

Beer Prawns

Most likely influenced by the Mozambican Portuguese community

Ingredients

Juice of 2 lemons

1.5kg prawns, cleaned and heads removed (optional, although I don't suggest it)

4 tbsp butter

150ml olive oil

10 cloves garlic, crushed

3 Tbsp piri-piri sauce (or more if desired)

2 can beer

1 cup chopped parsley

Salt & pepper

Method

1 Heat the butter and olive oil in a saucepan, add the garlic, peri-peri, salt and beer, and simmer for two minutes. Remove from the heat and cool for 15 minutes.

2. Once cooled, pour marinade, lemon juice and half your chopped parsley over your cleaned prawns (When cleaning, try avoid butterflying them. Cut a slice into the back of the prawn and begin the butterflying process, without fully opening the prawn (this allows them to hold moisture better)

3. Set your prawns aside in the fridge for 30min – 1 hour

4. Heat butter and olive oil on medium-high heat in a pan. Remove your prawns from the marinade, removing as much liquid as possible, and pan fry them 3-4 minutes a side, or until cooked through. Remove from pan and keep warm in a dish. Once you have cooked all the prawns, pour remaining marinade back into pan and reduce, pour the thickened liquid over your prawns.

5. Finish with some fresh chopped parsley

THE
COOKERY

by The Secret Jozi Chef

The Colony Shopping Centre, 345 Jan Smuts Avenue, Craighall, 2024.

www.facebook.com/secretjozichef