During this mandated closure, we are continuing to maintain the cleaning and sanitizing of our facility, and are working on gym improvements in preparation of our reopening. All recreational accounts have been placed on hold. Any fees paid toward session #3, will be credited to your account, to be used toward any of Oceanside Gymnastics programs (Classes, Birthday Party, Camps, Parents' Night Out, etc.) or merchandise.

We are proud to stand with our community during this trying time and look forward to seeing our gym families' smiling faces soon.

Please take care,

Reevon Bryan