Angular Momentum Complete

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Contents

1 Formalization

In this frame we will be formalizing the the angular momentum opertors in 3D. First, we know that in general

$$L = R \times P$$

From this we formalize the equations for our angular momentum to be

$$L_x = Yp_z \times Zp_y L_y = Zp_x \times Xp_z L_z = Xp_y \times Yp_x \tag{1}$$

also we define the total angular momentum to be

$$\langle L \rangle^2 = \langle x \rangle^2 + \langle y \rangle^2 + \langle z \rangle^2$$
 (2)

The commution relations are as follows

$$[L^2, L_z] = 0[L_x, L_y] = i\hbar$$
 (3)

From the above, we conclude that there exists common eigen functions for $\langle L \rangle^2$ and $\langle L_z \rangle$ Let Y_{lm} be the common eigen function of them both. The commutation relations of Y_{lm} is

$$[Y_{lm}, \langle L \rangle^2] = 0 \tag{4}$$

Also we define two non Hermitian ladder operators due to the commutation relations as follows

$$L_{\pm} = L_x \pm L_y \tag{5}$$

Now the commutation relation of Y_{lm} with our ladder operators are

$$[Y_{lm}, L_{\pm}] = \hbar m \tag{6}$$

Before moving on lets layout the eigen Values of ${\cal Y}_{lm}$ when acted upon by the opertors

$$L^2Y_{lm} = \hbar^2l(l+1) \tag{7}$$

$$L_z Y_{lm} = \hbar m Y_{lm} \tag{8}$$

from this we define the followling relations

Let
$$\psi = L_{\pm} Y_{lm}$$
 (9)

Hence from here we define the following

$$\langle L \rangle^2 \, \psi = L^2 L_{\pm} Y_{lm} \tag{10}$$

$$[[L^2, L_{\pm}] + L_{\pm}]Y_{lm} \tag{11}$$

$$[0] + L_{\pm} \hbar^2 l(l+1) Y_l m \tag{12}$$

From this we see that it L^2 has not effect on the wavefunction if its acted on by Y_{\pm} . Now the next thing is

$$L_z\psi = L_z L_{\pm} Y_{lm} \tag{13}$$

$$[[L_z, L_{\pm}] + L_{\pm}L_z]Y_{lm} \tag{14}$$

$$\left[\hbar L_{\pm} + L_{\pm} \hbar m\right] Y_{lm} \tag{15}$$

$$\hbar[m+1]L_{\pm}Y_{lm} \tag{16}$$

$$\hbar[m+1]\psi(x) \tag{17}$$

2 The Ladder Structure

Now we would like to find the possible values of m. To do this we use the expectation values of the opertors.

$$\langle \psi | L^2 | \psi \rangle = \langle \psi | L_x^2 | \psi \rangle + \langle \psi | L_y^2 | \psi \rangle + \langle \psi | L_z^2 | \psi \rangle \tag{18}$$

This yeilds

$$\hbar^2 l(l+1) > \hbar^2 m^2 \tag{19}$$

Solving this quadratic equation yields the following

$$m_+ = l_+ \tag{20}$$

$$m_{-} = l_{-} \tag{21}$$

This means the maximum value of m is l_+ and minimum is l_- We hence find out that in the ladder of Momentum eigen values, the number of states N is

$$N = 2l + 1 \tag{22}$$

which means that l can only take integer or half int values

$$l = 1, 1/2, 2/3, 2, \dots$$
 (23)

NOTE: say L=1 and $L_z=1$. This still does not mean that L_x and L_y will be zero. Lets say in general that l=m. Finding the expected values we get

$$\hbar^2 l(l+1) = \langle \psi | L_x^2 | \psi \rangle + \langle \psi | L_y^2 | \psi \rangle + \hbar^2 m^2 \tag{24}$$

Now as l = m

$$\langle \psi | L_x^2 | \psi \rangle + \langle \psi | L_y^2 | \psi \rangle = \hbar^2 l^2 + \hbar^2 l - \hbar^2 m^2$$
(25)

$$\langle \psi | L_x^2 | \psi \rangle + \langle \psi | L_y^2 | \psi \rangle = \hbar^2 l \tag{26}$$

If let: The expectation values of L_x and L_y be equal. Then

$$\langle \psi | L_x^2 | \psi \rangle = \frac{\hbar^2 l}{2} \text{ which is } > 0$$
 (27)

Hence even if $L_z = L^2$ there is still non zero expectation values in both L_x and L_y

3 The 3 Dimensions

Now let us move on to discussing the Spherical Harmonics part of angular momentum which is exciting. In here Y_{lm} is a funtion of ϕ and θ . ϕ is the angle made at the x-y-plane and θ with the z axis. Now our operators in 3D are

$$L_z = \frac{\hbar}{i} \partial_\phi \text{or} L_\phi = -i\hbar \partial_\phi \tag{28}$$

$$L_{\pm} = \pm \hbar e^{\pm i\phi} (\pm \partial_{\theta} + \cot \theta \partial_{\phi}) \tag{29}$$

Now if we use the fact that

$$L_z Y_{lm} = \hbar m Y_{lm} \tag{30}$$

Substituting the value of L_z we get

$$Y_{lm}(\theta,\phi) = e^{im\phi} P_l(\theta) \tag{31}$$

Where

$$P_l(\theta) = \text{some unknow dependence on } \theta$$
 (32)

Now to proceed from here we establish the fact that at $\phi = 2\pi$ and $\phi = 0$ hence

$$Y_{lm}\theta, 0 = Y_{lm}(\theta, 2\pi) \tag{33}$$

This is because after one complete rotation it must come back to the same point. Now

$$Y_{lm}\theta,0) = e^{im0}P_l(\theta) = P_l(\theta) \tag{34}$$

Similarly

$$Y_{lm}(\theta, 2\pi) = \begin{cases} P_l(\theta) & \text{if } m = int \\ -P_l(\theta) & \text{if } m = \text{half ints} \end{cases}$$
 (35)

Now the second case should notbe possible. Hence we conculde that

m cannot have half int values. Hence l is strictly an integer (36)

4 The WaveFunction In 3D

Having established this fact we know that L_+ acting on m_+ will be equal to 0. Hence by substitution

$$\pm e^{im\phi}(\partial_{\theta} \pm \cot \theta \partial_{\phi})(m_{+}) = 0 \tag{37}$$

We find the solutions of this to be associated with legendre polynomials. Hence the properlt NORMALIZED wvefunction is

$$Y_{lm}(\theta,\phi) = (-1)^m \sqrt{\frac{2l+1}{4\pi} \frac{(|l|-|m|)!}{(|l|+|m|)!}} e^{im\phi} P_l^m(\cos\theta)$$
 (38)

where $P_l^m(x)$ = associated legendre polynomial and in that $P_l(x)$ = the legendre polynomial solutions and $x = \cos \theta$

$$P_l^m(x) = (1 - x^2)^{\frac{|m|}{2}} \frac{\partial^m}{\partial_x^m} p_l(x)$$
(39)

$$P_l(x) = \frac{1}{2^x x!} \frac{\partial^x}{\partial_x^x} (x^2 - 1)^x \tag{40}$$

And the normalization conditon used is

$$\int_{0}^{\pi} \int_{0}^{2\pi} \int_{-\infty}^{\infty} |Y_{lm}(\theta, \phi)|^{2} = 1$$
 (41)

5 The hadronic and leptonic tensor

This is a formal introduction to the leptonic and hadronic tensor.

$$d\sigma = \frac{1}{4ME} \frac{d^{3}k}{2\pi^{3}2E} \frac{d^{3}p}{2\pi^{3}2p'} \left\{ \frac{e^{4}}{q^{4}L_{e}^{\mu\nu}} L_{\mu\nu}^{\text{muon}} \right\} (2\pi)^{4} \sigma^{4}(p+q-p')$$
 (42)

This implies that the hadronic tensor, which is of a covariant nature can be written as :

$$W_{\mu\nu} = \frac{1}{4\pi M} \left(\frac{1}{2} \sum_{s} \sum_{s'} \right) \int \frac{d^{3}p'}{(2\pi)^{3} 2p'} \langle p, s | J_{\mu}^{+} | p', s' \rangle \mathbf{X} \langle p', s' | J_{\mu}^{+} | p, s \rangle (2\pi)^{4} (p+q-p')$$