

Original Questionnaire

General instructions and information for using factor-based scale as an administered questionnaire:

1. Respond to this questionnaire in the light of your most recent profession change.
2. There are no right or wrong answers. Choose/write what describes you the best.
3. Following terms may be used interchangeably:

transition, change, transformation, transformative journey, profession change

where, *transformation* could be understood as course of life which leads to fundamental change in perspective. Examples: rehabilitation, change of profession and chronic illness.

4. While answering, consider your everyday life after the transformation and tick [✓] mark the appropriate cell to choose your response (*Scale: 5-point agreement; Strongly agree to Strongly Disagree*)

5.

S No	Item	HoM Type
1	I believe knowledge of culture provides quick and convenient ways to act.	SLN
2	The transformative journey required me to deal with some of my long-standing fears.	PSY
3 [†]	My preferred style of learning hasn't changed much over time	EPI
4	There is hardly any difference in the way I think and act - as compared to earlier	PSY
5	I have realized that there has been a significant change in the way I explain	EPI
6 [†]	I had a chance to have a good look at the real me during the transition.	PSY
7 [†]	I now find less things as beautiful	AES
8	My journey has taught me new ways to apply my knowledge.	EPI
9 [†]	By following social norms, we acknowledge and accept influence and privilege of others	SLN
10 [†]	The knowledge that I actively used earlier, doesn't offer any value today.	EPI
11 [†]	My understanding of the difference between good and bad is still unclear	MEL
12	From a long time, there is hardly any change in the way I have been making sense of my experiences.	EPI
13	I can now identify how some of my fears originated and became strong over time.	PSY
14 [†]	As a medium of communication, language could present incomplete or distorted view of a society	SLN
15 [†]	Various aspects of my life (e.g. social, political, economic etc.) don't appear the same as before	PHI
16 [†]	I have always defined beauty the same way.	AES
17	I now have greater awareness of things that I do not wish to confront	PSY
18 [†]	My approach to spirituality hasn't changed	PHI
19	Asking for justice is one's own discretion and responsibility	MEL
20	I know significantly more about my personality now	PSY
21	I have started accepting more things as beautiful	AES
22	In a social situation, I can now see what I would miss earlier	PSY
23 [†]	My trusted ways of acquiring knowledge have stood the test of time.	EPI
24	There have been situations where I was ignorant of moral point of view	MEL
25	I have understood that I have done things which nurtured my fears.	PSY
26	I now know why I (don't) follow a religion	PHI
27 [†]	I would continue to rely on my own methods of evaluating information	EPI

† marked items were dropped after EFA

Continued...

S No	Item	HoM Type
28 [†]	I have realized that some of my fears have worried me since childhood.	PSY
29 [†]	I have changed the way I use my time to make sense of my experiences.	EPI
30	My idea of 'what is beautiful' has changed	AES
31 [†]	Philosophy of my life has remained the same	PHI
32 [†]	If I look back, I feel my preferred way of sharing knowledge has been the same from a long time.	EPI
33 [†]	My beliefs and values about my religion have changed due to the transition	PHI
34	I am the same person as I was before transition	PSY
35	Today, if someone asks me about the concept of 'knowledge', my answer would be the same as earlier	EPI
36	Social norms are nothing but ways to maintain power and privilege	SLN
37	My perception about 'who am I' has changed due to the transition	PSY
38	My approach to various aspects of my life (e.g. social, political, economic etc.) is now different	PHI
39	My society and I have different idea of beauty now	AES
40	The term 'spirituality' has the same meaning for me as before	PHI
41	I now have a different sense of appreciating art	AES
42	I have a different personal philosophy now	PHI
43	My thinking is influenced by certain ideologies	MEL
44 [†]	My religion is a matter of family tradition	PHI
45	Social norms have shaped my idea of beauty	AES
46	Now, I have a different notion of what 'knowledge' is	EPI
47	My perspectives on religion have become deeper due to the transition	PHI
48	My thoughts have always resembled the ideologies of people who are important to me	MEL
49 [†]	Since the transition, I am cautious of cultural knowledge and prefer to question before I act.	SLN
50 [†]	I have always had the same standards of beauty as that of the society I am part of.	AES
51	I still find it easy to accept social norms (e.g. addressing a male teacher as 'sir')	SLN
52	My good behaviour was always driven by social considerations and norms	MEL
53 [†]	I still find it hard to spot and understand things which tend to stay under the surface.	PSY
54	I continue to stay away from instances of wrong happening to others.	MEL
55	I anticipate people to play their social roles (e.g. honest friend, kind nurse, hardworking student)	SLN
56 [†]	I am careful taking a moral point of view while considering to decide	MEL
57 [†]	Things which don't rhyme with the social norms of my society, I now find them attractive	AES
58	I have started avoiding certain ideologies	MEL
59	I now feel language creates clear and holistic picture of a society	SLN
60	My choices continue to get challenged on moral or ethical grounds by others	MEL
61	Now I ignore what I do not like to see	SLN
62	When I face a moral dilemma, I look for guidance and/or support from others.	MEL
63 [†]	Now, I prefer to meet someone who shares similar perspectives	SLN
64 [†]	I have always liked a particular type of music and visual arts	AES

† marked items were dropped after EFA