CHICKEN & SUNDRIED TOMATO SAUSAGE ROLLS

INGREDIENTS

1kg chicken thighs, deboned and skinless, minced

1 medium brown onion, chopped finely

1/2 cup breadcrumbs

1 egg

1/4 cup finely chopped fresh basil

1/2 tsp dried oregano

1/2 cup drained semi-dried tomatoes in oil, finely chopped

2 tbsp tomato paste

5 sheets puff pastry

1 egg, extra to glaze

METHOD

Step 1

Preheat the oven to 220C/200C fan forced. Line oven trays with baking paper

Step 2

Combine mince, onion, breadcrumbs, egg, basil, semi-dried tomato and paste in a large bowl

Step 3

Cut pastry sheets in half lengthways. Place equal amounts of chicken filling mixture along the centre of each pastry piece; roll pastry to enclose the filling

Step 4

Cut each into 6 equal pieces, place seam side down, on trays... Brush with extra egg

Step 5

Bake rolls for about 30-minutes. Serve warm with a home made tomato sauce



by The Secret Jozi Chef