GREEN GODDESS SALAD

INGREDIENTS

2 hearts of romaine 4 green onions 1 štalk celery chopped 1 cup cherry tomatoes, diced

1/2 bunch dill 1/2 bunch mint

1/2 cup crumbled feta cheese

For the Green Goddess Dressing

1 cup whole milk Greek yogurt

1 cup fresh parsley 1 cup mixed soft leafy herbs, dill, mint, tarragon and/or cilantro

2 tablespoons chopped chives

2 tablespoons fresh lemon juice, plus ½ teaspoon zest

1 tablespoon extra-virgin olive oil

2 teaspoons capers

1/4 teaspoon sea salt

Step 4: Drain the salad from the ice water and dry very thoroughly. A salad spinner helps if you have one, or use paper fowels. Add to a large serving bowl, along with the celery, chopped tomatoes, chopped herbs, and feta. Give everything a gentle toss.

1 small garlic clove

Freshly ground black pepper

INSTRUCTIONS

Step 1: Prepare a large mixing bowl with ice water. Thinly slice the romaine lettuce, then add to the ice water for 5 minutes to crisp while you prepare the dressing and remaining ingredients.

Step 2: Trim and finely chop the green onions (both the white and green parts). Finely chop the dill and mint leaves, discarding the stem.

Step 3: Make the dressing. In a food processor, combine the yogurt, parsley, mixed herbs, chives, lemon juice, zest, olive oil, capers, garlic, salt, and pepper. Pulse until well combined. Season to taste.

Step 5: Just before serving, give the dressing one more quick whisk and pour a third of it all over the salad. Mix well and coat it well with the dressing). If preferred add some more dressing. Serve immediately.

