



SARALA BIRLA  
PUBLIC SCHOOL

(SARALA BIRLA GROUP OF SCHOOLS)

# SARALA BIRLA PUBLIC SCHOOL



## HOLISTIC PROGRESS CARD

Balvatika-II (KG I)

SESSION : 20.....- 20.....

Name : \_\_\_\_\_

UID No. \_\_\_\_\_ Date of Birth : \_\_\_\_\_

Father' Name \_\_\_\_\_

Mother's Name : \_\_\_\_\_

House : \_\_\_\_\_

(A Unit of Bharat Arogya & Gyan Mandir)

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(Affiliated to CBSE, Delhi Affiliation No. - 3430269)





## ABOUT ME



I am : \_\_\_\_\_

I study in Class: \_\_\_\_\_ Section : \_\_\_\_\_

My Roll No. is \_\_\_\_\_ and my UID No. is : \_\_\_\_\_

My birthday is on : \_\_\_\_\_

My Favourite : Flower - \_\_\_\_\_ Colour - \_\_\_\_\_

I am studying under the love and guidance of Ms./Mrs. \_\_\_\_\_

**TERM I**

**TERM II**

Height

Weight

Height

Weight



## PERSONAL PROFILE

### PHYSICAL DEVELOPMENT INDOOR AND OUTDOOR PLAY

- Physical activities
- Rhythmic exercises
- Actively participates in different games
- Plays with a feeling of team spirit

Term - I	Term - II



### HEALTH AND HYGIENE

- Dresses neatly in a proper uniform
- Uses handkerchief and napkin
- Keeps self and surroundings clean


### NUTRITION

- Finishes lunch on time
- Brings nutritious food
- Identifies healthy food




### Competencies

- Habit Inculcation (Food Habits)
- Eats independently
- Does not waste food
- Tries out food served
- Follows table etiquettes
- Practises basic self-care and hygiene


## LANGUAGE DEVELOPMENT (ENGLISH)

### Listening Skills

- Listens attentively in class
- Listens with understanding



TERM -I	TERM -II

### Speaking Skills

- Speaks clearly and confidently
- Frames meaningful sentences
- Expresses self in 4-5 sentences
- Expresses self while communicating to others
- Recites poems with proper expressions
- Responds to questions asked


### Reading Skills

- Takes interest in reading materials
- Reads with correct pronunciation
- Reads with understanding and follows instruction


### Writing Skills

- Writes neatly and legibly
- Writes words and phrases correctly
- Expresses ideas imaginatively in 2-3 sentences
- Uses capital letters
- Uses writing skills meaningfully


## LANGUAGE DEVELOPMENT (Other Languages)

### Listening Skills

- Listens with understanding
- Listens to the recorded materials with comprehension

TERM -I	TERM -II

### Speaking Skills

- Expresses self clearly and confidently
- Creates and narrates imaginative stories
- Composes short poems
- Recites poems with proper expressions
- Articulates with proper intonation and stress


### Reading Skills

- Takes interest in reading materials
- Reads with proper speed and correct pronunciation
- Reads with understanding


### Writing Skills

- Writes neatly and legibly
- Expresses ideas imaginatively
- Uses writing skills meaningfully




## Cognitive Development

### Mathematical Concepts

- Understands the concept of ones and tens
- Applies the knowledge of numbers in different ways
- Responds quickly during mental maths

TERM -I	TERM -II

### Environmental studies

(More about me, personal cleanliness and good habits our food, our clothes, a house to live in)

- Shows interest about environmental awareness
- Puts efforts towards conservation of nature


### Thinking Skills

- Shows good memory skills
- Fixes upto 20-piece puzzles
- Thinks logically and suggests ways to solve problems in different situation


## Creative and Expressive Arts

### Art & Craft

- Draws and paints with motor control
- Uses originality and imaginations while drawing and painting
- Identifies colour & their shades
- Creates something new out of the given material


### Music, Dance and Drama

- Sings in tune
- Responds to rhythm
- Remembers songs
- Acts out the allotted role


## **Co-Scholastic Area**

- Art
- Music
- Dance
- Health & Physical Education
- Discipline

TERM -I	TERM -II

## **VALUE EDUCATION**

- Recites the shlokas taught
- Remembers and sings hymns / prayers
- Picks up moral values from stories and plays
- Respects feelings and emotions/ space of others
- Knows about the great personalities




**Your Opinion Matters !**

**Dear Teacher, say something about me.....**

**Attendance ..... out of ..... No. of PTMs Attended .....**

**Principal**

**Your Opinion Matters !**

**Mommie & Daddie, say something about me .....**

## KEY TO GRADES

### SCHOLASTIC AREAS

#### GRADE

#### MARK RANGE

A1 91-100

A2 81-90

B1 71-80

B2 61-70

C1 51-60

C2 41-50

D 33-40

E 32 & Below

Needs Improvement

### CO-SCHOLASTIC AREAS

#### GRADING SCALE

A Advanced

B Proficient

C Beginner