TROPICAL MANGO COMPOTE

INGREDIENTS

250g mango chunks fresh or frozen 1 tablespoon light brown sugar Pulp of 2 or 3 passion fruit, depending on size juice of 1/2 lime juice of 1/2 lemon

METHOD

Step 1:

In a small saucepan, mix the mango, sugar, lime and lemon juice. Cook over a medium heat, allowing it to bubble and reduce, for 10 minutes, stirring often.

Step 2:

Remove from the heat and stir in the passion fruit pulp.

Can be served warm or cold on waffles, pancakes, ice cream, yogurt, granola etc.

#anytimebubbly