

CONCERN

WHERE YOU DISCOVER CHANGE

Center for De addiction rehabilitation since 2008....



“ANNUAL REPORT”

April 2022 – March 2023

**No.5, 3rd Main Road, Manickam Nagar, Nuethancheri,
Madambakkam, Chennai – 600126
Mob No – 98408 00816**

Letter from the Project Director

Dear friends

We at CONCERN in the field of De-addiction rehabilitation have been contributing to the affected community and empowered change in many families since 2008. Since inception we have adopted and followed simple, medical, psychological, holistic and ethical standards.

We started as a meek addiction rehabilitation centre and now grown as a full-fledged rehabilitation center. Looking back, our holistic approach and each of our personal experiences put to test has earned our present distinction. The doctors, staff, volunteers added value to recovery of our clients apart from their roles and responsibilities.

The journey was arduous. Many a time the tests and trials were difficult to cross over. It was more difficult since we didn't deviate or compromise on moral, legal and statutory obligations. We adopted only ethically prescribed practices of rehabilitation treatment.

It's fulfilling and rewarding to note that CONCERN is rated high in success and in quality by our clients who are in the path of recovery. We wish to remain grateful to all who worked in tandem with us to enable CONCERN to touch this mark.

During Pandemic we were closed for admissions and faced lot of challenges and we survived by grateful donors.

CONCERN has sown seeds of recovery to the clients and now celebrating its success with the families.

I thank the Higher Power who had chosen us in this Mission and I thank all the donors, volunteers who has contributed and a special thanks all my dedicated staff who stand behind to walk ahead to reach our Vision

.

Regards

Bhanu Suresh Babu

Project Director

BOARD OF TRUSTEES

Bhanu Suresh Babu,

President and Managing Trustee



P. Suresh Babu,
Trustee - Secretary



Pavithra Ramachandran,
Trustee -Treasurer



Vision

*CONCERN'S concern is to
identify explore and guide to
change*

Mission

*To Address the Perils of
Alcoholism as a disease and
not to Condemn.*

*Suggest Studied CHANGE Plan
for sustained recovery.*

*Growing and expanding for
wider reach of CONCERN'S
concern in terms of
Quality and Quantity*

Values

*Transparency, Empathy,
learning and listening,
imparting Knowledge and
Experience, Belonging and
Eventual Change*

Message from Suresh Babu, Trustee – Secretary

It is my immense pleasure to share a few words with our esteemed clients, their families, volunteers, respectful donors and my dear staff.

The menace of addiction to various mood-altering substances is on the rise, today there is a growing awareness and recognition of addiction as a disease – a change in attitude that releases the suffering ones from the fierce moral condemnation.

It was not easy to meticulously follow our Mission, Vision and Values of CONCERN, particularly in this field of Addiction Rehabilitation. Unlike other ailments, slavery to addiction needs empathy, treatment and follow-ups. A long journey.

Personally, I have the distinction of imparting recovery mechanisms to the affected, for which I am truly grateful to Almighty. Due to vast experience acquired over the years, many changes took place in my approach towards recovery.

It's heartening to see the results, by being a tiny part. Believe you me, there is enormous amount of target, left to be done. Hopefully with the support from all the related sectors, CONCERN will grow in recovery-stature.

Kindly accept my genuine gratitude.

Best wishes and Regards

Suresh Babu
Trustee-Secretary

TEAM CONCERN

Mrs. Bhanu Suresh Babu, M.A. (M.Phil.) Psychology - Project Director

Mr. P. Suresh Babu., M.B.A., C.A.I.I.B., D.C.A., - Secretary

Dr. S. Thiruvikraman, M.B.B.S., D.P.M., F.I.P.S.,- Psychiatrist and M.O.

Mrs. Pavithra Ramachandran, M.Sc., (Bio Med. Genetics)-Admin Consultant

Mr. T. Rajesh., B.Com., M.S.W., - Project Coordinator

Mr. V. Subramani - Project Manager

Mr. Ethuraj Naidu., D.P.T., HR Manager

Ms. Vijayarani., Dip (Nursing) – Resident Nurse

Mrs. Kavitha, PhD., - Psychologist / Therapist

Mr. Subramani, Peer Counsellor

Mr. Ramesh, B.E., – Peer Volunteer

Mr. Pradip – Peer Volunteer

Mrs. Epsiba – Cook

Mr. Saravanan, sub-staff

Mrs. Esther - Up keep of premises

MANAGEMENT ADVISORY COMMITTEE

Mrs. Bhanu Suresh Babu, M.A., (M.Phil) Psychology - Project Director

Mr. P. Suresh Babu., M.B.A., C.A.I.I.B., D.C.A., - Secretary

Dr. S. Thiruvikraman, M.B.B.S., D.P.M., F.I.P.S., - Psychiatrist

Mrs. Pavithra Ramachandran, M.Sc., (Bio Med.Genetics) Admin Consultant

Mr. T. Rajesh., B.Com., M.S.W., - Project Coordinator

Visiting Faculties

Ms. Latha Suresh, Director, Center for Social Initiative and Management (CSIM)

Ms. Marie Banu, M.B.A., Director, Center for Social Initiative and Management (CSIM)

Ms. Asha Vinay, M.S.W., a Medical and Psychiatric Social Worker. Specialized in children and social related issues.

Our credentials

Project Director is the **Class A Trustee of Alcoholics Anonymous, General Service Office, India.**

Outstanding performance award for Alcohol and Drugs treatment.

Awarded as unsung **Hero of Tamil Nadu** by **VIT Vellore.**

Trained more than **three Hundred clients** in 15 batches for “**De-Addiction Treatment, Counselling Techniques and Social Entrepreneurship**” 2008.

Our success is: Minimum of 2 to 3 participant start on their own.

Bharath Jothi (Global Peace University) award for tireless service.

Women Iconic award as Best Transformational Psychologist

Online resource person for Substance Abuse Care Center (**SACC**)

Event Judge on “**Alcoholism as a culture in India**” for Manorama Endowment student presentation, MOP Vaishnava College

Certificate of appreciation from DIG of CRPF, Avadi, Chennai for conducting 11 sessions of Psychotherapy for group of alcoholics undergoing treatment.

Letter of appreciation from **New Prince, Sri Bhavani Arts & Science College, Medavakkam, Chennai – 600 100** for conducting a seminar on “**Drug Prevention among youth**”

We remain Grateful to Our Supporters

1. Donors, Friends and Relatives.
2. State Bank of India, for their continued CSR aid.
3. E- Darpan and e-Anudaan
4. Centre for Social Initiative and Management.(CSIM)
5. Zonta Resource center.
6. Link up garments - regular CSR awareness activities.
7. All India Community of Persons in Recovery Federation (AICPIRF)

HR policy –

Adhering strictly and practicing our **Vision, Mission and Values of CONCERN**

Training Programme

We conduct bi-annual programme on “**De-Addiction Treatment, Counselling Techniques and Social Entrepreneurship**” during June and December for 6 days-residential. We have completed 16 batches and around 400 participants have successfully completed. The effective result is that a minimum of 2 persons per batch start their own rehabilitation center. Our training programme has reached all over South India.

Our faculties are highly qualified academically and professionally. Widely exposed to rehabilitation treatment, counselling and social issues.

Addiction Treatment Overview	Intake motivation and Intervention	Dry Drunk Manifested Syndrome
Metabolism	THIQ	Character Traits
Assessment and Client Profiling	Group Therapy and Case study	Prevention and Community approach
Tests 1 to 8	Assertive Training	Ego States
Physical and Mental complications of chemical dependency	Need Assessment and Maslow’s Theory	Counselling and Communication skills
Documentation	Thinking Errors	Relapse Manifestation
Follow up care in addiction treatment	Responses of the family	Drugs effect on Abusers
Spirituality and Ethics	Challenges faced	CSIM – Social Entrepreneurship
Entertainment and special dinner	Convocation	Trophies for top three participants

Activities for the year April 2022 to March 2023

April 2022

CONCERN conducted awareness on **De-addiction treatment and Sex and sexuality** at Vastrakala, a Corporate Export Design Company, Irungattukottai, Chennai.



Also introduced Alcoholics Anonymous in Thiruvallur district, Tamil Nadu

May 2022

Internship for students from **Madras Christian College**, Tambaram, Chennai. Internship is being extended to other college students also, viz, **Apollo Nursing College** and others. Internship is extended on a regular basis, as and when required by the colleges. Privacy and secrecy of our clients is maintained methodically. Only necessary access is permitted to the records of our clients. We have received appreciable response from respective colleges.



June 2022



CONCERN
Where you Discover Change



**CENTRE FOR SOCIAL INITIATIVE
AND MANAGEMENT**



DIYA ACUTE PSYCHIATRIC CARE

JOINTLY CONDUCT

***“CERTIFICATE PROGRAM IN SOCIAL
ENTREPRENEURSHIP, DE ADDICTION TREATMENT
&
COUNSELING TECHNIQUES”***

Duration of the course

Six days – 9.a.m. to 5.p.m.

Monday to Saturday

During June and December, each year

14th Batch - Training programme on “De-Addiction Treatment, Counselling Techniques and Social Entrepreneurship” 13th of June to 18th, 2022



C O N C E R N
WHERE YOU DISCOVER CHANGE

Certificate of Completion

In recognition of his / her successful participation and completion in the Training Programme on “De-Addiction Treatment, Counselling Techniques and Social Entrepreneurship” From to

**#5, Manickam Nagar Main Road, Third Cross,
Nuethancherry, Madambakkam, Chennai – 600 126.**

Website – www.concernrehab.org

Email – concernrehab@gmail.com

Mob No +91 98408 00816

**Bhanu Suresh Babu
Project Director**



**Suresh Babu
Honorary Secretary**

July 2022

Awareness programme on “**Drug and Alcohol abuse**” to the families at Irumbai, Auroville, Pondicherry. Nearly 100 members participated



August 2022

CONCERN Program for Women self-help group at Koonimedu near Pondicherry to spread the message of “**Addiction is treatable and help available in the community**”



September 2022

CONCERN conducted Awareness on Sexual Abuse and Prevention among women workers at Linkup Textiles. This programme is being done on a routine basis at various branches of the company.



October 2022

Programme on **Drug and Alcohol abuse** conducted in batches for the staff members of CMG Fashion, Tiruvallur, Chennai



November 2022

Special staff meeting was conducted to appraise the need, assistance and process of **MSJE**. Sent the staff members to visit centers where aid is already in vogue. Invited MSJE aided centers to part their experience with our staff.

Registered with **NGO Darpan** and **e-anudaan**. Applied for **Ministry of Social Justice and Empowerment (MSJE)**, Government of India, scheme for Grant in aid under National Action Plan for Drug Demand Reduction (**NAPDDR**) for **District De-addiction Center**. The scheme is for “**Prevention of Alcoholism and Substance (Drugs) abuse**”

December 2022

15th Batch - Training programme on “De-Addiction Treatment, Counselling Techniques and Social Entrepreneurship” 5th of December to 10th, 2022



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From to

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**Bhanu Suresh Babu
Project Director**



**Suresh Babu
Honorary Secretary**

January 2023

Pongal celebrations to mark the arrival of Tamil year. Generally, during December and January, the inflow of clients decline due to rituals and fasting practice prevailing in Tamil Nadu.



New Prince Shri Bhavani Arts and Science College
Affiliated to the University of Madras | Accredited by NAAC with 'A' grade | ISO 9001:2015 Certified

Anti-Drug Club, YouthRed Cross (YRC) and National Service Scheme (NSS)
ORGANIZES SEMINAR ON

Drug Abuse Prevention Among Youth
on National Youth Day 2023
12.01.2023 - 02.00 PM - SEMINAR HALL

Guest Speaker
Mrs. Bhanu Suresh Babu
Director and Founder,
CONCERN Trust, Chennai.

Convener:
Dr. M. Prasanna,
Anti Drug Club Coordinator

Coordinator:
Mrs. Lovely Vinoliya Paul,
YRC Programme Officer

Coordinator:
Mrs. S. Amulu Priya,
NSS Programme Officer

V. UMADEVI
Principal

Patel Road, Medavakkam, Chennai - 600 100 | www.newprincearts.edu.in | 044 2277 1098



February 2023

Our Project coordinator and HR manager visited Madras Christian college, Madras School of Social work, Womens Christian College and Stella Maris College to avail permission to conduct awareness **programme on Drug and Alcohol abuse**. The managements have been positive to grant permission, but yet to take place.

March 2023

Awareness programme on Drug and Alcohol abuse, Sex and sexuality to the staff members of Link up textiles, Irungattukottai, Chennai



Leisure and relax activities – sports






Auditor report 2021-2022 (AY2022-2023)

CONCERN

Balance Sheet as at 31st March, 2022

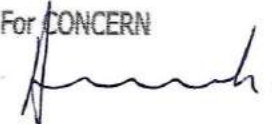
Liabilities	Amount (in ₹)	Amount (in ₹)	Assets	Amount (in ₹)	Amount (in ₹)
Corpus Fund			Fixed Assets		
Opening balance	7,75,061		Opening W.D.V.	5,16,633	
Add: Current year Additions	-	7,75,061	Add: Additions	-	
			Less: Depreciation	(85,959)	4,30,674
General Fund			Deposits		
Opening balance	2,84,917		Gas Deposit	1,995	
Add: Current year Surplus	(1,062)	2,83,855	Rental Advance	2,80,000	2,81,995
Current Liabilities			Cash and Bank Balances		
Audit Fee Payable		10,000	Cash-in-hand	3,15,127	
			SBI A/c No.27752	2,890	
			KVB A/c No.08665	19,441	3,37,459
			Other Current Assets		
			Loans & Advances		8,000
			I.T.Refund		10,788
		10,68,916			10,68,916


As per our Report of even date
For Suravaram and Associates
Chartered Accountants
Firm Reg.No.0096855


R.SREERAM REDDY
Partner
M.No.236213



For CONCERN


BHANU SURESH BABU
Founder Trustee


P. SURESH BABU
Trustee

Chennai
13/09/2022

Chennai
13/09/2022


CONCERN

PAN : AAATC9995Q
 Date of Incorporation : 21/02/2008
 Status : Trust
 Jurisdiction : Exemptions Ward 3, Annexure Building, Chennai
 Address : No.5, Manikam Nagar, Fifth Street, Zonta Resource Center, Noothancheri, Madambakkam, Chennai - 600073

Statement of Total Income for the FY 2021-22 (AY 2022-23)

Particulars	Amount (in ₹)	Amount (in ₹)
Gross Receipts during the year		22,20,386
Add: Deemed Income as per Section 11(3)		-
Total Income (A)		22,20,386
Income applied towards Objects of the Trust - Revenue Expenditure		22,21,448
Income applied towards Objects of the Trust - Capital Expenditure		-
		22,21,448
Less: Source of funds other than income earned during the year		
a) Income deemed to be applied under clause (2) of Explanation 1 to Section 11(1) during previous financial year	-	
b) Income applied during the year out of accumulation made during last 5 years u/s 11(2)	-	
c) Income of earlier years upto 15% accumulated or set apart	(1,062)	
d) Borrowed Fund	-	
e) Corpus Fund	-	(1,062)
Total amount applied during the year		22,20,386
Less: Amount which was not actually paid during the year		-
		22,20,386
Add: Amount actually paid during the previous year relating to any earlier year but not claimed as application of income in such earlier year		-
Total amount to be allowed as application		22,20,386
Add: Deemed Application / Accumulated Income		
a) Income deemed to be applied under clause (2) of Explanation 1 to Section 11(1)	-	
b) Income accumulated or set apart u/s 11(2)	-	
c) Income accumulated or set apart u/s 11(1)(a) not exceeding 15% of total income	-	
		-
Total Application (B)		22,20,386
Taxable Income (A-B)		-
Tax on above		-
Less: TDS		-
Tax Payable / (Refund)		-

For CONCERN


 BHANI SURESH BABU
 Founder Trustee


 P. SURESH BABU
 Trustee

Chennai
 13/09/2022

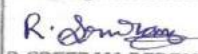


CONCERN

Income and Expenditure Account for the year ended 31st March, 2022


Expenditure	Amount (in ₹)	Income	Amount (in ₹)
To Audit Fees	10,000	By Voluntary Contributions	22,20,386
To Bank Charges	1,727		
To Canteen Expenses	3,50,001	By Excess of Expenditure over Income	1,062
To Consulting Charges	20,000		
To Depreciation	85,959		
To Electricity Charges	59,802		
To Repairs & Maintenance	1,57,032		
To Medicine Expenses	1,25,735		
To Printing & Stationary	17,883		
To Rent	2,00,000		
To Salary and Wages	11,17,225		
To Staff Welfare	57,500		
To Travelling Expenses	18,585		
	22,21,448		22,21,448

As per our Report of even date
 For Suravaram and Associates
 Chartered Accountants
 Firm Reg.No.0096855


 R. SREERAM REDDY
 Partner
 M.No.236213



For CONCERN


 BHANI SURESH BABU
 Founder Trustee


 P. SURESH BABU
 Trustee

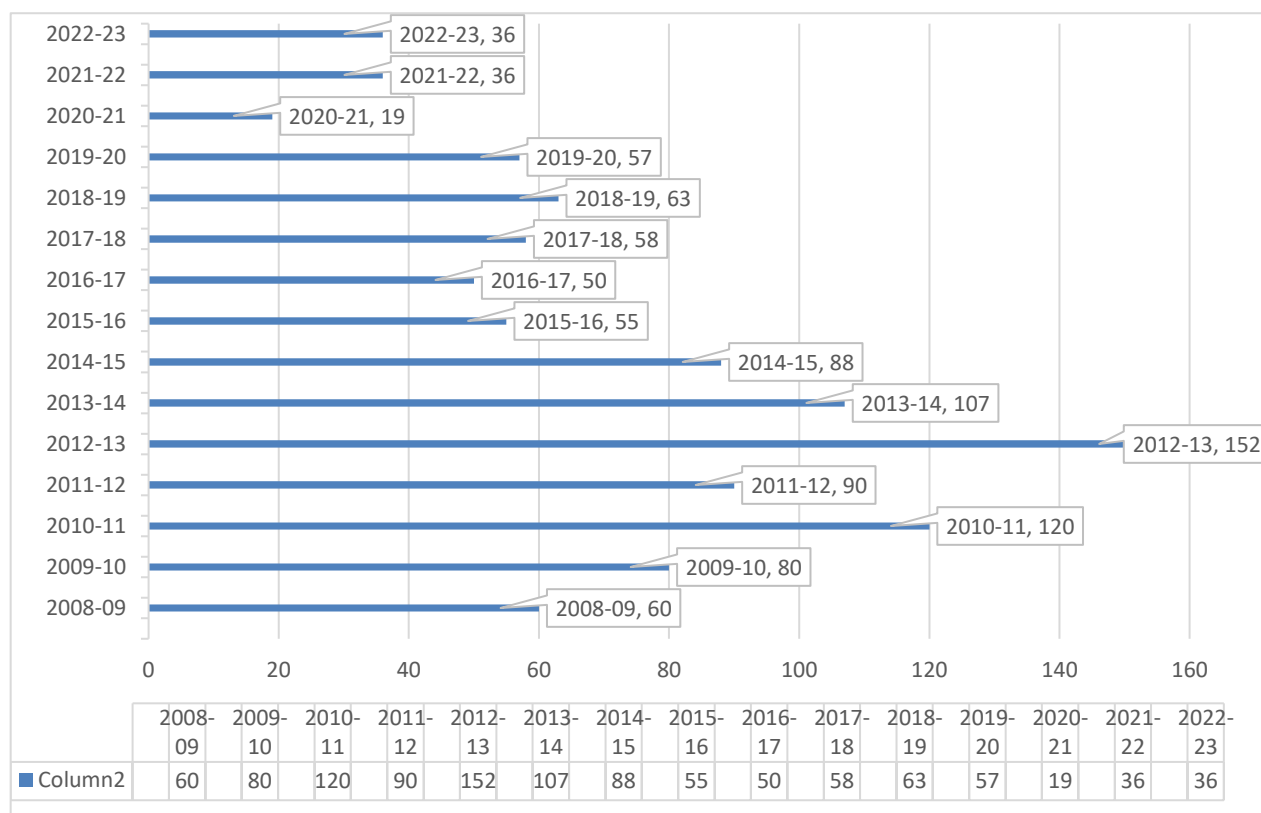
Chennai
 13/09/2022

Chennai
 13/09/2022

Patient's details from April 2022 to March 2023

Month	Patients	M	F	RPP	Follow-up	Trg	Transit	Events	Drop out
April	4	4	-	8	20		1		
May			-	3	1				
June			-	2	2				
July	3	3	-	5	3			1	1
Aug	1	1	-	5	8	14		1	
Sep	8	8	-	6	9			1	
Oct	1	1	-	11	3			1	
Nov	2	2	-	12	8			1	
Dec	2	2	-	6	6	9		1	1
Jan	4	4	-	4	4	1		1	
Feb	4	4	-	8	2			1	
March	7	7	-	8	7			1	
Total	36	36							

Organization intake graph of each year since 2008



Stake holder Mapping

Patients	15	
Bhanu/Suresh Babu	5	
Kavitha	1	
Community	6	
AA	6	
YouTube/Google	2	
Dr.TVK	1	

**“Thank You
and
Best Wishes”**