

Duet News

• FOR GRANDPARENTS RAISING GRANDCHILDREN •

From the Director's Desk


BY **PATRICIA DOMINGUEZ** MSW,
DIRECTOR OF KINSHIP CARE SERVICES

Good News! In July we were awarded \$63,000 grant from First Things First to serve grandparents raising grandchildren in the West Valley. The grant is a partnership with Benevilla and is for one year with the potential to apply for 2 additional years once we have completed and have shown positive outcomes. We are extremely excited by this wonderful partnership. It will allow us to expand services and hire an additional full-time kinship care specialist.

We are happy to announce that Rosalind Polston has accepted the new

Kinship Care Specialist position. Rosalind has a MA degree and brings with her a wealth of experience working with parents, grandparents and children and providing guidance, support and referral resources. She has a passion for promoting the health and well-being of our children. As a grandmother, Rosalind enjoys being "Nana" to her grandchildren and assisting them in their growth and development, but she also understands the importance and necessity of grandparents having a support team.


Her role will include conducting educational workshops, assisting with outreach, providing information and referral, aiding with support groups and serving our kinship caregivers where needed. In January we will be co-sponsoring an

all-day conference. We are so thrilled! 



Reverend Rosalind Polston
Kinship Care Specialist

Be Unique – Can We Talk?

Do you find it difficult sometimes to communicate with your grandchildren? Come and join us in workshops that are designed to help you enhance your communication with your grandchildren about things such as peer pressure, puberty, self-esteem, and sexuality. This half day workshop will cover topics on the development and behaviors of pre-teens and teens. Lunch will be provided. No childcare available. This workshop is in collaboration with Pima Prevention Partnership. 

When: Tuesday, October 30,
Time: 9:00 a.m. – 1:00 p.m.
Where: Buckeye Community Center
201 East Centre Avenue
Buckeye, AZ 85326
Cost: Free, space is limited
RSVP: RSVPs required. Contact Patricia
at (602) 274-5022, Ext 44 by
Tuesday, October 23

3 Tips for Communicating with your Grandchild

1. Plan regular times to talk to each other without distractions, for example, chat with them on the way home from school.

2. Encourage your grandchildren to talk about their feelings good and bad.

3. Don't evade questions or lie. It's okay to say I don't know.



Bearizona – Wildlife Adventure – Day Trip

We're going on a bear hunt! We're gonna see a big one! I'm not afraid! Are you? If you're not afraid, come along with us to FORT BEARIZONA in beautiful Williams, AZ. It's located thirty minutes west of Flagstaff. Bearizona is a wildlife park that features a wide variety of North American animals.

You can leisurely stroll through the forest to get an up-close look at the antics of the smaller animals; feel the breeze as the amazing birds of prey skim directly overhead during the Bird Shows, and explore the bear den to catch a glimpse of juvenile bears in their cave. Great fun!

Reservations are required by October 16. Some families may be able to carpool. Ask about transportation and register by calling Patricia at (602) 274-5022 ext. 44. The family outings are offered to grandparents and to the children they are raising. **Other family members are welcome to attend outings at the full rate.** 🦋



When: Saturday, October 20

Time: 10:00 a.m.

Where: Bearizona
1500 East Route 66
Williams, AZ 86046

Cost: Free

RSVP: Space is Limited. Reservations required by Tuesday, Oct. 16
Call (602) 274-5022 ext. 44

Lunch: On your own. Pack a picnic lunch or food is available at the park café for a cost.

Fall Family Fun at the Farm

"On Halloween night, the Great Pumpkin rises out of his pumpkin patch and flies through the air with his bag of toys for all the children!" ~ Linus, It's the Great Pumpkin, Charlie Brown

Come and create unforgettable memories with your grandchildren. We're going to Tolmachoff Farms for some fall family fun. There are activities for everyone, including: a pumpkin patch, corn maze, petting zoo, train rides, hay pyramid, play area, and much more. This complete package is offered at a discounted rate and includes a train ride. Other family members are welcome to attend at the full rate. 🦋



When: Saturday, November 10

Time: 10:00 a.m.

Where: Tolmachoff Farms
5726 North 75th Avenue
Glendale, AZ 85303

Cost: \$5.00 per person

We are encouraging families to bring your lunch.

RSVP: Required by Friday, November 2
Call (602) 274-5022 ext. 42

"Being deeply loved by someone gives you strength, while loving someone deeply gives you courage."

Lao Tzu

Holiday Potluck Party

Every year we are delighted to celebrate the holiday season with a Family Potluck Party for grandparents and the children they are raising.

It is a joyous time to meet others in a festive atmosphere. Children take part in fun activities while adults relax and visit with each other. Everyone shares in an abundance of delicious food and there is always enough for second helpings. 🦋

When: Friday, December 21

Time: 5:00 – 7:00 pm

Where: Church of the Beatitudes
Nelson Hall
555 West Glendale Avenue
Phoenix, AZ 85021

Bring: Each family is asked to bring a favorite dish to share.

RSVP: RSVPs required.
Call Roberta (602) 274-5022,
Ext 42 by Friday, December 14
and let us know how many
people are attending.

New Grandparents Support Group in Glendale

Grandparents, are you feeling overwhelmed, confused, and alone? Duet is launching a new support group on Tuesday, October 9, 2012, 5:00 – 7:00 pm, at the First United Methodist Church. The Church is located at 7102 North 58th Avenue, Room 101, Glendale, Arizona. Join other grandparents as we share and learn from one another. The group is free of charge. If you have questions, please call Rosalind, Duet Kinship Care Specialist at (602) 274-5022, Ext 42. We hope to see you on October 9th. 🦋



Baby Brain Time

Join the Phoenix Public Library and First Things First in a free Baby Brain Time class! Baby Brain Time is a program based on what New Directions Institute for Infant Brain Development calls the ABCs of Early Learning®: **Attention, Bonding, and Communication**. Parents/caregivers who “do the ABCs” with their young children everyday will have children who enter school ready to learn and succeed! For caregivers with children birth to two. To register for this interactive workshop or for more information, please contact Patricia Dominguez at Duet, (602) 274-5022, Ext 44. **Bring your child.** 🦋



When: Saturday, October 27
Time: 9:00 – 10:00 am
Where: Church of the Beatitudes, Patio Room, 555 West Glendale Avenue Phoenix, AZ 85021
Cost: Free
RSVP: Space limited call Patricia (602) 274-5022

Every Child Ready to Read

Parents and caregivers are a child’s first and best teacher, so getting your child ready for kindergarten begins at home! Join the Phoenix Public Library and First Thing First in a free Every Child Ready to Read caregiver workshop to learn the five easy practices that will work on your child’s pre-literacy skills. **Bring your child** and learn fun new activities that you can use at home every day! 🦋

For caregivers with children birth to five.

When: Saturday, December 1
Time: 9:00 – 10:00 am
Where: Church of the Beatitudes
 Patio Room
 555 West Glendale Avenue
 Phoenix, 85021
Cost: Free
RSVP: Required. Please contact Patricia at (602) 274-5022, Ext 44

Coping with Holiday Stress

It’s that time again. Holiday time! A time for joy and fun. But, in every family there is no denying that holiday stress can sometimes creep up on us. If you are a grandparent raising grandchildren who experiences holiday stress, we would like to offer you an opportunity to learn tools to get through the holidays happily – as well as to prevent problems and misery for you and your family. Reservations required. Light dinner will be served. 🦋

When: Tuesday, November 27
Time: 5:00 – 7:00 pm
Where: Care 1st Avondale Resource and Housing Center
 328 West Western Avenue
 Avondale, AZ 85323
Cost: Free
RSVP: RSVPs required. Contact Rosalind at (602) 274-5022, Ext 42 by Friday, November 9



Gaining Guardianship of Your Grandchild

Grandparents and other relatives who care for children often face legal issues, whether it’s dealing with custody or guardianship, or simply getting a child medical care. Do you know whether you need to be the legal guardian of your grandchildren? We can help answer that question. If you are raising a grandchild or a minor relative in Arizona, you will need formal custody to obtain benefits such as health care or to enroll the child in school. While the legal process to gain custody can be complex and overwhelming, Duet is here to help.

We have partnered with the Children’s Law Center (Volunteer Lawyers Program) to provide a free monthly clinic to help you complete proper paperwork. A volunteer attorney will guide you through a guardianship petition, provide legal advice, and answer questions regarding uncontested guardianship.

These free clinics are offered throughout the year on the second Friday of each month - except July and December. Space is limited and a reservation required. 🦋

When: Friday, October 12
 Friday, November 9
Time: 3:00 – 5:00 pm
Where: Church of the Beatitudes, Patio Room, 555 W. Glendale Ave. Phoenix, AZ 85021
Cost: Free
RSVP: Required. Contact Patricia (602) 274-5022 ext. 44





Be an Ambassador

Please help us spread the word about Kinship Care Services. Our services are designed to assist and support grandparents raising grandchildren. Today, more grandparents find themselves in this position than ever before. Let other "grandfamilies" know about the wonderful and free services we provide.

Duet: Partners In Health & Aging
555 West Glendale Avenue
Phoenix AZ 85021

(602) 274-5022
www.duetaz.org / info@duetaz.org

RETURN SERVICE REQUESTED

Non-Profit Org.
U.S. Postage
PAID
Glendale, AZ
Permit No. 178

Sharing Groups for Grandparents Raising Grandchildren & Kinship Caregivers

October

October 9, Tuesday, 5:00 - 7:00 pm
1st United Methodist Church of Glendale
7102 North 58th Drive, Room 101
Glendale, AZ 85301

October 11, Thursday, 9:00 - 11:00 am
October 25, Thursday, 9:00 - 11:00 am
Church of the Beatitudes, Lounge
555 West Glendale Avenue
Phoenix, AZ 85021

October 23, Tuesday, 5:00 - 7:00 pm
Care 1st Avondale Resource Center
328 West Western Avenue
Avondale, AZ 85323

October 30, Tuesday, 1:00 - 2:30 pm
Buckeye Community Center
201 East Centre Avenue
Buckeye, AZ 85326

November

November 13, Tuesday, 5:00 - 7:00 pm
1st United Methodist Church of Glendale
7102 North 58th Drive, Room 101
Glendale, AZ 85301

November 8, Thursday, 9:00 - 11:00 am
Church of the Beatitudes, Lounge
555 West Glendale Avenue
Phoenix, AZ 85021

November 27, Tuesday, 1:00 - 2:30 pm
Buckeye Community Center
201 East Centre Avenue
Buckeye, AZ 85326

November 27, Tuesday, 5:00 - 7:00 pm
Care 1st Avondale Resource Center
328 West Western Avenue
Avondale, AZ 85323

December

December 13, Thursday, 9:00 - 11:00 am
Church of the Beatitudes, Lounge
555 West Glendale Avenue
Phoenix, AZ 85021

Services for "grandfamilies" are made possible through partnerships with Area Agency on Aging, Region One; Benevilla; Coyotes Charities; CoBiz Cares Foundation; Desert Schools Credit Union; Fennemore Craig Law Firm; First Things First; I Biden USA; Steptoe and Johnson Law Firm; Thunderbird Charities; and by generous individuals. 🦋