

Rustic Green Salad

Ingredients

Butter/iceberg lettuce
2 carrots, julienne
2 tomatoes, thin sliced
Olives
White onion rings
2 tbsp Spirit Vinegar
5tbsp Olive oil

Method

1. Tear the lettuce roughly add to a bowl
2. Cut the carrots into a fine julienne strips, add to the lettuce
3. Slice the tomatoes and remove the pits from the olives and add to the bowl
4. In a separate bowl whisk together the olive oil, vinegar and a little salt and pepper
5. Add the dressing just before serving and toss together, taste and adjust seasoning

THE
COOKERY

by The Secret Jozi Chef

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