

# CORIANDER & LIME CHOPPED SALAD

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## INGREDIENTS

1 head of lettuce washed and leaves cut or torn  
into large pieces  
2 tomatoes sliced or quartered  
½ red onion thinly sliced  
1 avocado sliced or diced  
1 tbs finely chopped cilantro  
Juice of 2 limes  
2 tbs olive oil  
Salt and pepper to taste

## METHOD

Step 1:  
Prepare the dressing by mixing the chopped cilantro, lemon juice,  
oil, salt and pepper. Set aside.  
Step 2:  
Put the lettuce, tomatoes, onion and avocado in a salad bowl.  
Step 3:  
Add the dressing to the salad and toss well.

THE  
COOKERY

by The Secret Jozi Chef