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Zucchini and Potato Bake



This is a very easy and delicious dish that I like to make as a side dish for my summer barbecues. Prep: 15 mins

Cook: 1 hr

Total: 1 hr 15 mins

Servings: 6

Yield: 6 servings



Ingredients

2 medium zucchini, quartered and cut into large pieces

4 medium potatoes, peeled and cut into large chunks

1 medium red bell pepper, seeded and chopped

1 clove garlic, sliced

½ cup dry bread crumbs

1/4 cup olive oil

paprika to taste

salt to taste

ground black pepper to taste

Directions

Step 1

Preheat oven to 400 degrees F (200 degrees C).

Step 2

In a medium baking pan, toss together the zucchini, potatoes, red bell pepper, garlic, bread crumbs, and olive oil. Season with paprika, salt, and pepper.

Step 3

Bake 1 hour in the preheated oven, stirring occasionally, until potatoes are tender and lightly brown.

Nutrition Facts

Per Serving:

243 calories; protein 5.1g 10% DV; carbohydrates 35g 11% DV; fat 9.8g 15% DV; cholesterolmg; sodium 108mg 4% DV.

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