

MASCARPONE GELATO

INGREDIENTS

4 large egg yolks
3/4 cup granulated sugar
2 cups whole milk
1 cup heavy cream
1/2 teaspoon kosher salt
1 1/2 teaspoons pure vanilla extract
240gms mascarpone

METHOD

Step 1: In a medium saucepan, whisk together the egg yolks and sugar until smooth, thick, and pale yellow. This will take around 30 seconds. Whisk in the milk, cream, salt and vanilla until evenly combined.

Step 2: Place the saucepan over medium heat. Whisking almost constantly, cook the mixture until an instant-read thermometer reads 170 degrees F, approximately 10 minutes.

Step 3: Place the mascarpone cheese in a medium-sized bowl. Carefully add one or two ladles of the hot gelato base and whisk until smooth. Continue adding the hot liquid and whisking until the mascarpone is completely incorporated.

Step 4: Strain the gelato base through a fine mesh strainer into a medium-size bowl, preferably one with a pouring spout.

Step 5: Place plastic wrap directly against the surface of the liquid to prevent a skin from forming. Chill until the mixture is very cold, at least 6 hours or up to two days in advance.

Step 6: Briefly whisk the mixture, then prepare in an ice cream maker according to manufacturer instructions.

Step 7: Once the gelato has finished spinning, it will likely be a soft serve consistency. Transfer to a loaf pan (or similar sized pan), cover, and freeze until fully frozen but scoopable, up to 2 hours.

THE COOKERY

by The Secret Jozi Chef