

Unleash your Inner Athlete

Get ready to work it out and achieve your fitness goals with our high-energy fitness programs! Our programs are designed to cater to all fitness levels and provide a fun and motivating environment to help you reach your peak performance.

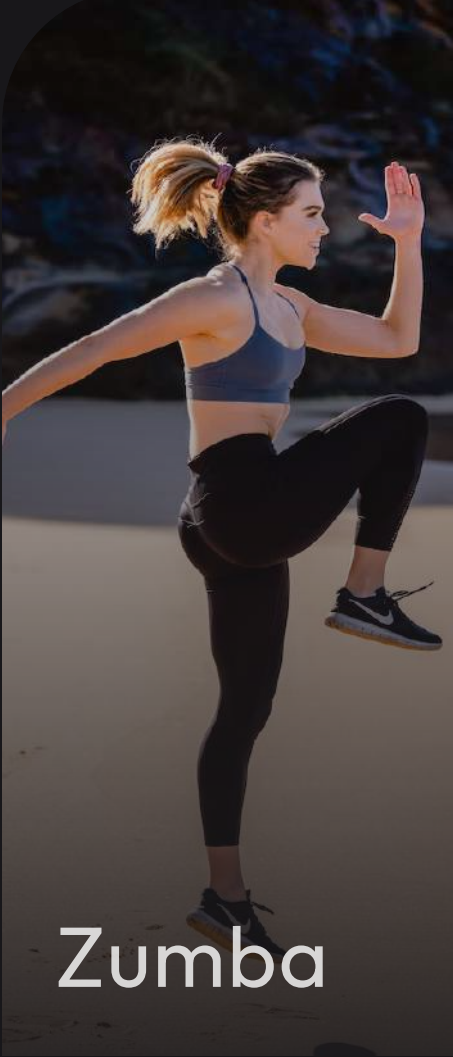
SIGN UP

Choose from a vast group of activities



GYM

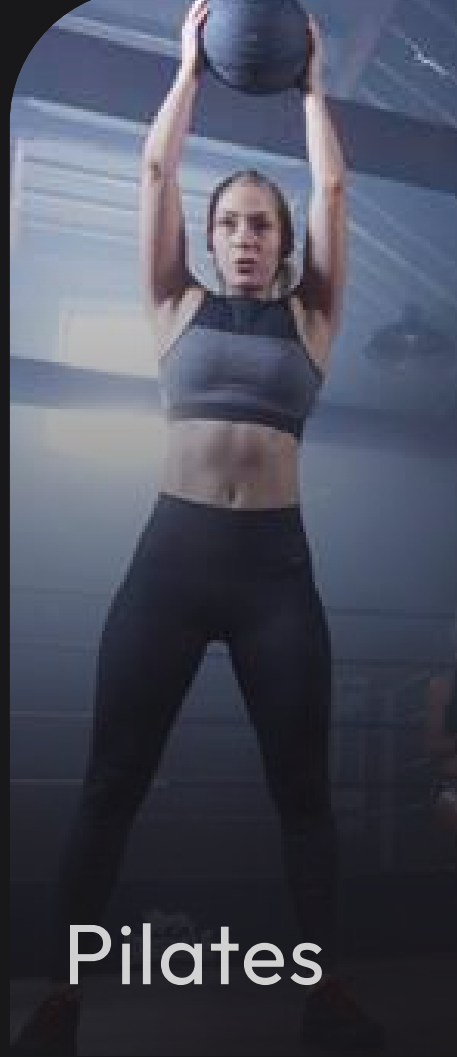
Expect a heart-pumping workout that will leave you feeling energized and accomplished throughout the day. No matter whether your goal is to lose weight, tone your body or muscle up - this is the right choice for you. Join our local community that will help you stay motivated and disciplined .



Zumba



Yoga

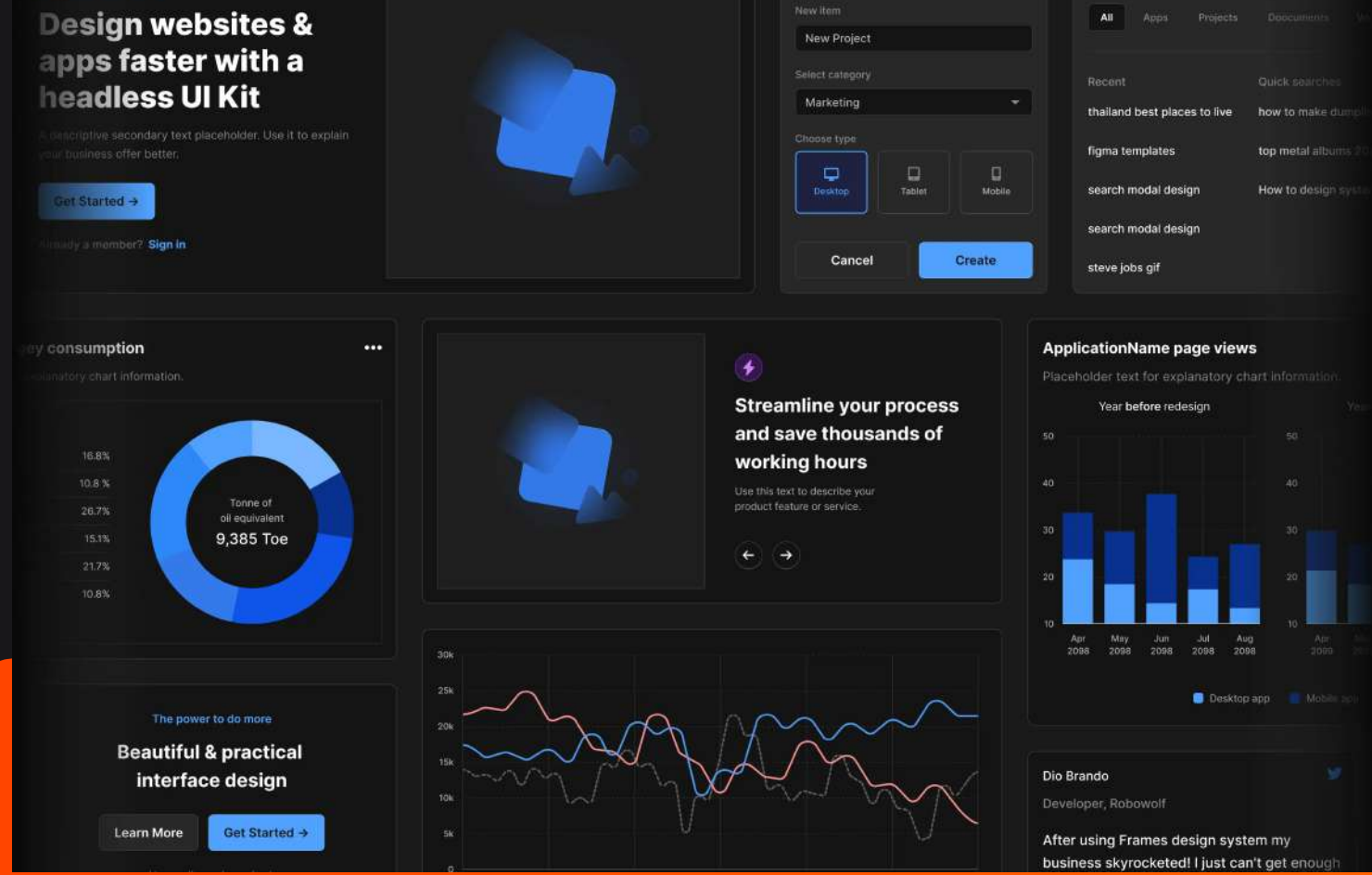


Pilates

Track your results and schedule your workout sessions

Whether you choose to train alone or in a group, make sure to log your workouts into our built-in personalized schedule. And don't forget to check and update your results regularly - each step, no matter how small, brings you closer to your goal.

2021 // Workout Plan						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Programs



• Yoga

29 Students

Strength & Sweat

2 H

Instructor: Esther Howard

- No. of Classes: 30
- Difficulty: Beginner

Learn more

Start a free trail



• Fitness

34 Students

Total Body Burnout

4 H

Instructor: Wade Warren

- No. of Classes: 45
- Difficulty: Medium

Learn more

Start a free trail



• Cardio

60 Students

Bootcamp Challenge

3 H

Instructor: Robert Fox

- No. of Classes: 52
- Difficulty: Hard

Learn more

Start a free trail

See all

Instructors



Emanuel Ferez

Gym trainer



Paul Johnson

Gym trainer



Joshua Williamson

Gym trainer



Jane Cooper

Gym trainer

Client's Feedback

Great Programs! Helped Me Improve The Quality Of My Life And Tone My Body!

☆☆☆☆☆



Courtney Walker

Great Community That Keeps You Motivated And Helps You Keep Up And Reach Your Goals In A Very Enjoyable Way.

☆☆☆☆☆



Scott Williams

Love The Personalized Schedule! Great For Those Busy Folks Who Tend To Forget They Have A Workout To Do!

☆☆☆☆☆



Emma Anders

Are you ready for a change?

Challenge your strength. Stretch your body. Breathe easy. Our team of world-class instructors will empower

LOG IN OR SIGN UP

FITNESSFUSION

Join us today and experience the transformative power of our fitness classes. Don't wait to start your fitness journey. Take the first step towards a healthier, stronger you. Let's sweat, have fun, and make fitness a way of life together!





Email or Username

Password

Log in

Forgot Password

OR

Sign up

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ARE YOU READY FOR A CHANGE?

Sign up now!

