

# TANJOT PANESAR

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<https://tanjotpanesar.com/>

## TEACHING EXPERIENCE

Mindful Movement Class - "Separate"	Toronto, Vancouver	Oct. 15, Jul. 9 2022
Studio North	Toronto, Vancouver	Jul. 6, Jun. 10 2022, Oct. 12 2021
Origins	Waterloo	Apr. 2022 - Apr. 2018
Workshop Tour - "Blue Dream"	TO, VAN, Hamilton, Mississauga	Aug. 2021 - Nov. 2021
City Centre Dance	Mississauga	Nov. 6 2021, Dec. 18 2021
Star Performance Academy	Waterloo	Aug. 2021 - Aug. 2020
Evolve Dance Centre	Kitchener	Jul. 20 2020
Prestige Studios	Toronto	Jul. 14 2019
Kindred Culture	Mississauga	Mar. 2019 - Oct 2017
Underground Dance Centre	Toronto	Mar. 30 2018
UW Hip Hop Club	Waterloo	Dec. 2021 - Sep. 2017

## TRAINING

Acting	Bishop Reding Theatre Class	Stephen Ferraro
Dancing	Galen Hooks Improv. Method	Galen Hooks
	Movement Exploration	Peter D'Souza, Markus Pe Benito
	Popping	Andrew "Pyro" Chung
	Artful Balance of Business & Dance	Sorah Yang
	Illustrative Society	Joe Tuliao
	Origins Dance Crew	Neil Robles
	Commercial Choreography	Dom Lashawn
	StudioNorth TO/VAN, Harbour Dance Centre, Millennium Dance Complex TO, Underground Dance Centre Hip Hop, Animation, Dancehall, Jazz Funk, Contemporary Fusion, Bhangra	
Awards	R2D Camp Gold Scholarship	R2D, Reet Roy
	MVP Dancer	Final Stretch 2019
	Best Male Dancer	O.U.C.H. 2019

## LIVE/ STAGE PERFORMANCES

Bodies of Nature	Dancer	KINAJ, Shameka Blake
6Fest - "Maybe"	Dancer w/ Tory Lanez, Rajan	6Fest Concert
Fever After Dark	Choreographer	
Fever After Dark	Choreographer/ Dancer	M. Messado, C. Clarke, K9, H. Yu
Relignite Showcase - "ALI"	Choreographer/ Principal Dancer	Alex Pollard
Reach Dance Competition	Choreographer/ Dancer	
O.U.C.H. 2018 Showcase	Dancer	Neil Robles
O.U.C.H./A.C.A.D. Comp. 17' - 19'	Choreographer/ Dancer	Origins

## MUSIC/ CONCEPT VIDEOS

Ariana Tribute "Positions"	Dancer	Christopher Nguyen
Drag Miss Opulence "Wild Side", "Cuff It"	Dancer	Chris Clarke
"Vibes" - Rajan	Principal Dancer	RZN World
"Violins" - Alexander Stewart	Choreographer/ Dancer	Little Ghost Productions
Bruno Mars Tribute	Dancer	Neil Robles, Origins

## FILM/ TELEVISION

Student Film "Crossing"	Actor	Vann Ferderber/ TMU
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## PHYSICAL CHARACTERISTICS / MEASUREMENTS

Height: 5'11"	Weight: 140 lbs	Eyes: Brown
Hair Color: Black	Hair Length: Short	

**Special Skills:** Baking, Driving - Manual, Photography, Software Development, Videography, Badminton, Football, Ping Pong, Running - Long Distance, Skateboard - street, Skateboarding, Soccer, Swimming - ability - general, Track & Field, Volleyball, Yoga, Dance - Bhangara, Dance Hip Hop, Guitar, Improvisation, Fluent Hindi, Fluent Punjabi