

# BANH PATE SO

---

## INGREDIENTS

700gms puff pastry  
¾ cup chopped shallot or red onion  
1 tablespoon minced garlic  
300gms ground pork  
15gms wood ear or shiitake mushrooms,  
finely minced  
1 spring onions, finely chopped  
1 tbsp finely chopped coriander (optional)  
1 tsp finely grated ginger  
1 tablespoon sugar  
1 teaspoon salt  
1 teaspoon freshly ground pepper  
1 large egg, lightly beaten for sealing and  
brushing

## METHOD

STEP 1: Cut the puff pastry into 9cm rounds. You will need 24 rounds. Place them on lined baking sheet and refrigerate until ready to use.

STEP 2: Finely chop the shallots or red onions and fry until tender in a little neutral oil, once the onions are tender add the grated ginger and garlic and fry for 1 minute, remove and set aside.

STEP 3: Mix sauted shallot mixture with ground pork, chopped mushrooms, sugar, salt, freshly ground pepper and the finely chopped spring onion and coriander if using.

STEP 4: Take 2 tablespoons of pork mixture and place it in the center of puff pastry round.

STEP 5: Brush the edges with beaten egg, place another pastry round on top. Use a fork to press around the edges of pastry to seal.

STEP 6: Place unbaked pate so on lined baking sheet and freeze for 15 minutes.

STEP 7: Preheat oven to 180C.

STEP 8: Brush pastries with egg. Place tray on middle rack and bake for 25 minutes until golden brown.

# THE COOKERY

by The Secret Jozi Chef

The Colony Shopping Centre, 345 Jan Smuts Avenue, Craighall, 2024.

[www.facebook.com/secretjozichef](https://www.facebook.com/secretjozichef)