# **TANJOT PANESAR**

tanjotspanesar@gmailcom https://tanjotpanesar.com/

#### **TEACHING EXPERIENCE**

"Separate" Mindful Movement Vancouver Jul. 9 2022 Studio North Vancouver, Toronto Jul. 6, Jun. 10 2022, Oct. 12 2021 Origins Waterloo Apr. 2022 - Apr. 2018 "Blue Dream" Workshop Tour Vancouver, Toronto, Hamilton, Mississauga Aug. 2021 - Nov. 2021 City Centre Dance Mississauga Nov. 6 2021, Dec. 18 2021 Star Performance Academy Waterloo Aug. 2021 - Aug. 2020 **Evolve Dance Centre** Kitchener Jul. 20 2020 **Prestige Studios** Toronto Jul. 14 2019 Kindred Culture Mississauga Mar. 2019 - Oct 2017 **Underground Dance Centre** Toronto Mar. 30 2018 UW Hip Hop Club Waterloo Dec. 2021 - Sep. 2017

#### **TRAINING**

"Galen Hooks" Method Improvisation, Storytelling Studio North To/Van Various Choreographers Sessions / Peter D'Souza "ABBD" / Sorah Yang Career & Choreography Dev. "Metamorph" / Markus Pe Benito **Improvisation** "Ethos" / Selene Haro Popping / Andrew 'Pyro' Chung Popping "The Drop" / Dom Lashawn **Underground Dance Centre** Various Choreographers "Illustrative Society" / Joe Tuliao "Origins Program" / Neil Robles Movement Exploration "Origins" / Neil Robles

#### LIVE PERFORMANCES

Miss Opulence Drag Pageant	Dancer	Chris Clarke
FeverAfterDark	Choreographer/Dancer	Tanjot P, Malcolm Messado
Relgnite "Ali"	Choreographer/Dancer	Alex Pollard
Reach Dance Competition	Director/Choreographer/Dancer	Vybe Dance Studio
Ryerson 6Fest Concert	Dancer	Tory Lanez, Rajan905
O.U.C.H. Competition 19' , 17'	Director/Choreographer/Dancer	O.U.C.H. Dance
A.C.A.D. Competition 19' - 18'	Director/Choreographer/Dancer	Kindred Culture
O.U.C.H. Showcase 18'	Dancer	Neil Robles

## **MUSIC VIDEOS**

Music Video - "Violins" Dancer/Choreographer Alexander Stewart

Music Video - "Vibes" Dancer Rajango5

Short Film - "Crossing" Actor Vann Ferderber

## PHYSICAL CHARACTERISTICS / MEASUREMENTS

Height: 5'11" Weight: 140 lbs Eyes: Brown

Hair Color: Black Hair Length: Short

### SPECIAL SKILLS

Yoga, Accoustic Guitar, Skateboarding, Volleyball, Basketball, Soccer, Swimming, Software development, Photography, Video editing, Driving manual,