

SPICED APPLE TOPPING

Ingredients

- ▣ 2 medium apples - peeled and sliced
- ▣ ¾ cup brown sugar
- ▣ 4 tablespoons butter
- ▣ ½ teaspoon vanilla - divided
- ▣ 1 teaspoon cinnamon - divided

Method

Step 1: Peel and slice the apples then add to a medium sized pan.

Step 2: Now add the brown sugar, and butter.

Step 3: Now cook over medium high heat until brown sugar has dissolved and butter has melted. Add 1/4 teaspoon vanilla and 1/2 teaspoon cinnamon and reduce heat to simmer.

Step 4: Cook 6-8 minutes longer. Remove from heat and allow to cool slightly and thicken while you prepare the french toast.

THE
COOKERY

by The Secret Jozi Chef

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