

ZUPPA DI COZZE

MUSSEL SOUP

INGREDIENTS

3 tbs. olive oil
1 medium onion, chopped
2 stalks of celery, chopped
3-4 cloves of garlic, minced
Salt & Pepper to taste
1/2 cup dry white wine
1 cup Water
1 (14 oz.) Can Chopped Tomatoes
1,5 kg mussels, scrubbed with beards removed
1/4 cup chopped fresh parsley

METHOD

1. Heat the oil in a large saucepan and saute the onion, celery and garlic until translucent.
2. Add the tomatoes, salt and pepper and cook 5-10 minutes or until the sauce begins to thicken.
3. Add the wine and cook an additional 10 minutes, adding as much water as needed if the sauce becomes too thick.
4. Add the cleaned, drained mussels, cover, and cook until the shells open, which should be about 5 additional minutes.
5. Add the parsley just before serving.
6. You can serve this dish on grilled garlic bread, spooning the juices over the bread in a shallow bowl, or serve with a good crusty bread on the side.

THE
COOKERY

by The Secret Jozi Chef