# Friary Grand Lodge Quarterly Ritual

## Prologue

This ritual's purpose is to bind the individual practitioner more tightly to the Order, to remind the individual they are part of something larger. The performance of this ritual should bring the Order to mind, and increase the participant's energy for and magical focus on the purposes of the Order.

It consists of several elements: Timing, Materials, Participants, and Sections

## **Timing**

This ritual shall be performed at the following times, but it may be performed at any time. Likely times include the Full Moon, as a preparation for major magical workings, etc.:

### Northern Hemisphere:

Winter Solstice -> St. John the Evangelist day (St. Raphael Day is contained within) Spring Equinox -> St. Gabriel the Archangel day Summer Solstice -> St. John the Baptist Day (St. Uriel Day is contained within) Autumnal Equinox -> St. Michael the Archangel Day

## Southern Hemisphere:

Summer Solstice -> St. John the Evangelist day (St. Raphael Day is contained within)
Autumnal Equinox -> St. Gabriel the Archangel day
Winter Solstice -> St. John the Baptist Day (St. Uriel Day is contained within)
Spring Equinox -> St. Michael the Archangel Day

Instructions will include the Solar Festival and the Angel to be invoked during the litany for that festival. On December 21, Northern Hemisphere Friars will invoke Uriel, while Southern Hemisphere Friars will invoke Michael. This will align seasonally, and provide balance for the Order.

#### **Materials**

The practitioner will need:

- Friary Altar (4 archangelic candles and Sacred Flame)
- Lustral Water for sprinkling (Holy water, or water energized by the practitioner)
- *Incense (optional)*
- Appropriate robes/clothing
- Instructions for Standard Opening, CRP
- A list of active Friary members (to be provided to the Members 7 days before the Solar festival)
- The Password of the Quarter (to be provided to the members 7 days before the Solar Festival)

## **Participants**

Each individual friar should perform this ritual. It is encouraged that friars should gather, and perform this ritual together. Portions can be portioned out to the various attendees. The Angelic Invocation should be call and response, with one Friar reading the line, and the rest repeating 'We invoke thee'.

#### Sections

Instructions and rubrics are given in Italics. If the friar is alone, they should read all unaltered and bolded text, and should still use the plural pronoun to indicate members both seen and unseen. If there is a group, the leader should read the unaltered text, and the group should respond with the Bold text. In the opening, this means all friars do the Gnostic Cross, the Pentagram, the Angelic Summonings, the Lighting of the Sacred Flame and the Elemental Cross over the Altar.

#### I. Standard Opening

Begin with the Gnostic Cross:

When the Rhythmic Breath has been developed, a Tongue of Flame is visualized above the head. This Tongue of Flame represents the Higher Genius, the source of magical power, that Sacred Flame by virtue of which the practice of magick is even possible. Holding this visualization in mind, on the expelled breath we vibrate: **Tu Es** 

On the indrawn breath, the arms are raised. In raising the arms, the vertical line of the body is balanced by a symmetrical, horizontal extension. The palms are upturned to signify that this balanced being is ready to manifest the power of the Higher Self. The breath is expelled. As the breath is drawn in, a brilliant shaft of light is visualized which descends swiftly from the Flame, passing through the crown of the head and the center of the body to the ground between the feet. On the expelled breath we vibrate: **Regnum** 

On the indrawn breath, the palm of the left hand is brought across to rest on the right shoulder. On the expelled breath we vibrate: **Atque Potentia** 

On the indrawn breath, the palm of the right hand is brought across to rest on the left shoulder. On the expelled breath we vibrate: **Atque Maiestas** 

Keeping the arms crossed, on the pause at the end of the breath we lower the head. The breath is drawn in: we feel the shaft of light within, radiating the energy of the Flame into and throughout our being. We feel a great concentration of the Flame and of magical power at the heart center, and on the expelled breath, we vibrate: **Atque Aeon Sum.** 

Advance to the East of the Chamber. Beginning at that point, and returning thereto, trace a clockwise circle, encompassing the area of the Chamber. Return to the center and face East. Bring both hands to your forehead, index fingers and thumbs touching, forming a triangle. Visualize a brilliantly glowing point-up pentagram within this triangle. When the visualization is firmly established, step forward with your left foot, flinging your arms forward, and with it the pentagram, vibrating the God-name of the quarter (see below). As the pentagram is flung forward, visualize it expanding and growing, until it reaches the inner perimeter of your circle, where it bursts into magnificent shimmering purificatory sparks.

Hebrew: East - YHVH South - ADONAI West - EHEIEH North - AGLA
Latin: East - DEUS South - DOMINI West - SUM North - OPIFEX

Facing East, assume the Mountain Pose. Raise arms to the Orans posture, reciting:

In the name of Light arising do we summon Raphael, the Healer, guardian of Air and Wind and Tempest, to guard this Chamber and witness the acts here taken. **Come mighty Raphael, and grace us with thy presence.** 

#### Facing South:

In the name of Light increasing, we summon Michael, the Defender, Lord of Fire and Prince of the Legions of Heaven. May he guard this Chamber and give due witness to the acts here taken. **Come, mighty Michael, and grace me with thy presence.** 

#### Facing West:

In the name of Light descending, we likewise summon Gabriel, Lord of Water, Heavenly Herald, who didst bring glad tidings to Our Blessed Lady. May this Chamber be guarded and our acts here witnessed. **Come mighty Gabriel, and grace us with thy presence**.

#### Facing North:

In the name of Light returning, we also summon Uriel, Dark Lord of Earth, who bringest all at last unto the Nether Shore, Companion of all who offer up their lives in the defense of others, guard this Chamber and witness the acts here taken. **Come, mighty Uriel, and grace us with thy presence.** 

#### Returning to the East:

we stand outside time, in a place not of earth. As my ancestors before me bade, we join together with those who have gone before, and those still traveling along the Path, and we are One of purpose. By Thy Blessed Apostles, by all Thy Holy Angels; by all Powers of Light and Shadow, we call Thee to guard and defend us from all perils, O Most High.

LIGHT THE SACRED FLAME The central flame source on the altar symbolizes the Sacred Noetic Flame of Gnosis, which brought Self-awareness to higher life. It is the Willful act of rekindling this Flame on the altar, which opens a "Gate" of communication between the Magician and the Higher Powers.

From the Portal of Air, To the Portal of Water; From the Portal of Fire, To the Portal of Earth; From the Center of Power, To the encompassing adamant, Let this Sanctuary be Established Within the Sacred Flame.

#### II. Purification

Sprinkle Space with Lustral Water in the 4 cardinal directions, and the cross quarters.

#### III. Consecration

Cense space - Ideally, one makes the signum in the 4 cardinal directions with the censer.

#### IV. Energy Raising

CRP - Formula I preferred - Monograph 4

Hold the Solis Orbis visualization throughout the ritual, returning to it after each section.

#### V. Invocation of the Most High

We call upon you, who rules over the kingdom of power, whose word comes as a birth of light, and whose words are immortal. They are eternal and unchanging. You who are the one whose will begets life for the forms in every place. You who are the one whose nature gives form to substance, who moves the souls of the angels. You who are the one whose providence extends to everyone and begets everyone. You who are the one who forms the Aeon among spirits. Who created everything . You, who are self-contained, care for everything. You are perfect, the invisible Deity to whom one speaks in silence – your image is moved when it is directed, and it governs the one mighty power, who is exalted above majesty, who is better than the honored ones.

# Ave Flamma Sanctissima, Viventes Lux, Donum Deum, In Corde Tibi Foveo, Membris Circumamictis Gloria Tua.

In the Bond of Holy Light do we call upon you, High Guardians, we who are continuators of your work: O Luminous Ones, behold and hear us. Not without our own questing do we seek Gnosis, nor without our own endeavor to achieve the Supreme Good: but that the sowing shall be crowned in the harvest.

For oneness of purpose do we call unto you, for that joy of resolve which is the wine of the Will, transforming all that is foreign to it.

For Living Light and Luminous Life do we call unto you, O Hidden High Ones! So Light and Life shall be drawn at last to the radiance of the One Light, and that Light shall mount to the Highest.

#### VI. Final Opening

Salutation and again salutation to the High Guardians of the Sacred Flame, who were,

and are, and are to come. Salutations and again salutation in the splendor of the Signum that unites us. High Guardians, Hidden Adepti, Dwellers in Eternity: you have given signs and you have shown wonders, and you have revealed yourselves unto your children.

High Guardians, Lords of Sapphire, behold us and empower us in this hour that we may truly and effectively consecrate this place as a Temple of your regard. By our action, let this Temple be established as a pure vessel for the Light and Life of the Sacred Flame, that all who work herein may be upraised and united in the splendor of one aspiration.

Let the blessing of the sacred and threefold flame of Wisdom, Beauty, and Strength rest upon this place, and let Love be the bond and seal in every operation of the noble alchemy of the Great Work, which is conducted herein.

#### VII. Invocation of the Angel

Regardless of hemisphere, the appropriate angel should be invoked for the appropriate solar festival. Only the Festival angel is required, but all may be invoked if time and inclination allows. The Festival angel should be invoked first, and any others in sunwise order. The period at the end of each line indicates a beat should be taken before reading the next.

Spring Equinox: Raphael Summer Solstice: Michael Autumnal Equinox: Gabriel

Winter Solstice: Uriel

With the coming of [Season], we call upon the angel associated with this season. We invoke the presence of the angel, to help us through this season. We ask you to look kindly on our works, be they mundane, spiritual, or magical.

## Raphael

Holy Raphael, Archangel of the Most High, we invoke thee.

Holy Raphael, guardian of the light arising, we invoke thee.

Holy Raphael, guardian of the whirling air and tempest, we invoke thee.

Holy Raphael, terror of demons, we invoke thee.

Holy Raphael, guide of travelers, we invoke thee.

Holy Raphael, sure guide in the paths of virtue and sanctification, we invoke thee.

Holy Raphael, whom the Scriptures praise, we invoke thee.

Holy Raphael, the holy angel of the Lord, who was sent to cure, we invoke thee.

Holy Raphael, our advocate, we invoke thee.

#### Michael

Holy Michael, Archangel of the Most High, we invoke thee.

Holy Michael, guardian of the light increasing, we invoke thee.

Holy Michael, guardian of fire and leader of the Hosts of Heaven, we invoke thee.

Holy Michael, standard-bearer of God's armies, we invoke thee.

Holy Michael, defender of those who hope in God, we invoke thee.

Holy Michael, standing at the right of the Altar of Incense, we invoke thee.

Holy Michael, thrust into Hell the eternal Adversary, we invoke thee.

#### Gabriel

Holy Gabriel, Archangel of the Most High, we invoke thee.

Holy Gabriel, guardian of the light descending, we invoke thee.

Holy Gabriel, guardian of the ocean and its watery depths, we invoke thee.

Holy Gabriel, guide of river and stream, we invoke thee.

Holy Gabriel, ambassador of the Lord, we invoke thee.

Holy Gabriel, first adorer of the Divine Word, we invoke thee.

Holy Gabriel, who foretold the greatness of the Christ, we invoke thee.

Holy Gabriel, whom the Scriptures praise as the angel sent by God to the Theotokos, **we** invoke thee.

#### Uriel

Holy Uriel, Archangel of the Most High, we invoke thee.

Holy Uriel, guardian of the light returning, we invoke thee.

Holy Uriel, guardian of the Gates of Paradise, we invoke thee.

Holy Uriel, who bringest all at last unto the Heavenly City, we invoke thee.

Holy Uriel, companion of all who offer up their lives in the defense of others, we invoke thee.

Holy Uriel, bringer of light to those experiencing interior darkness, **we invoke thee.** Holy Uriel, who plants the germ of the Sacred Flame in the hearts of all, **we invoke thee.** 

#### VIII. Recitation of names

High Guardians, Hidden Adepti, Dwellers in Eternity: Make us all worthy to partake of the Gnosis unto the purification of our souls, our bodies and our spirits. Guide our steps along the path, that we may attain to the Holy Gnosis, sharing a bond with the initiates and adepti who have pleased the Most High since the beginning. Help the Order to remember all initiates in the Great work, and strengthen them into the corporate life of the Friary and the High Company of the Sacred Flame.

The following is spoken once.

In the season of [Festival], under the password of [Password], we greet you, Companions of the Sacred Flame. We thank you for your companionship in the Great Work.

If done in a group, the members should take turns speaking. For each active member of the Friary, recite the following.

[Name], May the Wine of the Will be the ferment of our spiritual alchemy mighty in the crucibles of our souls.

Upon reaching your name, say:

I, [Name], Companion of the Sacred Flame, extend my companionship in the Great Work to all members of the Order. May the Wine of the Will be the ferment of our spiritual alchemy mighty in the crucible of our souls.

#### IX. Intonation

The following mantra is to be repeated a set number of times. Choose from the following options, with regard to time allotted to the ritual: 8, 16, 64, 160, 640, 4096, or [the number of members] in the Friary x 8.

*The mantra should be vibrated, intoned, or sung.* 

"Ave Flammae Sanctissima" (pronounced AH-VAY FLAM-EYE SANCT-EESS-EEMAH)

Optional physical motions:

If using the optional motions, please do them in sets of 8 (i.e., if doing 16, do 8 orans postures, then 8 while sitting).

The Intonation can be performed sitting in throne pose (seated with hands resting on knees, back straight) or standing in Mountain pose (hands at sides, feet shoulder width apart).

Orans posture: Optionally, at each recitation, raise hands to orans posture, return to crossed arms over heart, Left on right shoulder first, Right hand on left shoulder second.

Proskynesis: Optionally, at each recitation, perform the Proskynesis (Kneel, outstretch your hands, touch forehead to ground, then return to stand).

#### X. Energy Projection

In silence, each friar should formulate Orbis Solis, emblazon upon it the Signum of the Friary. Envision rays spreading out to each member of the Friary from the Signum, infusing their Orbis Solis with energy to perform the Great Work.

Open the Orbis Solis, to receive the energy from all members of the Friary. Visualize Reception of the rays coming into the Signum emblazoned upon the Orbis Solis.

#### XI. Grand Lodge Closing

In harmony and aspiration, this rite began: in unity and exaltation, we bring it to a close. In the strength of that which we have wrought, with the blessing of the Most High, and in the Light of the Sacred Flame, let us go forth into the world — but let the silence of the Mysteries keep guard between our soul and our lips. So may the Holy Fire abide within the Temple.

#### XII. Standard Closing

Stand in the center of the Chamber, or as nearly center, as the arrangement will allow.

We give thanks to Thee! Every soul and heart is lifted up to Thee, Undisturbed Name, honored with the name 'God' and praised with the name 'Father,' for to everyone and everything comes the Fatherly kindness and affection and love, and any teaching there may be that is sweet and plain, giving us mind, speech and gnosis. Mind, so that we may understand Thee, Speech, so that we may expound Thee, Gnosis so that we may Know Thee. We rejoice, having been illuminated by Thine Holy Gnosis!

Dismissal Facing and saluting the East: Hail, mighty Raphael, Archangel of the Air, Healer and Guardian of Wind and Tempest. We thank thee for thine attendance and protection here tonight, and before thou departest for thine airy realms, We bid thee hail and farewell.

Facing and saluting the South: Hail, mighty Michael, the Defender, Lord of Fire and Prince of the Legions of Heaven. We thank thee for thine attendance and protection here tonight, and before thou departest for thine fiery realms, We bid thee **hail and farewell.** 

Facing and saluting the West: Hail, mighty Gabriel, Lord of Water, Heavenly Herald, who didst bring glad tidings to Our Blessed Lady. We thank thee for thine attendance and protection here tonight, and before thou departest for thine watery realms, We bid thee **hail and farewell.** 

Facing and saluting the North: Hail, mighty Uriel, Dark Lord of Earth, who bringest all at last unto the Nether Shore, Companion of all who offer up their lives in the defense of others. We thank thee for thine attendance and protection here tonight, and before thou departest for thine earthy realms, We bid thee **hail and farewell.** 

Extinguish the Sacred Flame, after which, retrace the enclosing circle, counter-clockwise and finish with the Gnostic Cross.

Knock once on the Altar. So it is Done.