



SARALA BIRLA  
PUBLIC SCHOOL

(SARALA BIRLA GROUP OF SCHOOLS)

# SARALA BIRLA PUBLIC SCHOOL



## HOLISTIC PROGRESS CARD

Preparatory (Std. I)

SESSION : 20.....- 20.....

Name : \_\_\_\_\_

UID No. \_\_\_\_\_ Date of Birth : \_\_\_\_\_

Father' Name \_\_\_\_\_

Mother's Name : \_\_\_\_\_

House : \_\_\_\_\_

(A Unit of Bharat Arogya & Gyan Mandir)

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(Affiliated to CBSE, Delhi Affiliation No. - 3430269)





## ABOUT ME



I am : \_\_\_\_\_

I study in Class: \_\_\_\_\_ Section : \_\_\_\_\_

My Roll No. is \_\_\_\_\_ and my UID No. is : \_\_\_\_\_

My birthday is on : \_\_\_\_\_

My Favourite : Flower - \_\_\_\_\_ Colour - \_\_\_\_\_

I am studying under the love and guidance of Ms./Mrs. \_\_\_\_\_

**TERM I**

**TERM II**

Height

Weight

Height

Weight

**CLASS PHOTOGRAPH**

## **PERSONAL PROFILE**

### **PHYSICAL DEVELOPMENT INDOOR AND OUTDOOR PLAY**

- Plays in coordination
- Shows team spirit
- Participates in all the games
- Understands instructions and rules of a game



TERM - I	TERM - II

### **HEALTH AND HYGIENE**

- Dresses neatly
- Keeps surroundings clean
- Uses a napkin and a spoon
- Chews food with mouth closed
- Takes care of hair, nails oral hygiene




### **NUTRITION**

- Brings specified things for lunch (fruits / vegetables)
- Eats with an appetite and finishes lunch time


### **SOCIO-EMOTIONAL DEVELOPMENT**

### **VALUE EDUCATION**

- Takes care of school property
- Sings hymns and prayers
- Recites the shlokas
- Picks up moral values through stories and plays
- Understands the significance of festivals and important days
- Shows awareness of the contribution of great personalities in our lives


## LANGUAGE DEVELOPMENT (ENGLISH)

### Listening Skills

- Listens attentively in class
- Listens with understanding



TERM - I	TERM - II

### Speaking Skills

- Speaks with correct pronunciation
- Expresses self in complete sentences
- Expresses self while communicating to with others
- Recites poems with correct pronunciation
- Responds to questions asked


### Reading Skills

- Takes interest in reading materials
- Reads with optimum speed and correct intonation and stress
- Draws simple inferences from the matter read


### Writing Skills

- Writes neatly and legibly
- Writes words and simple sentences correctly
- Expresses ideas imaginatively in complete sentences
- Uses correct punctuations
- Uses writing skills meaningfully




## LANGUAGE DEVELOPMENT (Other Languages)

### Listening Skills

- Listens with understanding
- Listens to the recorded materials with comprehension

TERM - I	TERM - II

### Speaking Skills

- Expresses self clearly and confidently
- Uses imagination to create and narrate short stories
- Composes short poems
- Recites poems with proper expressions and correct pronunciation


### Reading Skills

- Takes interest in reading materials
- Reads with proper speed and correct pronunciation
- Makes simple inferences from the matter read


### Writing Skills

- Writes neatly and legibly
- Writes words and sentences correctly
- Expresses ideas imaginatively
- Uses writing skills meaningfully
- Uses correct punctuations




## Cognitive Development

### Mathematical Concepts

- Handles numbers mentally
- Subtracts upto 3-digit numbers
- Understands and applies the concept of money
- Understands the properties of 3-D shapes
- Differentiates between odd and even numbers
- Tells the time
- Reads the calendar

TERM - I	TERM - II

### Environmental studies

(Neighbourhood, Plants around us, Animal World, Living / Non-Living things)

- Shows curiosity and interest in surroundings
- Participates in discussion and activities
- Observes and collects information / material
- Shows awareness about the environmental concepts


### Thinking Skills

- Arranges pictures in a logical sequence
- Suggests ways to solve problems
- Shows a well-developed memory


## Creative and expressive arts

### Art & Craft

- Takes interest in sketching
- Creates colour blends
- Shows colour sense
- Creates something new out of the given material


### Music, Dance and Drama

- Sings individually in tune
- Remembers songs
- Uses appropriate expressions and actions
- Acts out the allotted role


**Your Opinion Matters !**

Dear Teacher, say something about me.....

Attendance ..... out of ..... No. of PTMs Attended .....

  
Principal

**Your Opinion Matters !**

Mommie & Daddie, say something about me .....