

CORIANDER & LIME CHOPPED SALAD

INGREDIENTS

1 head of lettuce washed and leaves cut or torn
into large pieces
2 tomatoes sliced or quartered
½ red onion thinly sliced
1 avocado sliced or diced
1 tbs finely chopped cilantro
Juice of 2 limes
2 tbs olive oil
Salt and pepper to taste

METHOD

Step 1:
Prepare the dressing by mixing the chopped cilantro, lemon juice,
oil, salt and pepper. Set aside.
Step 2:
Put the lettuce, tomatoes, onion and avocado in a salad bowl.
Step 3:
Add the dressing to the salad and toss well.

THE
COOKERY

by The Secret Jozi Chef