

Adventure Awaits at Adventure Peak Summer Camp!



Our Mission

At Adventure Peak, we aim to provide children with a fun and exciting summer, and allow them to grow and develop their talents and skills. Our program is designed for children between the ages of 8 and 17, with choices between our 6-week, 8-week, and 12-week programming. Our campers are divided by age group (8-10, 11-13, 14-15, and 16-17) so that they can build connections with other campers close in age. We offer programs for all campers such as swimming, fishing, canoeing, whittling, arts and crafts, theater, dance, archery, sports, and more! Additionally, we offer special classes and certifications exclusively to our 16-18 year olds, such as CPR, First Aid, and our new Counselor-in-Training program.

What We Offer



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Programs

Canoeing

Canoeing is a wonderful activity for kids that involves exploring bodies of water, building teamwork skills, and enjoying the great outdoors. During canoeing excursions, camp counselors and instructors will typically guide kids on safe and enjoyable routes through local waterways, pointing out interesting wildlife and natural features along the way. This can provide a unique and educational experience for kids, helping them to learn about the environment and the importance of conservation.



Sports

We offer a wide range of sports activities, including basketball, soccer, baseball, flag football, tennis, and more. Campers may participate in friendly matches or games, practice drills, and receive instruction and coaching from trained staff. Sports can help to build self-confidence and boost self-esteem. As children learn new skills and improve their abilities, they may feel a sense of accomplishment and pride. Kids can learn the value of teamwork, communication, and

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Arts and Crafts

Our arts and crafts program provides a fun and creative outlet for self-expression and learning new skills. Arts and crafts activities may include a wide range of projects, such as painting, drawing, sculpture, printmaking, jewelry making, and more. Campers may work individually or in groups, creating projects that reflect their own interests and personalities. This can help to build friendships and a sense of community, as children work together to create something they can be proud of.



Hiking

Hiking offers our pupils the opportunity to explore the outdoors, learn about nature, and build physical endurance. At Adventure Peak, hiking involves guided trips through local trails and parks, or overnight camping excursions where kids can experience the great outdoors up close. During hikes, kids can learn about local wildlife and ecosystems, as well as explore natural features like waterfalls, canyons, and forests.

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Website by: Katelyn Villacres and Tania Sacoto

Courses

First Aid

Our first aid course for teens covers a range of basic first aid skills to help them handle common injuries and illnesses that may occur while at camp. Here is an outline of what the course could include:

- Introduction to first aid: Introducing the concept of first aid and its importance in emergency situations.
- Assessing the situation: Teach teens how to assess the situation before offering any help. Explain the importance of safety first, and how to check the area for any potential hazards or dangers.
- Bleeding and wound care: Teach teens how to handle bleeding and wound care, including how to apply pressure to stop bleeding, how to clean and dress a wound, and how to recognize signs of infection.
- Burns and heat-related illnesses: Explain how to recognize and treat burns, including how to cool the burn with running water and how to apply a sterile dressing. Cover heat-related illnesses such as heat exhaustion and heat stroke and the importance of staying hydrated.
- And so much more...



CPR

Our CPR course for teens is a crucial training to equip them with the skills to respond in emergency situations where someone may need cardiopulmonary resuscitation (CPR). Here is an outline of what the course could include:

- Introduction to CPR: Start by introducing the concept of CPR and its importance in emergency situations.
- Assessing the situation: Teach teens how to assess the situation before offering any help.
- Chest compressions: Cover the basics of chest compressions, including how to position the person, how to place the hands and how to perform compressions. Demonstrate the proper techniques and allow teens to practice on CPR dummies.
- Rescue breaths: Teach teens how to perform rescue breaths, including how to tilt the head back and lift the chin to open the airway and how to give breaths using mouth-to-mouth or a barrier device.
- And so much more...

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Lifeguarding

Our lifeguard course for teens is an important training to equip them with the skills necessary to maintain safety in and around the water. Here is an outline of what the course could include:

- Introduction to lifeguarding: Start by introducing the concept of lifeguarding and its importance in maintaining safety in and around the water.
- Water safety and rescue techniques: Teach teens about water safety rules, how to recognize and respond to different water emergencies, and how to perform rescue techniques such as reaching, throwing, and towing.
- Lifeguarding equipment: Teach teens about the different types of lifeguarding equipment, such as rescue tubes, life jackets, and backboards, and how to properly use them.
- Surveillance and prevention: Cover the importance of surveillance and prevention, including how to recognize signs of distress, and how to communicate effectively with other lifeguards and swimmers.
- And so much more...



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Website by: Katelyn Villacres and Tania Sacoto

Frequently Asked Questions

What is Adventure Peak? ▾

Is Adventure Peak a sleepaway camp? ▾

How long will my child be away at camp? ▾

What if my child needs to leave camp before the end of program? ▾

What if my child gets homesick? ▾

What is your policy on technology? ▾

What should my child bring? ▾

What if my child forgets something? ▾

You mentioned that Adventure Peak has a camp shop. ▾
Should my child bring money?

How much is tuition? ▾

What if I have a question that isn't listed here? ▾

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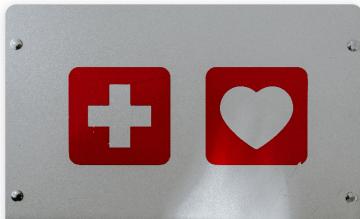
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Thank you for reaching out to us. We will do our best to get back to you as soon as possible.

Choose One:
 Work with Us Join the Camp Question
Write your question or comment here...



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