KARAAGE CHICKEN

INGREDIENTS

450gms skin-on chicken thigh, cubed

1 tablespoon sake

1 teaspoon sugar

2 tablespoons soy sauce

1 tablespoon ginger, grated

1 clove garlic, minced

½ egg, beaten

1/3 cup potato starch (40 g) cooking oil, for frying

METHOD

Step 1

In a large bowl, combine the chicken, sake, sugar, soy sauce, ginger, and garlic. Mix well. Cover with plastic and marinate for at least 15 minutes in the fridge but better for a few hours.

Step 2

Coat the chicken pieces well in potato starch and cornflour.

Step 3

Heat the oil to 170°C. Fry the chicken until golden brown and fully cooked, 5-7 minutes. Serve hot.

