outputs.R

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```
library(tidyverse)
## — Attaching packages
                                                                 tidyverse
1.3.2 -
## √ ggplot2 3.4.0
                        √ purrr
                                  0.3.5
## √ tibble 3.1.8
                        √ dplyr
                                  1.0.10
## √ tidyr
            1.2.1
                        ✓ stringr 1.5.0
## √ readr 2.1.3
                        ✓ forcats 0.5.2
## — Conflicts -
tidyverse conflicts() —
## X dplyr::filter() masks stats::filter()
## X dplyr::lag() masks stats::lag()
library(janitor)
##
## Attaching package: 'janitor'
## The following objects are masked from 'package:stats':
##
##
       chisq.test, fisher.test
activity <- read_csv("dailyActivity_merged.csv")</pre>
## Rows: 940 Columns: 15
## — Column specification
## Delimiter: ","
## chr (1): ActivityDate
## dbl (14): Id, TotalSteps, TotalDistance, TrackerDistance,
LoggedActivitiesDi...
## i Use `spec()` to retrieve the full column specification for this data.
## i Specify the column types or set `show col types = FALSE` to quiet this
message.
heartrate <- read_csv("heartrate_seconds_merged.csv")</pre>
## Rows: 2483658 Columns: 3
## — Column specification
## Delimiter: ","
## chr (1): Time
```

```
## dbl (2): Id, Value
##
## i Use `spec()` to retrieve the full column specification for this data.
## i Specify the column types or set `show_col_types = FALSE` to quiet this
message.
sleep <- read_csv("sleepDay_merged.csv")</pre>
## Rows: 413 Columns: 5
## — Column specification
## Delimiter: ","
## chr (1): SleepDay
## dbl (4): Id, TotalSleepRecords, TotalMinutesAsleep, TotalTimeInBed
## i Use `spec()` to retrieve the full column specification for this data.
## i Specify the column types or set `show_col_types = FALSE` to quiet this
message.
n distinct(activity$ActivityDate)
## [1] 31
n distinct(sleep$SleepDay)
## [1] 31
n_distinct(heartrate$Time)
## [1] 961274
heartrate <- separate(heartrate, col="Time", into=c("Date", "Time"),</pre>
sep="\\s")
## Warning: Expected 2 pieces. Additional pieces discarded in 2483658 rows
[1, 2,
## 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, ...].
n_distinct(heartrate$Date)
## [1] 31
#Identifying number of users
n_distinct(activity$Id)
## [1] 33
n_distinct(sleep$Id)
## [1] 24
n_distinct(heartrate$Id)
```

```
## [1] 14
#Cleaning
activity %>% distinct()
## # A tibble: 940 × 15
##
               Id Activity...¹ Total...² Total...³ Track...⁴ Logge...⁵ VeryA...⁶ Moder...<sup>7</sup>
Light...8
                                 <dbl>
                                          <dbl>
                                                  <dbl>
                                                           <dbl>
                                                                    <dbl>
##
            <dbl> <chr>>
                                                                             <dbl>
<dbl>
                                                    8.5
## 1 1503960366 4/12/2016
                                 13162
                                           8.5
                                                                0
                                                                     1.88
                                                                             0.550
6.06
## 2 1503960366 4/13/2016
                                           6.97
                                                   6.97
                                                                0
                                                                     1.57
                                                                             0.690
                                 10735
4.71
## 3 1503960366 4/14/2016
                                 10460
                                           6.74
                                                   6.74
                                                                     2.44
                                                                             0.400
                                                                0
3.91
## 4 1503960366 4/15/2016
                                  9762
                                           6.28
                                                    6.28
                                                                0
                                                                     2.14
                                                                             1.26
2.83
## 5 1503960366 4/16/2016
                                 12669
                                           8.16
                                                   8.16
                                                                0
                                                                     2.71
                                                                             0.410
5.04
## 6 1503960366 4/17/2016
                                  9705
                                           6.48
                                                    6.48
                                                                0
                                                                     3.19
                                                                             0.780
2.51
                                           8.59
                                                                0
                                                                     3.25
                                                                             0.640
## 7 1503960366 4/18/2016
                                 13019
                                                   8.59
4.71
## 8 1503960366 4/19/2016
                                 15506
                                           9.88
                                                    9.88
                                                                0
                                                                     3.53
                                                                             1.32
5.03
                                                                             0.480
## 9 1503960366 4/20/2016
                                 10544
                                           6.68
                                                   6.68
                                                                0
                                                                     1.96
4.24
                                           6.34
## 10 1503960366 4/21/2016
                                  9819
                                                    6.34
                                                                0
                                                                     1.34
                                                                             0.350
4.65
## # ... with 930 more rows, 6 more variables: SedentaryActiveDistance <dbl>,
       VeryActiveMinutes <dbl>, FairlyActiveMinutes <dbl>,
## #
       LightlyActiveMinutes <dbl>, SedentaryMinutes <dbl>, Calories <dbl>,
## #
and
## #
       abbreviated variable names <sup>1</sup>ActivityDate, <sup>2</sup>TotalSteps, <sup>3</sup>TotalDistance,
       <sup>4</sup>TrackerDistance, <sup>5</sup>LoggedActivitiesDistance, <sup>6</sup>VeryActiveDistance,
## #
       <sup>7</sup>ModeratelyActiveDistance, <sup>8</sup>LightActiveDistance
## #
sleep %>% distinct()
## # A tibble: 410 × 5
##
               Id SleepDay
                                          TotalSleepRecords TotalMinutesAsleep
Total...¹
##
            <dbl> <chr>>
                                                        <dbl>
                                                                             <dbl>
<dbl>
## 1 1503960366 04-12-2016 0.00
                                                            1
                                                                               327
```

2

384

412

346

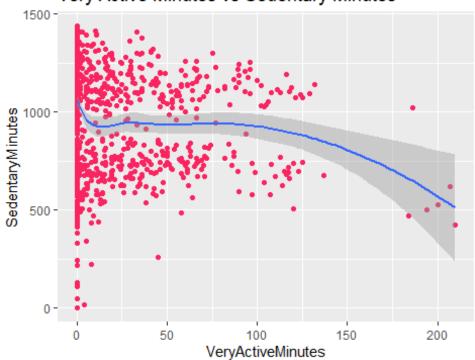
407

2 1503960366 4/13/2016 12:00:00 AM

3 1503960366 4/15/2016 12:00:00 AM

```
442
                                                        2
                                                                         340
## 4 1503960366 4/16/2016 12:00:00 AM
367
                                                                         700
## 5 1503960366 4/17/2016 12:00:00 AM
                                                        1
712
## 6 1503960366 4/19/2016 12:00:00 AM
                                                                         304
                                                        1
320
## 7 1503960366 4/20/2016 12:00:00 AM
                                                        1
                                                                         360
377
## 8 1503960366 4/21/2016 12:00:00 AM
                                                        1
                                                                         325
364
## 9 1503960366 4/23/2016 12:00:00 AM
                                                        1
                                                                         361
384
## 10 1503960366 4/24/2016 12:00:00 AM
                                                        1
                                                                         430
449
## # ... with 400 more rows, and abbreviated variable name ¹TotalTimeInBed
heartrate %>% distinct()
## # A tibble: 2,474,324 × 4
              Id Date
                                   Value
##
                           Time
##
           <dbl> <chr>
                           <chr>>
                                   <dbl>
## 1 2022484408 4/12/2016 7:21:00
                                      97
## 2 2022484408 4/12/2016 7:21:05
                                     102
## 3 2022484408 4/12/2016 7:21:10
                                     105
## 4 2022484408 4/12/2016 7:21:20
                                     103
## 5 2022484408 4/12/2016 7:21:25
                                     101
## 6 2022484408 4/12/2016 7:22:05
                                      95
## 7 2022484408 4/12/2016 7:22:10
                                      91
## 8 2022484408 4/12/2016 7:22:15
                                      93
## 9 2022484408 4/12/2016 7:22:20
                                      94
## 10 2022484408 4/12/2016 7:22:25
                                      93
## # ... with 2,474,314 more rows
#plots
ggplot(activity, mapping = aes(x=VeryActiveMinutes, y=SedentaryMinutes)) +
  geom point(color="#FA2560") + geom smooth() +
  labs(title="Very Active Minutes vs Sedentary Minutes")
## geom_smooth() using method = 'loess' and formula = 'y ~ x'
```

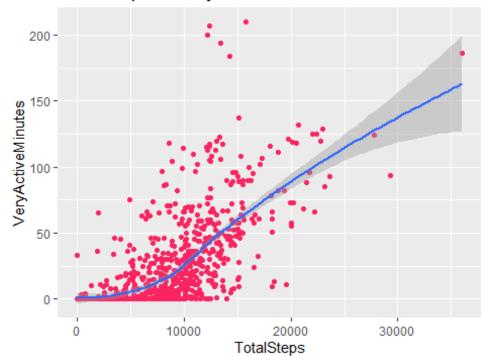
Very Active Minutes vs Sedentary Minutes



```
ggplot(activity, mapping = aes(x=TotalSteps, y=VeryActiveMinutes)) +
  geom_point(color="#FA2560") + geom_smooth() +
  labs(title="Total Steps vs Very Active Minutes")

## `geom_smooth()` using method = 'loess' and formula = 'y ~ x'
```

Total Steps vs Very Active Minutes



```
ggplot(sleep, aes(x=TotalMinutesAsleep, y=TotalTimeInBed)) +
  geom_point(color="#FA2560") + geom_smooth() +
  labs(title="Minutes Asleep vs Time in Bed")

## `geom_smooth()` using method = 'loess' and formula = 'y ~ x'
```

