



Incense Offering and Prayers

An abbreviated generosity practice for the accumulation of merit, the blessing of a local place, and the removal of obstacles to our Spiritual Practice- written by Theognostus, for those pursuing the Mind of True Gnosis.

Lineage Prayer

Great James, brother of Our Lord, Thomas, His twin, John the Beloved,
Mary the Magdalene, Valentinus, Lord of Gnosis- John the Baptist,
Keeper of the Grail, Joseph of Arimathea;
lineage holders of the spiritual and magical transmissions;

You who have mastered the profound path,
unrivaled protectors of sentient beings;
I call to you great Saints and Adepts;
Grant your blessing that I may follow your tradition and example.

As is taught, detachment is the foot of meditation;
Attachment to food and wealth disappears.
To the meditator who gives up the ties to this life,
Grant your blessing that attachment to ownership and honor cease.

As is taught, devotion is the head of meditation;
The Saints open the door to the profound teachings.
To the meditator who always turns to them,
Grant your blessing that uncontrived devotion be born within.

As is taught, unwavering attention is the body of meditation;
Whatever arises is the fresh nature of thought.
To the meditator who rests there in naturalness,
Grant your blessing that meditation be free from intellectualization.

As is taught, the essence of thought is the highest of Worlds;
Thoughts are nothing whatsoever and yet they arise.
To the meditator who reflects upon the unobstructed play of the mind,
Grant your blessing that the inseparability of the Subjective and Objective be realized.

Through all my incarnations, may I not be separated
From those Adepts and Saints, and so enjoy the glory of the truth.
May I accomplish the qualities of the path and stages
And quickly attain the state Gnosis.

Preliminary Refuge

From this moment until the heart of True Gnosis is reached,
I and all sentient beings as limitless as the sky,
Go for refuge to all the splendid accomplished supreme company of Saints and Adepti.
We go for refuge to all the Archangels, and angels gathered in the Heavenly Host.

We go for refuge to the great Lord of Compassion, the Divine Mercy, Christ Our Lord.
We go for refuge to all the supreme teachings of Truth.
We go for refuge to the noble Companions who follow the path of righteousness.
We go for refuge to all the protectors and defenders of the Sacred Flame who each
have the eye of transcending awareness.

First Refuge and Raising Mind of True Compassion (three times)

In the Christ, Sacred Flame and Companions
I take refuge until I reach True Gnosis.
By the merit of this practice, generosity and so forth,
May I achieve True Gnosis for the benefit of all sentient beings.

Visualization of the Lord of Compassion

On the crown of the head of myself and all beings, on a moon, on a lotus, is a glowing
Signum.
Christ arises from this. He radiates bright, clear light of five colors.
He gazes with compassionate eyes and lovely smile.
His hands are in the Ka position, open and inviting.

He is arrayed in robes of white.
His head ornament is a corona flammae of boundless light.
A stainless moon is his backrest.
He is the essence of all those in whom we take refuge.

Make the following prayer, thinking that all beings are making it with you as if in a single voice:

Lord, not veiled by any fault, blazing in magnificence,
Whose head is crowned in light,
Gazing compassionately at all beings,
To you, Christ, all-seeing one, I prostrate.

Then:

By having prayed like this one pointedly,
light shining from the holy form removes all ignorance and bewilderment.

The outer realm becomes the realm of the Pleroma.

The body, speech, and mind of beings within it become the body, speech and mind of
the Lord of Compassion.

All knowledge, sound and all appearances become inseparable from the Gnosis.

Lord Jesus Christ Have Mercy.

PYR! AITHER! HYDOR!

(Begin to burn the incense... ring bell)

With PYR, the fire of timeless awareness burns the offering substances;
With AITHER, the wind of timeless awareness scatters the charred remains;
And with HYDOR, the water of timeless awareness washes away every stain of ordinary concept and habit.

I - A - O (ee - ah - oh). (3x)

A - From the container of basic space,
I - Exhaustless clouds of all desirable sense objects arise.
O - All are transformed into wisdom substances.

Prayer of Offering the Incense

The Incense offerings are clouds of sense pleasures, extending throughout basic space.
These are offered to the sources of refuge and the protectors,
And given out of compassion to all beings, especially those who hinder us.
May they be delighted and satisfied.

May we perfect the two accumulations, of Wisdom and Compassion,
May we refine away all obscurations and obstacles,
May we enjoy the two kinds of benefit -
the splendor of happiness and the Mind of Gnosis.

Lord Jesus Christ Have Mercy.

After completing the incense offering practice, this prayer can be repeated as many times as possible.

Dedication

This accumulation of merit we offer so that all obstacles dissolve and, at the time of our death, suffering may be eased and we may swiftly find our way to our True Home through the Archons and Eons, quickly gaining the Mind of True Gnosis for the benefit of all sentient beings.