

PEAR, WALNUT SALAD

INGREDIENTS

200g mixed lettuce (arugula, romaine, etc.)

1 ripe pear - unpeeled, cored, sliced

55g walnuts, roughly chopped

55g Pecorino Romano cheese, shaved

Vinaigrette

2 tablespoon white wine vinegar

1/2 teaspoon mustard

1/2 tsp finely minced garlic

6 tablespoons olive oil

METHOD

Step 1

To make the vinaigrette, combine, vinegar, mustard and garlic. Whisk till well combined. While whisking constantly, slowly pour in a steady stream of the olive oil.

Step 2

Prepare the remaining ingredients, toss the vinaigrette with them and serve.

THE
COOKERY

by The Secret Jozi Chef

The Colony Shopping Centre, 345 Jan Smuts Avenue, Craighall, 2024.

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