Release Plan – Fitness Tracking App

Sprint 1	Story Points	Priority	Risk	Sprint 2	Story Points	Priority	Risk	Sprint 3	Story Points	Priority	Risk	Sprint 4	Story Points	Priority	Risk	Product Backlog
1. As an athlete, I want to enter exercise that I do, so that I can track my activity. (User Story #5)	8	High	High	1. As an athlete, I want to enter weight and height information, so that I can use that information to track and calculate other health information (User Story #1)	3	High	Low	1. As a coach, I want to see what my athletes are eating, so that I can determine if their diet is appropriate for their training (User Story #22)	5	High	Moderate	1. As an athlete, I want the application to notify me if I am not meeting my dietary goals, so that I can stay on track to meeting my goals.(User Story #18)	3	Moderate	Moderate	1. As an athlete, I want the application to notify me if I am not meeting my suggested calorie intake, so that I am following my diet accurately.(#11) {2, Low, Mod}
2. As an athlete, I want to link a coach to my account, so they can track my progress. (User Story #19)	8	High	High	2. As a coach, I want to see the height and weight information of my athletes, so that I can adjust their trainings and diets appropriately (User Story #20)	5	High	Moderate	2 . As an athlete, I want the application to track my weight, so that I can see my improvements.(User Story #2)	5	High	Low	2. As a coach, I want to see the fitness goals of my atheletes, so that I can adjust their trainings to meet their goals(User Story #24)	3	Moderate	Low	2. As an athlete, I want the application to calculate a suggested amount of water that I should consume based on my height and weight, so that I am accurately hydrating. (#13) {2, Low, High }
3. As an athlete, I want to enter fitness goals, so that I have a goal to obtain. (User Story #15)	2	High	Moderate	3. As a Athelete, I want to enter what I eat for each meal so that I can track my nutrition (User Story #8)	5	High	Moderate	3. As an athlete, I want the application to notify me if I am not exercising frequently enough, so that I stay in shape.(User Story #7)	3	Moderate	Moderate	3. As a coach, I want to see the dietary goals of my athletes, so that I can adjust their diet to meet their goals(User Story #25)	3	Moderate	Low	3. As an athlete, I want the application to notify me to remind me to drink water, so that I am constantly hydrating.(#14) {3, Low, Moderate}
4. As an athlete, I want to enter dietary goals, so that I have a goal to obtain. (User Story #16)	2	High	Moderate	4. As a coach, I want to see the amount of exercise that my athletes are completing, so that I can see how much they are exercising (User Story #21)	5	High	Moderate	4. As an athlete, I want to enter the amount of water I consume, so that I can track my hydration.(User Story #12)	3	Moderate	Moderate	4 . As an athlete, I want the application to calculate how many pounds per week I should lose, so that I can see if I'm on track with my weight goals.(User Story #4)	2	Low	Moderate	4 . As a coach, I want to see how much water my athletes are drinking, so that I can make sure they are hydrating appropriately(#23) {5, Low, Moderate}

	Total : 20			5. As an athlete, I want to enter the calories for the food I eat, so that I know how much I am consuming (User Story #9)	2	Moderate	Moderate	5 . As an athlete, I want the application to notify me if I am not meeting my fitness goals, so that I can stay on track to meeting my goals.(User Story #17)	3	Moderate	Moderate	5 . As an athlete, I want the application to calculate a suggested amount of calories for each meal based on my height and weight, so I can adjust my diet accordingly(User Story #10)	3	Low	Low	
								6. As an athlete, I want to set a target weight, so that I have a weight goal to reach (User Story #3)	1	Moderate	Low	6. As an athlete, I want the application to calculate the amount of calories burned in a workout based on the activity and my body size, so that I know the results of my workout.(User Story #6)	5	Low	Low	
									Tota: 20				Total: 19			

Dependencies

- User Story 2 dependent on 1
- User Story 4 dependent on 3
- User Story 6 dependent on 5 and 1
- User Story 10 dependent on 1
- User Story 11 dependent on 10, 9 and 8
- User Story 14 dependent on 12
- User Story 17 dependent on 15
- User Story 18 dependent on 16
- User Story 20 dependent on 19 and 1
- User Story 21 dependent on 19 and 5
- User Story 22 dependent on 8,9 and 19
- User Story 23 dependent on 19 and 12