



**DEPARTMENT OF PHYSICAL EDUCATION
VITOPIA SPORTS FIESTA
11th – 17th February-2026**

Rules and Regulations:

1. Bonafide students enrolled in U.G / P.G programs in the regular mode at their respective institutes can register for VITOPIA - 2026 Sports Fiesta. B.P.Ed and M.P.Ed students are not allowed. Correspondence course students are also not allowed.
2. The registration fee shall be paid through the VTOP link.
3. Participation without the payment of the registration fee will not be allowed under any circumstances.
4. Entry forms should be submitted in both soft and hard copies.
5. The entry form should be duly signed by the concerned Dean/Principal/Director of Physical Education/Sports Officer/Physical Director of the institute for participation.
6. All players are instructed to carry their institute ID card and Aadhaar card for verification purposes.
7. All players are instructed to maintain self-discipline throughout the tournament. The accompanying faculty/coach/manager is responsible for maintaining the decorum of the event among their students.
8. A sports uniform with the institute name and chest numbers is mandatory for participation.
9. Players should report to the venue at least 30 minutes before the commencement of the competition.
10. The Co-Convenor (Sports), VITOPIA - 2026 reserves the right to make changes or cancellations to the programs for the smooth conduct of the competitions.

Team/individual players' size for Men & Women		
Sl. No.	Name of Events	Number of players per team
1	Basketball (M&W)	12 & 12
2	Badminton (M&W) (Singles)	5 & 5
3	Badminton (M&W) (Doubles)	2 & 2 teams (Each team 2 players)
4	Chess (M&W)	5 & 5
5	Football (M)	15

6	Volleyball (M&W)	12 & 12
7	Table Tennis (M&W) (Singles)	5 & 5
8	Throw ball (W)	12
9	Kabaddi (M&W)	12 & 12
10	Cricket (M)	15
11	Lawn Tennis (M)	5
12	Power Lifting (M)	Any number of players
13	Kho-Kho (M&W)	12 & 12
14	Athletics (M&W) (100M, 400M, Long Jump, Shot Put, Discus Throw) M & W)	Any number of athletes
15	Athletics (4 x 100 M Relay) (M&W)	4 & 4

Chess:

- Only 5 players are allowed from each institute
- Players should bring their own chessboards.
- The tournament will be played according to the latest FIDE rules
- The Swiss method will be followed
- Players must download the Chess Clock App on their mobiles.

Volleyball:

- Only two teams are allowed from each institute
- The rules, as adopted by the Volleyball Federation of India, shall be followed
- The matches will be conducted on a knockout basis.

Basketball:

- Only two teams are allowed from each institute
- The rules, as adopted by the Basketball Federation of India, shall be followed
- The matches will be conducted on a knockout basis.

Football:

- Two teams are allowed from each institute
- The rules, as adopted by the Football Federation of India, shall be followed
- The matches will be conducted on a knockout basis.

Table Tennis:

- Only 5 players are allowed from each institute.
- The rules, as adopted by the Table Tennis Federation of India, shall be followed.
- The tournament shall be conducted in singles only
- All matches shall be played in best-of-three sets

Badminton:

- a. The Tournament shall be conducted in singles & doubles
- b. A maximum of 5 players for singles and two teams for doubles (doubles team consists of two players) are allowed from each institute
- c. The rules, as adopted by the Badminton Federation of India, shall be followed.
- d. All matches shall be played for the best of three sets
- e. Mavis-350 shuttles(Plastic) will be provided

Throw ball:

- a. Only two teams are allowed from each institute
- b. The rules, as adopted by the Throwball Federation of India, shall be followed
- c. The matches will be conducted on a knockout basis.

Kho-Kho

- a. Only two teams are allowed from each institute
- b. The rules, as adopted by the Kho-Kho Federation of India, shall be followed
- c. The matches will be conducted on a knockout basis.

Lawn Tennis

- a. Only 5 players are allowed from each institute.
- b. The rules, as adopted by the All India Tennis Association (AITA), shall be followed.
- c. The tournament shall be conducted in singles only
- d. All matches shall be played on knock out basis.

Athletics

- a. The rules, as adopted by the Athletics Federation of India, shall be followed.
- b. 4 x 100 M relay - two teams allowed from each institute.
- c. Athletes are requested to wear appropriate footwear.
